



EUROPEAN KETO LIVE® CENTRE

INFORMATION & TRAINING CENTRE - ASSOCIATION FOR KETOGENIC METABOLIC THERAPIES

CV Dr med Jürg Kuoni

Switzerland

Jürg Kuoni

- Jürg first worked as a primary school teacher for several years.
- He finished his medical studies at the University of Zurich with a state examination in 1977, and
- Dissertation on the toxicology of pyrazole derivatives
- Residency at various cantonal and regional hospitals,
- 1988 and 1989 interim senior physician in internal medicine,
- 1989 recognition as a specialist in general medicine FMH (Foederatio Medicorum Helveticorum, CH Medical Society)
- 1990 Private practice in Zurich, which expanded into a dual practice in 1995
- Several pieces of training in sports medicine at the Swiss Society for Sports Medicine SGS courses focus on sports nutrition and performance medicine.
- 2000 Handover of the private practice and founding of "health-check", an assessment and counselling centre specialising in prevention.
- He completed further training in chronomedicine with Prof. Maximilian Moser of the University of Graz and nutritional medicine at various specialist conferences.
- In 2010, "health-check" became "heart-check" and expanded its services to include workplace health promotion.

- 2019 Founding Member of the European Keto Live Centre (EKLC)
- 2021 Advisory Board Member of the EKLC