



CV – Dr Wafaa Abdel-Hadi MD

Personal Information:

Nationality: Egyptian.

Address: Sheikh Zayed, Giza, Egypt

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Facebook page: www.facebook.com/awareclinic/

• Date of birth: 02/06/1979

• Marital status: Married

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Education & Qualifications:

➤ Professional Education:

- April 2020, Completed The Metabolic Approach to Cancer Mastermind program by Dr Nasha Winters, ND, L.AC, FABNO.
- April 2018: Certified Functional Medicine Doctor, **IFMC-MD**. The Institute for Functional Medicine, IFM, USA (Being the First Certified Functional Medicine **Doctor** in The Middle East)
- November 2009: **M.Sc. Clinical Oncology**, Cairo University, Egypt
- 2003 **M.B.BCh** : Faculty of Medicine, Cairo University Egypt, Sep.1997- Jan. 2003

➤ Secondary Education:

- **GCSE** in Chemistry, Physics, Biology, Mathematics, Geography, Arabic, English, French. Maadi English High School, Egypt 1994-1997.

Professional Experience:

- 12-14th June 2021: **Speaker at The Metagenics Institute Congress in Australia**. Next generation cancer care: personalized Integrative oncology: Lectures: 1- A functional Approach to Breast cancer “Primary and Metastatic”, 2- Colon Cancer: What are we missing? <https://metagenicscongress.com.au/>
- 14th & 15th November 2020: **Teaching Faculty at the 5th Lifestyle and Functional Medicine Conference, Dublin, Ireland**. Lecture titles: 1- Reprogram your Immune System , 2- Inflammation: How to avoid acute to chronic and how to resolve, 3- Case Study , www.fmcireland.com
- 23rd October 2020: Speaker at Great Lakes Virtual Conference 2020, USA. Lecture: Basic Oncology: Early Warning Signs; Addressing Conventional vs. Integrative Approaches (3.5 CEs)
- September 2020 - Present: Teaching Module 1: Oncology 101, in the curriculum of Metabolic Approach to Cancer Mastermind program by Dr Nasha Winters, ND, L.AC, FABNO.
- 19th & 20th October 2019: **Teaching Faculty at the 4th Lifestyle and Functional Medicine Conference, Dublin, Ireland**. Lectures titles:1- Hormonal repercussions on female health, 2- Management of endometriosis and fibrosis through modulation of Detoxification pathways, 3- Case study
- 3rd & 4th November 2018: **Speaker at the 3rd Lifestyle and Functional Medicine Conference, Galway, Ireland**. Title: How to Re-Program your Health. www.fmcireland.com
- 17th -20th September 2018: **Speaker at The Integrative Medicine Meeting, IMM, Rosenfeld, Germany**. Title: The “Kick off” For Functional Medicine in Egypt: Modulation of Estrogen Metabolic Pathways to prevent female tumors.
<https://www.integrative-medicine-meeting.com/>
- September 2015 - Present: Certified International Health Coach, **Institute for Integrative Nutrition, IIN, USA**
- 18-19 September 2014: participated in **Cancer Genetics Workshop**, conducted by **Dr. Nikos Tsoulos**, Molecular Biochemists & CEO of **GENEKOR, Greece**.
- April 2014 – Present: **Founder & CEO of AWARE clinic**
- 20th March 2013: Completed Nutrition for Health Promotion and Disease Prevention Course, by Katie Ferraro, MPH, RD, CDE, University of California and San Francisco UCSF, USA



- October 2010- February 2011: Completed the "**Community's Educator's Program**", "**Support Group Program**" & "**Course for the Cure**" workshops as a part of the Global initiative for Breast Cancer Awareness workshop. Conducted by the Institute of International Education (IIE), **USAID** Egypt. Supervised and sponsored by the **Susan G. Komen** for the cure foundation, Texas, **USA**.
- 1st February 2007- January 2011. Working at Sphinx cure private centre for management of cancer www.sphixcure.com. Under supervision of his owner **Dr. Tamer El Nahas, MD, PhD** of clinical oncology, Faculty of Medicine, Cairo University, Egypt. Job description includes:
- September 2008 - October 2009: **Resident of clinical Oncology** at Kasr El Aini teaching Hospital, Cairo University.
- 7th-9th May 2009. Member of the Executive organizing committee in the 9th Pan Arab Cancer Congress (PACC) in association with the Arab Medical Association against Cancer (AMAAC)
- June- August 2008: Joined ROCHE Pharmaceutical Ltd. As their **Medical Line Manager for the Oncology** sector.

