



**Next meeting:**

Jun 24th

**Zoom Meeting**

July 1st

**Changeover  
Meeting**

July 8th

**Zoom Meeting  
With Shane!**

July 15th

**Zoom Meeting**

**Board 2019-2020:**

President:

Peter Cracknell

Past President:

Cliff Leckning

Secretary:

Peter Richards

Treasurer:

Greg Sharman

**Directors:**

Community Service:

Ross Augustine

Finance &

Fundraising:

Shane Thomas

Youth, International &

Vocational:

John Albery

Membership:

Bob Smith

Club Service:

Mark Rees

**President's Report:**

Just when we thought we were right to return to regular meetings at The International, 2020 has taken a fresh turn with our government delaying some of the re-opening of our state. As a result we have no alternative but to change the plans for our Changeover breakfast.

Our Changeover is now limited to 20 people. To make this as fair as possible, we are making it the first 20 that replied to the invitation. By the time you receive Sunrise Times, I will have sent out an email confirming who is on the list to attend the Changeover. We will then run a waitlist in case there are any cancellations. Obviously it's very disappointing we can't accommodate everybody, but the decision is outside our control.

We have had the opportunity to make the donations previously spoken about to various of our beneficiaries. We have received some very heartfelt messages of thanks for these much-needed funds in such a tough environment. Printed below my report are some of the words we have received.

Next week will be my last report for Sunrise Times as president. I'll have more to say then, but it certainly has been an unusual year!

Regards

Peter

Thanks received from:

Steve – Community Support Frankston

\$2,000 is no small amount of money and we really appreciate the club's support, this is incredibly generous considering the club isn't able to fundraise at the moment. An update from CSF's end - we've remained very busy through the pandemic and still have a number of redeployed Frankston Council staff working with us, complementing the efforts of our volunteers. I'm really proud of the fact that CSF managed to be adaptable and keep going while most services similar to ours around Vic needed to completely (and understandably) shut down.

Can you also please thank the club for the driver support, a number of club members chipped in with home deliveries and it really helped us out. We're still doing these deliveries and also commenced free take-away meals for people, we're seeing a lot of our homeless back on the streets.



Continued on next page.

Website: [www.rotaryfrankstonsunrise.org.au](http://www.rotaryfrankstonsunrise.org.au)

Facebook: [www.facebook.com/rotaryfrankstonsunrise](https://www.facebook.com/rotaryfrankstonsunrise)

Thanks received from:

Tracey – Dogs for Kids

I can't tell you how delighted I was to read your email this morning.

It has been difficult to work through Covid-19 restrictions and the impact will be felt for a while to come. But the commitment of our volunteers and supporters has not wavered. We have 35 dogs on the program and several families on our waiting list, all depending on us to keep working towards our charitable purpose. And that's what we'll do, thanks to the support of people like you.

Thanks again for your generosity in 2019/20.



Toni – Focus Individualised Services

It is very generous of Rotary Frankston Sunrise to donate money in these current times. It is extremely appreciative and we will be able to utilise the donation to assist some people we support who are moving into a newly renovated home that is in dire need of some new plants and gardens in the next few months. This donation can assist them to purchase and plant their own gardens, which will bring them much joy to make the home their own.



Tony – Blackwood Outdoor Specialist School

Thank you. Your Clubs continued support towards Blackwood is awesome and a wonderful surprise in the current economic situation. I look forward to working catching up and thanking everyone at the beginning of July. Stay safe, happy, healthy & active.



Jess – Interplast

Thank you so much for your email.

I was looking forward to a healthy golf competition with you all (especially sledging dad). Hopefully things can start to normalise soon. Hopefully once all goes back to normal I will pop in to say thank you.

Your donation and support to Interplast is incredibly appreciated.



#### **Additional: Club Help with Deliveries:**

Thank you and your fellow club members who helped us with the deliveries. We sincerely appreciated that you were able to step in and assist so many families who were in need.

