



Erasmus+ Exchange

Eijkhagen College and IES Santa Maria la Real



⌘ We took the bus in Aguilar in the morning and we arrived at the airport. After going through the controls we took the plane that left us in Brussels 1h and a half later. There we met our matches and we went to Landgraaf. We had dinner in our houses at the end the first day.

Sunday: The arrival.



⌘ On Monday we arrived at school and we had some workshops and a presentation of the school. Then we visited the town hall. Later we went to Brunssummerheide and there we practiced orienteering in small groups. Finally we spent the afternoon with our matches.

Monday: Orienteering



On Tuesday we went to Laco Glanerbrook to practice ice skating, one hour with a teacher and a free hour. Then we had lunch in a restaurant and we started with the soccer and floorball tournament with the British and the Germanic students. Finally we took the bus to Landgraaf again.

Tuesday: Laco Glanerbrook



& On Wednesday we went to Maastricht but before, we had a lesson with Mr. Rutten. In Maastricht we had a city tour and the free time. In the free time we visited the city and we went shopping. Before having lunch we went to Landgraaf.



Wednesday: Maastricht



& On Thursday we had a korfbal clinic taught by a famous player. We made a lot of exercises to improve our skills. Then we had lunch in a restaurant near the sports centre. Finally we went to Drielandenpunt, the three country point.

Thursday: Korfbal clinic.



✂ It was the last day and all the students went to Brussels, we visited it and we had free time to go shopping. Then we went to the airport and we took the plane. After a lot of hours travelling we finally arrived in Spain at 2 o'clock at night.

Friday: Brussels.



DIARY

10th

This morning I have woken up at 9:00 to prepare my lunch, because we are going to travel to the Netherlands. At 10:00 we have left the bus station to go to the airport of Santander to take our flight at 14:45. When the plane left the land I felt very nervous, so I decided to chill out with the MP3 music. At 15:00 we arrived at the Charleroi Airport and we met our matches, mine was very nice!!! After travelling 2h by bus we arrived at our destination, Landgraaf. We went to Eijkhagen School because the parents of our matches were there. Then we went to Seven's house. On her house I met her beautiful fantastic dog and her hilarious parents. We had dinner at 20:00 and after it we watched a hilarious movie. Then we went to sleep.



11th



At 7:00 I woke up, I made my school lunch and then I ate 2 nutella toasts with sprinkles, it was the typical breakfast there. At 8.30 the school classes started so we left home at 8.00 and we went by car, because it was my first day in the Netherlands. At 8:30 the principal, Mr Van Eyk welcomed us, he was very nice. Then he returned to work so we had class with Ms Sterk the English teacher at school. She gave us a bag and a notebook with a pen to write our experiences. After an hour, we had a workshop lesson with Mr. Rutten, he told us some traditions and stories of the country. I learned some new interesting things. After that we had a 30 min break. Then at 10:00 we visited the town hall of Landgraaf, and the Alderman 'education and culture' welcomed us. They gave us a biscuit and an orange juice, it was so good!!! We watched a video about the culture of the town. At 12:00 we had another break. At 13:00 we went to Brunssummerheide with our matches, and we were divided into small mixed groups to go orienteering, I had a lot of fun, and I met new friends. Then at 16.15 we went back to school. At 18:00 the family and I had dinner. Then we went to a town

near Landgraaf because Seven had to practise Taekwondo, It was so difficult. Then at 21:00 we went to bed.



12th

Today is my birthday!!! So I am very excited. At 7:15 I woke up, at 7:30 I had breakfast, 2 toasts of nutella and a birthday cake. Then Seven gave me a present for my birthday, a super cute bracelet with a silver heart. At 8:15 we went to school by bike, and then at 8:30 we took the bus to Laco Glanerbrook in Sittard-Geleen. Then at 10:00 we were practising ice-skating with a school of the UK and Germany, and a teacher was teaching us how to do it. Then we had some free time to go ice-skating, I love it!!! At 12:00 we had lunch, a croquet with some frites, I like it a lot. After lunch at 13:00 we have practised floorball, but only the girls because the boys were playing soccer. It was very unfair because we wanted to join in with the boys to play soccer and to have mixed groups. But Mrs. Van Buren said that we can't, so we get angry about that. After it Mrs. Van Buren said that to it was an experiment to see how we would react. I didn't like it so much. At 16:30 we went back to school, and we went back home. Then we had to go to the supermarket to buy fish for the dinner, we had to hurry up because at 19:00 we were going to go to the Space Jump. When we were having dinner the fish I told Seven that my dish was frozen, HAHHAHA, so we got later to finish it. At 19:00 we went by car to the Space Jump, It is a place with mats and trampolines so that people can do pirouettes and backflips. We went with

other people of the exchange and we had a lot of fun there!!! We were there like 2h, it was amazing. After it we went back home and we went to bed.



13th

At 7:00 I woke up, I made my school lunch and then I ate 2 nutella toasts. At 8:15 we went to school by bike with Sara's match, and then at 8:30 we had a workshop lesson with Mr. Rutten, he told us that he had lived in Spain, in Salamanca, also he told us a legend of giants that were rocks living in nature, then we had to draw a giant rock for the legend with my mates. At 10:10 we had a break, so we were playing Spanish cards. At 10:30 we went by bus to Maastricht, we had visited the Fortification, the Basilica of our Lady, the Hell Gate and City Park, it was so beautiful to see! Then at 13:15 to 15:00 we had some free time, so we went to have lunch to Domino's Pizza Marina and me. After lunch we went shopping and to see this entire amazing city. At 15:15 we went back to school and we arrived at 16:00 back home. My mate asked me if I could makeup her, so I said yes. She said that I really can do lovely makeup. After our beauty session we went dinner. This was a special dinner, because I had never eaten taboule and a kind of chopped potato and carrot dish. It was so good and tasty!!! Then Seven told me that we were going to practise bowling!!! I really love it!!! We met other students there; I really had a good time. Then at 21:00 we went back home and we went to sleep.



14th

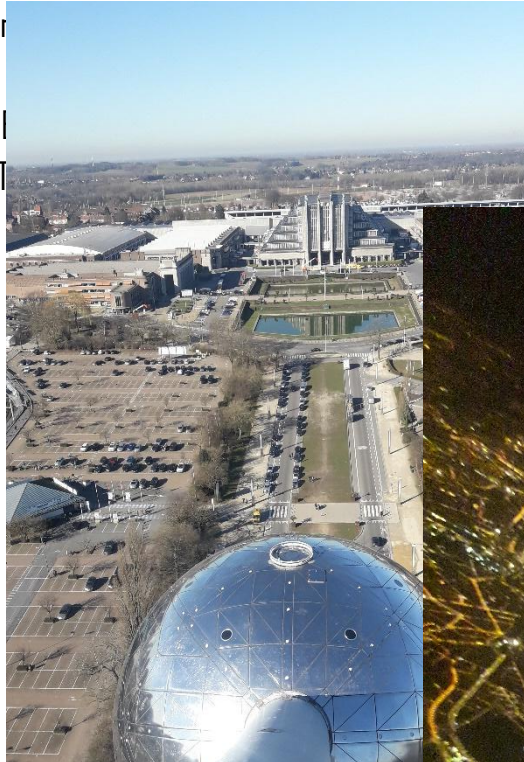
At 7:00 I woke up, I made my school lunch and then I ate 2 nutella toasts with a cake piece. At 8:15 we went to school by bike with Sara's match, and then at 8:30 we had a workshop lesson with Mr. Rutten, he told us another story, but this one was sadder than the others, so I didn't like it so much. At 9:30 we went with the Netherlands to sports centre Citta Fit in Vaals. At 10:30 we had a Korfbal lesson by André Kuipers, an old player of the official team of Korfbal, also another player come with him, but he was younger. We had a nice and happy time practising it, I learned a lot about this sport. After it at 12:30 we had lunch, we ate a sandwich of ham and cheese, and with a piece of fruit and a yogurt. I like it. At 13:15 we worked on assignments in small mixed groups, we were working on questions about korfbal. It was so funny. At 15:00 we left the sports centre to visit the Drielandenpunt "three country point". We went on the top of a tower and we take some amazing pictures with my friends. Then at 16:00 we went back to school, and then to home by bike. Then at home Seven advised me that we are going to a party so maybe I wanted to dress up smart. So I decided to dress up with a new outfit that I had bought on Maastricht. Then at 18:00 we had dinner, and after it we did our makeup and then we went to the party at Alba's house. They had got 2 dogs, 3 cats, 5 snakes, 1 lizard, and some fishes. They love animals. I like too animals so the father lent me to took a snake. Marcos took a lots of pictures about it. Then all the people came and we put some music, and snacks on the table. Then we played twister, it was very amusing. After the party we go back home and we go to bed.



15th

Today I woke up earlier because I had to pack my luggage. At 8:00 I was taken away from all the family so nice and kind that I had. Then we went to school by car with my wallet. We left all the luggage in a class and we went to the computers room to finish our work in small mixed groups. After finishing it we left at 11:30. At 13:30 we visited the Atomium, inside and outside. We also

took some pictures of
Markt, Manneken
went to Airport for
flight.



a guided tour Brussels to Grote
affle. It was so sweet. At 17:30 we
the matches and we went to our
back to Spain.



**My week in the
netherlands** ☐ ☐



Sunday 10th of February

Today it starts the exchange. We took the bus to go to Santander airport. When we arrived at the airport we had to wait, so we had lunch there. At quarter to three we got on the plane and it was a good flight. By the time we arrive our Dutch matches were waiting for us. The meeting with my Dutch match was a little bit uncomfortable. In the way to Landgraaf we listened to music and we talked to them. Anyway when I met her parents it stopped being uncomfortable and we talk a little bit but I was still so nervous. As soon as we got home her parents made dinner. After that we were playing with the Wii and then I went to sleep because it has been a long day.



Monday 11th February

Today we went to the school at the beginning of the morning. There a teacher told us things and facts of the country and the educational system, after that the teacher showed us the school. Then with Mr. Rutten we had a physics lesson. The rest of the morning we went to a forest and we did orienteering in groups of 6 with our matches. We we got home I went to my bedroom and picked up the clothes. At six we had dinner, it was a typical Dutch food. After having dinner we went to play mini golf with Shana, Pablo, Adrián, Jill and Mids. We enjoyed a lot and had so much fun, at the end we went home but I didn't have time to call my parents.





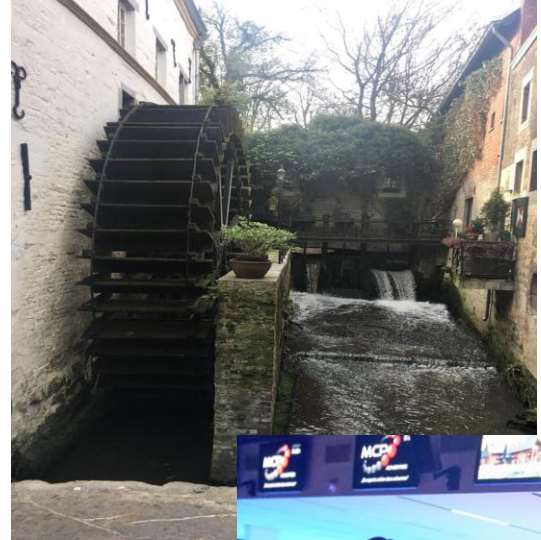
Tuesday 12th February

Today we went to Laco Glanerbrook and there we have been doing ice skating most of the morning with the four schools of the Erasmus, and after that we had lunch. Then the girls have been playing hockey and the boys have been playing football. We have complained because we wanted to play football. After we played we could choose what sports we wanted to do. When we finished we went home. By the time we arrived home my matches' mother was doing dinner. Once we had dinner I went with my match to her volleyball practice. While she was training I called my parents and my best friend. After the training we went home and there we ate a snack, then I went to bed.



