

**1st International  
Keto Live Conference  
in Switzerland  
10th - 14th of June 2019**



**Ketogenic Diet  
Future Prevention and Treatment  
of Non-Communicable Diseases**

**35 CME Credits by SGAIM, SGED-SSED & SNG**



Keto Live Project proudly presents

# Ketogenic Diet Future Prevention and Treatment of NCD

The 1st international Keto Live Conference in Switzerland about the power of food and the ketogenic diet as a medical tool.

## 35 CME Credits certified by

**SGAIM:** 17 AIM/MIG credits for General Internal Medicine - Kernfortbildung

**SGED-SSSED:** 12 credits for Endocrinology & Diabetology - Kernfortbildung

**SNG:** 6 credits for Neurology - Kernfortbildung

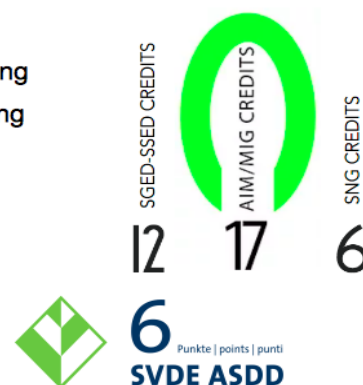
plus

**BANT- CPD:** 20 Hours for Nutrition and Lifestyle Medicine

**SVDE ASDD:** 6 Credits for Nutritionists / Dieticians

**BDH:** 25 Credits for Naturopaths in Europe

**EACCME®:** LEE19-00565 pending



## Conference Programme

April 2019 - This schedule is subject to change

### Monday, 10<sup>th</sup> of June

- |       |  |
|-------|--|
| 15:00 | Registration Office opens / 2 SNG Credits  |
| 16:00 | Hello & Welcome<br>Dr. John Schoonbee, Switzerland &<br>Jean-Jaques Trochon, France<br>“Why we have to Rethink” Paris - Washington                   |
| 17:00 | “If nothing else works” - nearly 100 Years of KD in the Treatment of Epilepsy – not only in Children!<br><br>Michel Lundell, Sweden<br>“My Story”    |
| 18:00 | Sybille Kraft Bellamy, France / United States of America<br>Nutritional Therapies, Ketogenic diets for First Line of Treatment for Angelman Syndrome |
| 19:00 | Welcome Get Together<br>“Drinks and Appetizers on a Ketogenic Diet”  |
| 21:00 | Movie: “First do no Harm” / Keto Live Bar  |



## Tuesday, 11<sup>th</sup> of June

- 07:30 Good Morning Pilates  
This group lesson is not included in the Conference Fee. Please book and pay separately on the Eventbrite Order Form or via E-Mail at jr@jrpropilates.ch
- 08:30 Registration Office opens / 5 SGAIN Credits
- 09:00 Dr. John Schoonbee, Switzerland  
“why Insurers should care about Nutrition”
- 10:00 Charlotte Summers, United Kingdom  
“Pure, White and Deadly”  
Prof. Dr John Yudkin - or what happened to Science and Guidelines  
followed by a Coffee Break - included in the Conference Fee
- 11:30 Ivor Cummins, Ireland  
“Hyperinsulinemia & Insulin Resistance:  
Forming a Nexus of Modern Chronic Disease”
- 12:15 Q & A / Discussion
- 13:00 Keto - Lunch Buffet included in the Conference Fee  
Enjoy nature, go for a walk, biking, have a swim, more pilates - or just have a nap
- 14:30 Dr Aseem Malhotra, United Kingdom  
“Still the Number one Killer – Lifestyle Choices and Heart Diseases”
- 15:30 Dr Aseem Malhotra, United Kingdom  
“Big Food and Big Pharma - Killing for Profit”  
followed by a Coffee Break - included in the Conference Fee
- 16:30 Ivor Cummins, Ireland  
“CVD, The World’s Biggest Killer” from Measuring it to Managing it.  
Does the Fear of Fat & Cholesterol Make Any Sense?”
- 17:15 Q & A / Discussion
- 18:00 Workshops  
In alternating Groups, please register in the morning, at the registration desk
1. Domini Kemp & Patricia Daly, Ireland, Switzerland  
Ketogenic Kitchen – followed by Dinner  
in the historic kitchen of the Kurhaus
  2. Dipl. oec. troph. Ulrike Gonder, Germany  
“All about healthy Fats and Oils in the Ketogenic Diet”
  3. “Nutrition and Physical Degeneration” Weston Price in Switzerland  
Ortsmuseum Bergün, Chant da Farrer 113
- 19:30 Keto Dinner at the Kurhaus Restaurant included in the Conference Fee
- 21:00 Movie: “The Widowmaker” / Keto Live Bar



