Race report

# Swimrun Jablines- Annet, 4th of May 2024

Around 650 participants, including 240 competing in the long-distance category, gathered for the event. Just 22 minutes from Charles de Gaulle Airport and nearly 30 minutes from Paris lies a nature reserve unlike any other. Spanning 500 hectares, this area boasts natural beauty and lakes, offering numerous sports and water activities.

The course is perfect for kicking off the SwimRun season, featuring mostly flat terrain with frequent transitions between running and swimming. Short swimming distances, impeccable organization, ample assistance from volunteers, and efficient management characterize the event. Participants were treated to plenty of pizza slices at the finish line. Despite challenging conditions, the professional team from RP Events ensured smooth operations.

In 2024, the event became a qualifying event for the MySwimRun Championships for the first time and also hosted the French University Championships. Weather conditions made the course a true challenge. Following a day of beautiful sunshine, rain just before the start turned the running course and water entries into a gripping challenge. This favored those with strong grip and balance, although full-speed racing wasn't always possible. Rain also reduced visibility in the water, but the short swimming sections allowed for a direct swimming line.

The main race, a half marathon covering over 23 km, saw the fastest teams dominated by men. The top three teams battled it out for much of the race, with the prominent duo of BESANÇON Fabien / FABRE Vincent emerging victorious.

The most thrilling duel occurred between the two leading mixed teams, exchanging places several times throughout the competition. Ultimately, the French team Gaga Roro with ONDEJAR Gaelle / AMAND Romain narrowly edged out the Swedish/Finnish team comprising Lisa Ring (European Champion Marathon 2023) and Sampo Hyppoelae. Olivier Bragard, the fastest man and French ambassador from the early days of the sport, spent much of his time around these teams and claimed a confident victory.

In the women's category, strong swimmer Caroline CHRISTEAUT from Team Nuteo clinched the win. Among the women's teams, the French Lipstick Ladies BOURJAILLAT Camille / MORET Sabine impressed once again after their victory in Troia, Portugal, two weeks prior.

All winners earned direct qualification for the 2025 World Championships.

# Long duo Femme:1- BOURJAILLAT Camille / MORET Sabine2- DE HOYOS Amélie / VAN CAMP Nadja3- DEWAELE Caroline / DREVET SylvaineLong duo Mixte:1- MONDEJAR Gaelle / AMAND romain2- HYPPÖLÄ Sampo / RING Lisa3- FROGER Samuel / MILLOT NadiaLong duo Homme:1- BESANÇON Fabien / FABREVincent2- BRUÈRE Antoine / CAZEDEPATS Armel3- CONSTANTIN Olivier / GEFFRAY ClotaireLong solo Femme:1- CHRISTEAUT Caroline2- FOURNIER Manon3- CHANNAG HalimaLong solo Homme:1- BRAGARD Olivier2- GAUTHIER Eric3- LE BAIL Kévin