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New regulation isolation / quarantine

Dear parents and guardians of the Hermann School,

last Friday we received the following mail from the health department:

"Dear Sir or Madam,

As you know, the regulations regarding isolation/quarantine have changed again.

Below is an overview of the current valid quarantine and isolation durations for SARS-CoV-2 exposures and infections:

Group of persons	Isolation period (of infected persons, period begins on date of onset of symptoms; of asymptotically infected persons, on date of acceptance of positive test).	Quarantine period (of contact persons, period starts immediately, counted from the 1st day after the date of the last contact with an infected person).
General population	7 days, if previously symptom-free for 48 hours, with negative PCR test* or certified antigen test taken on day 7 at the earliest, proof required by service provider in accordance with Section 6 (1) TestV 10 days without final test	7 days with negative PCR test* or certified antigen test taken on day 7 at the earliest, proof required by service provider in accordance with Section 6 (1) TestV 10 days without final test
Employees in hospitals, care facilities and institutions for integration assistance	7 days, if previously symptom-free for 48 hours, with negative obligatory PCR test* taken on day 7 at the earliest, proof required by service provider in accordance with § 6 Para. 1 TestV	As in general population
Pupils, children in school, day care center, after-school care center	As in general population	5 days with negative PCR test or certified antigen test collected on day 5 at the earliest, if regular (serial) testing is performed at the facility
Release from isolation or quarantine takes place after submission (upload) of the test result of the final test in the web portal of the city of Münster.		

* A negative PCR result or a positive test result with a CT value >30 are permitted for termination of the isolation. In case of a positive PCR test with a CT value <30, isolation is continued for 2 days and retested - preferably with a qualified rapid test.

Please note that all students who were infected do not have to participate in regular testing (neither pool test, nor rapid test) for 8 weeks after infection!

Kind regards

Dr. med. Dagmar Schwarte

Health and Veterinary Office

If you have any further questions, please feel free to contact us at any time!

I wish you a good start of the week!

Best regards from the Hermann School,

Judith Lüttikhuis

-School Director-