

# Discover the Beauty around PUNTA CHAME



RS HIKING TOURS | ISLAND TRIPS | WATERFALLS | CANYON |
TURTLES | WHALES | @PUNTACHAMETOURS | +507 6047 8666



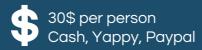
The closest and most accessible mountain top around Punta Chame, called 'Cerro Chame' is well worth the climb and offers the best views in the whole area.

The trail is approximately 560 meters above sea level (1837 feet) and you will have a breathtaking 360° view of the whole peninsula, the mangroves of Chame Bay, Chame River, closeby islands, the beaches of Playa Caracol, Coronado Malibu and beyond.

The total walking distance are 13km, mostly through jungle. Only the last 30 min. are done on a steep gravel track. The hike is medium to difficult, but well worth the effort.







What is included?
Transfer to hike entrance,
guided hike or, one drink
pick-up and drop-off at your
hotel.

# What to bring?

Sunscreen, hat, mosquito repellant, sunglasses, light jacket, shirt to change, 2L water, breakfast for the top, hiking or sport shoes, camera.

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ANTON VALLEY

Output

The Anton Valley is a 1.5-hour drive from Punta Chame, driving into the mountains, where the climate is more fresh. The town is located inside a volcano crater and is surrounded by unique and lush vegetation.

The day will start with one of the most popular things to do in the Anton Valley – 'La India Dormida' hike. This track will take you along the beautiful mountains of the crater, which is in the shape of a sleeping Indian woman.

After that we need to refresh and take you to a beautiful waterfall to take a swim and relax.

To round up the trip, you have time in the village to eat local food, stroll around the fruit and art market, visit the butterfly farm or find another beautiful place.



We normally start at 6:30 in Punta Chame





65\$ per person Cash, Yappy, Paypal

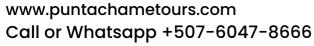
#### What is included?

Transfer to all attractions
Anton Valley, entrance to
India Dormida and
waterfalls, guided hike, pickup and drop-off at your
hotel.

#### What to bring?

Sunscreen, hat, mosquito repellant, sunglasses, light jacket, shirt to change, bathing suit, 2L water, hiking or sport shoes, camera.

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The Chame Canyon is one of the most unique landscapes in the area and truly a wonder of mother nature. Hidden in the "Altos del Maria", which is only a 50 minute drive from Punta Chame, you will find these incredible rock formations, which have been shaped by many years of erosion of the Chame River. It ranges for many hundred meters and is the perfect place to explore, relax and to refresh from the hot weather.

Swim through the whole canyon, walk along or jump from its edge or take a rest in the little rock pools. Let's have a picknick, lie in the sun and enjoy life out in nature.



December - April 10-11 am, midday escape



5 Hours Leaving before noon



30 \$ per person Cash, Yappy, Paypal

#### What is included?

Transfer to Altos del Maria, entrance to the canyon, pick-up and drop-off at your hotel.

# What to bring?

Sunscreen, hat, mosquito repellant, sunglasses, bathing suit, water, towel or blanket, camera.

We can buy some snacks for the day on the way;)





PANAMA CITY



Embark on a thrilling journey from Punta Chame to the vibrant streets of Panama City. Marvel at the engineering spectacle of the Panama Canal at Miraflores Locks and explore the historic charm of Casco Viejo with its cobblestone streets and rich stories.

Immerse yourself in the

city's modern vibes,
witnessing striking
architecture and lively
energy.

The day crescendos with a spectacular view as you sip drinks on a rooftop bar, gazing at the glittering skyline and listening to some latin classics. Enjoy the evening vibes in the Capital of Panama.



We normally leave in the morning around 9.



It's a full day trip. Return in the evening.



from 70\$ per person depending on activities.

#### What is included?

Transfer to different places in Panama City, (Miraflores not included) pick-up and drop-off at your hotel.

#### What to bring?

Sunscreen, hat, sunglasses, camera.

We can buy some snacks for the day on the way and try the food in the City;)







Approximately 35 minutes from Punta Chame you can visit the biggest island in the area. The island reminds us of a Caribbean Island with its colorful houses, friendly people, rich vegetation, its chilled out vibe and the crystal clear waters surrounding the island. Navigate around the three islands in the area, see the stunning rock formations, see thousands of nesting birds and be lucky enough to see some dolphins jumping around the boat.

After visiting the island, we can enjoy the beautiful lagoons surrounding the island, perfect for swimming, relaxing and snorkelling.

- 5 Hours Leaving in the morning
- Punta Chame Beach Happy Corner Café
- 50\$ per person Cash, Yappy, Paypal

#### What is included?

Experienced captain, boat with roof, tour of the Pacific, swim & snorkel at the lagoon "la playita"

#### What to bring?

Sunscreen, hat, swimsuit, change of clothes, towel, sunglasses, camera, water, drinks & snacks for the stop at the lagoon.





# JOHN WAYNE ISLAND



Only 3 km off the beach from Punta Chame lays the small and private island, which was once owned by the famous film actor John Wayne. In his honor, John Wayne City – a westernlike resort and theme park were built which used to be a holiday destination for European and American tourists.

Today, the so-called 'John Wayne Island', is totally deserted and resembles a ghost town where nature is slowly taking over again.

The island is also known for its unique nature and birdlife. You might be able to find little monkeys, hummingbirds, goats, dogs, iguanas and a variety of nesting birds.

- 3 Hours Leaving in the morning
- Punta Chame Beach Happy Corner Café
- 30\$ per person Cash, Yappy, Paypal

#### What is included?

Experienced captain, boat with roof, tour through Chame Bay, visit Taborcillo Island.

