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*How can we make sport more gender inclusive?*

## **Sport: korfball**

1. Did you think the sport was equally inclusive for boys and girls? Explain your answer.

Answer: Yes, because boys and girls can play together. It's different and more fun than only playing with the same gender.

And you don't have that many sports that boys and girls are playing together or against each other.

2. What could be done to adapt/change the sport to make it more inclusive than it is?

Answer: That boys can defend girls and girls can defend boys, because it shouldn't matter. Korfball is one of the sports that you can play with boys and girls in a team or against each other, so why can't you defend someone who is a boy or a girl?



3. Which rules would need to be changed? Explain your answer.

Answer: That you can choose yourself how many boys or girls are playing. For example: three girls and one boy or three boys and one girl.



It would be fun if the korfs are standing in the middle, because you have to throw the ball really exactly so you don't score by the other team.  
It should be more fun and easier when you can defend on your own half. And also on that half, you have players who attack

4. Which technical elements would need to be changed? Explain your answer.

Answer: The korfs should be a little wider especially for people who are beginners. It's easier, because when you are playing it for the first time it's really hard to score in the korf. It would be more fun if you can score it motivate yourself and your team.

5. Which tactical elements would need to be changed? Explain your answer.

Answer: That you can walk three steps with the ball in your hands, because it's easier. Playing on smaller fields so you have to play really fast and look constantly where your team mate is so you can throw the ball really fast.

That you can throw the ball in the korf when someone is standing closer than 1 metres.

The ball should be softer, because it is very hard.



6. What effects would all these changes have - not only on gender inclusion but any other effects?

Answer: it is easier and its different than normal so it's not usual.

7. Korfbal was invented in 1902. In the Netherlands over 100,000 people play korfbal. Which aspects are in your opinion very important to make this sport more popular in other countries all over Europe?

Answer: 1. A lot of people are traveling and talking about the sports to people in another country.

2. You can see or hear the sport on TV, RADIO or in newspapers.

3. Some famous people that are playing korfbal.

**Send your results to the next three teachers:**

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- 8 Marcos Alonso

*How can we make sport more gender inclusive?*

## **Sport: korfball**

1. Did you think the sport was equally inclusive for boys and girls? Explain your answer.

*Answer:* **yes and no.**

**Yes, because everyone does the same in the game otherwise you can't win.**

**No, because girls are smaller than boys when a boy defends a girl. We find it important that girls can defend boys either**

2. What could be done to adapt/change the sport to make it more inclusive than it is?

*Answer:* **We think that it makes it more inclusive when boys and girls mixed defends. and if it reduces the size of the field, it is easier for the defenders to remove the ball and for the attackers it is also easier to play together. It would also be easier if you adjust the points of the goals, if not 1 point per goal, but about 2 or 3.**

3. Which rules would need to be changed? Explain your answer.

*Answer:* **The basket lower around 3 meters and the basket wider so that it is more convenient to throw the ball through. the matches are now 2 times 30 minutes but it seems easier for us if you make the potters shorter, like 2 times 20 minutes.**

4. Which technical elements would need to be changed? Explain your answer.

*Answer:* It would be easier if the ball were lighter so you can easily throw it through the basket. if the basket increases for beginners and lower it is easier for them to score, but also because they can learn better. then you change the points of the scoring so that the game remains the same.

5. Which tactical elements would need to be changed? Explain your answer.

*Answer:* we think that the tactic elements we need to change are that it does not matter who is in front of you to defend you should always be able to throw the ball and that it is easier to score when you are close to. we think that the game will become a bit easier.

6. What effects would all these changes have - not only on gender inclusion but any other effects?

*Answer:* if you make the game shorter than the players can play more effectively and people with Asma can play the game better because they are less easily out of breath because it is shorter. if you let girls and boys defend each other then the game can also be played by gender neutrals. then they do not feel oppressed. if the basket goes lower, people with disabilities or people in wheelchairs can play it too, and that makes the game easier.

7. Korfbal was invented in 1902. In the Netherlands over 100,000 people play korfbal. Which aspects are in your opinion very important to make this sport more popular in other countries all over Europe?

*Answer:* play the sport more in schools and keep open days so that people get more in touch with the sport. so that people can see whether the sport is something for them and can also see if they want to practice the sport. and as soon as more people in Europe practice this sport they can also start to teach others so that more people will play this sport and learn to play.

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- 6 Ines Alonso Alonso
- 7 David Alonso Ruiz
- 8 Gazari Urcelai Diez

*How can we make sport more gender inclusive?*

## **Sport: korfball**

1. Did you think the sport was equally inclusive for boys and girls? Explain your answer.

*Answer:* Yes, because the boys defend the boys and the girls defend the girls. It would not be fair if a boy defended a girl, because boys are normally taller than girls.

2. What could be done to adapt/change the sport to make it more inclusive than it is?

*Answer:* People in wheelchairs for example, make special wheelchairs and place the baskets lower. Or people with special diseases, make the rules easier or have less rules, for example, that you can run with the ball or take 3 steps. And in Arabic country's is it very special that boys and girls can play in one team because woman have less rights there.