Wednesday 13th February

Today in the morning we have been at the school and Mr. Rutten has told us about his trip to Salamanca and a tale of giants. After the talk we had a break and just after that we departed to Maastricht, we went on a city walk and visit some places and after that we had free time. I went with a friend to have lunch and then we bought some clothes. After this we went back to Landgraaf. In the evening after having dinner I went with my match to the gym. Upon returning home I got a shower and quickly we went bowling, on the way I called my parents and my cousin to congratulate her for her birthday. I enjoyed so much the bowling even when I suck at it. Then we got home and I went to bed.



Thursday 14th February



Today we have been practicing korfball with some professional guys. The teachers gave us a t-shirt of the Erasmus. The coaches have been teaching us how to throw the ball to the 'korf. When we ended the game we had lunch and then we worked in groups for an Erasmus work that we will continue tomorrow. After that we visited the three country point and just after we went back home. In the evening I went with Pablo, Adrian and our matches to a small shopping center. When we finished we went to my matches' house and we had dinner there. After that she went to her volleyball practice but I went to Shana's house to a party, we had so much fun and we laugh a lot. By the time we got home I had to prepare my suitcase for tomorrow.

Friday 15th February

Today we came back to Spain, in the morning before going to Brussels we worked in groups for Erasmus work. We spent the day in Brussels, we have been in the Atomium and we got inside of it. It was awesome all the things it had inside. After that we went to Grote Markt in Brussels, then we had free time and we wanted to see the Manneken Pis but before that we bought a waffle with Nutella. When we ate the waffle we went to buy some souvenirs and then we went back to the bus to go to the airport. At the airport we said goodbye to our matches and then we got inside. The flight was delayed so we had to wait one more hour there. We landed in Bilbao's Airport at half past eleven, we got home at two a.m.



EXCHANGE

THE

NETHERLANDS

INÉS ALONSO

SATURDAY

The plane took off in Santander at 15:00 and we arrived at Brussels at 16:30. In the airport we met with our matches and we departed by bus to Landgraaf. The road was two hours until we arrived.



MONDAY

In the morning, we went to the school where the English teacher introduced us what the school was like, the country and a little of its culture. Then the chemistry teacher showed us the laboratory of the school and did some experiments. After this, we went to the town hall of Landgraaf where we saw an interesting documentary about the town. We went back to the school and we took the bus to do orienteering on a route. In the afternoon I went with some people to the bowling alley and there we spent a great time until it was night.



TUESDAY

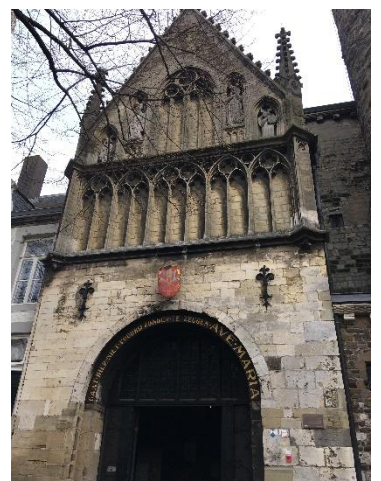
We went by bike to school and we took the bus to go to practise ice skating. Some

instructors give us classes and then we had free time. When we finished, we ate a prepared lunch and after this we started playing floorball and soccer with the other two schools from England and Germany. They separated us into girls and boys and that did not seem so well to me but in the end, they mixed us. In the afternoon my match took me to a site of elastic beds called "Space jump" and we went back home.



WEDNESDAY

In the morning, Mr. Rutten told us stories about the travel he did to Spain, to learn Spanish. Then, only the Spanish students went to visit Maastricht. We did a city Walk, seeing important places or monuments and we had free time to visit the city.



In the first hour we had a workshop. Then we went to a sports center to practice korfbal. There gave us classes André Kuipers, a professional player. When we finished we ate and did a group work with the Dutch students about the sport. Before going back to the school we went to Drielandenpunt, a place where three countries are joined: Germany, Belgium and the Netherlands. At night, we went to a small party.



FRIDAY

We were at school finishing our project until 11:30, when we left by bus to Brussels. When we arrived we visited the Atomium and then we saw the grand place in Brussels. At 18:30 we said goodbye to the Dutch students and our flight took off at 9.00 o'clock.



SPORTS
With no
BORDERS

- Today, February 10th, we left Aguilar at 11:00 am to Santander to take a plane to Brussels, after an hour of travel by plane, we met our exchange students and we talked for a while, then we travelled from Brussels to Landgraaf by bus, in which they also travelled. Once we got to Landgraaf we met the family I was talking with on the way from school to the house. When I got home they gave me dinner and they talked to me about many things. Once I finished dinner I went to bed since the day had been very long

- Today, February 11th, they have told us things about the Netherlands and about the school in one of their classes. Later we went to the town hall where they gave us a video about Holland and they asked us questions. Then we have returned to school and we have finished seeing it. Then we went with the Dutch students to do orientation, they separated us into groups and we started to carry out the group activity. Once we have finished the activity we have gone to his house and I have dined around 6:30 p.m. and I have been talking with her and her parents. Finally at 19:30 pm I went with my Dutch student to the home of Rodrigo and Noah where Saffa was also and we have spent the time talking and playing games, listening to music and playing table games.



- Today, Tuesday, February 12, we went to a natural ice rink where we learned new things about skating. Afterwards we had lunch, the Spaniards played ice hockey and then we went together with the Dutch to play hockey and football. First we played soccer boys and girls hockey and then we played with mixed teams to both. then we went back to school and talked to girls from last year's exchange that I attended.
- After dinner Rodrigo with Noah came to my Dutch student's house and we were playing board games and talking



- Today, Wednesday, February 13, we went to a class at the school where a physics teacher told us a couple of stories he had done in Spanish and English. After that class we went to recess. Then we went to Maastricht only the Spanish students to visit its walls and a cathedral. Later we had a free time and we went to school again.
- And finally I went with my Dutch student and his father to watch his hockey training and when we finished we had dinner at home



- Today, February 14, we went to another class to tell us another story in Spanish. After that class we went with the Dutch students to play the korffball where they taught us how to play and they put us in mixed groups. Then in the same place they gave us food.
- Later they took us to visit the three points where Germany, Belgium and Holland come together.
- In the afternoon we went to a party in the house of a Dutchwoman where we were listening to music and talking.



- Today, February 15, we have gone to the library to do a project on korfbal using computers. After that we went to see the Atomium and the great place. Then they left us free time
- And finally we went to the airport where we said goodbye to all the Dutch, it was a very sad moment. We already got on the plane and went to Spain

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SARA BALMORI

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10 February:

We arrived at the airport in Brussels where the Dutch students were waiting for us. We met our matches and then we took the bus to Landgraaf. In the school all the parents were waiting for us. When we got home they gave me some tomatoe soup and it was really good, after that we played a game and we went to bed .



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M O N D A Y

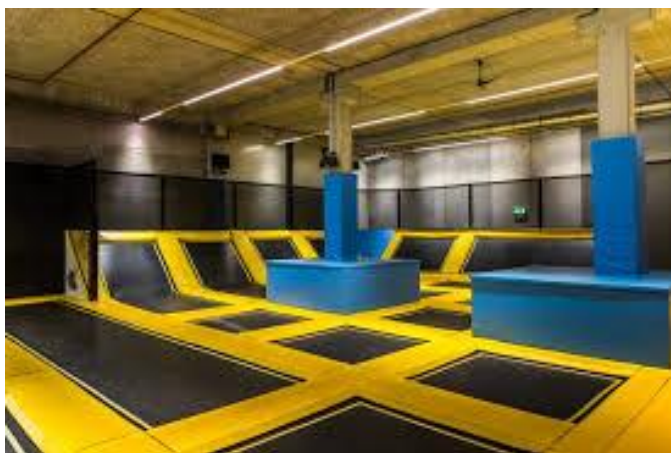
This morning when I got up, I got dressed and I went downstairs to have breakfast with the family, they drink milkshake with crackers and butter. At 8:00 we went out to go to the school.

In the school we had a talk with one of the English teachers of the school and she told us some things about the Netherlands and about its education. Then we went to visit the school and finally we did some experiments in the science laboratory. We went to the town hall. We ate some food on the cantine of the school and we took the bus to go orienteering.

When we arrived home we had dinner at half past five and I went to Jill's badminton training then we went back home , I watched TV and then I went to my room.

T U E S D A Y

On Tuesday morning I did the same that in Monday's and we went by bike to school because it wasn't raining. We took the bus to a big place where we went ice skating, and played floorball and soccer with German and Dutch students. There was a small fight with a teacher because some girls wanted to play soccer but they separated us into two groups, boys and girls, and we wanted to play with boys too.



In the afternoon we went to a place called space jump in which there is a lot of trampolines and we had a really good time, the only problem was that I had dinner ten minutes after going there

On Wednesday we went by bike school too but today I had brought my gloves because in the mornings it was really cold. On the school we met the same Physics teacher and he told us a story about the summer he was in Salamanca. We took a bus to Maastrich and we visited it, it was really beautiful.

That afternoon we went to play bowls with some of the Spanish people.



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This day we were with the same teacher and he told us some stories and we had a good time because he was talking Spanish really funny. Then we went to a sport center and we played korfball. After having lunch we went to the « Three Country Point»



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On Friday we continued working on assignments. We went to Brussels, visited the Atomium, we got a guided tour and then we had a little break. At 17:45 we went to the airport in which we said good bye to the Dutch students and we went in to take our plane home.



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Sunday 10th February 2019

Today at 11 o'clock the bus from Aguilar de Campoo went to Santander airport.

There was a lot of turbulence on the plane. When we arrived at the airport we greeted the Dutch and I went to the McDonald's. I didn't understand anything of what they told me. They had to use a google translator. Then we had dinner at Tyra's house, it's the name of the Dutchman. She lives with her grandparents, Finy and Frans, and her mother, Many also her stepfather, Germán. Apart from the hamburger the fish was rich, I took a shower and went to sleep.



Monday 11th February 2019

Today I had breakfast milk with bread and jam and butter; they gave me 3 sandwiches one of chorizo and the other two of nutella, some grapes a zumo and some cookies. At 8:30 we went to the school, gave us a talk about how many there are people, clases...

After that they took us to see the school, we saw some experiments, the teacher's room...

we walked to the courthouse where they gave us a video of the origin of the Netherlands they gave us a glass of coca cola and a sponge cake. Then we had lunch and we did orientation. When the orientation ended we went home to dinner. I had mashed potatoes a salad that I don't know what it was and a few kinds of meatballs and dessert yogurt was and all very rich. When we finished we went to deliver newspapers to some house, we played table games, I took a shower and went to sleep. I slept with the honda and ate at 12, dinner at 6 or 6:30 is rare in Spain.



Tuesday 12th

February 2019

Today I had breakfast the same as yesterday. Then we went to the ice ring kit was fub I fell down once. We had a break and they gave us hot chocolate and a sponge cake. After the break we went to the hockey and soccer courts and they separated us boys played football and girls played hockey but some Spaniards complained and they were mixed. There were also Germans. When we finished we went to the school that my Dutch has private. We ate rice with chicken. We went to the space jump after dinner. I had a lot of fun then we went to eat an ice cream and home to shower and sleep.



