

	Montag	Dienstag	Mittwoch	Mittwoch	Donnerstag	Freitag	Samstag
7.30		<i>Pilates 1-2*</i>			Reformer 1-2		
7.45							
8.00			PT				
8.15							
8.30		<i>Reformer 1-2*</i>					
8.45					Pilates 1-2		Reformer 1-2
9.00			PT				
9.15							
9.30							
9.45		Pilates 65+					
10.00			PT		Pilates 1	Online P 1-2	Reformer 1-2
10.15							
10.30							
10.45							
11.00		Pilates 1	PT				
11.15						Pilates 1-2	
16.30	PT	Pilates 1			PT		
16.45							
17.00						<i>Reformer 1-2*</i>	

17.15									
17.30	Pilates 1					Reformer 1			
17.45		Pilates 1-2	Online P 1-2						
18.00								<i>Reformer 1-2*</i>	
18.15									
18.30				Pilates 1-2					
18.45	Pilates 2						Pilates 2		
19.00		Pilates 2-3							
19.15									
19.30									
19.45				Barre + Reformer					
20.00	Pilates 1-2						Reformer 1-2		
20.15		Pilates 2	Online P 1-2						