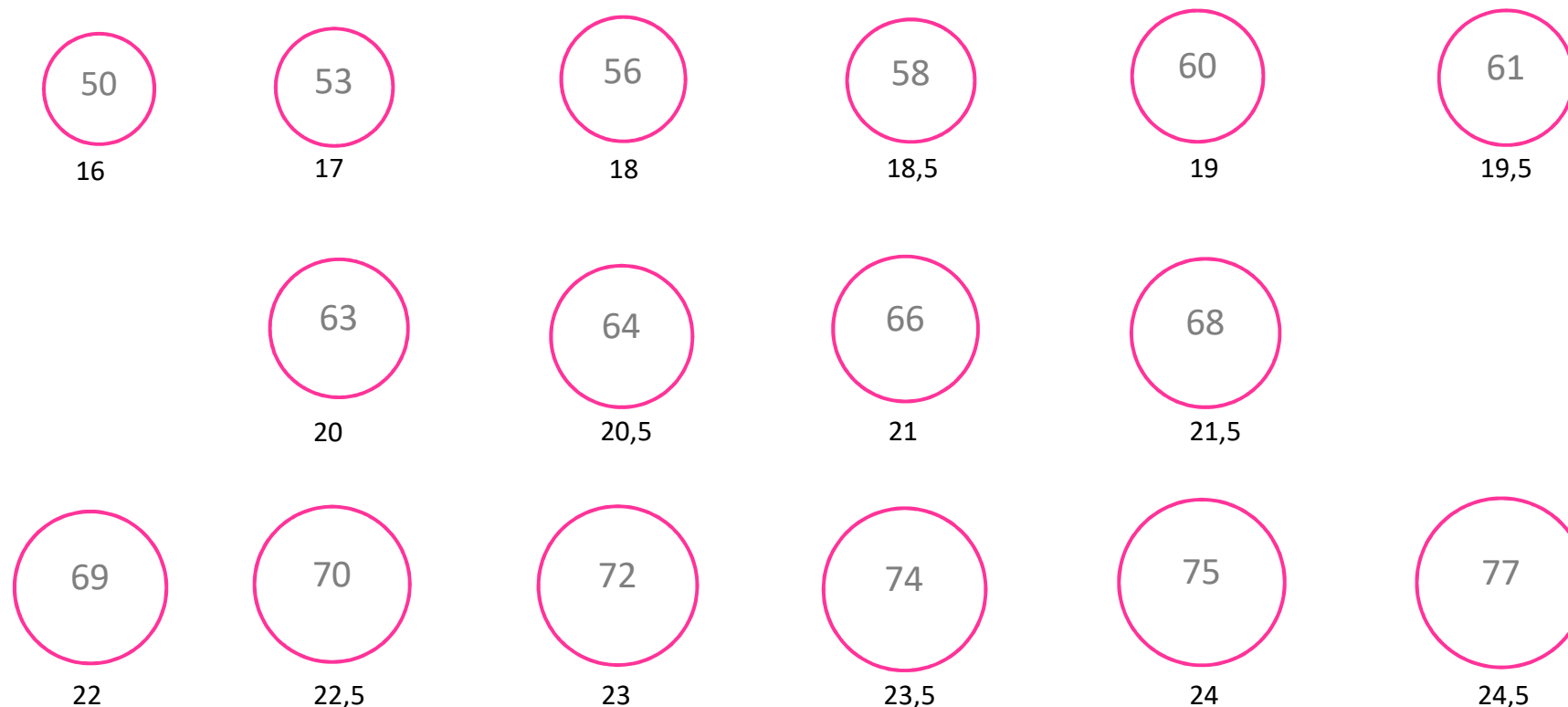


For your ring size

Just place a ring that fits your finger on the circles.

You know your ring size when the circle is in the ring.

The number in the circle is the inner circumference, the one below the inner diameter.



My recommendation for wider rings: Put a strip of paper around the widest part of your finger. Best in the width of the ring. Then mark the spot where one end meets the strip. Measure the length - and then you have the inner circumference. That's it.