

# Breakfast & all day

## POWER BOWLS

<b>SAMBAZON Original Acai Bowl:</b> Acai, Banane, Blaubeeren, frischer Apfelsaft, Gurana, Müsli, crunchy Granola & frische Früchte (A/H) .....	10,50
<b>Acai Bowl:</b> Acai, Banane, Blaubeeren, Müsli, frische Früchte & Kokosnuss (A/H) .....	9,50
<b>Mango Tango Bowl:</b> Mango, Banane, Hafermilch, Honig, Bio Chiasamen, Mandeln & Himbeeren (A/H) .....	9,50
<b>Pink Dragon Bowl:</b> Dragon Fruit, Banane, Ananas, Coconutwater, Honig, Bio Chiasamen & Kokoschips (A/H) .....	9,50
<b>Choco Berry Bowl:</b> Haferflocken, Kakao, Nussmilch, Blaubeeren & Minze (A/F/H) .....	9,50
<b>FEEL GOOD Bowl:</b> Müsli, Griechischer Joghurt, Banane, Blaubeeren, Kiwi, Mandeln, Goji Beeren & Sonnenblumenkerne (A/F/E/G/H) .....	9,50

## PORRIDGE

Haferflocken, Honig, Hafermilch, Mandelcreme, Griechischer Joghurt, Apfel, Banane, Kiwi & Zimt (A/H/G) ..... 9,50

## BAGELS

Salty: Cream Cheese (A/G) .....	3,90
Salty: Cream Cheese, smoked Salmon & Gurken (A/D/G) .....	5,40
Salty: Cream Cheese, Avocado, Ei & Tomaten (A/C/G) .....	5,40
Sweet: Butter / Mandelbutter (A/G - A/H) .....	3,90
Sweet: Butter & Jam / Butter & Nutella (A/G) .....	4,90
Sweet: Peanutbutter & Jam (A/H/G) .....	4,90

## BUBBLE WAFFLE

(A/G/C) ..... 4,90  
 + Topping: Strawberry / Banana / Berry mix / Ice Cream Vanilla / Sahne / Crazy Hazel / Hello Bello  
 Marshmallow / Cookies & Cream / Freaky Fuge / Chocolate- / Strawberry- / Caramel-Sauce ..... + 0,70

# Hot / Cold Stuff, Fresh Juices, Smoothies, Protein, Shakes & Shots

## HOT STUFF



<b>Espresso   Doppelter Espresso</b> .....	2,90 / 3,90
<b>Espresso Macchiato</b> .....	3,10
<b>Verlängerter   Americano</b> .....	3,10
<b>Melange   Cappuccino</b> .....	3,90
<b>Latte Macchiato</b> .....	4,20
+ Vanille   Caramel   Salted Caramel   Choco .....	+ 0,20
<b>Pumpkin Spice Latte</b> .....	4,90
<b>Heiße Schokolade weiss/dunkel</b> .....	4,20
<b>Chai Latte</b> .....	4,20
<b>Matcha Latte</b> .....	4,50
<b>Tea</b> (English Breakfast, Green Tea, Wild Berry Wonder & Vitalizing Herbs) .....	3,90

## COLD STUFF

<b>Espresso on the Rocks</b> .....	2,90
<b>Americano on the Rocks</b> .....	3,10
<b>Iced Cappuccino</b> .....	3,90
<b>Iced Latte Macchiato</b> .....	4,20
+ Vanille   Caramel   Salted Caramel   Choco .....	+ 0,20
<b>Iced Chai Latte</b> .....	4,20
<b>Iced Matcha Latte</b> .....	4,50
<b>Iced Tea</b> (English Breakfast, Green Tea, Wild Berry Wonder & Vitalizing Herbs) .....	3,90



### Choose your milk type ... +0,50

Mandelmilch / Sojamilch / Hafermilch / Kokosmilch / L-free Milch

## FRESH JUICES

(0,4L) ..... 5,50  
 Orange / Apfel / Karotte / Ananas / Sellerie / Gurke / Rote Beete / Mix 50/50 .....

