

Rotary

Frankston Sunrise

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FOURTH QUARTER

Rotary Frankston Sunrise Quarterly Newsletter

OCTOBER - DECEMBER 2023

**All things
Rotary
Frankston
Sunrise**



Welcome to our Fourth Quarter newsletter for 2023... we've had quite a lot going on that we'd love to share with you before the year comes to a close.

With Christmas and a new year on the horizon, we've spent the last few months busily working within our community and getting all of our ducks in a row to kickstart the new year with a bang.





OZ CHILD FOSTER FAMILY MAKEOVER

In October, the club joined fellow Rotarian Dave Gibson and the O'Brien Electrical Carrum Downs team for the OzChild home makeover for an amazing Frankston lady who has been providing foster care for young people for decades, even as she raised her own young family all those years ago.

We Rotarians were on garden makeover duty and it was quite a transformation as the pics indicate! We removed 8 cubic meters of rubbish, spread 4 cubic meters of mulch, pruned, mowed, whipper snipped, raked, planted shrubs and trees, assembled planter boxes, cleaned out the shed, and did electrical works.

Thanks to Ron, Greg, Platts, Crackers, Robert and Shane. A very special thank you to Ben Coombs who lent his equipment, muscle and expertise and did a massive job. We also had the support of a number of OzChild staff who pitched in as well.



Dave and his team did the electrical work, replacing exhaust fans, all lights the final painting and air conditioning works to complete the makeover.

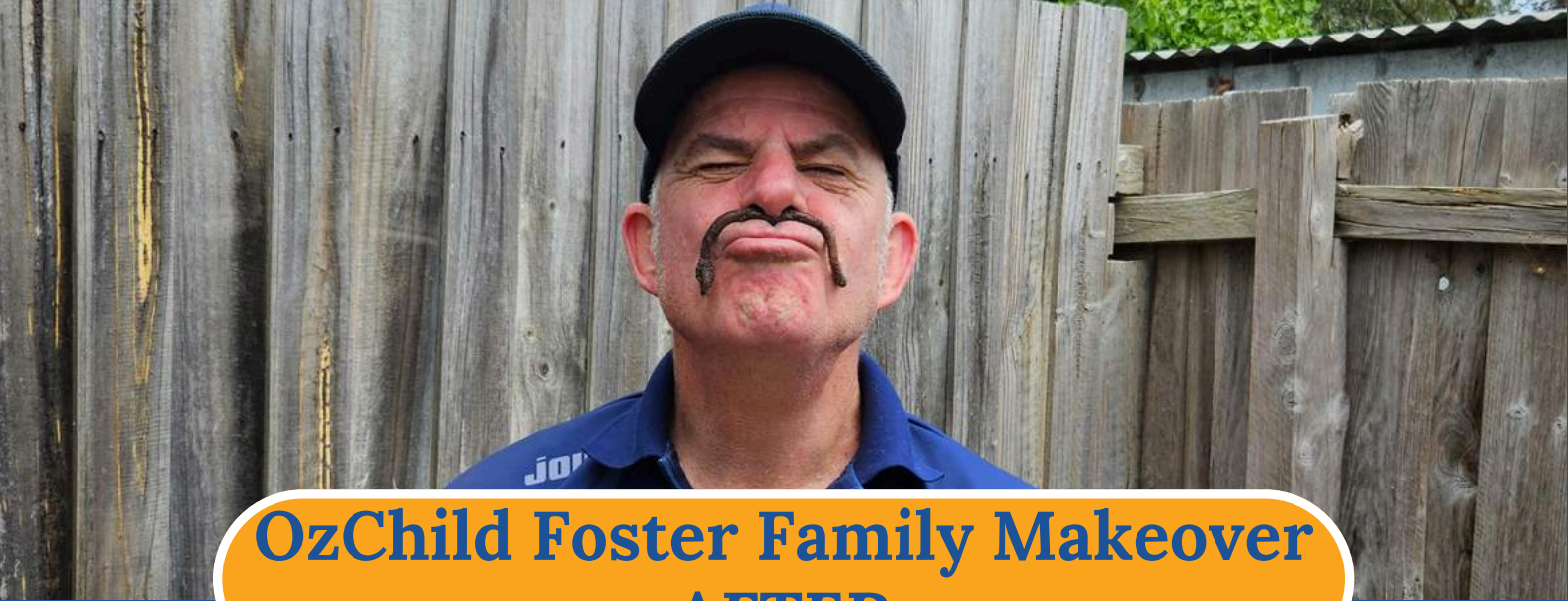
Dave and Nadia provided lunch and refreshments to keep our energy levels up. Thanks also to Warwick who donated a range of products and a pampering session for the Foster parent...a great gesture!