- Mums Supporting Families in Need

Birthdays & anniversaries this month:

1/06/1942

Jennifer Stapleton

5/06/1964

Gary Morgan 56

7/06/1952

Laurie Warfe 68

8/06/1937

Bill Blythe 83

22/06/1950

Gavin Saunders 70

## Coming Events/Save the Date!

### Wednesday 1 July, 2020

Frankston Sunrise Annual Changeover breakfast – RSVP required – June 24

- Members only breakfast – the International: 6:45 AM for 7 AM start
- Zoom attendance – 7:45 AM – 8:30 AM

Stay tuned for more information!

### Sunday 26 August, 2020

Bunnings BBQ

### Sunday Oct 18th, 2020

2nd Treadmill Challenge

### Saturday 28 November, 2020

Bunnings BBQ

### Monday, March 15, 2021



### Rotary's 4 Way Test:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL & BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Macca has advised that we have booked our 2021 corporate charity golf day back at Peninsula Kingswood Country Golf Club for Monday, March 15, 2021!

### Mark it in your diaries!

More information to come!

### Stay tuned for 2021 date!

Children of Ghana Charity Ball

Mornington Race Course

Tickets: \$149 per head

Looking for sponsors, donations and full club attendance

## 12 Hour Treadmill Challenge



**Rotary Frankston Sunrise**  
**12 HR TREADMILL CHALLENGE**

@rotaryfrankstonsunrise  
@corehealthclubs

A team challenge supporting Very Special Kids

8am to 8pm  
Sunday 18th October 2020  
CORE24 Health Clubs  
313 Nepean Hwy, Frankston



Supporter  
Event

**core24**  
HEALTH CLUBS

**Rotary**  
Frankston Sunrise



**100%**  
of all funds raised  
will help children in  
24 hour care

For more information or to register, call Mark  
on 0411 519 560 or email [mark@mrevents.com.au](mailto:mark@mrevents.com.au)

### Steps to success



#### 1. Commit to the challenge

Secure your treadmill by registering a team. The Corporate sponsorship of \$1,000 covers the cost of the event, which means that 100% of your team's fundraising efforts will go directly to helping children in 24 hour care at Very Special Kids Hospice.



#### 2. Choose your fearless leader

The Team Captain will work closely with Rotary Frankston Sunrise and take charge of your teams' activities to guide the group towards the team fundraising goal.



#### 3. Build your team of Participants

With 30 minute time slots to fill over the 12 hours, a team of up to 24 fundraising foot soldiers will help complete the challenge. Walking is an option for those who prefer a steadier pace.



#### 4. Enlist the support of family and friends

Participants should ask for sponsors to help reach your fundraising goal. Set up your own personal online fundraising page at <https://vsk.grassrootz.com/rotary-frankston-sunrise-12-hr-treadmill-challenge> and share with family and friends on social media and with peer networks.



#### 5. Enjoy the event

Run or walk with your heart and celebrate in the camaraderie with like-minded people who are all taking on the challenge to raise funds for children with life-threatening conditions.

All teams receive 4 x 1 Month All Club Team Training Memberships  
valued at \$199 to help you prepare for the challenge\*



Supporter  
Event

**core24**  
HEALTH CLUBS

**Rotary**  
Frankston Sunrise

\*Smith Membership for non-members only

### To all members of Rotary District 9820 :

Janne Speirs - Emergency Management Chair - is calling out for knitted goods. Obviously as the weather cools, the need for warm clothes is increasing!

What is needed: Knitted or purchased through clubs - Adult beanies, scarves in football team colours, children's knits (2 through to 10 year olds) or even 'fashion' scarves. There doesn't seem to be a huge call for babywear.

