



WORLD MARTIAL ARTS COMMITTEE

AMATEUR RULES FOR TOURNAMENTS

Version 4.6 - 2022

Chapter 8: Rumble

Chapter 9: No



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World Martial Arts Committee

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Introduction:

This rulebook replaces all previously issued rules and incorporates the official WMAC - Amateur - Competition Rules. These rules are valid for all members. However, local requirements and circumstances may be considered if necessary. The official language of the IRC is English. This rulebook may be translated into other languages by the IRC. However, in case of disagreement the official English version alone. Without the specific written permission of the WMAC or the IRC, this rulebook may not be copied, published or distributed. This includes electronic, digital, physical and all other forms of reproduction. This rulebook can be downloaded free of charge as a PDF from the official website of the WMAC.

NATIONAL MARTIAL ARTS COMMITTEE

International Rules & Guidelines



January 2023

Dear Reader,

We are very pleased to release version 4.6 of our World Martial Arts Committee Rules and Guidelines. This is definitely the most detailed competition tournament rulebook available today and we are proud to publish it for your use. This has been made possible entirely through the hard work and dedication of individuals from around the world. We would like to sincerely thank all individuals for their contribution to this detailed rulebook.

All these rules and guidelines, which can be found in this document, are to be applied at WMAC sanctioned events. No deviation from them is permitted except in exceptional circumstances and then only with the written permission of the Referee's Representative (IRC) in conjunction with the Referee Supervisor of the event. The instructions and decisions of the Referee Supervisor regarding these rules are final and binding. In the event of complaints/protests, his decision shall be final and binding!

This rulebook can also be used for non-sanctioned events. In this case, the organiser of the event must include the following in writing in the announcement: "This event is organised according to the official WMAC rules".

The World Martial Arts Committee is constantly striving to develop. We are constantly working on the development of our rulebook and its dissemination in events and tournaments. This set of rules should be checked before the events in order to discuss any changes with us and to incorporate them.

Mit besten Grüßen

A handwritten signature in black ink, appearing to read 'Harald Folladori', written in a cursive style.

Harald Folladori
WMAC World President

PART 8 - Rumble

ARTICLE 38. Rumble (RU)

38.1 Description - Rumble is and sees itself as a preliminary stage to traditional martial arts (Kumite & Pointfight) in which children are taught in a playful way which skills they need when fighting. Speed, reaction, fairness, agility and fine motor skills are specifically trained.

38.2 Age groups (subdivision according to body size - minimum age is 3 years)

Description	Age	Category	Size in cm				
TIGERS	3-6 J	U6	-90	-110	-130	+130	
DRAGONS	7-8 J	U9	-100	-120	-140	+140	
NINJAS	9-12 J	U13	-110	-130	-150	+150	
INCLUSION	Open	Open	-100	-130	-150	-170	+170

38.3 Uniform - All uniforms should show the country being represented or the style or club. It is up to the athletes what they wear. Traditional (Gi) or other martial arts attire. IMPORTANT no unsportsmanlike prints or patches!

38.4.1 Performance - Both children are equipped with 3 belts each (e.g. karate belts, i.e. solid fabrics). These bands (belts) are attached to their Budo belts, 1 band over the right thigh, 1 band over the left thigh and 1 band in the middle. The contest is won by the contestant who first pulls out the most belts from his opponent at the end of the time. After the time has expired, if both contestants have won the same number of belts, the contestant who first pulls out the NEW belt (1 each for both contestants) wins. It is important that he immediately stretches the pulled out belt upwards with his hand. If he does not do this, he does not get a point.

38.4.1 Time Limit - The performance must not exceed 60 seconds. In the event of a tie - 60 seconds extra time.

38.5 Performance Area - The area shall be no smaller than 6 x 6 m and shall be on 25mm thick budo mats (kickboxing).

38.6 Number of Judges - 2 Judges. They award points of 1 point each for the correct removal of the belt. The Judges will award the point independently and the Referee will involve the side judge in the case of unclear scores. Otherwise the side judge is also responsible for checking the contestants and receiving the belts.

38.7 Evaluation - Points are awarded as follows:
The referee will award 1 point for the correct removal of a tape.
Scores are awarded directly by hand signals as in kickboxing (pointfight).

38.7.1 Rules

The two competitors greet each other and the referee. The referee gives the command "FIGHT". Then they may only pull out the opponent's bands with their hands. They may not hold the opponent's hand or pinch their own bands with their arm. No punching techniques may be performed (punching blocks).

The straps must be freely graspable for both. It is also not allowed to touch the mat with anything other than the soles of the feet, somersaults, kneeling or rolling is forbidden and will be punished with a warning. Attention "should" be paid to a reasonably upright posture as in later fights (pointfight). The highest priority is to introduce the children to a tournament scene in a child-friendly way - the children's nervousness should be undermined and the FUN of the movement should be in the foreground.