Publications, Manuscripts , Submitted/ Accepted:

October 17th, 2011. "**Pink Ribbon month: A simple action plan against breast cancer for every woman**" article. Published in El Ahram- English online. <http://english.ahram.org.eg>

Co-author in "**Cardiovascular diseases and Liver Transplantation**" book, chapter: **Previous Chemotherapy and Cardiac Functions**. Editor: Zoka Milan. **Novapublishers** April 2011. Available for purchase on www.amazon.com and https://www.novapublishers.com/catalog/product_info.php?products_id=20151

Accepted and published research project: Authors: Wafaa Abdel-Hadi, Weddad Bassam, Karim Mashour and Ibrahim Iskandar, "A Randomized phase III trial: Evaluating RITUXIMAB as an added new tool in improving DFS in advanced stage NHL in the paediatric group." : **Journal of Kasr El aini Center of Clinical Oncology**, NEMROCK, March 2008, **Egypt**.

Accepted poster: "**Repeated drainage of malignant pleural effusion using an epidural catheter**" in the 18th world congress ICACT, 6-9th February, 2007 (International Congress in Anti-Cancer treatment), Paris, **France** and also in the 20th International Anniversary Symposium "Supportive Care in Cancer", St.Gallen, **Switzerland**, 27-30 June 2007.

Published paper: Journal of Anaesthesia and Analgesia. Authors: Zorica Jankovic, Dusica Stamenkovic and Wafaa Abdel-Hadi, "**Chronic Intrapleural Effusion Drainage Using an Epidural Catheter**".Zorica Jankovic et al. **Anesth Analg** 2005;101:1242 <https://pubmed.ncbi.nlm.nih.gov/16192559/>

Management Skills:

- April 2014 - Present, Founder & CEO of AWARE clinic
- 26-28th March, 2008. Member of the Executive Organizing Committee in the 16th &17th Annual conference of the Clinical Oncology department ,Kasr El Aini Teaching Hospital, Cairo, Egypt.
- 10th-11th January, 2008. Coordinator and participant in the Hepatocellular Carcinoma workshop in the 1st Egyptian-Italian meeting in Liver Disease, Cairo, Egypt.
- 2nd September 2006, Organization of music compilation during my sister's wedding (D.J).
- 1995-1997, Coaching under 12s girls basket ball team, Maadi Club, Egypt.
- 1994, the lead pianist of the high school music band, performing a 4 hours operetta on Sayed Darwish theatre, Giza, Egypt.

Voluntary Work

- 2014- Present: biannual Community awareness lectures about various health related topics, for more info: <https://www.facebook.com/awareclinic/events/>



- April 2011, Early Breast Cancer Awareness month. Conducted educational lectures focusing on how to prevent, detect and self-exam for breast cancer. We arranged house gatherings for 10-15 ladies who have never got cancer before, age between 35-65 years old. Supervised and sponsored by the **Susan G. Komen** for the cure foundation, Texas, **USA**.
- March 2007, Translation of sphinx cure oncology centre's website www.sphinxcure.com from Arabic into English.
- 15th February 2006, Joined "**The Hope Program**" as their medical supervisor/consultant for breast cancer survivors support group. The Program is operated under umbrella of an Egyptian non-governmental organization called "in the name of Friends of children with Cancer". It provides non-medical support services for woman with breast cancer. Moderator of the group : Mrs.Faiza Abdel-Khalek , Email address: fakhalick@yahoo.com
- 7th March, 2005. Joined the **Doctors lounge**™ website for providing medical consultations. www.the-doctorslounge.net. Designer/creator/ Moderator of the website: Dr. Tamer Fouad, MD.
- During 1st March - 30th June 2005, Attendance of Medical Oncology clinics on a 3 days/week basis in the National Cancer Institute, Cairo, Egypt. Supervised by Dr. Tamer Fouad ,MD.
- March-June 2004, volunteer at Liver transplant unit, St James's University Hospital, Leeds, **UK**.
- During 2003, Participation in a free health campaign for the orphans in Manial, Cairo, Egypt.

Languages:

- Fluent in Arabic & English and have a good command of French.

Hobbies and Interests:

- Outdoor Activities: Basket Ball, jogging, swimming, travelling and picnics.
- Indoor Activities: Squash, playing the piano, reading and cooking.
- Preparing, hosting and attending social events.
- Travelled to: USA, UK, Ireland, France, Germany, Poland, Czech Republic, Jordan, Turkey, Indonesia, Kuala Lumpur and Saudi Arabia.

Future Plans:

- Applying the Metabolic Approach to cancer for all diseases and expanding New Horizons between Functional Medicine and integrative oncology.
- Teaching & applying Functional Medicine to the Conventional Medical Community so we can serve as many patients as we can.
- Alleviate the epidemic of chronic diseases through implementing functional Medicine & integrative oncology
- Integrating with my international colleagues to implement our knowledge to my region in the Middle East.
- Building a network of associations in order to serve our planet better and save the world!

European Keto Live Centre - Information & Training Centre - Association for Ketogenic Metabolic Therapies
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Medizinische Beratung und Leitung der Konferenz: Prof.Dr. med. Markus Stoffel und Dr. med. Suzanne Oruc