



Keto Live Project proudly presents

Ketogenic Metabolic Therapies Future Prevention and Treatment of NCD

2nd international Keto Live Conference in Switzerland
about the power of food &
the Ketogenic Metabolic Therapie as a medical tool.

Certified with a total of **86 CME Credits** for Continuous Medical Education by:

The Swiss Society for Medical Oncology **SSMO-SGMO-SSOM 27 Credits**

The Swiss Society for General Internal Medicine **SGAIM 27 AIM-MIG Credits**

The Swiss Society for Endocrinology and Diabetology **SGED-SSED 18 Credits**

The Swiss Neurological Society **SNG 14 Credits**

The Swiss Association for Dieticians and Nutritionists **SVDE ASDD 18 Points**

The British Assosiation for Nutrition and Lifestyle Medicine **20 BANT-CPD Hours**

Conference Program 2022

This schedule is subject to change

Monday, 13th of June - Neurology & Psychiatry Part 1

CME Credits: 4 SSMO-SGMO-SSOM, 4 AIM-MIG, 2 SNG - SVDE ASDD 3 Points

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| 14:00 | Registration Office opens |
| 15:00 | Hello & Welcome
Dr John Schoonbee, South Africa, Switzerland
Swiss Re
"Have we got News for You?" |
| 16:00 | Dr Georgia Ede, United States of America
The First Thousand Days:
"Micronutrients and Optimal Brain Development"
<i>followed by a Coffee Break - included in the Conference Fee</i> |
| 17:00 | Dr Georgia Ede, United States of America
"Nutrition and Childhood Neuropsychiatric Disorders:
Autism and ADHD" |
| 18:00 | Dr Ana Iacob, Romania, Switzerland
"Beyond Psychotropics: The Metabolic Side-Effects" |
| 19:00 | Welcome Get Together |
| 19:30 | Keto Dinner at the Kurhaus Restaurant <i>included in the Conference Fee</i> |
| 21:00 | Movie:- / Keto Live Bar |



Tuesday, 14th of June – Insulin Resistance & CVD

CME Credits: 6 SSMO-SGMO-SSOM, 6 AIM-MIG, 2 SNG & SVDE-ASDD 6 Points

- 07:30 “To Keto or not to Keto” - Breakfast Buffet
included in the Hotel
- 08:30 Registration Office opens
- 09:00 Dr med Dipl Biol Bernd-Michael Löffler, Germany
“First do no Harm” – Understanding Medicine as a Craft”
- 10:00 Ivor Cummins BE(Chem), CEng MIEI, Ireland
“Insulin Resistance and Chronic Disease -
from Age-related Diseases to Non-Communicable Diseases”
followed by a Coffee Break - included in the Conference Fee
- 11:30 Dr David Unwin, United Kingdom
“Essential Hypertension – but is it?
Are we Blaming Salt for what the Sugar, via Insulin did?”
- 12:30 Jayne Bullen MBA / The Noaks Foundation, South Africa
"LCHF in Clinical Practice: Changing the face of healthcare"
- 13:00 Keto - Lunch Buffet
included in the Conference Fee
Enjoy nature, have a chat, go for a walk, biking - or just have a nap
- 14:30 Dr Peter Voshol, Netherlands
“Measuring and Understanding Insulin Resistance”
- 15:30 Prof Dr Helene von Bibra, Germany
“Insulin Resistance and Heart Failure”
followed by a Coffee Break - included in the Conference Fee
- 16:30 Ivor Cummins BE(Chem), CEng MIEI, Ireland
Irish Heart Disease Awareness
“Reversing CVD?”
- 17:15 Q & A / Discussion
- 18:00 Workshops
In alternating Groups, please register on arrival, at the registration desk
1. “Cooking for the Brain – the different Names/Ratios of KMT”
Sybille Bellamy Kraft USA, France Connection Cetogens
Beth Zupec-Kania, USA , Charlie Foundation
Michel Lundell, Sweden
followed by Dinner in the historic kitchen of the Kurhaus
 2. “How to get into and how to maintain therapeutical Ketosis”
Patricia Daly, Ireland, Dr Elena Gross Germany, Switzerland
Dorian Greenow United Kingdom, USA
Foods, Ketone Supplements and Measuring Blood Glucose & Ketones
Cinema Room of the Kurhaus
 3. “Change Happens Through Movement - and Movement Heals.”
Janine & Elise Rensch, Switzerland
Hotel Kurhaus Spa /indoor or outdoor depending on the weather
- 19:30 Keto Dinner at the Kurhaus Restaurant included in the Conference Fee
- 21:00 “Extra Time” Movie by IHDA / Keto Live Bar



Wednesday, 15th of June – Cancer

CME Credits: 6 SSMO-SGMO-SSOM, 6 AIM-MIG, 3 SNG & SVDE ASDD 6 Points

- 07:30 "To Keto or not to Keto" - Breakfast Buffet
included in the Hotel
- 08:30 Registration Office Opens
- 09:00 Dr med Dipl Biol Bernd-Michael Löffler, Germany
"Mitochondrial Health and Dysfunctions"
- 10:00 Dr Jean-Pierre Spinosa, Italy, Switzerland
"Metabolism Pathways behind the Nutritional Therapies"
followed by a Coffee Break - included in the Conference Fee
- 11:30 Dr Jean-Pierre Spinosa, Italy, Switzerland
"Metabolic Therapy for Breast Cancer: Future is Now?"