ATTENTION! The straps may only be loosely inserted in the belt (same length) and not knotted to it.

38.7.2 Warning (time is stopped)

The Referee will issue a warning for holding or non-compliant ground contact. The warning system is similar to that used in kickboxing.

1. Verbal admonition
 1. Warning = (NO PUNISHMENT = ATTENTION)
 2. Warning = 1 point MINUS (one belt less)
 3. Warning = 1 point MINUS (one belt less)
 4. DISQUALIFICATION should only be pronounced in this sport with regard to child-friendly practice under massive REASONS.

38.8 Protective equipment

Protective equipment includes head protection (head butts). A mouth guard is also recommended but not mandatory.

The coaches are RESPONSIBLE for ensuring that the children are on time and correctly adjusted. After 3 calls = a delay of 1 minute after the CALL, a minus point may be awarded. Then a further minus point must be given after each additional 2 minutes. If the athlete does NOT appear at the competition area after a total of 3 minutes, he/she will be disqualified.

PART 9 NO - CONTACT

ARTICLE 39. No- Contact (NC)

39.1 Description - No-Contact is and sees itself as a preliminary stage to traditional martial arts, e.g. kickboxing light contact, in which children are taught in a playful way what skills they need when fighting. Speed, reaction, fairness, agility and fine motor skills and technique through punching and kicking are specifically trained.

39.2 Age groups (subdivision according to body size, see announcement Attention - MINIMUM AGE is 3 years)

Description	Age	Category	Size in cm				
TIGERS	3-6 J	U6	-90	-110	-130	+130	
DRAGONS	7-8 J	U9	-100	-120	-140	+140	
NINJAS	9-12 J	U13	-110	-130	-150	+150	
INCLUSION	Open	Open	-100	-130	-150	-170	+170

39.3 Uniform - All uniforms should show the country being represented or the style or your club. It is up to the athletes what they wear. Traditional (Gi) or other martial arts attire.
IMPORTANT no unsportsmanlike prints or patches!

39.4 Performance - Both children fight each other without being allowed to touch. Targeted punches and kicks that would hit and have been executed correctly will be scored by the judges. It is forbidden to touch or hit each other.

ATTENTION: As these are children of different grades and styles, not only the quality and execution but also the number of techniques is decisive. An attack and defence technique must be evident. The SPACING is at least 1 arm's length of the athletes and limited to a maximum of 2.

39.4.1 Time limit - The performance must not last longer than 60 seconds. In case of a tie - 60 seconds extra time - then a decision must be made.

39.5 Performance area - The area shall be no smaller than 5 x 5 m and shall be on Budo mats approximately 25mm thick (as in kickboxing).

39.6 Number of Judges - 2 Judges.

The Referee will make the decision together with the 2nd Referee.

They will award points of 1 point each for the correct execution of a technique. The Referee will award the point independently and will refer to the

The side judge is also responsible for reviewing unclear scores. Otherwise, the side judge is also responsible for checking the

Competitor committed.

39.7 Evaluation - Points are awarded as follows:

The referee will award one point each for the correct execution of a foot-kick or fist-punch. It is completely irrelevant which style the contestant comes from, the points are awarded for the hits he would receive if he was really hit. The defensive techniques are only to be assessed as to whether they would have protected or not.

As in light contact, the winner will be awarded by the Referee after the end of the bout by a hand signal (to the winner's corner).

39.7.1 Rules

The two competitors greet each other with shake hands, then the referee and start the competition after the command "FIGHT". No part of the body other than the soles of the feet may touch the floor. All techniques must be executed cleanly according to age and must NOT touch.

39.7.2 Warning (time is stopped)

The referee will issue a warning for touching or contact with the ground that is not in accordance with the rules. The warning system is similar to that used in kickboxing.

1. Admonition
2. Warning = (NO PUNISHMENT = ATTENTION)
3. Warning = 1 point MINUS (one belt less)
4. Warning = 1 point MINUS (one belt less)
5. DISQUALIFICATION should only be pronounced in this sport with regard to child-friendly practice under massive REASONS.

39.8 Protective equipment

Protective equipment includes a head guard (head butts) and matching child-sized boxing gloves approx. 8 to 10 OZ maximum. Gum & foot protection is also recommended but not mandatory.

The coaches are RESPONSIBLE for ensuring that the children are on time and properly adjusted. After 3 calls = a delay of 1min after the CALL, a minus point can be given. Then another minus point must be given after each additional 2 minutes. If the athlete does NOT appear at the competition area after a total of 3 minutes, he/she will be disqualified.