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## Trekking Group

**01.10.2022 - 13.10.2022**

**05.11.2022 - 17.11.2022**

We will walk on the most spectacular routes on the islands of Fogo, Santiago, Santo Antão and São Vicente! Are you a nature fan and hiking lover? Then you should not miss this group travel!

Inscriptions to [santoantaotour@gmail.com](mailto:santoantaotour@gmail.com)





## Informations

### **Cape Verde and our philosophie of traveling**

The island archipelago, consisting of 10 islands (9 of which are inhabited), is a year-round travel destination. Each island is unique and enchants with different landscapes: miles of sandy beaches, active volcanoes, green valleys, sharp mountain ranges formed by eruptions millions of years ago. Cape Verde is (still) an insider tip, although tourism has increased over the last few years. We, Fredson, islanders from Santo Antão and Melissa, Swiss with second place of residence in Cape Verde, have made it our travel agency's goal to show our guests Cape Verde as closely and authentically as possible. We always organize our trips in harmony with nature and the local population. Our type of tourism stands for a fair and sustainable meeting of different cultures. When organizing the trips, we always rely on local accommodation wherever possible, support families and small businesses and pay uncompromisingly fair prices.

### **Number of participants**

The minimum number of participants for this group is 6 people. If the minimum number is not reached, we will contact all guests who have booked the tour and ask them if they are willing to pay a supplement to allow the trip to go ahead. If all participants agree, we guarantee the appointment immediately.

### **Booking conditions**

To confirm your spot, a payment of 30% of the total amount is required. Also we will require a copy of your passport.

### **Changes in program and prices**

Program changes are possible at any time, even at short notice. In exceptional cases it is possible that the agreed price must be increased. Price increases may result from; a) the subsequent increase in transport costs (including fuel surcharges); b) newly introduced and increased government taxes or fees (such as airport taxes, landing fees, embarkation and disembarkation fees, etc.); c) exchange rate changes or d) price increases ordered by the state (e.g. VAT).

**Please note the entry regulations applicable to your country and contact us in case of doubts**



## Travel-program

### Day 1

International arrival in Praia and transfer to the hotel

**1 night Hotel Santa Maria, DBL/SGL room with breakfast, Praia**

### Day 2

Transfer to the airport and flight from Praia to Fogo. Up-on arrival in Sao Filipe we will visit the old town of Sao Filipe. After the tour we will continue to Cha das Caldeiras.

**2 nights Casa Cicilio, DBL/SGL room with dinner and breakfast, Cha das Caldeiras**

### Day 3

Today we will climb the majestic Pico Grande. The demanding tour leads to the Pico Grande, from where you can enjoy a spectacular view of the crater. After a break, the descent is especially fun when you can slide down through the ashes.

- **Hike** 10km, +/- 1128m, 5-6h, challenging

### Day 4

We start our descent to Mosteiros. A contrast hike through the green part of Fogo. The beautiful cloud forest adorns with a great diversity of tropical plants and locally grown products.

- **Hike** 12,8km, -1300m, 5h, challenging

**1 night La Fora Ecolodge, DBL/SGL room with dinner and breakfast, Sao Filipe**

### Day 5

We say goodbye to the fire island. Our local guide welcomes us in Praia and takes us through the capital of Cape Verde. We visit the historical center, the colorful Sukupira market and relax at the Kebra Kanela city beach.

**2 nights Hotel Santa Maria, DBL/SGL room with breakfast, Praia**



## Day 6

On a trip inland from Santiago we experience the versatility of the island. Jorge Bispo is the starting point of today's hike, which takes us to the oldest tree in Cape Verde. The Kapok tree, which is about 900 years old, presents itself majestically!

- **Hike** 4km, +200m/-210m, 2h, moderate

## Day 7

Transfer to the airport and flight from Praia to Mindelo. The ferry will take us from Mindelo to Porto Novo, from where we will drive to Cha d'Igreja.

On the way we already get an impression of the size of the island. Nature shows itself from its most beautiful facets and we drive through various impressive valleys

**1 night Casa Mite, DBL/SGL room with breakfast, Cha d'Igreja**

## Day 8

The coastal hike to Fontainhas is one of the most spectacular routes of Santo Antão. The old mule track meanders up and down the steep slopes of the coast, always offering wonderful views over the sea and further along the coast.

**Hike** 17km, +700m / - 720m, 5-6h, challenging

**1 night Casa Ana, DBL/SGL room with breakfast, Ponta do Sol**

## Day 9

By foot we discover the greenest valley of Santo Antão: Paul. On the way we get an insight into traditional agriculture and enjoy breathtaking views

**Hike** 7,9km, +689m / -267m, 4-5h, challenging

**2 nights Oasis Paul, DBL/SGL room with breakfast, Vila das Pombas**

## Day 10

Free day

## Day 11

We say goodbye to «Sintanton», how the locals call their island, and take the ferry to Mindelo.



According to a famous Cape Verdean song, if you don't know Mindelo, you don't know Cabo Verde! Mindelo is considered the secret capital of Cape Verde.

In Mindelo you can still feel them on every corner, the cultural influences of all those who have stopped here in the more than 550 years since the discovery of Cape Verde - whether voluntarily or involuntarily: Portuguese seafarers on their way to South America, India and Africa filling their ships with coal and water, English and Dutch merchants, Indian officials from Goa, West African slaves and many more.

## **2 nights Casa Djedja, DBL/SGL room with breakfast, Mindelo**

### **Day 12**

We will start our hike from the living area Cruz, in Mindelo. The beautiful paths lead to the coast, from where we will continue along the beach of Joao d'Evora until the small village of Salamansa. Salamansa became a famous wind surfing spot over the last few years, not only by tourists, but mostly by the locals. We will enjoy a delicious lunch by the beach, before we go back to the city.

- **Hike** 6,5km, 2-3h, moderate

### **Day 13**

Airport transfer and international departure

## **Prices & services**

**Price per person in a double room (DBL) 2080 EUR**  
**Extra charge single room (SGL) 350 EUR**

### **Services included**

- English-, French- & German-speaking Tour leader
- 12 nights in a double or single room with breakfast
- 9 excursions/hikes with local guides
- All transfers with private driver
- Luggage transfers
- 12x breakfast, 12x dinner, 10x lunch or picnic
- Domestic flights
- Ferry tickets

### **Exklusive**

- International flight
- Hoteltax (220cve per person/night)
- Drinks (specially alcoholic drinks)
- Tips