Q & A / Discussion
- 13:00 Keto - Lunch Buffet
included in the Conference Fee
Enjoy nature, have a chat, go for a walk, biking - or just have a nap
- 14.30 Dr Abdul Slocum, USA, Turkey
"Chemothermia -
Pionieering integrative oncology"
- 15:30 Dr Abdul Slocum, USA, Turkey
"Case Studies"
followed by a Coffee Break
- 16:30 Dr Zsófia Clemens, Hungary
"The Palaeolithic Ketogenic Diet (PKD) as a Cancer Treatment."
- 18:00 Workshops
In alternating Groups, please register on arrival, at the registration desk
1. "Cooking for the Brain – the different Names/Ratios of KMT"
Sybille Bellamy Kraft USA, France Connection Cetogens
Beth Zupec-Kania, USA , Charlie Foundation
Michel Lundell, Sweden
followed by Dinner in the historic kitchen of the Kurhaus
 2. "How to get into and how to maintain therapeutical Ketosis"
Patricia Daly, Ireland, Dr Elena Gross Germany, Switzerland
Dorian Greenow United Kingdom, USA
Foods, Ketone Supplements and Measuring Blood Glucose & Ketones
Cinema Room of the Kurhaus
 3. "Change Happens Through Movement - and Movement Heals."
Janine & Elise Rensch, Switzerland
Sportshall Bergün School
- 19:30 Keto Dinner at the Kurhaus Restaurant included in the Conference Fee
- 21:00 Movie: - / Keto Live Bar



Thursday, 16th of June - Diabetes

CME Credits: 6 SSMO-SGMO-SSOM, 6 AIM-MIG, 3 SNG & SVDE-ASDD 6 Points

- 07:30 "To Keto or not to Keto" - Breakfast Buffet
included in the Hotel
- 08:30 Registration Office Opens
- 09:00 Dr Zsófia Clemens, Hungary
"Autoimmune Disease from Crohn's disease to Type1 Diabetes"
- 10:00 Dr Ian Lake, United Kingdom
"Low Carb Lifestyles in Type 1 Diabetes -
Getting the Message Outthere"
followed by a Coffee Break - included in the Conference Fee
- 11:30 Dr David & Dr Jen Unwin, United Kingdom
Using "Just a spoonful of sugar..." to Reverse Type 2 Diabetes.
How to Apply Dietary Advice/ Behavioural Change in 10 Minute
Appointments - Hope, is it the Placebo Effect?"
- 12:15 Q & A / Discussion
- 13:00 Keto - Lunch Buffet included in the Conference Fee
Enjoy nature, have a chat, go for a walk, biking - or just have a nap
- 14:30 Dr Peter Voshol, Netherlands
"Nutrition and Lifestyle Intervention in Type 2 Diabetes:
A Pilot Study in the Netherlands"
- 15:30 Prof Dr Marcus Säemann, Austria
"Ketogenic Metabolic Therapies and Chronic Kidney Disease"
followed by a Coffee Break - included in the Conference Fee
- 16:30 Prof Dr Adrian Soto Mota, United Kingdom, Mexico,
"Exogenous Ketosis in Patients with Type 2 Diabetes: Safety, Tolerability
and Effect on Glycaemic Control"
- 17:15 Q & A / Discussion
- 18:00 Workshops
In alternating Groups, please register on arrival, at the registration desk
1. "Cooking for the Brain – the different Names/Ratios of KMT"
Sybille Bellamy Kraft USA, France Connection Cetogens
Beth Zupec-Kania, USA , Charlie Foundation
Michel Lundell, Sweden
followed by Dinner in the historic kitchen of the Kurhaus
2. "How to get into and how to maintain therapeutical Ketosis"
Patricia Daly, Ireland, Dr Elena Gross Germany, Switzerland
Dorian Greenow United Kingdom, USA
Foods, Ketone Supplements and Measuring Blood Glucose & Ketones
Cinema Room of the Kurhaus
3. "Change Happens Through Movement - and Movement Heals."
Janine & Elise Rensch, Switzerland
Sportshall Bergün School
- 19:30 Keto Dinner at the Kurhaus Restaurant included in the Conference Fee
21:00 Movie: Fat Head/ Keto Live Bar



Friday, 17th of June – Neurology & Psychiatry Part 2

CME Credits: 6 SSMO-SGMO-SSOM, 6 AIM-MIG, 4 SNG & SVDE-ASDD 3 Points

- 07:30 “To Keto or not to Keto” - Breakfast Buffet
included in the Hotel
- 08:00 Registration Office Opens / 2 SGAIM / 4 SNG Credits
- 08:30 Dr Zvonko Mir, Croatia, Switzerland
“Ketogenic Metabolic Therapies and MS”
- 9:30 Prof Dr Stephen Cunnane, Canada
“Ketones and Human Brain Evolution”
followed by a Coffee Break- included in the Conference Fee
- 11:00 Prof Dr Stephen Cunnane, Canada
“Ketones, Brain Energy Rescue and Alzheimer's Disease.”
- 12:00 Dr Ignacio Cuaranta, Argentina
“Fasting in the Treatment of Dysexecutive Cognitive Symptomatology”
- 13:00 Follow the Science and “Keep on Keto” - See you again soon

More Information & Booking at <https://www.european-keto-live-centre.com/>
and at <https://www.keto-live.com/tickets>

Keto Coffee breaks, Lunches & Dinners are included in the Conference Fee

Conference Venue:
Kurhaus Bergün - www.kurhausberguen.ch

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Medical Consultation & Supervision:
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Assisting Supervision at the Conference
Dr. rer. nat. Ernst Spindler

Idea, Concept & Organization:
Josephine & Stephan Barbarino
Keto Live Project e.V.

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