# What to bring?

Sunscreen, hat, swimsuit, towel, change of clothes, sunglasses, camera.





SEA TURTLES



Punta Chame is blessed with its long sandy beaches, which are also breeding grounds for different kinds of sea turtles which lay their eggs between July and November and are hatching until January. Sea turtles always go laying eggs to the beach where they were born. Join one of the liberations and watch the little turtle babies starting their new adventure into the ocean. Learn a lot about this beautiful creatures and what is necessary to safe them from extinction.

The turtle conservation projects do a fantastic job to help the animals survive, but highly depend on donations.
With your visit you support them and our beloved turtles.



Hatching Aug.-January
Depending on nests



1 Hour Mostly early mornings



Punta Chame South Beach Sea Turtle Nursery



15\$ per person donation Cash to the ranger

# Type into Google:

Fundación Tortuguías - Vivero de Conservación de Tortugas Marinas.

This is where you will meet the ranger! Mostly speaking in spanish.

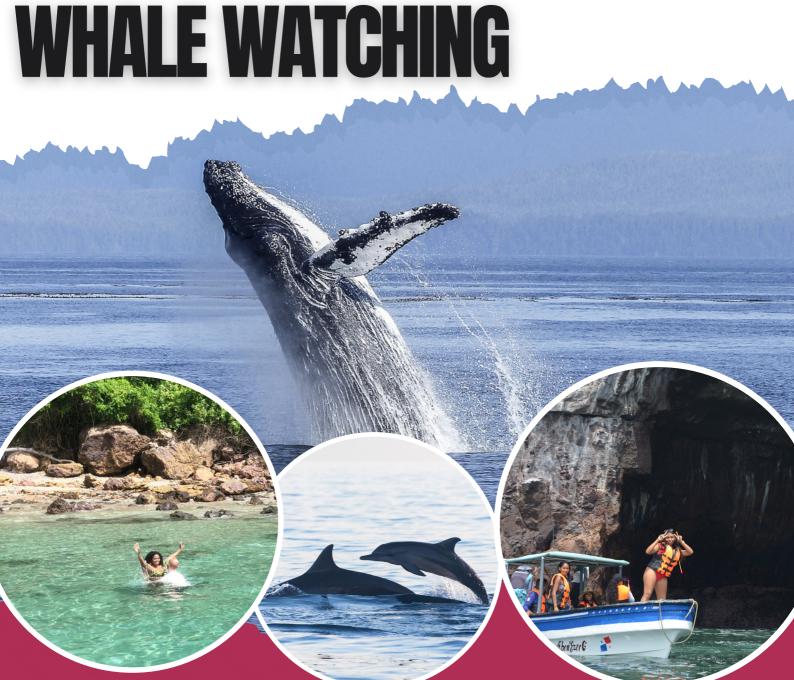
# What to bring?

Sunscreen, hat, sunglasses, camera.

Ask us if you are interested seeing mama turtle lay their eggs during the night...

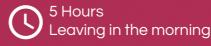
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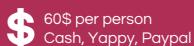


Approximately 40 minutes by boat, leaving from Punta Chame and very close to Otoque Island we will find these incredible giants of the sea. We cruise around Otoque island, Estiva and Boná, where we will find whales that migrate in the crystal clear and cold waters to reproduce during the months of July until October. You also have the opportunity to see dolphins, turtles, nesting birds and much more marine life.

After an unforgettable experience, we enjoy the beautiful lagoons surrounding the island, perfect for swimming, relaxing and snorkelling.









July - October Whale Season

What is included?
Experienced captain, boat with roof, tour of the Pacific, cooler with ice.

# What to bring?

Sunscreen, hat, swimsuit, change of clothes, towel, sunglasses, camera.

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Experience the thrill just 40 minutes away in Chame with Skydiving Panama, our trusted partner. Soar to incredible heights, capturing breathtaking views of Chame Bay and its surrounding islands. Free-fall against the backdrop of Punta Chame's pristine beaches and the vast expanse of the Pacific Ocean.

Our expert instructors ensure a safe and exhilarating adventure suitable for both seasoned thrill-seekers and first-time adventurers.

Skydiving in Chame is more than an adventure; it's an extraordinary journey. Seize the opportunity to add a new dimension to your Punta Chame experience, creating memories that will last a lifetime. Are you ready to take the leap and discover the thrill of freefalling? The skies await your fearless spirit!



270\$ Tandem Jump 90\$ Videos



40\$ Transfer to Chame airport and back

# What to bring?

Sunscreen, hat, mosquito repellant, sunglasses, camera.

In the high season they usually sell some drinks or snacks. During the week it is better to bring something yourself!

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Punta Chame is not only a perfect place for kitesurfing but also for SURFING!

When the tide is right, there are many days with amazing side breaking waves which are good for beginners, intermediates and also advanced surfers will have a lot of fun here.

Playa Caracol is usually our choice to go surfing, which is only a 15 minute drive from Punta Chame. There is a bus that goes back and forth every 30 minutes or you can catch the ride with a local transfer.

The Surf Shack offers surfboard rental, surf classes and invites for various options of foods and drinks. They usually have live music or a DJ playing on the weekends. It's a fun place to stay the day and catch some waves!

Surf class private Board Rental/day 45\$/h 15\$

+7% VAT

Payment at Surfshack in cash, visa, credit card, Yappy.

# What to bring?

Sunscreen, hat, swimsuit, towel, lycra clothes for sun protection (leggins/ longsleeve shirt), water.

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