<b>Ginger Blast:</b> Karotte & Apfel + GINGER !! .....	5,50
<b>Hangover:</b> Apfel, Ananas, Minze & Basilikum .....	5,50
<b>Honolulu:</b> Kohl, Apfel, Ingwer, Sellerie & Spinat .....	5,50
<b>V6 Cleanser:</b> Karotte, Rote Beete, Apfel & Zitrone .....	5,50

## Add SUPERFOODS: PIMP YOUR DRINK!

Acai, Hanfprotein, Raw Kakao, Kurkuma, Collagen, Maca, Spirulina, Curcuma, Makro Greens, Guarana ..... +2,00

## SMOOTHIES

(0,4L) .....	5,50
<b>Berry Booster</b> Rote Beete, Apfel, Erdbeeren & Basilikum .....	
<b>Exotic Dreams</b> Ananas, Orange, Mango & Passionsfrucht .....	
<b>Summer Feeling</b> Wassermelone, Erdbeeren & Minze .....	

## SUPER SMOOTHIES

(0,4L) .....	7,50
<b>Queen Acai</b> Acai, Ananas, Passionsfrucht, Erdbeere, Banane & Apfelsaft .....	
<b>Doc Savage</b> Mango, Erdbeeren, Banane, Maca & Orangensaft .....	
<b>Market Greenie</b> Avocado, Spinat, Zitronensaft, Kohl, Apfel, Birne, Sellerie & Spirulina (L) .....	

## MILKSHAKES

(0,4L) Diverse Sorten: Erdbeer | Banane | Vanille | Kokos ..... 4,90

## PROTEIN SHAKES

(0,4L) CHOOSE YOUR MILK TYPE!	
Diverse Sorten: Erdbeer   Vanille   White Chocolate-Cocos (V) .....	4,50
<b>Mr. Universe</b> Hanfprotein, Mandelmilch, Banane & Zimt (V) .....	6,50
<b>Shehulk</b> Vanilleprotein, Mandelmilch, Kiwi & Spirulina (V) .....	6,50
<b>Peanutbutter me up</b> Hanfprotein, Mandelmilch, Peanutbutter, Raw Cacao & Banane .....	6,50

## SHOTS

<b>Detox Shot</b> Spinat, Gurke, Zitrone & Kollagen .....	3,50
<b>No Flu</b> Kurkuma, Pfeffer, Mandelmilch & Agavendicksaft .....	3,50
<b>Wake me up</b> Kaltgebrühter Kaffee, Mandelmilch & Karamellsirup .....	3,50
<b>Pick me</b> Apfel & Ingwer .....	3,50

# Lunch & all day

## SPECIAL: Summer Turkey's

Sushi Reis, Sous-vide pulled Turkey, **Flavor:** homemade Tamari Sesame; Kirschtomate, Mango, Rotkraut, Jungzwiebeln, Mais, **Sauce:** homemade Honey Dijon Sauce & black Seaweed (A/M/N) ..... 15,90 / 11,90

## SPECIAL: Shii-ta-ke

Sushi Reis, Shiitake Pilze, **Flavor:** Sojasauce; Babyspinat, Jungzwiebeln, Edamame, Sojasprossen, Avocado, Koriander, **Sauce:** homemade Tamari Sesami & black-white Sesame Seeds (F/N/L) ..... 15,90 / 11,90

## Kauai Tofu Salad

Gemischter Salat, Babyspinat, Bio-Tofu, **Flavor:** creamy Sesame Sauce; Edamame, Granatapfel, Karotten, Kirschtomaten, Mango, **Sauce:** homemade creamy Avocado Sauce & Kokoschips (C/M/N) ..... 13,90 / 10,90

## Vegan Protein Bowl

Sushi Reis, mariniertes Bio Tofu, **Flavor:** homemade Orange Sesame Sauce; Edamame, mixed Beans, Karotten, Mango, Avocado, **Sauce:** Peanut Saté Sauce & geröstete Erdnüsse (A/F/N/E) (V) ..... 13,90 / 10,90