3. Which rules would need to be changed? Explain your answer.

*Answer:* We want the rule that we can't run with the ball to be removed and make it that you can walk 3 steps. And we want the basket to be place lower for smaller people. And the Korf needs to be bigger because then you can score easier and that makes the game more fun.

4. Which technical elements would need to be changed? Explain your answer.

*Answer:* You need to make a move with the ball in the form of a six and we think its unnecessary to make this move because, Andre Kuipers did not use it either. The Korf needs to be placed in the middle of the field so you can throw from the same distance at any place.



5. Which tactical elements would need to be changed? Explain your answer.

*Answer:* When you are going to shoot you do not need to jump if the baskets are placed lower. The boys can defend the girls and the girls can defend the boys. You need to be able to score at all times and not only when you are not being defended.

6. What effects would all these changes have - not only on gender inclusion but any other effects?

*Answer:* if these rules change than the game will go faster, you will have more changes to score, if more people are involved in the sport than the sport will become more attractive and the team will become closer.

7. Korfbal was invented in 1902. In the Netherlands over 100,000 people play korfbal. Which aspects are in your opinion very important to make this sport more popular in other countries all over Europe?

*Answer:* Travel with your team and introduce the sport to other countries in Europe and make it less boring by changing some rules like, walk with the ball, place the basket lower and make the Korf bigger. Make it an Olympic sport so it's more in the media. And teach it in PE classes. So kids will know the sport from a young age.

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- 3 Bram
- 4 Lucas
- 5 Nicolás

*How can we make sport more gender inclusive?*

## **Sport: korfbal**

1. Did you think the sport was equally inclusive for boys and girls? Explain your answer.

*Answer:* No. Because a boy can't defend a girl, and a girl can't defend a boy. Boys are more aggressive in the game than girls. So if boys can defend girls, girls will be getting more aggressive.

2. What could be done to adapt/change the sport to make it more inclusive than it is?

*Answer:* The korf needs to be a little bit lower. So it's easier to score. And it's easier for the people who are shorter and also want to play korfbal. And again they need to change the rules about boys and girls. So gender vs gender. So boys against boys and girl against girls.

3. Which rules would need to be changed? Explain your answer.

*Answer:* Change the height of the korfs, to two and a half meters. Because now it's very very hard to score. And change the rules of the boys and the girls. Because most of the time boys are taller than the girls

4. Which technical elements would need to be changed? Explain your answer.

*Answer:* You need to be able to shoot with less strength to score because the korf is lower in our alternative play mode. And the korf needs to be bigger and the field needs to be smaller. And if you put the korf in the middle you can score from every sides.

5. Which tactical elements would need to be changed? Explain your answer.

*Answer:* You can pass the ball to people who is farther from the korf because you can shoot from a larger distance so that's also why they need to change the height from the korf.

6. What effects would all these changes have - not only on gender inclusion but any other effects?

*Answer:* Girls are getting more 'aggressive' in the game and they can play there own game. And when you change the height of the korf it's gonna be easier to score. And also little people can play better. And the rule from the no dribble needs to stay. And the rule of changing the place where your standing has to stay because if you would delete it then you wouldn't be a attacker or defender every single match.

7. Korfbal was invented in 1902. In the Netherlands over 100,000 people play korfbal. Which aspects are in your opinion very important to make this sport more popular in other countries all over Europe?

*Answer:* To play it more in Physical Education lessons. And also introduce it in the Olympic Champions. And let it broadcasted more on television so more people are getting to know it a bit.

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- 6Dimphy .....
- 7Mids .....
- 8Jill.....

*How can we make sport more gender inclusive?*

**Sport: korfbal**

1. Did you think the sport was equally inclusive for boys and girls? Explain your answer.

*Answer: Yes we think it is inclusive because boys defend boys and girls defend girls. boys attack boys and girls attack girls. It is inclusive for boys and girls because people learn how to play with people of the other gender. It's equal because there are two players of each sex on each side of the field. When you are training it is also with mixed teams, so it's inclusive too.*

2. What could be done to adapt/change the sport to make it more inclusive than it is?

*Answer: change girls defend boys and boys defend girls. There has to be a man referee and a woman referee. There has to be a man coach and a woman coach in each team. When a boy defend a girls the girl will get a penalty because it is not fair. When a girl defend a boy the boy will get a penalty because it is not fair.*

3. Which rules would need to be changed? Explain your answer.

*Answer: That you are allowed to walk with the ball. You don't need to jump when you throw the ball to the korf. That you can dribble with the ball. Our group think that the other rules are okay, so we can't change them all.*

4. Which technical elements would need to be changed? Explain your answer.

*Answer: nothing because the way you have to do things is good. The goals (korf) are really high. Because there are 8 players in each team playing at the same time that the duration of the match can be more than a half hour, for example 45 minutes.*

5. Which tactical elements would need to be changed? Explain your answer.

*Answer: yes, because the goals (korf) are really high. That you can make smaller fields, so you can play faster. You can make the faster players defend. The people who can score can attack.*

6. What effects would all these changes have - not only on gender inclusion but any other effects?

*Answer: Everyone can defend everyone, no matter if you are female or male. There will be a man coach and a woman coach. There will be a man referee and a woman referee. You may walk with the ball, and dribble with the ball. You don't need to jump anymore if you want to score in the korf, because the korf will be lower.*

7. Korfbal was invented in 1902. In the Netherlands over 100,000 people play korfbal. Which aspects are in your opinion very important to make this sport more popular in other countries all over Europe?

