



2024

# Pre-Region Meet

Tuesday is our first Region Meet of the 2024 XC Season! The weather looks hot and this will help us see how we stack up against the other teams in Region 2. The bus leaves at 3:15 pm, but I recognize that many of you live by this park and your parents may just take you straight there. Make sure you get quickly loaded on the buses. Please check the meet schedule below so that you know when and where you are racing at the meet. Have lots of food and water/Gatorade for this meet! Please email Coach Soles with questions.

| What to bring?   | Important Meet Facts  | Time Schedule               |
|--|---|-----------------------------|
| <b>Uniform:</b> (on when you get to the bus) No Outside Clothing!<br>No crazy jewelry! | First event is at 4:30 pm   | Arrive at HHS: 3:00 pm      |
|  | This is just our Region 2. Schools:<br>Herriman, Bingham, Mountain Ridge, Riverton, Copper Hills, and Corner Canyon | Buses Leave School: 3:15 pm |
| <b>Running shoes/Spikes</b> and extra pair of socks                                    | Varsity Girls – 4:30 pm<br>Varsity Boys – 5:10 pm<br>( <i>Everyone runs varsity at this meet</i> )                  | Arrive at Meet: 3:30 pm     |
| <b>Food: ex:</b> bagels, bananas, fruit, water, and Gatorade                           | <b>Buses leave from the north side of the high school by the main gym</b>   | Leave Meet – 6:00 pm        |
| <b>Extras:</b> Sunscreen, back-up water  | <b>Bingham Creek Park</b><br>10200 South 4800 West<br>South Jordan, Utah 84095                                      | Arrive Back at HHS: 6:15 pm |

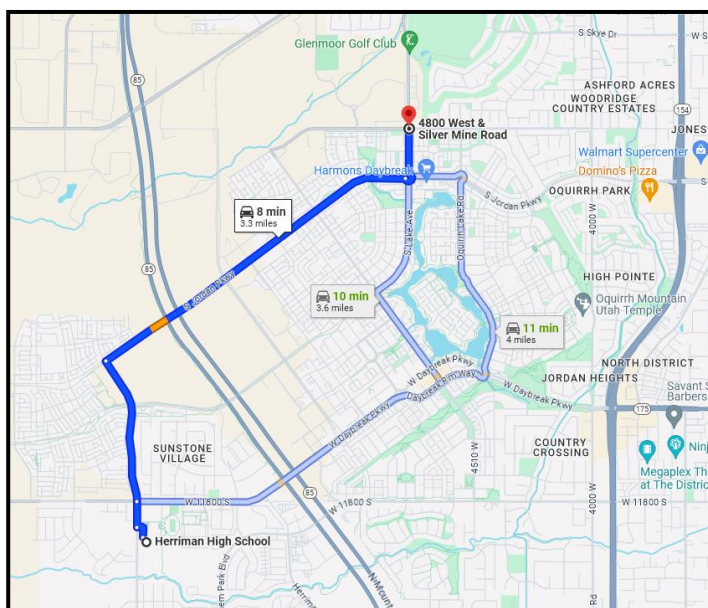
Add destination

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- via S Jordan Pkwy 8 min  
 Fastest route, the usual traffic 3.3 miles  
 Details
- via W Daybreak Pkwy 10 min  
3.6 miles
- via Oquirrh Lake Rd 11 min  
4.0 miles

Explore 4800 W & Silver Mine Rd



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