

Salamat

Northern Iraqi specialties

english menu

All dishes and meals are being prepared without any additional artificial or flavour-enhancing substances (No Glutamat)

The list of natural allergens



Sesame



milk/lactose



wheat/gluten



mustard




peanuts



nuts

Soups

(a flat wheat bread with each soup) 

10. **Chickpeasoup**  5

with tomato, coriander, fresh parsley

11. **Chickensoup** with fresh mint 5

basmati rice, tomato, fresh peppermint

Olives

12. **Olives**  4

small bowl of green olives refined with wild thyme, sesame and salt

 = vegan option available on request

Vegetarian Mixplates


(each plate with hummus, salad and wheat bread)



30. **Hummus**     7
chick-peas mush with olive-oil, sesame paste and lemon
31. **Mutabel (baba ganoush)**     7
eggplants with sesame, olive-oil and lemon
32. **Tabule**     7
refined parsley salad, mixed with couscous, tomato, lemon, olive-oil
33. **Falafel**      8
deep-fried small balls of chickpeas with sundry spices
34. **Halloumi**     8
deep fried cheese, with potato
35. **Makali**      8
sundry vegetables, deep-fried with wild thyme, rosemary and salt
36. **Babylon Plate**      9
Tabule, Hummus, Mutabel, Falafel, Halloumi, Makali
37. **Salamat Plate**      15
Tabule, Hummus, Mutabel, Falafel, Halloumi, Pastille (puff pastry rolls filled with feta cheese and spinach), Kobba (rice potato pocket filled with vegetables)

Mix-Plates with Meat

(each plate with hummus, salad, sesame-yoghurt-sauce and wheat bread)

50. **Fardos Plate**     12
Tabule, Hummus, Mutabel, Falafel, Pastille, Burgul (Wheat-Salad), Schiffte (lamb patty)
51. **Hammurabi Plate 2 Person**     30
Tabule, Hummus, Mutabel, Falafel, Pastille, Burgul, Schiffte (lamb patty), Halloumi, rice, deep fried vegetables, beef shawarma
53. **Tigris Plate**     16
Tabule, Hummus, Mutabel, Falafel, Pastille, Burgul (wehrt-salad), Schiffte (Lamb patty), Kobba (rice potato pocket filled with lamb, green peas and almonds)
54. **Chickenshawarma**     8
refined marinated and roasted stripes of chicken thigh in olives-rosemary-thyme-sauce with potato
55. **Chickenshawarma Spezial**     10
refined marinated and roasted stripes of chicken thigh in olives-rosemary-thyme-sauce with potato and deep fried vegetables refined with wild thyme
56. **Beefshawarma**     13
refined marinated and roasted stripes of beef in pomegranate-tomato-sauce, basmati-rice, deep fried vegetables refined with wild thyme
57. **Darband Plate**     13
Tabule, Hummus, Mutabel, Falafel, Pastille, Burgul (wheat-salad), chickenshawarma, potato
58. **Pascha Plate**     16
Tabule, Hummus, Mutabel, Falafel, Pastille, Burgul (wheat-salad), beef-shawarma, potato


Main Courses

with basmati-rice, fresh herbs and mixed salad

Bamya Okra (dark green pods) in tomato-coriander-sauce

- 70. vegan 9
- 71. with chicken 12
- 72. with lamb 16

Machlame

- 73. Chicken fried with fresh mint, tomato, eggplant  12



Purtukal

- 74. Chicken fried with spicy plumbs, spinach, chickpeas in orange-parsley sauce  12

Haluzha spicy plumbs, chickpeas, tomatoes, cinnamon and honey

- 88. vegetarian ✓ 9
- 75. with chicken 12
- 76. with lamb 16

Spinach

- 77. Fried chicken breast fillet with mushrooms, spinach in a creamy sumac-curry-nutmeg sauce   12

Lobyia green beans in tomato-coriander-chickpea sauce refined with wild thyme

- 78. vegan 9
- 79. with chicken 12
- 80. with lamb 16



Couscous steamed cous-cous, with potatoes, chickpeas, various vegetables

- 81. vegan 9
- 82. with chicken 12
- 83. with lamb 16

Kusa Zucchini with raisins in a spicy tomato curry sauce

- 84. vegan 9
- 85. with chicken 12
- 86. with lamb 16

Kleine Ergänzungen

90. **Halloumi** (fried cheese) 2 pcs.  2
91. **Falafel** (fried, made from chickpeas, with lots of spices). 2 pcs  2
92. **Rice 1 bowl** 3

Children

93. **children's plate** 5
Halloumi (fried cheese), hommes (chickpea mousse with sesame mousse), pastille (puff pastry rolls filled with spina, mint, feta cheese), fried potatoes, mixed salad