Wednesday 13th

February 2019

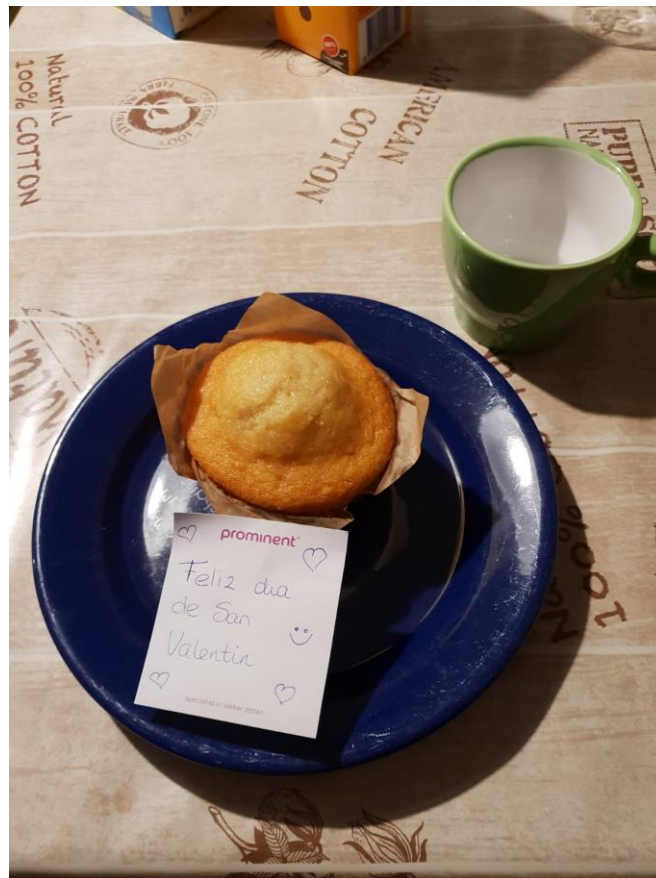
Today I got up, I had breakfast I went to the school they told us a story and they made us make a face on a mountain. Then we went to the city walk fortification of Maastricht, Basilica of our lady, the hell gate and city park. They gave us free time and we went to eat at the Burger, after I waited for my Dutch like yesterday. We had tuna salad, cooked potatoes, pork, vegetables and for dessert vanilla yogurt and chocolate with very rich cream mall for dinner. I took a shower and went to the Dutch house of Emma, we were playing wii and we went home to sleep.



Tuesday 14th February

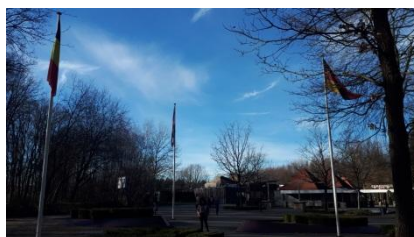
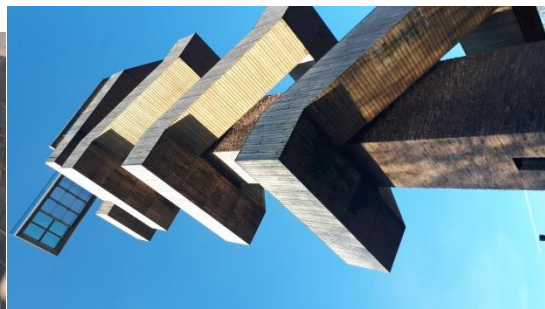
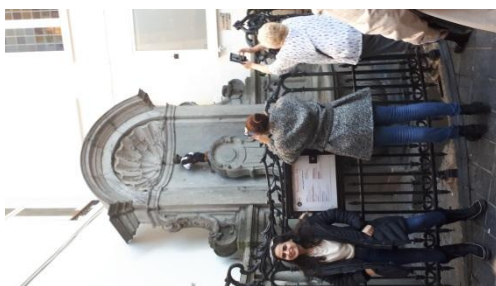
2019

Today I got up breakfast I was told happy valentine I went to the school, a man told us a story then we went to do korfbal we ate there. In groups we answered some questions about the korfbal then to the school to wait as li always went home I had lasangan and juge to the ps4 finally they made a party where we were 11 people of the Exchange. They played at the bottle and then at home where they gave me a gift that is two perfumes and a farewell card we took pictures and went home at 11:30 to sleep.



Friday 15th February 2019

Today I woke up, I had breakfast the family said goodbye to me went to the school we did the work we finished it and the Spaniards did a questionnaire about the exchange then we went to Brussels to see the Atomium that I love after we went to the main square where there was a kind from castillo I thought it was amazing they gave me some free time and I bought some souvenirs for my family, then I ate goffre, which was very good, it was a pissing boy who is very famous in Brussels, then we went to the airport and we said goodbye to the Dutch some were crying one hour later we arrived at 1 in the morning I went to my house to sleep.



MY TRIP TO THE NETHERLANDS



SUNDAY

- In the morning we took the bus to go to Santander. In Santander we took a plane to go to Belgium. When we arrived in Belgium all the Dutch were waiting for us on the bus that we took to Landgraaf. In Landgraaf each of us went home with our Dutch mates.



MONDAY

- I got up, had breakfast and I drove to school. There we met the director and he gave us a talk. Then we went to the town hall and met the mayor. Later we went to a forest to go orientation. When we finished we returned home. I had macaroni for dinner and when I finished I went to my room.



TUESDAY

- I got up, had breakfast and I drove to school. There we took a bus and went to a sports center. First we were ice skating, then we had lunch and later we played football and hockey. Then we went back to school and from there we went home. I had chicken for dinner and then I went to my room. Later we went to the space jump.



WEDNESDAY

- I got up, had breakfast and I drove to school. At school we were in a chat and then went to Maastricht. There they explained the city a bit and then they let us free time. When we finished we went back to school. Then I went to have dinner (spinach). Later we went to play bowling.



THURSDAY

- I got up, had breakfast and I drove to school. There they gave us a talk. Then we went to a sports center to play korfbaal. When we finished we all got together and they fed us. There they divided us into groups and we were answering some questions. Then I went to dinner at a restaurant. Later we went to a party at a girl's house.



FRIDAY

- I got up, had breakfast and I drove to school. There we were working in groups. Then we went to visit Brussels. Then we went to the airport and there we said goodbye to our Dutch friends. We took the plane and went to Bilbao. In Bilbao we took a bus and went to Aguilar.



SUNDAY 10

When we arrived at the airport, the Dutch received us, then we went to high school and the parents took us home. When we arrived, they showed me the house and we had dinner, and after that I went to sleep.

MONDAY 11

When I got up I had a shower and had breakfast. We went to high school and then the teachers spoke about Landgraaff, then we went to the town hall, we went back to high school and we ate lunch. Later we went to the forest for orientation, when we finished we went back home and we had a dinner, later we went bowling, after that we went back to home and I went to sleep.



TUESDAY 12

When I got up went to have a shower and have breakfast and later Demi and I went to high school, after that we went ice skating, we went to the restaurant to have lunch, later we played hockey and floorball, after that we went back to school. When we arrived home we had dinner and then we went to space jump.



WENSDAY 13

When I got up I had a shower and breakfast. Then we went to high school, we went to Maastrich and we visited a basilica, and we had free time. Then we went back home and we had dinner. Later Demi and I went to Pablo's home and there we played cards.



THURSDAY 14

When I got up went to have breakfast and had a shower. Then Demi and I went to high school, there the teacher told us a story of some rocks later we went to play korfbal and then we had lunch and we had done a job. Later we went back home I went to have a shower and had a dinner, later we went to a party.





FRIDAY 15

When I got up went to have a shower and had breakfast. Then we went to school and the teacher told us another story, later we went to Brussels and we visited THE ATOMIUN and the square, and after that we went to the airport.



TRIP TO THE NETHERLANDS



BY DAVID ALONSO RUIZ

DAY 1 – ARRIVE TO THE NETHERLANDS

- ☐ The amazing trip started in the bus station of Aguilar at 11:30 a.m. when we took the bus to go to Santander's airport to take the bus at 15:30.
- ☐ It was my first time in a plane so I was so excited. It was nice but with some turbulences.
- ☐ Then we arrived at Charleroi Airport where our matches were waiting us.
- ☐ After that, we took a bus to go to the school. Everything was a little confusing and more for us who hadn't been in any other exchanges (most of us).
- ☐ Then the host father came to take up us to the house. Everybody was very friendly.
- ☐ When we arrived at the house I had dinner and I talked with them and I went to sleep.



DAY 2 – SCHOOL, TOWN HALL AND ORIENTEERING

- ☐ I woke up at 7 a.m. and then I had a shower and breakfast.
- ☐ Then we went to school by car. The Dutch students went to their classes and we went to visit the school and the town hall. They received us very good.
- ☐ In the way to the town hall we saw bicycle parking (it surprised me a lot) with all the student's bikes.
- ☐ Some hours later we went to a forest to do orienteering (It was a little strange, but it was good).
- ☐ In the afternoon we had dinner (very early for us), then we went bowling and I have a very very good time.



DAY 3 – ICE SKATING AND FOOTBALL

- We started the day having breakfast and having a shower.
- Then we went to the ice skating rink. We had an instructor who gave us some information of how to ice skate better.
- After that we ate something and we meet the German and English students playing football. It was a nice experience playing sports.
- At 4 o'clock more or less we came home and we had dinner.
- In the afternoon we went to the space jump for 2 hours and I have a lot of fun. I have a very good time.



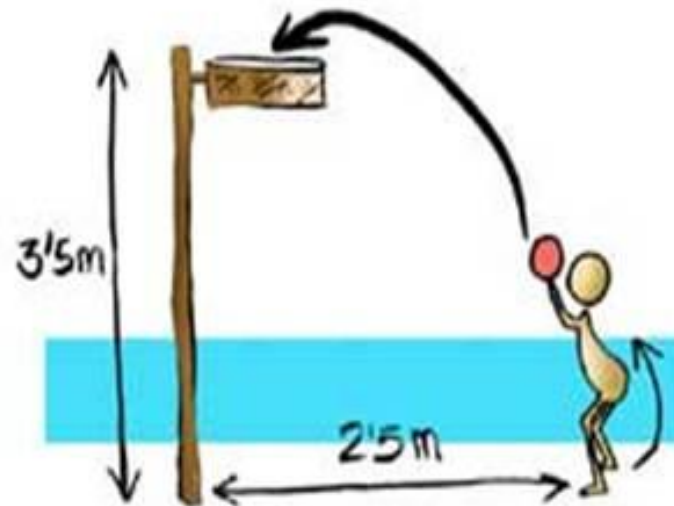
DAY 4 – MAASTRICH AND, MY BIRTHDAY!

- I woke up so excited because of my birthday.
- We started the day having a class with Mr Rutten (after having breakfast...)
- Then we started our first cultural day in Maastrich. The first hours we visited the main monuments of the city and with a guide who tell us a lot of things. After that we had free time and we went to have lunch and to visit some shops.
- After coming we went to have dinner with the host family because of my birthday in a Cuban restaurant and everything was perfect.
- In the afternoon we arrived home and we watched Real Madrid (my favourite team) vs Ajax (their favourite team) and Real Madrid won 1-2



DAY 5 – KORFBALL AND “THREE COUNTRIES POINT

- We woke up, had shower and had breakfast like everyday. Then we went to school by car.
- First we had a class with Mr Rutten that told us a story.
- Then we went to a korfball center and we practiced this sport with an ex-professional national player. I don't like korfball but I had fun.
- We had lunch and we worked in small mixed groups answering some questions.
- After that we went to the 3 countries point who joined Germany, Belgium and the Netherlands. It was fantastic and now I can say I was in the 3 countries.
- In the afternoon we had dinner and we went to a party in which we had a lot of fun and it was amazing.



DAY 6 – BRUSSELS AND RETURN HOME

- I woke up on my last day in the Netherlands. I packed everything in my suitcase and we went to school. We finished the work of the other day and we start the trip to Brussels.
- First we visited the atomium an amazing monument in witch you can see all the city. Here we stayed an hour and a half.
- Then we went to the center of Belgium where we only could see the grand place because of the few time we have. This place was amazing but i would have like to have more time to visit this amazing city.
- After that we said goodbye to the Dutch people and we took the plane to Bilbao. The views were amazing and we could saw everything with the lights in the night. I loved this experience!

