



## Judo training at l'Oumière sports center



L'île d'Oléron is a peaceful, protected island.  
Japanese culture at the heart of French island life. Oléron judo has already provided top-flight athletes thanks to its perfect training conditions that lead to rapid progress and ideal sporting recovery.

### FEATURES

- A hall with **two contest areas**.
  - The hall has an area of **457m<sup>2</sup>**,
  - A pit installation reduces the risk of injury,
  - Spectator seating for 175 of which 5 are accessible for people with disabilities.
  - 35m<sup>2</sup> of changing rooms for athletes;  
8 column showers with one accessible to people with disabilities; toilet block,
  - 11m<sup>2</sup> of fully equipped changing rooms and facilities for referees.
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- Situation: main building of l'Oumière sports centre.

### COMPETITION AND TOP-LEVEL SPORTSPEOPLE

- Elisa Sueur, a contender for the French judo team started her career here and is now training at Bordeaux at the under 70kg level.
- For more than 25 years, the centre has organised Boyardville Judo Tournaments at Category A.
- The Fort Boyard Junior National Tournament has been held here for more than 11 years.





## THE ADVANTAGES OF L'OUMIÈRE SPORTS CENTRE

- An athletes' recovery centre to be opened in 2022,
- A secure sports centre with security cameras, available to all,
- Accommodation close to the sports centre,
- A new weights room of 155m<sup>2</sup>, fully equipped and available,
- Two outdoor stadia and a synthetic coated athletics track,
- A multisport hall equipped for basketball and handball,
- A teaching and meeting room,
- Bus parking.

POLITENESS • COURAGE • SINCERITY • HONOUR • MODESTY • RESPECT • SELF-CONTROL • FRIENDSHIP



## CONTACTS

Office de tourisme de l'île d'Oléron et du bassin de Marennes

[oleron-sports@marennnes-oleron.com](mailto:oleron-sports@marennnes-oleron.com)

☎ +33 (0)5 46 85 65 23