## Planted Chicken BBQ Bowl

Sushi Reis, planted Chicken, **Flavor:** Teriyaki; Mais, mixed Beans, Rotkraut, Sojasprossen, Zoodles, **Sauce:** Peanut Saté Sauce & gerösteter Mais (A/F/M/E) (V) ..... 15,90 / 11,90

## Vegan Zalmon Bowl

Sushi Reis, Zalmon, **Flavor:** Teriyaki; Gomi Wakame, Karotten, Sushi Ingwer, Kirschtomaten, Gurken, **Sauce:** Peanut Saté Sauce & black-white Sesame Seeds (A/E/F/N) (V) ..... 15,90 / 11,90

## Chicken Sate Bowl

Sushi Reis, Sous-vide Chicken, **Flavor:** homemade Tamari Sesame Sauce; Babyspinat, Edamame, Gurken, Karotten, Kirschtomaten, **Sauce:** Peanut Saté Sauce & geröstete Erdnüsse (A/E/F/N) ..... 13,90 / 10,90

## Island Beef Bowl

Sushi Reis, Sous-vide Roastbeef, **Flavor:** homemade Orange Sesame Sauce; Jungzwiebeln, Karotten, mixed Beans, Rotkraut, Mais, **Sauce:** homemade Honey Dijon Sauce & Röstzwiebeln (A/C/F/M/N) ..... 15,90 / 11,90

## Vulcano Salmon Bowl

Sushi Reis, Lachs, **Flavor:** creamy Sesame Sauce; Gomi Wakame, Gurken, Kirschtomaten, Karotten, Jungzwiebeln, **Sauce:** creamy Truffle Mayo & black-white Sesame Seeds (A/C/D/F/M/N) ..... 15,90 / 11,90

## Tiki Tuna Bowl

Sushi Reis, Ahi Thunfisch, **Flavor:** Teriyaki; Edamame, Gomi Wakame, Karotten, Kirschtomaten, Jungzwiebeln, **Sauce:** creamy Sesame Sauce & Röstzwiebeln (A/C/D/N/O) ..... 15,90 / 11,90

## Truffle Prawn Bowl

Sushi Reis, Sous-vide Garnelen, **Flavor:** homemade Tamari Sesame Sauce; Granatapfel, Gurken, Rotkraut, Zoodles, Frühlingzwiebeln, **Sauce:** creamy Truffle Mayo & Röstzwiebeln (A/B/C/F/M/N/O) ..... 15,90 / 11,90

# BE CREATIVE & build your OWN Bowl!

### 1. BASE

Sushi Reis	Special: Pulled Turkey / Shiitake Pilze	15,90/11,90
Mixed Salat	mariniertes Bio-Tofu (V)	13,90/10,90
Zoodles	planted Chicken (BBQ) (V)	15,90/11,90
50/50	Zalmon (vegane Lachs) (V)	15,90/11,90
Quinoa (+ 1,50)	Sous-vide Chicken	13,90/10,90
	Sous-vide Roastbeef / Garnelen	15,90/11,90
	Ahi Thunfisch / Lachs	15,90/11,90

Extra-Protein (+4,00)

### 3. FLAVOR

homemade Orange Sesame (V)
homemade Tamari Sesame (V)
creamy Sesame
Sojasauce (V)
Teriyaki (V)



### 4. TOPPING

Salat, Rotkraut, Mais, Edamame, Acovado, Babyspinat, Kirschtomaten, Gurke, Mango, Gomi Wakame, Zoodles, Karotten, Koriander, Granatapfel, Jungzwiebel, Mixed Beans, Sushi Ingwer
Special: Sojasprossen & Koriander

### 5. SAUCE

Special: Wasabi Cream (V) (V)
homemade Honey Dijon (V)
homemade Avocado
homemade Spicy Mayo (V) (V)
homemade Peanut Saté (V)
creamy Sesame
Sojasauce (V)
purple Mayo (V) (V)
Truffle Mayo (V)

### 6. CRUNCH

geröstete Erdnüsse
getrockneter Seetang
Mais (geröstet - gesalzen)
Röstzwiebeln
black-white Sesame Seeds
Kokoschips
Granatapfel
Wasabi (+1,00)