



Welcome to the Region of Bern

The BERNABA'25 and the Multilateral Exhibition take place in Bern. Would you like to get to know the host city and the region around the Swiss federal city better during your visit? Whether for a few hours, half a day or a whole day, we present our favourite tips for experiences in and around Bern.

The Region of Bern is one of the most diverse regions of Switzerland. From the UNESCO-listed old town of Bern to the three world-famous Eiger, Mönch and Jungfrau mountain peaks, it offers destinations to suit every taste. Picturesque landscapes with glittering lakes surrounded by countless mountain peaks call to potential travellers just as much as the unique traditions, local customs and the many world-class events.

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Travelling in comfort

With its central location in the heart of Switzerland, the Region of Bern can be reached easily and conveniently. Thanks to the dense public transport network, you can travel anywhere with ease: to mountain peaks with breathtaking views, to charming towns or to idyllic locations by the water.

Travel information

SBB public transport timetable for connections in Switzerland

From the first overnight stay, use of public transport is free of charge in many destinations. Guest cards or a regional pass give you free travel or discounts on excursions by train, bus, boat and mountain railway.

Public transport offers and travel passes





Experiences in the city of Bern

Bern is not only Switzerland's federal city and seat of government, but also a real gem. It lies at the heart of the country and has a historic old town that is a UNESCO World Heritage Site.



Public city tours

The historic old town of Bern is a wonderful place to explore on foot. But the true magic of the city only unfolds when exciting stories are told along the way. The city tours in Bern are not only informative, but also entertaining and surprising: Packed with curious anecdotes, impressive historical facts and witty hints, every tour promises to be an experience. How about the classic "UNESCO Stroll trough the old city", a fascinating tour of the Zytglogge (Clock Tower) or the unique "Bernese Beer tour"?

More information: City tours in Bern



Discover the diversity of museums

No luck with the weather? No problem. In Bern you will find internationally renowned special exhibitions, private collections and interactive events. For example at the <u>Museum of Communication</u>, which brings communication to life in an innovative and interactive way. Or at the highly recommended <u>Bern History Museum</u>, one of the most important cultural history museums in Switzerland. It also houses the <u>Einstein Museum</u>, one of the world's largest collections on Albert Einstein. Tip: Buy a <u>Museum Card</u> and get free admission to (almost) all museums.

More information: Bern's museums



The Gurten

Bern's local mountain "Gurten" (858 metres above sea level) is an idyllic oasis with a wonderful view of the snow-covered mountain peaks of the Bernese Oberland, the river Aare and the city of Bern.

How to get there: From the Bern railway station, the Gurtenbahn valley station can be reached in around 15 minutes by tram no. 9 (direction Wabern). From there, the local mountain can be reached either on foot (1 hour), by bike (30 minutes) or by funicular (10 minutes). The Gurtenbahn runs every quarter of an hour.

More information: **Gurten**





Experiences outside the city of Bern

There is also plenty to discover outside the city of Bern, be it on the shores of Lake Biel, Lake Thun or Lake Brienz, in the hilly Emmental or in the alpine Bernese Oberland.



Visit to Biel/Bienne

Biel is the largest bilingual city in Switzerland and the cradle of the art of Swiss watchmaking. In contrast to the modern architecture on the shores of Lake Biel, the old town with its charming terraces and picturesque squares invites you to take a stroll. Discover the world of clocks and chocolate with Choc'o'Clock. Included in the offer: Overnight stay in Biel, visit to the Cité du Temps (OMEGA Museum & Planet Swatch) and an excursion to Chocolats Camille Bloch.

How to get there: There are regular trains from Bern to Biel (30 minutes).

More information: Biel/Bienne



Bijou by the water: Thun

Also known as the gateway to the Bernese Oberland, Thun stands out in particular for its historic old town, whose 12th century castle is worth a visit, and not just because of its restored knights' hall. Another highlight is Lake Thun with its five castles on the shore, which boast magnificent parks and gourmet restaurants. A public guided tour of the town will introduce you to the history and beauty of this Zähringer town.

How to get there: There are regular trains from Bern to Thun (20 minutes).

More information: Public city tours in Thun



Boat trip on Lake Thun or Lake Brienz

If you feel at home on the water, the Region of Bern is the right place for you. Enjoy a cruise on the deep blue waters of Lake Thun or marvel at the imposing mountain chains on a boat trip on the turquoise-coloured Lake Brienz. Combine the trip with an excursion ashore or simply enjoy the peace and quiet on board.

How to get there: For the boat trip on Lake Thun, take the train from Bern to Thun or Interlaken West. For the boat trip on Lake Brienz, take the train from Bern to Interlaken Ost or Brienz.

More information: **BLS Interlaken Lake Cruise**



Niesen - the Swiss pyramid

The Niesen mountain by Lake Thun stretches upwards in the perfect shape of a pyramid. The funicular railway takes you to the summit, where a spectacular view of the high Alps and Lake Thun opens up before you. The mountain world can be explored on a number of hiking trails. Or you can take a detour to the viewing platform with its 360° panorama before enjoying the sunshine over coffee and cake in the mountain restaurant.