Desserts

94. **Paklava mit Walnut**      2
Puff pastry with walnuts, cardamom, cinnamon
95. **Paklava mit Pistachio**      3
Puff pastry with pistachio, cardamom, cinnamon
96. **Mamoul**      4
Semolina pastries with date filling, rose water
97. **Dessert-Mix-Plate**      10
verschiedene Paklavas, Mamoul, dazu Zabadi
98. **Zabadi**    4
dessert made of greek yogurt, roasted almonds, honey and cinnamon

Salamat Specialties

homemade and fresh

Laban

homemade salty yoghurt drink with 
fresh mint

small 0,2 l 3,-

large 0,4 l 5,-

Lime-Mix

fresh limes, fresh mint, mineral water,
sugar

small 0,2 l 4,-

large 0,4 l 6,-

Orient-Mix

freshly squeezed orange juice, with fresh
mint, fresh apple, organic apple juice

small 0,2 l 4,-

large 0,4 l 6,-

Pomegranate-Mix

Freshly squeezed orange juice, organic
pomegranate juice, fresh mint

small 0,2 l 4,-

large 0,4 l 6,-

Orange Juice

frisch gepresst

small 0,2 l 4,-

large 0,4 l 6,-

Mango-Lassie

with Greek yogurt 

small 0,2 l 4,-

large 0,4 l 6,-

Cold drinks

Selters Mineralwater (still)

bottle 0,25 l 2,50

bottle 0,75 l 5,50

Selters Mineralwater (carbonated)

bottle 0,25 l 2,50

bottle 0,75 l 5,50

Organic Apple Juice

small 0,2 l 2,50

large 0,4 l 4,-

Mango Nectar

small 0,2 l 2,50

large 0,4 l 4,-

Organic apple juice spritzer/ mango spritzer

small 0,2 l 2,50

large 0,4 l 4,-

Cola*

bottle 0,33l 2,50

Coca Cola light*

bottle 0,33l 2,50

Bionade-Elderberry

bottle 0,33l 2,50

*Additives in American bottled beverages

Cola, Cola light: carbon dioxide, coloring E150d, acidifier phosphoric acid,
aroma, caffeine

Teas

- Tschai** 3
black tea with cardamom and cinnamon
- Yogi Tea** 3
Tea made from an exotic blend of spices 
(ginger, clove, cardamom, cinnamon)
- Fresh-Mint-Tea** 3
made from fresh mint leaves, lime and honey
- Fresh-Ginger-Tea** 3
made from fresh ginger, lime and honey
- Mallow Tea** 3
of red wild mallow flowers, cinnamon and honey

Hot Drinks

- Tigris Mokka** 3
oriental style with cardamom, cloves,
cinnamon and rose water
- Hot chocolate on a wooden spoon** 5
homemade chocolate mix with cloves,
cardamom, cinnamon 
- Sahlep** 4
Egyptian hot drink (very sweet) with
sultanas, almonds, cinnamon 
- Espresso** 2.5
- Coffee** 3
- Capuccino** 3.5
- Latte Macchiato** 4

Red Wine

Chateau Ksara* La Priure (lebanese)	0,2 l	8.5
elegant, with aromas of wood, vanilla, supple, purely round	bottle 0,75 l	29
La Meseta organic wine (Spanish)	0,2 l	7
little tannin, lots of fruit aroma, good concentration	bottle 0,75 l	30

White Wine

Chateau Ksara* Merwah (lebanese)	0,2 l	8.5
intense citrus aromas with notes of tropical fruits	bottle 0,75 l	29
La Meseta organic wine (Spanish)	0,2 l	7
very aromatic, with plenty of presence	bottle 0,75 l	30
White Wine Spritzer	0,2 l	5

Rose Wine

Chateau Ksara* Sunset (lebanese)	0,2 l	8.5
Aroma of red berries, hints of spices, lively balanced, fresh	bottle 0,75 l	29

Pomegrante Wine

Granatapfelwein Agsu (Aserbaidshen)	0,2 l	8.5
fruity, dry	bottle 0,75 l	29

*contains sulphites

Bottled Beer

Lammsbräu Edel Pils Neumärkter organic beer	3.5
Augustiner Hell light beer	4
Weihenstephan Hefeweizen	4.5
Lammsbräu Pils alkoholfrei Neumärkter organic beer	3.5

Cocktails

Mojito made from 4cl light Cuban rum, lime juice, mint, cane sugar and mineral water	7
Aperol Spritz Mixed drink made from Aperol**, white wine, orange	7
Gin Tonic fresh mint, tonic water***, lime	7
Tinto de Verano Mixed drink made from red wine, pomegranate juice, lime	7

Spirituosen

Arak Arabic clear unhealthy aniseed liquor, 49% vol.	3.5
Moskatel fine citrus, melon and honey notes 14.5 vol.	3.5
Wodka Moskovskaya pleasant intense purity with a slight sweet note 40% vol.	3.5

Prosecco

Prosecco* dry only bottle 0,75l 29

*contains sulphites ** with coloring E110, E124
*** with antioxidant ascorbic acid, aroma quinine

