



LOMELLINA
FRANCIGENA
MARATHON 2022
da Mortara a Pavia

Regulation

Sunday 27 March 2022

THE MARATHON ALONG THE FRANCIGENA PAVESE ON THE PASSES OF SIGERICO

TYPE OF EVENT:

Recreational walking, and Nordic walking (Nordic walking) **NON-COMPETITIVE** in line at free pace open to all, to be covered by walking, without running, to better enjoy the beauty that the path can offer you.

The event is open to all, men and women who have reached the age of 18 can participate. Minors can participate under the responsibility of their parents.

The registration fee is € 15.00 for the half marathon and € 20 for the full marathon + € 5.00 (optional) to use the return shuttle.

The contribution entitles you to:

Individual recognition, technical T-shirt with the Lomellina Francigena Marathon logo, assistance service along the entire route, refreshments and buffets, insurance, various gadgets.

ENROLLMENTS open on 1st November 2021 and will be closed on 27th February and in any case upon reaching a maximum of 1000 subscribers.

1 ROUTES and 2 GOALS

Complete Marathon: Mortara (Abbey of Sant'Albino) - Pavia (Rowing Club) about 42 km (see GPX track downloadable in routes). You will follow the official track of the Via Francigena except for some short detours which will be clearly highlighted by the signs

Half Marathon: Mortara (Abbey of Sant'Albino) - Garlasco (Sanctuary of the Madonna delle Bozzole about 2 km from the center of Garlasco) Km 21 + 2.

The route will take place mainly on paths and in short sections on asphalted roads.

The variants entered by the organization are intended to ensure greater safety for participants by avoiding the crossing and / or travel of roads with high traffic density.

On the complete route there is a positive difference in height of about 75 meters.

Along the entire route you will find signs bearing the logo of the event and signs showing the kilometers traveled (for each kilometer) to better identify your position and the distance from the finish.

Event opening

DEPARTURE:

From 7.00 to 7.15 from the Abbey of Sant'Albino in Mortara for those enrolled in the MARATHON

From 7.30 to 8.00 for members of the HALF-MARATHON

PARTICIPATION PACKAGE

Technical T-shirt reproducing the Lomellina Francigena Marathon 2022 logo. Bib with the same logo as the event

List of emergency numbers to take with you along the entire route

Various gadgets

INDIVIDUAL RECOGNITION:

Individual awards can be collected on the following dates by showing the registration confirmation

Saturday 26/03/2022 from 10.00 to 12.00 and from 15 to 19 (Piazza Vittorio Emanuele II (Piazza del Teatro) in Mortara

Sunday 27/03/2022 from 6.00 to 6.45 for the Marathon and from 7.15 to 7.45 for the half Marathon (at the starting point of the event)

RESTAURANTS:

The following refreshment points will be present on the track:

Km 7: REMONDO 'DI GAMBOLO'

km 15: TROMELLO

Km 21 GARLASCO (for those who do the Marathon)

km 23 SANCTUARY OF MADONNA DELLE BOZZOLE (Pasta-party) for the Half-Marathon

km 28: GROPELLO CAIROLI

km 35: CASCINA DI MOLINO DI LIMIDO

km 42 PAVIA: CANOTTIERI ASSOCIATION - PAVIA (About 700 m from the Covered Bridge and Borgo Ticino)

WEATHER CONDITIONS

The event will take place only in the event that the weather conditions do not represent a problem for the safety of the participants, to this end it is specified that the route could undergo changes, even at the last moment, at the discretion of the organization and the Bodies control officers.

MANDATORY EQUIPMENT

Light and Trail trekking shoes or boots

Waterproof jacket

Water reserve

Personal water bottle to refuel at the refreshment points along the route, please note that plastic cups will not be distributed

Food reserve according to your needs

Waste bag

Identity document

Health insurance card

Mobile phone switched on to register the security numbers provided by the organization. Do not mask your number and check on departure that the battery is charged

TRANSPORT OF PARTICIPANTS

The shuttles will be available for the return from each stage arrival, the arrival points of the shuttles

HALF MARATHON: sal Sanctuary of Madonna delle Bozzole (Garlasco) - in Mortara, side parking at the LIDL supermarket.

MARATHON: from the Canottieri association of Pavia .- in Mortara, side parking at the LIDL supermarket.

THE BUSES WILL START ONLY AFTER COMPLETELY FILLED IN ACCORDANCE WITH THE ANTI-COVID 19 RULES IN FORCE AT THE TIME OF THE EVENT

ARRIVALS STAGE AND END OF THE EVENT

FIRST STAGE - Half Marathon FIRST ARRIVALS EXPECTED AT 11.30. ATTENTION: The closure of the "gate" in Garlasco towards PAVIA is mandatory for 12 noon. Beyond this time it will not be possible to continue towards Pavia to prevent participants from being caught in the dark along the way and will be