How to get there: Take the train from Bern to Mülenen, then take the red Niesen Railway.

More information: Niesen





Hidden gem: Elsigenalp near Frutigen

The Elsigenalp is not far from Frutigen. The mountain hut of the same name is an ideal starting point for hikes in idyllic natural surroundings. The Brandsee and Elsigseeli mountain lakes are a great place to take a break by the water and are particularly attractive in spring.

How to get there: Take the train from Bern to Frutigen station, change to the bus to "Achseten, Kirche". From there, change to the call bus (must be ordered in advance by phone: +41 33 671 33 33) to "Elsigbach (Talstation)". Alternatively, take the <u>AFA taxi</u> from Frutigen to "Elsigbach Talstation".

More information: Berghaus Elsigenalp (website in German)



Fondueland Gstaad

With its wide variety of cheese specialities, Gstaad offers the perfect mix for gourmets. Seven oversized caquelons offer space for up to eight people and are ideal for convivial gatherings with unrivalled panoramic views. Order your fondue backpack the day before at one of the participating dairies, hike to the caquelon and enjoy. Available in Zweisimmen, Schönried, Saanen or Gstaad.

How to get there: There are regular trains from Bern to Gstaad (2 hours).

More information: Fondueland Gstaad



Schilthorn - Piz Gloria

From the Schilthorn, you can enjoy a spectacular view of the Alps. The Piz Gloria panorama restaurant, which rotates on its own axis in 45 minutes, offers a 360° view of 200 mountain peaks, including the Eiger, Mönch and Jungfrau. As the filming location for the James Bond classic "On Her Majesty's Secret Service", the Schilthorn is a must for fans of the secret agent.

How to get there: Take the train from Bern to Stechelberg and from there take the new Schilthorn railway via Mürren and Birg to the Schilthorn.

More information: Schilthorn - Piz Gloria



Jungfraujoch - Top of Europe

3,454 metres above sea level: Icy air sweeps over your face, snow crunches underfoot, and the panorama almost takes your breath away. On one side you have the view of the Swiss Plateau as far as France, on the other the Aletsch Glacier, lined with four thousand metre peaks.

How to get there: From Bern, take the train to Grindelwald Terminal and from there the Eiger Express and Jungfrau Railway up to the Jungfraujoch.

More information: <u>Jungfraujoch – Top of Europe</u>

Hotel tip in Grindelwald: Hotel Kirchbühl**** at the foot of the Eiger.



High above Grindelwald: Alp Pfingstegg

The Pfingstegg is the starting point for several hikes in the UNESCO World Heritage Swiss Alps Jungfrau-Aletsch and offers a wonderful view over the valley of Grindelwald. Other highlights for young and old include the summer toboggan run and the new Fly-Line.

How to get there: Take the train from Bern to Grindelwald and from there go by <u>GrindelwaldBus</u> no. 122 to "Talstation Pfingsteggbahn". The cable car runs daily from 09.00 to 18.00 every 20 minutes to the alp.

More information: Pfingstegg



Experiences in summer

Would you like to extend your stay in the Region of Bern or come back later? Here are three additional tips for the summer months:



Männlichen

The Männlichen summit above Grindelwald is the starting point for countless hikes and offers fantastic views of the Eiger, Mönch and Jungfrau mountains. The various themed trails have a few surprises in store for families. Well worth a visit for young and old!

How to get there: Take the train from Bern to Grindelwald Terminal and from there ascend with the Grindelwald-Männlichen cable car to the Männlichen summit.

Summer operating hours: From the end of May 2025 from 08.30 to 17.00.

More information: Männlichen



Brienzer Rothorn

From the Brienzer Rothorn you can not only marvel at Lake Brienz with Eiger, Mönch and Jungfrau in the background, but also see up to 690 other peaks. A hiker's paradise! The Brienzer Rothorn has been accessible by Switzerland's only steam cog railway since 1892, which winds its way up the mountain in its unmistakable red colour.

How to get there: From Bern, take the train to Brienz and from there the Brienz Rothorn Railway to Rothorn Kulm.

Summer operating hours: From 7th June 2025 from 08.36 to 16.36.

More information: Brienz Rothorn Railway



Engstligenalp

Adelboden is an idyllic chalet village in the Bernese Oberland and the starting point for an excursion to the Engstligenalp, the largest plateau in Switzerland. From here, the Engstligen Falls drop a full 600 metres into the valley. A natural spectacle in a class of its own. The falls can be marvelled at on hikes, from the via ferrata or from the gondola.

How to get there: From Bern, go by train and bus to "Adelboden, Unter dem Birg". From there, take the cable car to the Engstligenalp.

Summer operating hours: From 7th June 2025 from 08.30 to 17.00.

More information: Engstligenalp