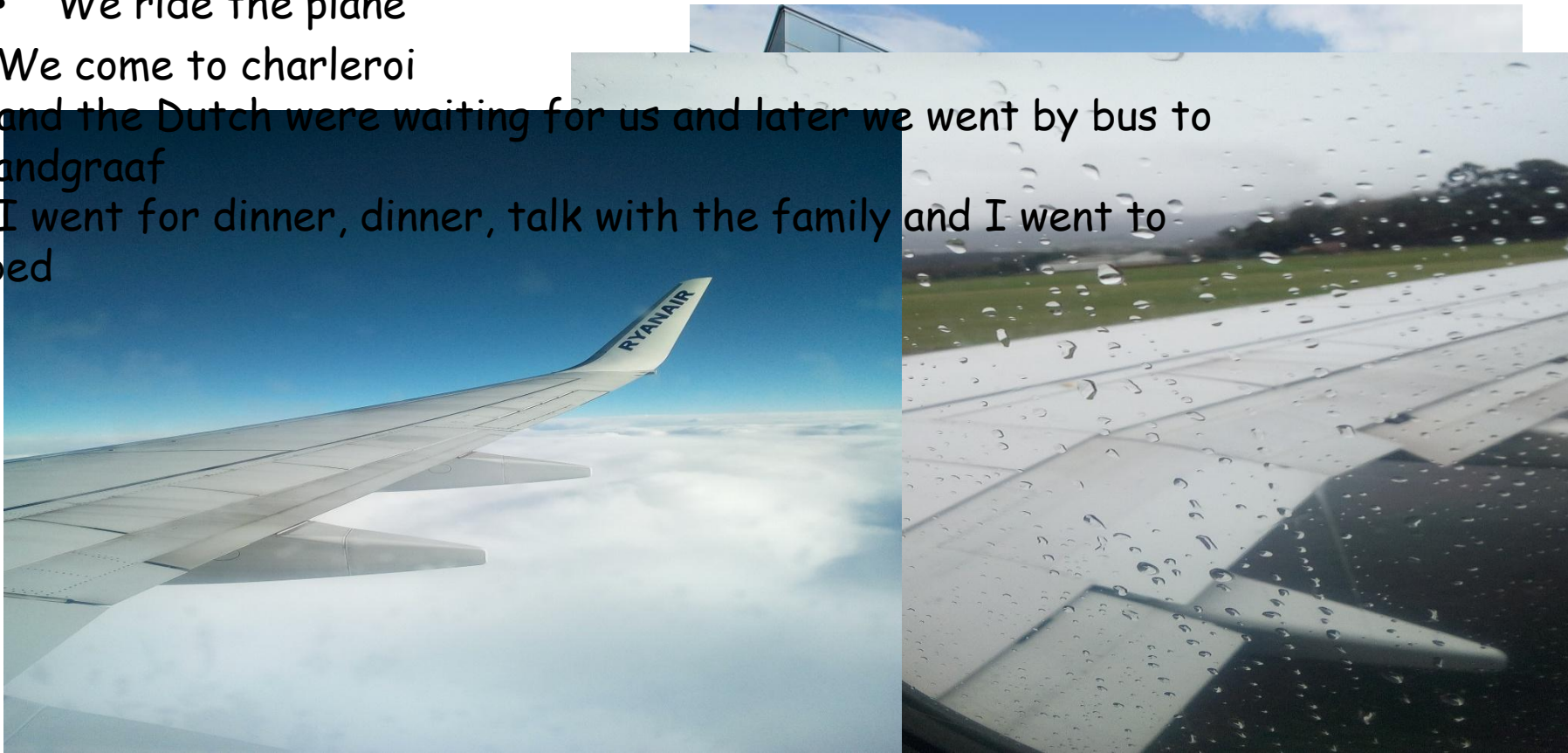




ERASMUS PLUS
European Union

SUNDAY

- On Sunday we went at 11:00 to the bus station
- I ate the sandwich
- We passed the controls and we waited
- We ride the plane
- We come to charleroi
- and the Dutch were waiting for us and later we went by bus to landgraaf
- I went for dinner, dinner, talk with the family and I went to bed



MONDAY

- I got up at 7:00, had breakfast and went to school by bike
- they gave us a welcome talk
- Break
- later, we went to the laboratory, where a professor gave us some experiments
- later, we went to the laboratory, where a professor gave us some experiments
- we went to the town hall, we saw a video of landgraaf and they gave us an appetizer
- Break



- Later we went by bus, we visited Brunssummerheide where we went orienteering in groups of 8 people, the orientation race did not suit me much since they were six kilometers and the Dutch did almost everything, and when they got tired they gave it to us.

- The landscape was very beautiful.

- We went back and went home by bicycle, I talked to my friends and my family, I had a plate of typical Chinese rice that was very delicious.

- Then I went to the bowling alley, there were Emma, David Alonso, Pablo Guerrero, Ines, Cristina, Naiara and their Dutch there we had a great time the bad thing is that as we were divided into 2 Dutch groups by one and Spanish by another

- Today, they barely gave me food for morning

- I took a shower and talked with my parents and went to sleep



TUESDAY

- I got up at 7:00, had breakfast and went to school by bike
- Today we went ice skating by bus the track is called Laco Glanerbrook-Geleen...
- We skated on ice for an hour with the teachers who played us, then we had one free hour to skate
- Lunch
- We played the floorball the girls and the boys to the soccer many girls complained because they wanted to play soccer, at the end we did one hour soccer boys and another girls floorball, then we mixed



- We went to school and went home by bike with friends of the Dutch
- talk to my friends and my family
- Dine a taco
- later we went to SPACE JAM, I loved it, it was a place full of mats
- I took a shower and talked with my parents and went to sleep



VID_20190212_204920.mp4

WEDNESDAY

- I get up at 7:00, have breakfast and going to school ride a bike
- they told us the story that a professor had in Salamanca when he was young
- we went to Maastricht only Spanish students, We visited Maastricht, it is very beautiful and big
- Free time went to shopping and ate in the burger king



- We went to school and the Dutch were waiting for us, we went by bike to home, Pablo, Naiara, Ines and his Dutch came to my house and we ate some pizzas. I talked to my friends and my family
- We cycled home and came Naiara, Pablo, Ines to my house with his Dutch, we ate pizza
- talk to my friends and my family
- About half past seven I went to the home of Paul's Dutch (Luc), also Cristina, Ines, Naiara. There was also the twin brother of luc, we were playing cards.
- We left about ten
- I took a shower, I braided myself while talking with my parents and my brother, I dried my hair and went to bed very late.

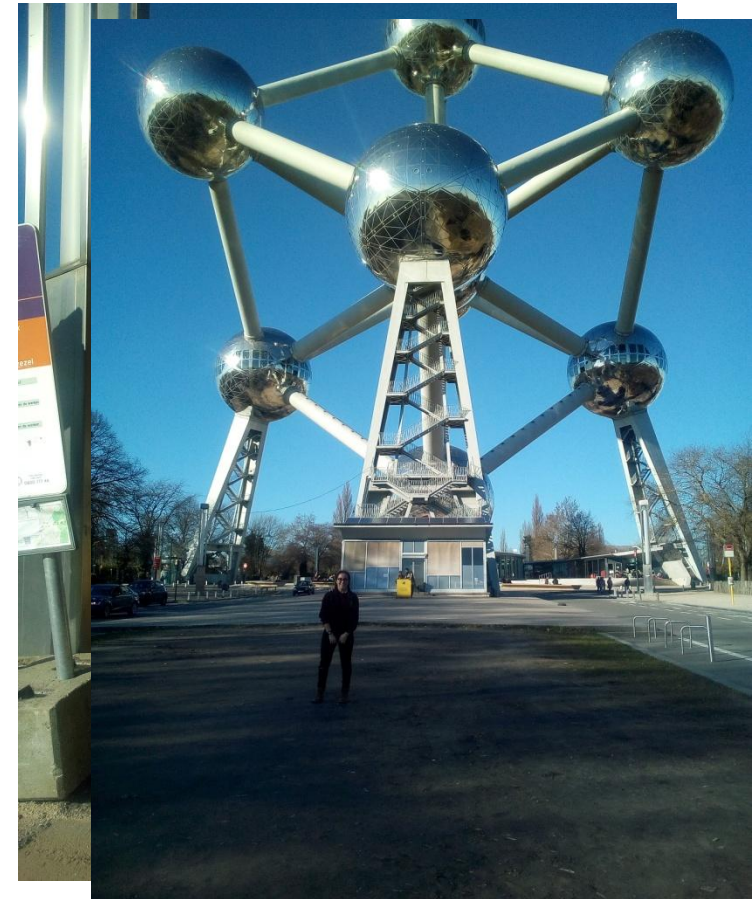
THURSDAY



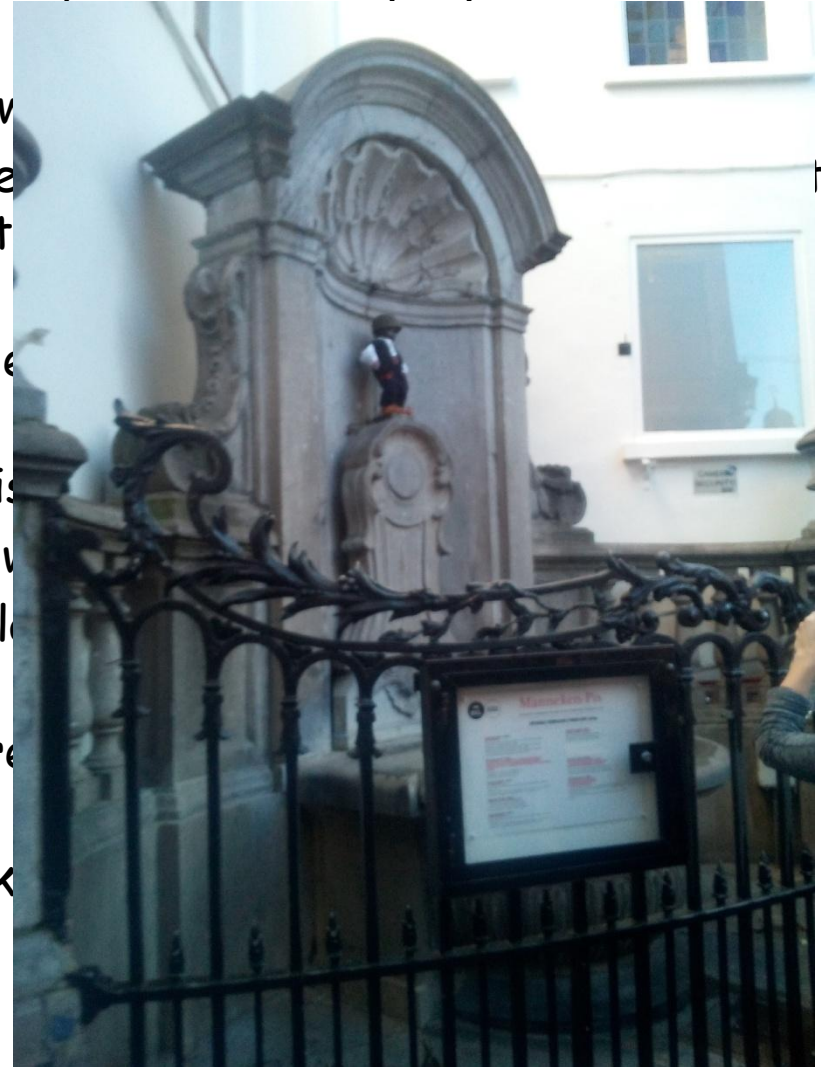
- We went to the home of Demi the Dutchman from Cristina where they had a party, where we danced, played a bottle, listened to a lot of music and ate some hamburgers
- I took a shower and talked with my parents and went to sleep

FRIDAY

- I got up at 7:00, had breakfast and went to school on foot
- We finished our work in small groups
- We went to Brussels by bus
- We visited the Atomium



- Later we went to the Brussels square, it was full of people and it was super nice



ELENA POZA LAGUNILLA

THE

END

DIARY ERASMUS

SUNDAY

- TODAY WE ARRIVED, THE EXCHANGE PARTNERS WERE WAITING IN THE AIRPORT WE GO IN BUS TO LANDGRAF THEN WE GO TO HOUSE ,IN HOUSE WE HAVE DINERO TO FINISH THE DAY WE GO TO SLEEP

MONDAY

- TODAY WE GO TO THE HIGH SCHOOL WE HAVE INFORMATIVE TALKS AFTER THAT DE GO TO THE TOWN HALL THERESA WE HAVE OTHER TALK WHEN WE FINIHS THIS WE BACK TO THE HIGH SCHOOL AFTER THIS WE GO TO MAKE AN ORIENTATION EXERCISE WE GO BACK TO HOME AND WE GO TO SLEEP AFTER DINNER

TUESDAY

- TODAY WE GO TO MAKE ICE SKATING THEN WE EAT AND WE PLAY FOOTBALL AND HOCKEY AFTER THIS WE GO TO HOME WE HAVE DINNER AND WE GO TO SLEEP

WENESDAY

- TODAY WE GO TO VISITED MAASTRICHT WE ATE AND BOUGHT SOUVENIRS WE COME BACK AND WE GO TO HOUSE WE HAVE DINNER AND GO TO SLEEP

THURSDAY

- TODAY WE PLAY COORFBALL WITH A PROFESSIONAL PLAYERS AFTER THIS WE MAKE A WORKS BY GROUPS AFTER THIS WE GO TO HOUSE WE HAVE DINNER IN A RESTAURANT WE COME BACK TO HOME AND WE GO TO SLEEP

FRIDAY

- TODAY WE GO TO BRUSELAS THERE WE VISIT THE TOWN AND THE ATOMIUN AFTER THIS WE HAVE THE FAREWELL WHEN WE ARRIVE IN BILBAO IT WAS LATE BUT WHEN WE WAS IN AGUILAR IT WAS VERY LATER

SUNDAY 10 FEBRUARY

Today we have travelled by plane to The Netherlands. We have met our mates at the airport of Brussels, they were nice. After, Spanish and Dutch students travelled by bus to Landgraaf. When we arrived at the school, we said goodbye to our friends and we went to our mates' houses, where we had dinner and went to sleep.