The genuine appreciation of a very hard working recipient of these efforts was very much on display. Thanks to everyone who pitched in to deliver a fantastic result.



OzChild Foster Family Makeover DURING





**OzChild Foster Family Makeover
AFTER**



Community



Helping others





OzChild Foster Family Makeover Some more photos



Deserving recipient of the makeover, Annette has been a foster carer for the last 23 years. Caring for several children over that time before welcoming two young people with complex needs as long-term placements into her home.

Outside of being a carer, Annette has a big family; with her grown children and grandchildren visiting regularly. For carers like Annette, the makeover is a chance to get gardening, maintenance and repairs done they may not have had the time or resources to do. The makeover also gives businesses in the community and team members a chance to give back to those who give so much in their lives, making a difference one volunteer at a time.

[Click here to read Oz Child's post on facebook](#)





WORKING TOGETHER

for our community

One thing we LOVE doing as a club is being involved in our local community, and this past quarter is no exception.

We've lost count of how many sausages have been sizzled at Bunnings and through our continued partnership with Frankston Football Club's 'Bar and BBQ' which saw members running the BBQ, serving cold beers and watching some fabulous local footy at the same time...what's not to love about that??

Barbecues isn't the only thing we do but they are a great way to get out and amongst it with our community, have a chat and a laugh, work hard, raise funds, and reinforce what it means to be a Rotarian (plus we're pretty darn good at it too).

We also supported other community initiatives working alongside Community Support Frankston helping deliver some Christmas cheer to families in need; and provided support to Frankston Netball Association at Jubilee Park.



Wheelchairs For Kids
Giving freedom & mobility worldwide

Last Friday, FHS Interact collaborated with Derinya Primary School and Grant & Russell from Wheelchairs For Kids, to run a Wheelathon fundraiser.

A wheelathon sees students push another student around a course, learning about the difficulties faced by children with disabilities in less developed countries.

This was a full school event from Prep all the way to Year 6, and Vice Principal Stuart Charles and his amazing team drove a fundraising effort that went beyond all expectations, raising enough to deliver 83 wheelchairs (and probably at least another 2 once the Sausage Sizzle profit is tallied up).

The final \$ amount will be well over \$23K (the original target was \$10k) so it was a truly amazing effort by the Derinya community and everyone involved. The WFK's people tell us this is the most successful Wheelathon ever!

Our Interactors provided marshalling and safety patrol throughout the day. Peter C and Dave G cooked a massive 6-700 sausages in the space of 1.5 hours (don't ever complain about your Bunnings shift again!!!) while being ably assisted by the Year 5 servers...this was one hectic lunch!!



Interact 
Frankston High School

A 'wheely' great result



Inspiring Australia's young scientists

Remember these names - Lily Wilson and Flynn Rigby; chances are they'll do something AMAZING with a career in science, with the sky really being the limit for these two Year 11 Frankston High School students.

Rotary Frankston Sunrise has a long-standing tradition of supporting students attend the National Youth Science Forum (NYSF). NYSF is a summer school programme dedicated to year eleven students who are heading into year twelve and are thinking about a career in science, engineering and related disciplines to major scientific institutions and researchers.

This year our club is proudly sponsoring half the costs associated with Lily attending the forum at the University of Brisbane (January 12-20) and and Flynn heading to the Australian National University in Canberra (January 5-13). NYSF's vision and purpose is to inspire young Australians to value science, technology, engineering & maths (STEM) and its importance in our communities.

Participants stay at university colleges and are immersed in science and technology, and have the opportunity to:

- participate in tours of science and technology facilities,
- learn about cutting-edge research,
- engage with industry partners and research providers,
- learn about university, training and STEM career pathways,
- mix with other like-minded students from all over Australia,
- participate in social and team building activities, and
- network with former NYSF participants.