*Answer: playing with other schools and in the afternoon. When there are korfbal matches you can see it on the television. Make more clubs. Make advertisement.*

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- 6 Tyra Schmitz
- 7 Adrian Díaz
- 8 Nina Gielen

*How can we make sport more gender inclusive?*

## **Sport: korfbal**

1. Did you think the sport was equally inclusive for boys and girls? Explain your answer.

*Answer: Yes and no, it's equal because boys defend boys and girls defend girls. When it wasn't like that, it wasn't equal because boys are bigger and have more power. But maybe men's play only together with men's and then the females became left out. So maybe they can make a rule that men's aren't allowed to throw the ball to another man and females aren't allowed to throw to other females.*

2. What could be done to adapt/change the sport to make it more inclusive than it is?

*Answer: They could do the Paralympics also worldwide. The seniors could play with five-six players in one team, that makes it easier for them. You are allowed to bounce and walk with the ball.*

3. Which rules would need to be changed? Explain your answer.

*Answer: You can put the corves lower, so it's easier to score. And you can make a new rule: you have 5 seconds to throw the ball, so the game becomes more difficult, and you have to work harder and faster. You can put less defenders in it, and more attackers, so the defenders have more work to do.*

4. Which technical elements would need to be changed? Explain your answer.

*Answer: coordinate your team to be near of the basket and then throw the ball when you are the most near you can, to do an easier score. You can make the ball lighter and smaller so it's easier to score.*

5. Which tactical elements would need to be changed? Explain your answer.

*Answer: You can do three steps instead of one, when you throw the ball to the basket. Add more players, and make the field bigger, so the game becomes more difficult. You can put the basket on different places in the field.*

6. What effects would all these changes have - not only on gender inclusion but any other effects?

*Answer: It will get easier because if you are able to walk with the ball or dribble with the ball, it's easier. If you change the rule that a girl can defend a boy it's going to be difficult because most boys are taller than girls. If the corves are bigger it will be easier to score.*

7. Korfbal was invented in 1902. In the Netherlands over 100,000 people play korfbal. Which aspects are in your opinion very important to make this sport more popular in other countries all over Europe?

*Answer: That appears korfbal's matches on TV to make it more popular. Some schools in different countries start to introduce korfbal in their physical education classes.*

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- 5...Cristina Ruíz.....
- 6...Milan Albertz.....
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- 8...Rodrigo Muñoz.....

*How can we make sport more gender inclusive?*

### **Sport: korfbal**

1. Did you think the sport was equally inclusive for boys and girls? Explain your answer.

*Answer:*

*Yes, because we played the sport before.*

*The boys defend the boys and the girls defend the girls.*

*The small people can defend the small people and the big people can defend the big people.*

2. What could be done to adapt/change the sport to make it more inclusive than it is?

*Answer:*

*When someone is sitting in a wheel chair the basket can be placed lower.*

*To make it more easier you can also put a border behind the basket, then it is easier to throw the ball in the basket.*

*we could also make a smaller field, so people with asthma can also play it because then they have run less.*



3. Which rules would need to be changed? Explain your answer.

*Answer:*

*If you could move forward with the ball in your hands and dribble with the ball, it would be easier to move and score a point.*

*Maybe if you were allowed to touch each other it would be more physical and fun J*



4. Which technical elements would need to be changed? Explain your answer.

*Answer:*

*we could make the basket bigger and change the height of the basket so you can easier throw the ball in the basket.*

*The size / weight of the ball could be changed. Little people can then throw the ball easier into the basket.*

5. Which tactical elements would need to be changed? Explain your answer.

*Answer: We could change it to also make the defenders be able to score on every moment in the game.*

*Place the basket in the middle of the field so you have more space around the basket and you have to run less.*

*Defend and attack whenever you want because then you can move more and that could make the game more interesting and fun to watch / play.*

6. What effects would all these changes have - not only on gender inclusion but any other effects?

*Answer:*

*The sport would be more inclusive and easier to play so it will be more popular in other countries.*

*It would become a more competitive sport. There would be more clubs and more money will go into the sport which could make it even as famous or maybe even more famous then soccer.*





7. Korfbal was invented in 1902. In the Netherlands over 100,000 people play korfbal. Which aspects are in your opinion very important to make this sport more popular in other countries all over Europe?

*Answer:*

*Famous people could sponsor it and there should be more matches played on TV.*

*Another way to make korfbal more popular is to make it an Olympic sport.*

*And if the sport would be played more in schools maybe more people would play the sport.*

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