MONDAY 11 FEBRUARY

I got up and dressed before I went to have breakfast. In the morning they eat toasts with butter and chocolate chips, it was weird and disgusting, I ate bread with meat and apple juice. After having breakfast, we went to the school... BY BIKE!!! It was very tired, I'm not used to riding a bike at 8 in the morning. And they don't wear helmets. I was scared because cars drive very fast and very close to us. School is 10 minutes from her house. At school, some teachers welcomed Spanish students and the English teacher explained us what The Netherlands is like and their High School. We had a break at 10:30 and after, we went to the Town Hall. A guy told us some information about Landgraaf and its history. I had a good time because there were some microphones in the room and we played with them. We had lunch at 12, it was weird. In the afternoon, we went orienteering, but for some groups it was a disaster. The groups for this activity were mixed, there were students from Spain and from Netherlands. The Dutch people did not do anything and Spanish people were angry. This was a mess. We arrived in Landgraaf at 4pm. I went again by bike to the house and we had dinner at 5:30 with her grandparents. After dinner, my Dutch mate took me to the bowling alley with some people from the exchange. We arrived at home at 10pm and we went to bed without eating anything).

TUESDAY 12 FEBRUARY

When I got up, I did the same as the day before. At school we took a bus and we went to the sports hall. We went ice skating in groups, the instructors divided us because of the level we had. The lessons were cool. After that, we had some free time and we could skate without instructors. We take a lot of photos. We ate in a restaurant that was in the sports hall. In the afternoon, we went to a court. They divided us by boys and girls, the boys played football and the girls floorball, it was very unfair, a teacher said that the girls couldn't play football because we were girls. The girls started to say to the teachers that we wanted to play football and we said that the girls could do the same as the boys. Some boys wanted to play floorball. After a lot of time pressing, the teacher allowed us to play what we wanted. After some time doing sports, we returned to Landgraaf by bus. We went back home and we have dinner. In the evening, some people of the exchange met and we went to the Space Jump. It was perfect. At night, we went back home and we went to sleep.

WEDNESDAY 13 FEBRUARY

When I got up, I did the same as yesterday. In the school we had lessons with a Dutch teacher. He told us some of his memories when he was in Spain. Then, Spanish students went to Maastricht. We went on a tour around the city and we saw interesting monuments. After the sightseeing, we had some free time. A friend and I lost a few times, but nothing that the GPS couldn't solve. We went shopping and we ate lunch in a square. I really had a good time. Next we went back to the houses. In the evening, after having dinner, some friends from the exchange came to my mate's house and we had some funny time playing with the Wii.

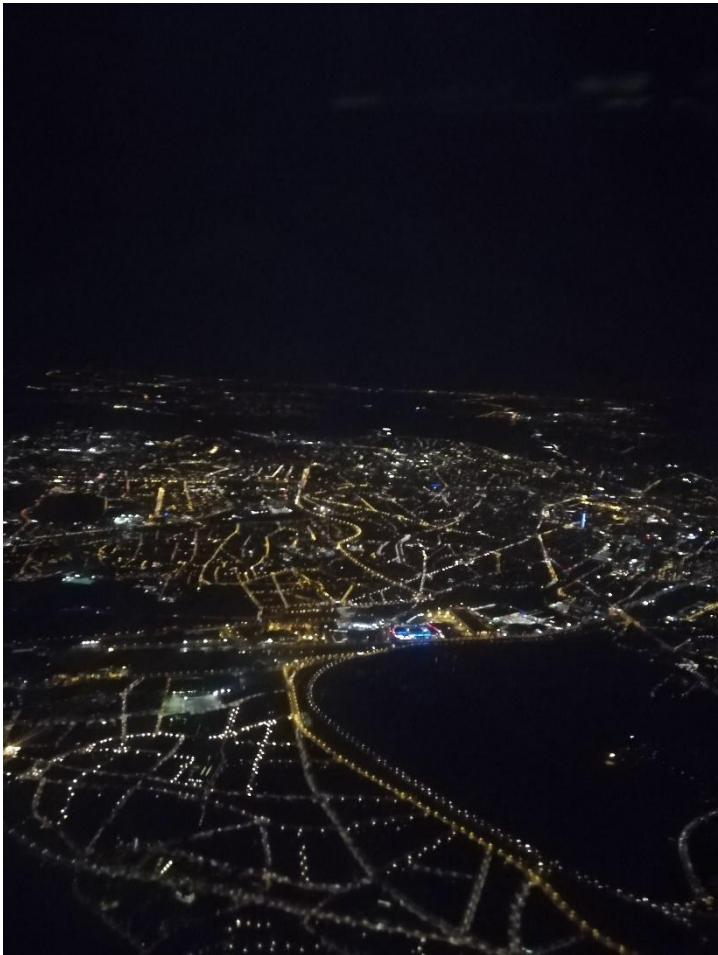
THURSDAY 14 FEBRUARY

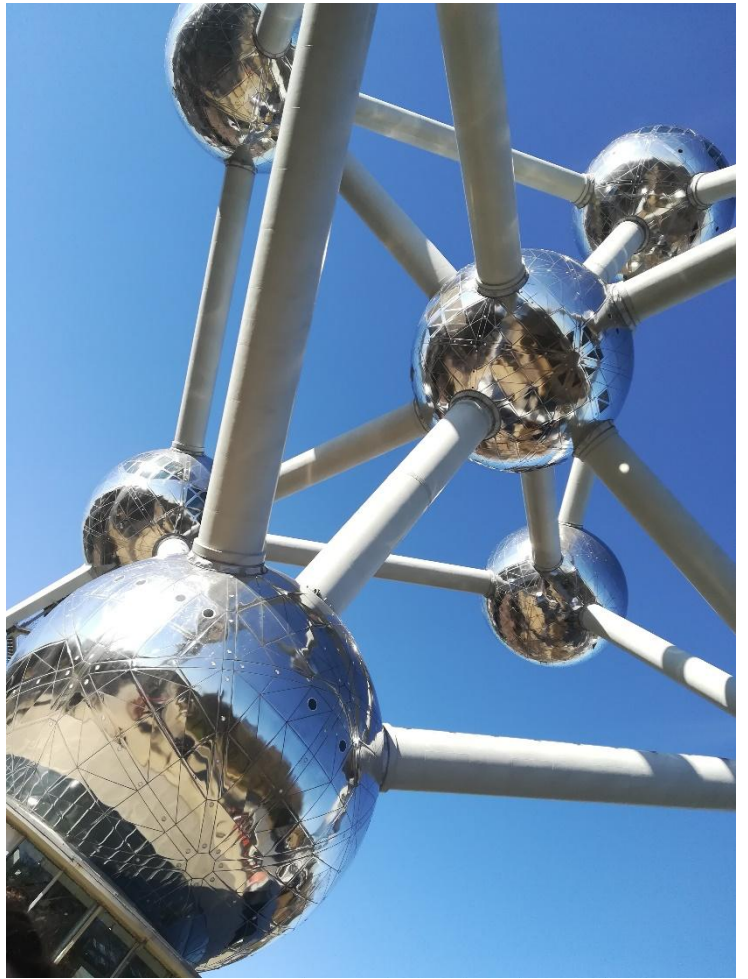
When I got up, I did the same as yesterday. In the school we had lessons with a Dutch teacher. He told us a story of a clown in Spanish. We took a bus that drove all exchange students to a sports hall (it was not the same sports hall that Tuesday). Two professional players of korfball showed us how to play it. The teachers gave us a T-Shirt and we had a good time. We ate in a small restaurant that was in the sports hall. Later, we did an assignment with other Dutch groups about korfball. An hour or two later, we went to the "Three Country Point", that is the point where Germany, The Netherlands and Belgium join. In the afternoon, we returned to our houses. The Dutch students organised two small parties at night, it was a little disappointing because I couldn't meet my best friend but the party was great.

FRIDAY 15 FEBRUARY

When I got up and I had breakfast, I was nervous because I thought that I had to go to the school by bike with my suitcase, but the dad took us to the school by car. At 8.30, we continued working in the groups of yesterday. In the half morning, a bus took us to Brussels. We visited the Atomium, it was spectacular. I like a lot it because it was very big and the museum that were inside the atom balls was awesome. Later, we went to the centre of Brussels, we visited some important places in the capital city of Belgium and we had some free time. We ate waffles and we went to a shopping centre. The bus took us to the airport and we said goodbye to our exchange mates. Our plane was late and we have had waiting for an hour before we took it. We had dinner at the airport and we called our families. I never flew at night before and it was fine. We saw the Eiffel Tower and Paris because of the lights of the city. We arrived very late at Spain and we weren't in our houses yet. We took another bus two hours before we arrived in Aguilar. I was very tired but happy.









Laura's diary

Made by Laura Fernández

Sunday 10th February

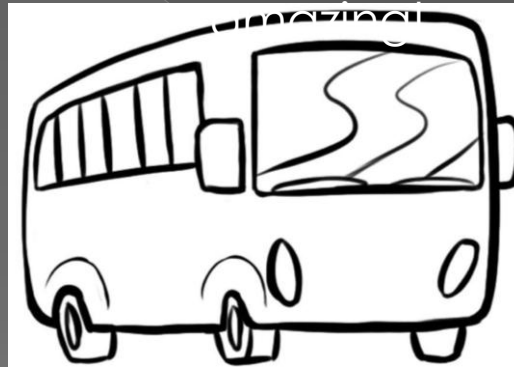


First, we arrived at Santander's airport, we were all very nervous because of the travel!

Then we had a genial flight, it was so funny!

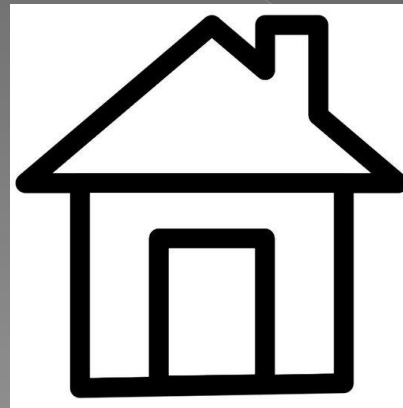
But the best thing was when we arrived at the Brussels's airport and were all our matches waiting for us, they were all

When we arrived at Landgraaf's school, the family of the Dutch students were waiting for us, we spoke the first time with them, they were very kind!



Then, we talked with all the Dutch students, the first impression of our new friends was spectacular.

