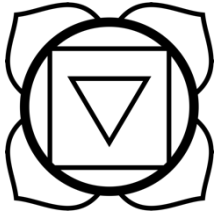
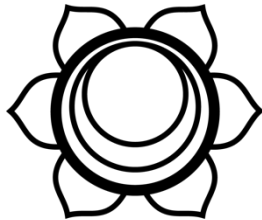
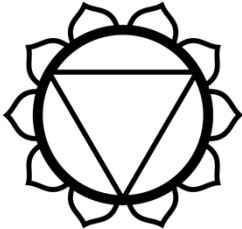
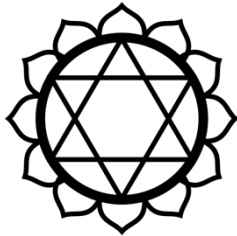
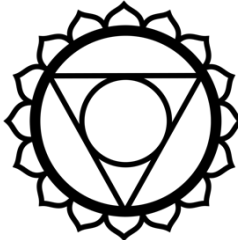
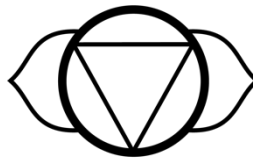
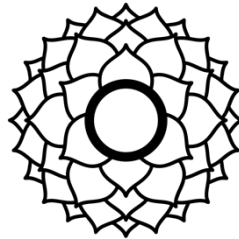




# CHAKREN ÜBERSICHT

<b>Muladhara</b> (Wurzel)	<b>Svadhithana</b> (Sakral)	<b>Manipura</b> (Solarplexus)	<b>Anahata</b> (Herz)	<b>Vishuddha</b> (Hals)	<b>Ajna</b> (Stirn)	<b>Sahasrara</b> (Krone)
<i>Farbe:</i> Rot	<i>Farbe:</i> Orange	<i>Farbe:</i> Gelb	<i>Farbe:</i> Grün	<i>Farbe:</i> Blau	<i>Farbe:</i> Indigo	<i>Farbe:</i> Lila
<i>Lage:</i> Am Ende der Wirbelsäule	<i>Lage:</i> Unterhalb des Bauchnabels	<i>Lage:</i> Unter dem Brustbein	<i>Lage:</i> Auf Höhe des Herzens	<i>Lage:</i> Auf Höhe des Kehlkopfes	<i>Lage:</i> Zwischen den Augenbrauen	<i>Lage:</i> Oberhalb des Kopfes
<i>Bedeutung:</i> Verbindung zum Irdischen, Lebenskraft, Erfolg, Überleben	<i>Bedeutung:</i> Körperliche Emotionen, Lebenslust, Schaffenskraft, Sexualität	<i>Bedeutung:</i> Gedanken, Glaubensmuster, Intellekt, Unterbewusstsein	<i>Bedeutung:</i> Höhere Liebe, Hingabe, Mitgefühl, Herzensfreude	<i>Bedeutung:</i> Kommunikation, Höhere Wahrheit, Ausdruck von Weisheit und Individualität	<i>Bedeutung:</i> Öffnung zur und Ausdruck der Seele	<i>Bedeutung:</i> Göttliche Bestimmung und Verbindung für unsere Seele und unseren Körper
						



# CHAKRAS OVERVIEW

<b>Muladhara</b> (root)	<b>Svadhithana</b> (sacral)	<b>Manipura</b> (solar plexus)	<b>Anahata</b> (heart)	<b>Vishuddha</b> (throat)	<b>Ajna</b> (third eye)	<b>Sahasrara</b> (crown)
<i>Color:</i> red	<i>Color:</i> orange	<i>Color:</i> yellow	<i>Color:</i> green	<i>Color:</i> blue	<i>Color:</i> indigo	<i>Color:</i> purple
<i>Location:</i> End of the spine	<i>Location:</i> Below the navel	<i>Location:</i> Under the breastbone	<i>Location:</i> At the height of the heart	<i>Location:</i> Base of the throat	<i>Location:</i> Between the eyebrows	<i>Location:</i> Above the head
<i>Importance:</i> Connection to the earthly, life force, success, survival	<i>Importance:</i> Physical emotions, lust for life, creativity, sexuality	<i>Importance:</i> Thoughts, beliefs, intellect, subconscious	<i>Importance:</i> Higher love, devotion, compassion, joy of heart	<i>Importance:</i> Communication, higher truth, expression of wisdom and individuality	<i>Importance:</i> Opening to and expression of the soul	<i>Importance:</i> Divine purpose and connection for our soul and our body
