"This, That, These, and Those" are demonstrative pronouns in English. They are used to indicate the location of a person, object, or idea in relation to the speaker and the listener.

Here is an explanation of each pronoun:

"This" is used to refer to a singular object or idea that is close to the speaker. For example, "This pen is mine."

"That" is used to refer to a singular object or idea that is farther away from the speaker. For example, "That book on the table is yours."

"These" is used to refer to multiple objects or ideas that are close to the speaker. For example, "These papers need to be organized."

"Those" is used to refer to multiple objects or ideas that are farther away from the speaker. For example, "Those birds in the sky are beautiful."

Here is a chart to summarize the use of each demonstrative pronoun:

Demonstrative Pronoun	Singular/Plural	Proximity
This	Singular	Close
That	Singular	Far
These	Plural	Close
Those	Plural	Far