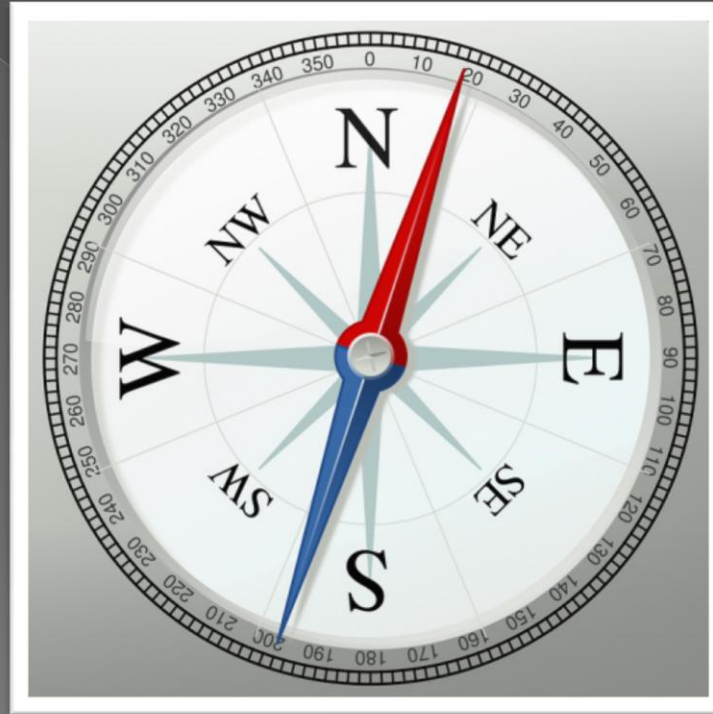
Later I started living in the host house, it was very very funny!



Monday 11th February

The first sport that we practise was orienteering. We were in groups of six people, three dutch and their matches.

We had to follow a map, but honestly, in my opinion it was a very bad map, in orienteering you didn't use a satellite photo, you had to use a map with different signals, more or less like a topographic



After this activity, we had the first afternoon with the host family, I really enjoyed it, I think my host family is really interesting, funny and amazing.

map. I honestly didn't like these activity, in my opinion it was pretty badly organized. But there were people who enjoy it, so I think it was an interesting activity.

Tuesday 12th February

We went ice skating and we played floorball, but honestly, I didn't like when girls couldn't play football and boys couldn't play floorball because of being it, so I was really really angry about this, but many guys got angry and then we were able to play it, so it was very very annoying.



I loved playing football, so when we played it I was really happy, but I hurt my finger cause of the floorball, so I hated this actiity.

Wednesday 13th February

We visited
Maastrich!!!
I like all the
things that we
visited, but the
best thing was
when, in the
free time a
friend bought a
really funny
mask and
walked in the
street wearing
it, it was really
really funny.



Thursday 14th February

We had lessons of korfbal with professional players! I really really enjoy it, but I really enjoyed it because we play boys and girls without differences, all together, so I like this very much. Then, we had a competition and we had to defend one of the two professional players, and, one of my friends and i tried to make it, when we tried it we won, I really enjoyed this day.

Friday 15th February

The last day arriveeeeeed!

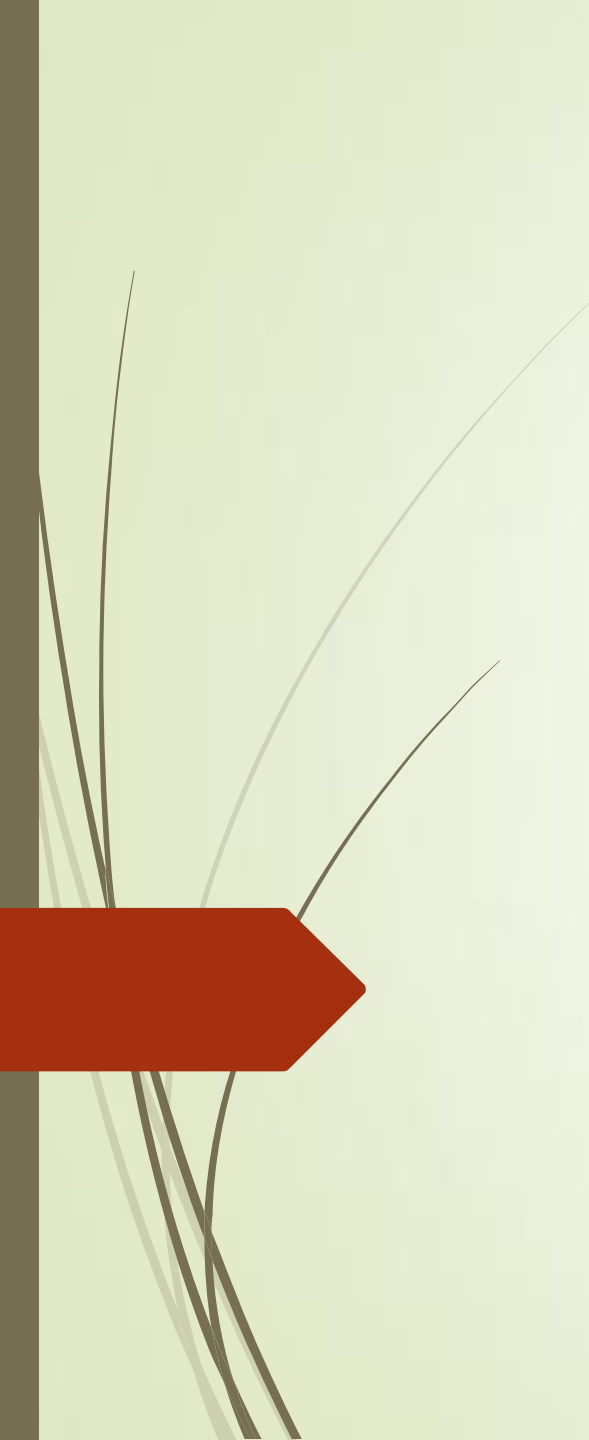
We visited Brussels and then we had to take the plane at Brussels too. We travelled to Brussels with all the Dutch students, so it was really really funny.

Well, I didn't won't this to end, but this they arrived, so we had to say goodbye to all the people and it was very sad, because I'm really going to miss all the Dutch people.



CONCLUSION

I really enjoyed this experience and I made many friends, so I'm waiting for them to come to Spain!



The Netherlands



Sunday

- The travel started in the bus station. We caught the bus at 11:00. We ate lunch in the airport.
- We arrived in Brussels and the Dutch students looked for us.
- I went her home, we had pizza for dinner
- After that, we went to sleep



Monday

- We started the morning with a welcome .Then we went to the chemistry laboratory.
- We had a break at 10 o'clock .
- We visited the townhall, there they explained the history of their town.
- We caught the bus to go to the forest to do orienteering.
- We arrived home. I had dinner with her grandparents and then I went bowling with my match and her friends.

Tuesday

- We started the morning in the bus to go to ice skating. We had two hours' lesson.
- We had lunch and later we went to play football and floorball.
- We arrived home. I had dinner and then I went to the Space Jump with my match and the most of the Dutch and Spanish people.



Wednesday

- We received a lesson by Mr. Rutten.
- We had a break and then the Spanish students went to Maastricht.
- We visited Maastricht. We had free time to have lunch and to do other things.
- We arrived at school. I went to a house to play carts.
- Finally we arrived home.



Thursday

- We started receiving a lesson by Mr. Rutten like yesterday.
- We went to the sports center to play korfbal by bus with two teachers.
- Then we did a work in small mixed groups.
- Later we visited the Drielandenpunt.
- We arrived home.
- We went to go to a small party.



Friday

- We continued working in groups, we finished the work and we did an evaluation.
- We left Landgraaf to go to Brussels. We visited the Atomium and the Grand Place.
- We caught our plane to Spain.
- This experience was very fun.



MY DIARY

Nicolás Vélez

PD: I cannot upload my photos because I
had a problem in the laptop

SUNDAY

- Probably the plane and the bus were very long and tidy.
- But when I arrived, at the home they treated me very well so I could rest enough for the next day and with a full stomach.

MONDAY

- On Monday we went to the Town Hall after a great hour of physics experiments. In the Town Hall the people treated us so well with food and drinks. Then we went orienteering that was not good enough because the maps were from google earth. When I arrived home I went to his football training and I spent a good time.

TUESDAY

- First, we went ice skating and I spent a good time even though I fell down a lot of times. Then when we arrived home we went to the space jump and it was so funny.

WEDNESDAY

- On Wednesday we went to Maastrich, a very beautiful city with a very big church in the main square. We had lunch in a Burger King and then we bought some clothes.
- When the excursion finished we went bowling and we talked a lot with the Dutch people and we spent a good evening.

THURSDAY

- In the morning we had an incredible class with an expert in korfball that gave us very interesting lessons.
- Then in the evening we went to a fantastic party in a house of one of our correspondents.

FRIDAY

- Finally on Friday we went to Brussels and we visited the Atomium that had a very impressive exhibition of lights in which I entered for 5 times. Then we saw the Grand Place that was amazing.
- At the end we went to the airport and we arrived in Aguilar

MY DIARY

OLATZ SALCEDO

Sunday

- I was very nervous when we got on the plane but I relaxed as we approached. When we arrived at the airport, all the Dutch mates were waiting for us and I didn't recognize my match, it was very different from how I had



imagined her. Then we took



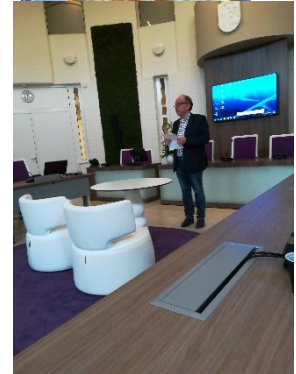
the bus for two long hours and we arrived at the town.

I got into the car with Isa and her parents, her parents talked to me and

they asked me many things, they are very nice. For dinner we had chips and nuggets, then I went to sleep.

Monday

- This day I got up and I went downstairs to have breakfast; there were many types of bread and things to spread on it. There was also orange juice and milk then I went upstairs to get ready and then I took my food. Then we went



to school by car, we were welcomed and introduced to Holland, then we went to the laboratory and did some experiments, it was very funny.

We had some time for lunch, we went to the city hall where they gave us a piece of sponge cake and something to drink. We watched a video and finally they gave us a backpack with



a pen, then we went back to school to have lunch. Later we went orienteering with the Dutch, we spent about 2 hours

walking on the mountains looking for beacons, then we went back to town. I went home with Isa where we ate a giant pancake, then I went to see her practice artistic gymnastics for three

hours; when we came back home, I took a shower and I went to sleep.

Tuesday

- That day I went to class by bike, it's about 25 minutes from school. I was



impressed that there were bike lanes everywhere and that people didn't wear a helmet and everyone respects the bikes. When

we arrived at the school, they led us to a class where a teacher talked about the time when he was in Salamanca, then we took a bus and we went ice skating, they



gave us some lessons to learn and to improve our skills. After the skating class they gave us some time to skate on our own. Then we went to have

lunch. After the meal we went to play floorball we didn't like that we couldn't play with guys so we went to complain. After a while, we were able to play football with boys I had a great time, it was a good moment. When we finished

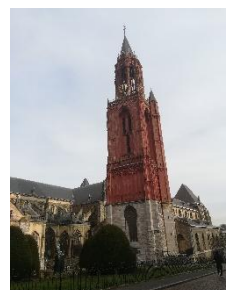
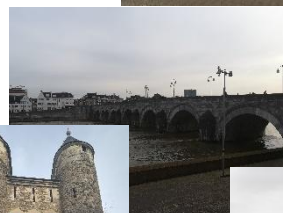


playing, we had a drink that was like a lemonade, we took the bus and we went to school to get the bikes to go back home where we had dinner. Then we went to the space jump, it was super fun, I had a great time.

After two hours, to recover our strength we went to the burger king for a drink and then I went home to have a shower and go to bed.