## Wednesday, 12<sup>th</sup> of June

- 07:30 Good Morning Pilates  
This group lesson is not included in the Conference Fee. Please book and pay separately on the Eventbrite Order Form or via E-Mail at [jr@jrpropilates.ch](mailto:jr@jrpropilates.ch)
- 08:30 Registration Office Opens / 4 SGAIM / 6 SGED Credits
- 09:00 Patricia Daly, dipNT, Switzerland/ Ireland  
“Intro to the Ketogenic Diet for Cancer: Where do we stand?”
- 10:00 Prof Thomas Seyfried, United States of America  
“Cancer as a Metabolic Disease”  
followed by a Coffee Break - included in the Conference Fee
- 11:30 Prof Thomas Seyfried, United States of America  
“Press - Pulse: a Novel Therapeutic Strategy for the Metabolic Treatment of Cancer”  
Q & A / Discussion
- 13:00 Keto - Lunch Buffet included in the Conference Fee  
Enjoy nature, go for a walk, biking, have a swim, more pilates - or just have a nap
- 14:30 Jean-Jacques Trochon, France  
Patricia Daly, dipNT Switzerland & Ireland  
& Domini Kemp, Ireland  
“Our Journey to the Ketogenic Diet on Cancer”
- 15:30 Mag.rer.nat. Julia Tulipan, Austria  
“Factors Influencing Feasibility & Implementation of a Ketogenic Diet in Cancer Patients”  
followed by a Coffee Break
- 16:30 Michel Lundell, Sweden  
“Ketones for Health”  
Dorian Greenow, United States of America  
“Bio-Individuality: Managing what you Measure”
- 18:00 Workshops  
In alternating Groups, please register in the morning, at the registration desk  
1. Domini Kemp & Patricia Daly, Ireland & Switzerland  
Ketogenic Kitchen – followed by Dinner  
in the historic kitchen of the Kurhaus
2. Dipl. oec. troph. Ulrike Gonder, Germany  
“All about healthy fats and oils in the Ketogenic Diet”
3. “Nutrition and physical degeneration” Weston Price in Switzerland  
[Ortsmuseum Bergün, Chant da Farrer 113](#)
- 19:30 Keto Dinner at the Kurhaus Restaurant included in the Conference Fee
- 21:00 Movie: “The magic Pill”/ Keto Live Bar



## Thursday, 13<sup>th</sup> of June

- 07:30 Good Morning Pilates  
This group lesson is not included in the Conference Fee. Please book and pay separately on the Eventbrite Order Form or via E-Mail at jr@jrpropilates.ch
- 08:30 Registration Office Opens / 6 SGAIM / 6 SGED
- 09:00 Arjun Panesar, United Kingdom  
“DDM and the Low Carb Program”
- 10:00 Dr Ian Lake, United Kingdom  
“The Ketogenic Diet and Type1 Diabetes”  
followed by a Coffee Break - included in the Conference Fee
- 11:30 Dr Ian Lake, Great Britain  
“What is Thought to Cause Type 1 Diabetes?”
- 12:15 Q & A / Discussion
- 13:00 Keto - Lunch Buffet included in the Conference Fee  
Enjoy nature, go for a walk, biking, have a swim, more pilates - or just have a nap
- 14:30 Dr Stephen Phinney, United States of America  
“Nutritional Ketosis in the Management of Insulin Resistance, Inflammation, and Chronic Disease”
- 15:30 Dr Stephen Phinney, United States of America  
“Reversing Type 2 Diabetes with the Virta Treatment”  
followed by a Coffee Break - included in the Conference Fee
- 16:30 Prof Dr Jörg Spitz, Germany  
“Beyond Keto: Sunshine and Vitamin D - Evolutionary Lifestyle Factors to Overcome Diabetes and Cancer”
- 17:15 Q & A / Discussion
- 18:00 Workshops  
In alternating Groups, please register in the morning, at the registration desk
1. Domini Kemp & Patricia Daly, Ireland & Switzerland  
Ketogenic Kitchen – followed by Dinner  
in the historic kitchen of the Kurhaus
  2. Dipl. oec. troph. Ulrike Gonder, Germany  
“All about healthy fats and oils in the Ketogenic Diet”
  3. “Nutrition and physical degeneration” Weston Price in Switzerland  
Ortsmuseum Bergün, Chant da Farrer 113
- 19:30 Keto Dinner at the Kurhaus Restaurant included in the Conference Fee
- 21:00 Documentary “Sugar Coated” / Keto Live Bar





## Friday, 14<sup>th</sup> of June

- 07:00 Good Morning Pilates  
This group lesson is not included in the Conference Fee. Please book and pay separately on the Eventbrite Order Form or via E-Mail at [jr@jrpropilates.ch](mailto:jr@jrpropilates.ch)
- 08:00 Registration Office Opens / 2 SGAIM / 4 SNG Credits
- 08:30 Dr. des Elena Gross, Germany / Switzerland  
"The Metabolic Face of Migraine" and why - both endogenous and exogenous - ketosis might represent effective treatment strategies
- 9:30 Dr Georgia Ede, United States of America  
"Understanding Food & the Brain:  
Nutritional Psychiatry Offers New Treatment Options  
for Mental Health Disorders"  
followed by a Coffee Break- included in the Conference Fee
- 11:00 Dr Georgia Ede, United States of America  
"There Is Hope! Rethinking Alzheimer's Disease and  
Other Neurodegenerative Conditions"  
Q & A
- 12:00 Farewell Panel Discussion / What's Next?  
See you again soon and "Keep on Keto!"

More Information & Booking at: [www.keto-live.com](http://www.keto-live.com)  
Keto Coffee breaks, Lunches & Dinners are included in the Conference Fee

Conference Venue:  
Kurhaus Bergün - [www.kurhausberguen.ch](http://www.kurhausberguen.ch)

Puez 112, CH - 7482 Bergün/ Bravuogn  
Phone +41 81 407 22 22

Medical Consultation & Supervision:  
Prof. Dr. med. Markus Stoffel, Munich  
[www.privatpraxis-kosttor.de](http://www.privatpraxis-kosttor.de)  
[www.privatpraxis-kosttor.de](http://www.privatpraxis-kosttor.de)  
Dr. med. Suzan Oruc, Burghausen  
<http://www.urologie-burghausen.docsite.de/>

Idea, Concept & Organisation:  
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Josephine & Stephan Barbarino  
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