We wish them both an incredible learning experience and look forward to having them come back to one of our meetings early next year and tell us what inspired them the most in achieving their dreams.

To learn more about NYSF, visit www.nysf.edu.au



What they hope to achieve at NYSF

Lily currently has a focus on Biology and might consider a Bachelor of Science but isn't 100% sure what will be her focus; she's looking forward to looking at her options.

Flynn has a Year 11 focus on Chemistry and Psychology but plans to go straight into Medicine at Monash if possible. Keen to learn about career pathways and new research in the science sector.

We've no doubt these two will go on to change the world, each in their own way and it's wonderful to be playing a very small part in their success.

watch this space



Interact Planning Day for 2024

Back in October, our Interact Club held its annual planning day at Monash University.

The purpose of the day is to set the agenda for the year ahead and the exciting evolution of the club was well and truly on show as the day was put together and run by the students. They briefly looked back at the year that was and then turned the focus to what they see for 2024.

Their new leadership team comprising a President, Vice President, Secretary, Treasurer, 2 x Local Directors, 2 x International Directors and 2 x Social Media/Promotions Directors reflect a highly motivated and talented group of leaders. What was great to see on Friday was the level of connectedness and engagement across all the students. It was also an opportunity to reflect on how our club has witnessed students in Interact grow in confidence and leadership these past 3 years.

The team has identified their key beneficiary partners for the year ahead on both a local and international front and we'll report more on that in future weeks.

Our Rotarian mentor supports for 2024 comprise:

- Peter Cracknell - Board support & school liaison
- Kim Michod - Social Media and Promotions
- Karin Hann - Local Projects
- Dave Gibson - International Projects
- Dave Wilton - Roving support across the group

There will be opportunities for all Rotarians to connect with Interact over the coming year. They are a great group of students, as everyone who has already seen and worked with them can confirm!



2024 INTERACT BOARD

President: Eliza Patston

Vice President: Maggie Marriott

Secretary: Charlotte Warrior

Treasurer: Tilly Scott

Executive Mentor: Jude Katsianis / Amy Staunton

Director of Local Projects: Kian Murray / Atlas Bleazby

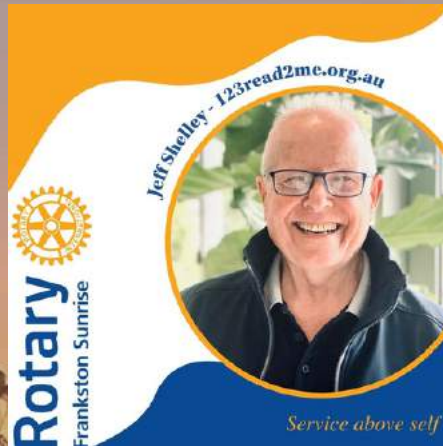
Director of International Projects: Archie Frew / Harry Warrior

Director of Social Media and Promotions: Toby Smith / Alexander Campbell

click to follow them



GUEST SPEAKERS



The art of listening

This quarter, Sunrise members have been entertained, educated and enthralled by a variety of guest speakers who have all gifted their time to share their passion and life learnings.

We heard from David Ensor from International Needs Australia; Jeff Shelley from 123Read2Me; Peter Lusk from Southern Cross Kids' Camps; Kathleen Langley who spoke about Huntington's Disease; Nigel Cousins from Rotary, David Cross from Rotary Club of Frankston, and Peter Fryers from DOVE.

We are incredibly grateful to everyone who gifts their time to talk with us about projects that have such a wide and diverse impact across our local and international communities.

Rotary

Frankston Sunrise



WOULD YOU LIKE TO WORK WITH US?

- Are you a not-for-profit that would like to align with us and share your mission and purpose?
- Are you a business that would like to partner with us to help raise much needed funds that support our community?
- Are you someone who would like to speak at one of our breakfast meetings?
- Are you looking for a volunteer opportunity where you will make new friends and create positive impact at the same time?

Rotary Frankston Sunrise meets every Wednesday morning at 6.45am for 7am start at McClelland Gallery & Sculpture Park

frankstonsunrise.contact@gmail.com
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Please get in touch...we'd love to hear from you.