Wednesday

- This day we went to another class where the same teacher told us a story about a mountain, then we drew a face on a mountain. We went to Maastricht; only the Spanish students went sightseeing the city and then we had free time to have lunch and to do other things. When we returned home, I went to a pizzeria for dinner with my host family, I ordered one of four cheeses and it was a very big pizza, I was very full and I ate a lemon ice cream for dessert. Then we come back home and Isa, her boyfriend and I played table games, we had a great time and I taught them the numbers and they taught me the colours in Dutch.



Thursday

- That day we went again to another class where the teacher told a story of a clown in Spanish, I really liked these stories that we had in the mornings, the stories were very interesting and funny, then we went to play korfbal, I liked it because it is similar to basketball. After that we had lunch and in groups, we had to answer some questions about korfbal, then we went

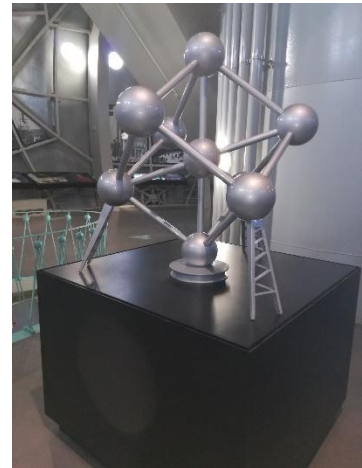
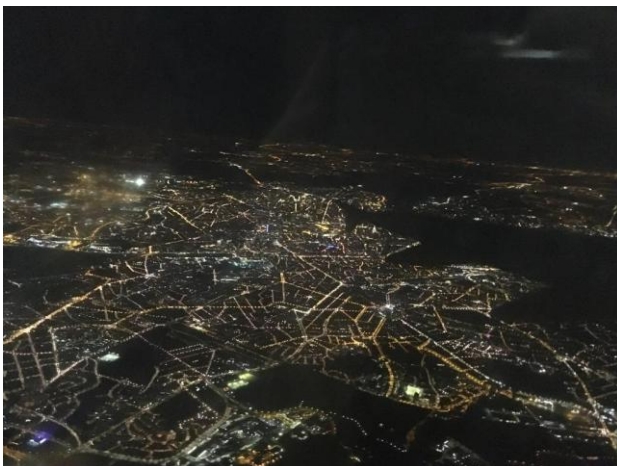
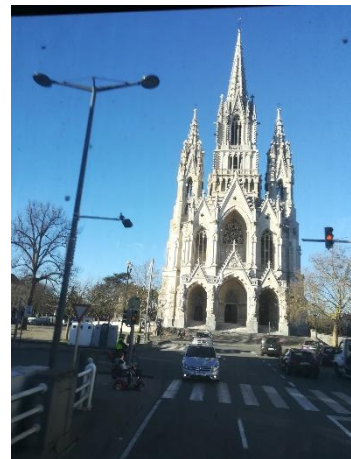


to visit to Drielandenpunt ("three country point") and we went up to a tower to see the views on top. When we returned home, we had dinner and I went to a "party".



Friday

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MY DIARY

Nicolás Vélez

PD: I cannot upload my photos because I
had a problem in the laptop

SUNDAY

- Probably the plane and the bus were very long and tidy.
- But when I arrived, at the home they treated me very well so I could rest enough for the next day and with a full stomach.

MONDAY

- On Monday we went to the Town Hall after a great hour of physics experiments. In the Town Hall the people treated us so well with food and drinks. Then we went orienteering that was not good enough because the maps were from google earth. When I arrived home I went to his football training and I spent a good time.

TUESDAY

- First, we went ice skating and I spent a good time even though I fell down a lot of times. Then when we arrived home we went to the space jump and it was so funny.

WEDNESDAY

- On Wednesday we went to Maastrich, a very beautiful city with a very big church in the main square. We had lunch in a Burger King and then we bought some clothes.
- When the excursion finished we went bowling and we talked a lot with the Dutch people and we spent a good evening.

THURSDAY

- In the morning we had an incredible class with an expert in korfball that gave us very interesting lessons.
- Then in the evening we went to a fantastic party in a house of one of our correspondents.

FRIDAY

- Finally on Friday we went to Brussels and we visited the Atomium that had a very impressive exhibition of lights in which I entered for 5 times. Then we saw the Grand Place that was amazing.
- At the end we went to the airport and we arrived in Aguilar

MY DIARY

OLATZ SALCEDO

Sunday

- I was very nervous when we got on the plane but I relaxed as we approached. When we arrived at the airport, all the Dutch mates were waiting for us and I didn't recognize my match, it was very different from how I had



imagined her. Then we took



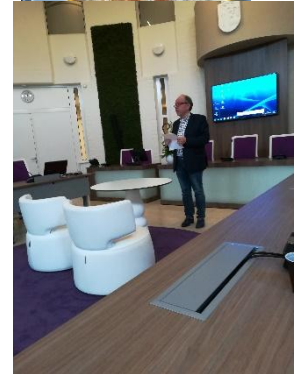
the bus for two long hours and we arrived at the town.

I got into the car with Isa and her parents, her parents talked to me and

they asked me many things, they are very nice. For dinner we had chips and nuggets, then I went to sleep.

Monday

- This day I got up and I went downstairs to have breakfast; there were many types of bread and things to spread on it. There was also orange juice and milk then I went upstairs to get ready and then I took my food. Then we went



to school by car, we were welcomed and introduced to Holland, then we went to the laboratory and did some experiments, it was very funny.

We had some time for lunch, we went to the city hall where they gave us a piece of sponge cake and something to drink. We watched a video and finally they gave us a backpack with



a pen, then we went back to school to have lunch. Later we went orienteering with the Dutch, we spent about 2 hours

walking on the mountains looking for beacons, then we went back to town. I went home with Isa where we ate a giant pancake, then I went to see her practice artistic gymnastics for three

hours; when we came back home, I took a shower and I went to sleep.

Tuesday

- That day I went to class by bike, it's about 25 minutes from school. I was



impressed that there were bike lanes everywhere and that people didn't wear a helmet and everyone respects the bikes. When

we arrived at the school, they led us to a class where a teacher talked about the time when he was in Salamanca, then we took a bus and we went ice skating, they



gave us some lessons to learn and to improve our skills. After the skating class they gave us some time to skate on our own. Then we went to have

lunch. After the meal we went to play floorball we didn't like that we couldn't play with guys so we went to complain. After a while, we were able to play football with boys I had a great time, it was a good moment. When we finished

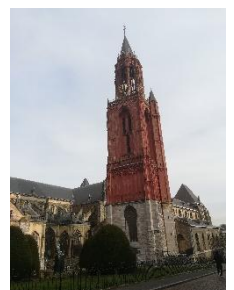
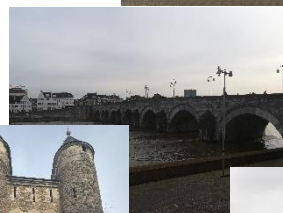


playing, we had a drink that was like a lemonade, we took the bus and we went to school to get the bikes to go back home where we had dinner. Then we went to the space jump, it was super fun, I had a great time.

After two hours, to recover our strength we went to the burger king for a drink and then I went home to have a shower and go to bed.

Wednesday

- This day we went to another class where the same teacher told us a story about a mountain, then we drew a face on a mountain. We went to Maastricht; only the Spanish students went sightseeing the city and then we had free time to have lunch and to do other things. When we returned home, I went to a pizzeria for dinner with my host family, I ordered one of four cheeses and it was a very big pizza, I was very full and I ate a lemon ice cream for dessert. Then we come back home and Isa, her boyfriend and I played table games, we had a great time and I taught them the numbers and they taught me the colours in Dutch.



Thursday

- That day we went again to another class where the teacher told a story of a clown in Spanish, I really liked these stories that we had in the mornings, the stories were very interesting and funny, then we went to play korfbal, I liked it because it is similar to basketball. After that we had lunch and in groups, we had to answer some questions about korfbal, then we went

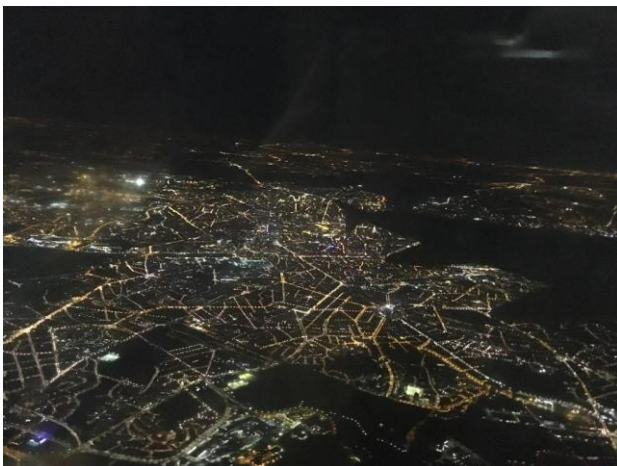
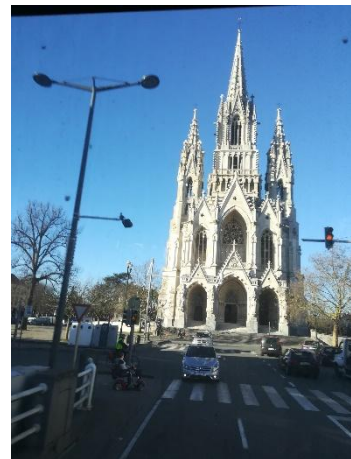
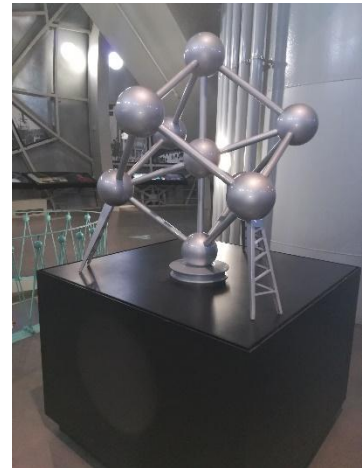


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ERASMUS

SPAIN-THE NETHERLANDS

erasmus

MONDAY

- THIS DAY WE GO TO THE HOST SCHOOL AND WE MEET SOME TEACHERS.
- LATER WE GO TO THE TOWN HALL IN LANDGRAAF.
- AND WE DO AN ORIENTATION ACTIVITY.
- AND AT THE NIGHT WE GO TO A BOWLING ALLEY WITH SOME PEOPLE THAT WAS REALLY FUNNY.





TUESDAY

- THIS DAY WE HAD A LESSON OF ICE SKATING AND WE DO A FOOTBALL TOURNAMENT WITH THE ENGLISH AND GERMANS, IT WAS FINE.
- AND AT THE NIGHT WE GO TO THE SPACE JUMP WITH A LOT OF PEOPLE IT WAS THE BEST THING WE DO.

WEDNESDAY

- AT THE MORNING WE HAVE A WORKSHOP.
- LATER WE GO TO MAASTRICHT TO VISIT IMPORTANT PLACES, AND WE HAD A FREE TIME, WE (i) BUY A LOT OF STUPID THINGS.
- IT WAS THE BIRTHDAY OF A FRIEND SO I BUY CONFETTI AND A PRESENT FOR HIM



THURSDAY

- THIS DAY WE GO TO ANOTHER WORKSHOP.
- LATER WE GO TO PLAY KORFBALL, THAT WAS SO BORING AND WE DO BORING ACTIVITIES OF THIS BORING SPORT.
- AT THE NIGHT WE GO TO A SMALL PARTY.



FRIDAY

- WE FINISH THE BORING ACTIVITIES OF KORFBALL.
- WE CATCH A BUS TO BRUSSELS TO SEE THE ATOMIUM AND LATER WE HAVE SOME FREE TIME AFTER CATCH THE PLANE AND RETURN HOME.