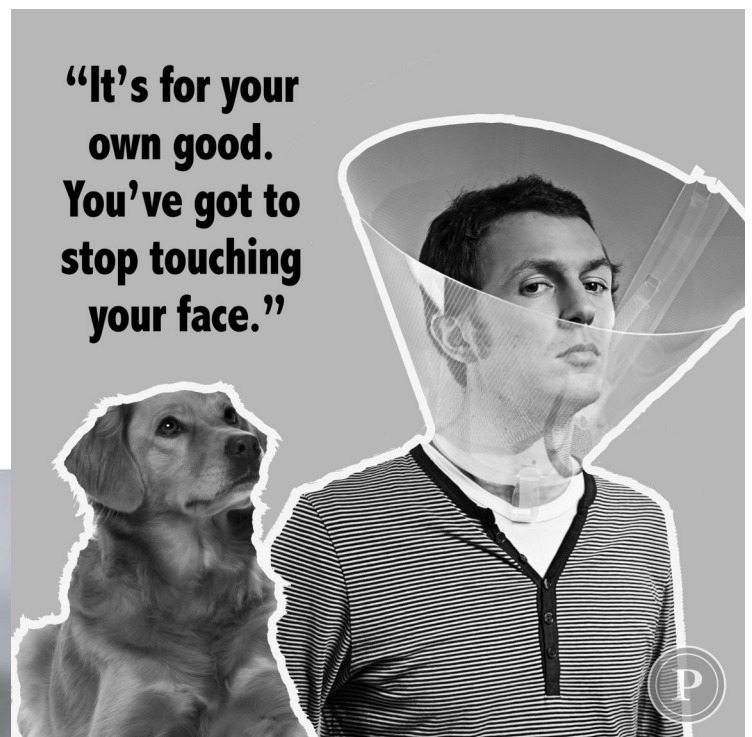
If you, your family or your club would like to assist in this important task - not just for its practical value but also the moral support of those who've lost so much then please get knitting and/or send your finished products to the address below.

Where: Mrs J Speirs, 218 Webbs Road, Gormandale 3873



On the Lighter Side:

When your grandpa throws a  
Nokia and he knocks you out  
but you throw a  
Galaxy Note 7 and it explodes



Flexing in 2019



Flexing in 2020



## What in the World:



Wilpena Pound, South Australia

### On this day in... June 24:

**Event:** **1374** - Sudden outbreak of St. John's Dance causes people in the streets of Aachen, Germany, to experience hallucinations and begin to jump and twitch uncontrollably until they collapse from exhaustion. **1901** - 1st exhibition by Pablo Picasso, 19, opens in Paris. **1947** - PGA Championship Men's Golf, Plum Hollow CC: Jim Ferrier becomes first Australian to win a major title; beats Chick Herbert, 2 & 1. **1981** - "For Your Eyes Only", 12th James Bond, starring Roger Moore and 1st directed by John Glen premieres in London. **2018** - Women drive for the first time in Saudi Arabia after ban is lifted.

**Births:** **1848** - Brooks Adams, American philosopher (Theory of Social Revolutions). **1923** - Margaret Olley, Lismore Australia, painter. **1941** - Graham McKenzie, cricketer (prolific Australian pace bowler 1961-71). **1947** - Mick Fleetwood, rock drummer (Fleetwood Mac-Go Your Own Way). **1961** - Iain Glen, Scottish actor (Game of Thrones, Resident Evil). **1987** - Lionel Messi, Argentine football star striker (5 FIFA Ballon d'Or, FC Barcelona).

**Deaths:** **1894** - Marie François Sadi Carnot, President of France (1887-94), assassinated by Italian anarchist Sante Geronimo Caserio at 56. **1969** - Ted Hecht, actor (Time to Kill, Song of India, Gangster). **1992** - Len Darling, Australian cricketer (South Australian & Test batsman of 30's). **2000** - David Tomlinson, British actor (Mary Poppins, Bedknobs and Broomsticks, Helter Skelter). **2012** - Lonesome George, Pinta giant tortoise and rarest creature in the world, dies at c. 100.

Please remember to invite your friends to like the club's Facebook page.

- Plus when you see a new post, Like the post and share it with your friends!

Link: <https://www.facebook.com/rotaryfrankstonsunrise>