FOOD

	MONDAY	TUESDAY	WEDNWSDAY	THURSDAY	FRIDAY
BRECKFAST	MILK AND TOAST	MILK AND TOAST	MILK AND TOAST	MILK AND TOAST	MILK AND TOAST
PRELUNCH	WATER AND CHOCOLATE	WATER AND CHOCOLATE	WATER AND CHOCOLATE	WATER AND CHOCOLATE	WATER AND CHOCOLATE
LUNCH	DONT REMEMBER	MEAT AND FRITES	BURGER KING	DONT REMEMBER	BURGER KING
DINNER	MEAT AND FRITES	PIZZA	LASAGNA OF VEGETABLES	CREPES	SPAIN

Erasmus Diary

By Pablo Salamanca

Sunday 10th

On Sunday, we arrived at Charleroi Airport at 16:40, and there, we met our match students.

After that, we took the bus to Landgraaf and we met our respective host families. It was very late so that day we didn't do anything else.



Monday 10th
(Morning)

I woke up at about 7:00 am and after breakfast, my match student and I went to the Eijkhagen Highschool, where Mr. Van Eik and Ms. Sterk gave the Spanish students an introduction about the Highschool and the Netherlands in general.

Then, Mr. Rutten gave us a very interesting Physics class and we had a quick break. After that, we visited the Town Hall where we had a talk about the main resources of Landgraaf.

At last, we played orienteering until 14:00 and we all went with our host families.



Monday 10th
(Afternoon)

In the evening, after eating dinner, my match student, another 4 students from the exchange and I went to play mini-golf. It was very fun and, in the end, I won!



Tuesday 11th

On Tuesday, we went to Laco Glanerbrook, a sport centre that impressed me because it was very complete.

There, we went ice-skating and also played floorball and soccer with the other two schools involved, one from Germany and the other one from the UK.



Wednesday
12th

This day, we had another lesson by Mr. Rutten where he told us about a trip he had to Spain some time ago.

Later, we took the bus to the city of Maastricht and we had a guided tour. After that we had some free time. I think that it's a very beautiful city!

In the end, we went back to our host family houses. That evening I visited a barn where they kept some horses.



Thursday 13th (Morning)

On Thursday, we had another talk by Mr Rutten, this time about a story. After that, we went to a sports center where we had some korfbal lessons. I personally think that it is a very fun and entertaining sport.

Later, we visited the Drienlandenpunt, the place where Belgium, Germany and the Netherlands meet. In the end, we went to our host families house.



Thursday 13th
(Afternoon)

In the evening my match, a group of Spanish students and their respective matches and I went to a shopping center and later, we stayed all together in one of the houses. We had lots of fun!



Friday 14th

On the last day, we went to Brussels. We visited the square, the Manneken Pis and the Atomium, which, I thought, was very interesting.

In the end, all of the students from both countries said goodbye to each other and we took the plane to Spain.



Diary

SUNDAY,10

On Sunday we left the bus station to Santander, there in Santander we were waiting to embark. When we arrived in Belgium we saw our boy from the exchange programme and we rode on the bus until we reached Landgraaf, when we arrived our parents were waiting for us and from there we went to our houses and had dinner.

MONDAY,11

On Monday I got up and went to have breakfast when I finished I went to the garage to take a bike and go to school, we had to meet Amador and from his house we went to school when we arrived we went to the bike parking, we had a talk about Netherlands and we took a walk around the school there then we went to see the town hall and then we went orienteering through a forest and in the afternoon, my Dutch mate made a party.

Tuesday,12

We went ice skating, then we had lunch and when we finished we played football and from there we went to our homes. And I went to Emma's house.

Wednesday,13

We had class at school, when we finished we went to have lunch and when we finished we went to Maastricht, there we went on a guided tour and then they left us free time. In the afternoon I did nothing.

Thursday,14

On Thursday we had classes, when we finished we went to a sports center and we did korfbal exercises and played; afterwards they gave us a lunch and in the afternoon we went to a vantage point that was in the middle of 3 countries.

Friday,15

On Friday we visited Brussels and we saw the Atomium and the main square, already at night we went to Spain.

Trip to Holland

10/02/2019 – 15/02/2019

Spain-Holanda

- Today we travel to Holland. When we arrive we meet with the Dutch people. At the beginning we are not all silent observing each one. Then the professor came and told us to talk to the Dutch. After meeting our respective Dutchmen we went to the bus.
- When I got home I met the parents of my Dutch and her sister. I had a good dinner. I knew more their traditions and customs and then we saw a movie in Netflix. At the beginning while we are all watching the movie. I had a feeling of not being at home and I felt bad and wanted to go home. but everything happened well and after they asked me again I went to sleep.

First day

-
- On the second day, we went to the institute, a teacher explained a bit about the institute's program. then we took a walk around the institute and honestly, it's very big and beautiful. Then we had a break and we had to have lunch. There were many Dutch people and one gave me some cookies. Then my Dutchwoman came and gave me a croissant, introduced me to her friends and one of her friends was from Turkey and I made her friend. Afterwards we met the Dutch with the Spaniards and we went to a big boat where we did an orienteering activity. They made groups in which there were three Dutch and three Spanish students. That activity was not the best activity I did in my life. It was the worst because the map they gave us has nothing to do with an orientation map. The Dutches of my group did not know what to do and they spent it talking among themselves in Dutch ignoring us leaving us to do the work alone. We ended up doing the work only my Spanish colleagues and me. I did not like it when the woman came and told us that we could not finish the activity. I got very angry that day, but I thought it was only the first day there will be others better. We returned to the institute I had to wait for my Dutchman along with my Spanish friend to finish private lessons. then a Dutch boy invited us to his house has spend the time. That time that we had was cool, I forgot about the past that morning and I had fun. There were my Spanish friends and some that I did not know but honestly, I had a great time.

12/02/2019

Second day

• On the third day being with the Dutch, we went ice skating, at first it was a bit difficult, but I got used to it quickly. I had the opportunity to meet some Germans and the English, I had a fun conversation with an English boy. After skating on ice, they gave us a hot chocolate with cream, I enjoyed it a lot. Then we went to lunch, they gave us some croquettes, but I could not eat them, I ate the chips and I drank the lemonade. The day was fine, until we got to do sports together. It was the worst I could do. the Dutch woman, did not let us do mixed groups, then did not say that the girls had to play hokey and the boys to football, that seemed a little machist, because we can not play with the boys? and the football? I did not like that much when we played the hokey with the Dutch girls and some Germans and other English, the Dutch sat on the small goal and began to speak, the Spanish and the odd Dutch and the other girls began to play, but everything was boring. Some Spanish girls, including me, took a ball and we started to spend one night between us, when the thing got funny a Dutch woman joined us and then another, and another, but the teacher came and told us to play again. When we started to complain that we wanted to play football with the boys, the woman said that the only thing was to try them, but honestly, I did not believe her, the girls could play with the boys at football, so I had a better time. We returned to the institute, and I had to wait for my Dutchman along with my Spanish friend to leave the private classes. Then we went home, I took a shower, we had dinner and went to the jump space, there I forgot what happened in the morning and I had fun jumping with my friends and classmates. After the space jump, we went to a burger and, my Dutchman invited me to an ice cream. My day got better, but I do not want everything related to the project to seem bad or that I feel bad.

Third day

- the third day dawned very well, a little tired by the space jump yesterday, but all good. when wanting to go to the institute, the wheel of the car of the father of my Dutch was spiked, so we did not have how to go, I started to get nervous, because that day we would go to see Maastricht and I did not want to lose it. In the end we were able to go to the institute with the help of my Dutch neighbors to take us with their car.
- My Dutchman went to his class while I got on the bus to go to Maastricht.
- I loved Maastricht, it was very calm and cold, we could see many beautiful things, but clearly what I enjoyed the most was the free time we had. We were walking through Maastricht; clearly as normal people do. We went all together to a king burger and ordered our hamburgers, I clearly took one of the fishes, it was very rich. We spent a great time together.
- Afterwards I had the misfortune of losing the group I was in, I was looking for them with my eyes but I did not find them, I went back to the place where I lost my group, then I found two girls of my class, I was with them so I would not be alone, but these are walked every two by three in a store, and there are only 5 minutes left for the time we would have to be all together, that bothers me a lot, when I remember a bit of the way forward, but procure that they would follow me because they did not get lost, because they did not know the way.
- when returning to Landgraf, I returned to wait for my Dutch to finish his private lessons, that day instead I had a better time with my classmates.
- When I got back home, my Dutchman told me we would go to the house of a Dutch woman. There were some Spanish companions of mine, I had a good time with them, because the Dutch spoke in Dutch and they did not speak to us, but when playing the Wi, they played with us.
- that day was fine, I think it was the best day of that week

Maastricht



14/02/2019

Fourth Day

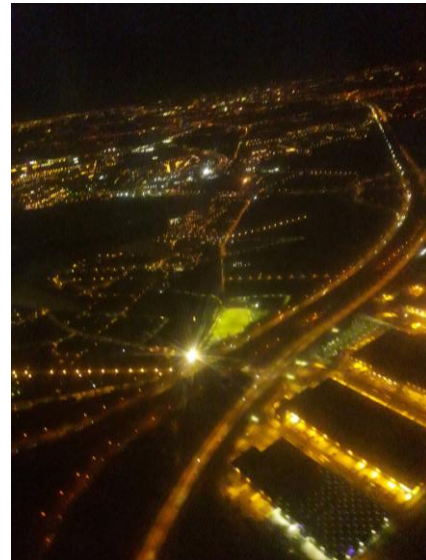
- On Thursday, February 14, I woke up badly, the little sister of my Dutch bin, and I untie the blanket and I hate that I am attacked, I got up on my feet, but good.
-
- today we went to the border between Holland, Belgium and Germany, I loved everything, I took a picture in a part where there were three flags, I liked it a lot. Then we went up to a tower that showed us a great landscape. I took several pictures and enjoy it a lot.
-
- later they took us to a large sports center. They gave us shirts that I honestly did not like, I always thought that white was a very bland color. there were two specialized in korfbal, one very high and the other a little low. the baskets were about 3 meters, I do not remember, but they were very tall. They taught us how to throw and some rules of korfbal.
-
- Then we went to the cop's cafeteria and they fed us many sandwiches, but I could not eat any, because I could not, but I ate an apple and a yogurt.
-
- After that they put us in mixed groups, and we had to answer some questions.
-
- We returned to the institute and again I had to wait with my friend to our Dutch to finish private lessons.
-
- a Dutch woman invited us to a party, where everyone was supposed to be invited, but I only invite the most popular, the party was the most boring I could have been in my life. the Dutch spoke to each other in Dutch, and they left us in a corner alone, there was no food, there was only at their table and they ate each other, they did not let us put music and the music they played was sad music not suitable for a party. After a great abruption everyone went to their respective house. tomorrow would be the last day, and I would lie if I said that I did not feel like going to my house



Last day

- Last day, I will miss my Dutch and my family very much, but I also miss my family.
-
- On Friday we started going to the computer room, we finished yesterday's work. After lunch, I had nothing to eat, because my Dutch family did not give me anything for the day.
-
- When we finished, we went to Belgium, I wanted to see Belgium, I was curious. We went to Brussels and had the opportunity to see the atomium, I loved it, it was a great beauty. We went up to the atomium and bought a beautiful atomium magnet.
-
- Then you went to the most beautiful plaza in the world. It was incredible, it was very beautiful. I was able to buy a waffle with the money the teachers gave me when they learned that they did not give me anything to eat all day long. the waffles were very hot, crunchy and tasty with Nutella on top, they were delicious. Then we went to buy something for our families. buy a beret where I put black Brussels for my father, because he likes to wear many visors and had a large collection. I bought my sister and friend a keychain where there were many things.
-
- After the time in Brussels we went to the bus and took us to the airport where we said goodbye to the Dutch.
-
- At the airport the teachers bought us a hamburger, for all those who were hungry and clearly, I had it.
-
- After several hours we arrived at our homes, I was tired, I just wanted to drink a hot glass of tea and eat some bread. Then I went to sleep in my comfortable bed. This trip to the Netherlands was very exciting, I loved it, I used to go back to my house, but everything went well, and I had fun with my colleagues and my new Dutch friends.

Brussels



The end of my trip

