

## Anita

Choreographer: Daniela Ulbrich, Berliner Str. 20, 65824 Schwalbach, Germany  
Phone: + 49-177 7 94 35 44  
eMail: [info@danielaulbrich.de](mailto:info@danielaulbrich.de)

Music: "Anita", iTunes Download, 3:02min  
Artist: Armin van Buuren feat. Timmy Trumpet  
<https://music.apple.com/de/album/anita-single/1583571583>

Footwork: Opposite unless indicated (woman's footwork in parentheses)

Rhythm: Mambo RAL Phase: IV Speed: 45

Sequence: Intro A B Int1 C D Int2 A B C Ending

-----

### INTRO

#### BFLY/WALL - wait ;; cucaracha L & R ;;

- 1-2 BFLY/WALL, ld ft free – wait 2 measures ;;
- 3-4 [*cucaracha L & R*] sd L partial wgt, rec R, cl L, -; sd R partial wgt, rec L, cl R blend to CP, -;

### PART A

#### BFLY/WALL – basic ;; New Yorker ; spot turn 2x ;; New Yorker ; alemana ;;

- 1-2 [*basic*] BFLY fcg Wall fwd L, rec R, sd L,-; bk R, rec L, sd R,-;
- 3 [*New Yorker*] in BFLY swvl thru L to LOP, rec swvl R to fc, sd L to BFLY,-;
- 4-5 [*spot turn 2x*] Thru L trn ½ RF, rec R comp full RF trn to fc ptr, sd L to BFLY,-; Thru R trn ½ LF, rec L comp full LF trn to fc ptr, sd R to BFLY,-;
- 6 [*New Yorker*] in BFLY swvl thru R to OP, rec swvl L to fc, sd R to BFLY,-;
- 7-8 [*alemana*] Fwd L, rec R, bk L ld W to trn RF,- (Bk R, rec L, sd & fwd R,-); Bk R, rec L, sd R,-(Fwd L trn RF undr jn lead hnd's, fwd R trn RF to fc, sd L,-);

### PART B

#### BFLY/Wall – back break OP ; aida ; back basic ; patty cake tap ; back basic ; patty cake tap ; back basic to CP/Wall ; side walk 3 ; crossbody ;; New Yorker ; underarm turn ; crossbody ;; New Yorker ; underarm turn ;

- 1 [*bk brk OP*] stp bk L swiveling to OP/LOD, rec R to stay in OP/LOD, fwd L,-;
- 2 [*aida*] fwd R twd LOD comm RF trn, sd L cont RF trn, bk R (fwd L comm LF trn, sd R cont LF trn, bk L) to V BK TO BK POS,-;
- 3 [*bk basic*] Bk L, rec R, fwd L,-;
- 4 [*patty cake tap*] Lift R knee swvl ¼ LF (W RF) on L to fc ptr plc trlg hnd palm to palm look twd LOD & XRif tap R toe twd LOD,-, lift R knee swvl ¼ RF (W LF) on L to LOP RLOD bk R,-;
- 5 [*bk basic*] repeat part B, meas 3,-;
- 6 [*patty cake tap*] repeat part B, meas 4,-;
- 7 [*bk basic to fc*] Bk L, rec R, fwd L trng ¼ LF (W RF) to fc ptr to CP/Wall,-;
- 8 [*sd wk 3*] sd R, cl L, sd R,-;
- 9-10 [*Xbody*] fwd L, rec R, sd & bk L trn ¼ LF LOD (W rk bk R, rec L, fwd R COH),-; bk R cont LF trn, fwd L, sd & fwd R (W fwd L trn LF, fwd R, sd & bk L),-;
- 11 [*New Yorker*] repeat Part A, meas 3,-;

- 12 [*underarm trn*] Raise jnd ld hnds palm to palm trng slightly RF X Rib, rec L to fc ptr, sd R (W X Lf trng ½ RF under jnd ld hnds, rec R complete full RF trn to fc, sd L) to BFLY COH,-;
- 13-14 [*Xbody*] repeat part B, meas 9-10 ending fc Wall,-; , -;
- 15 [*New Yorker*] repeat Part A, meas 3,-;
- 16 [*underarm trn*] repeat part B, meas 12,-;

### INTERLUDE 1

#### BFLY/Wall – vine 3 (LOD) ; quick swivel 4 in place ; vine 4 (RLOD) ; quick swivel 4 in place ;

- 1 [*vn 3*] in BFLY/Wall sd L, XRIB, sd L,-;
- 2 [*qk swvl 4 on pl*] shifting weight R, L, R, L with swiveling hip action,-;
- 3 [*vn 3*] moving RLOD sd R, XLIB, sd R,-;
- 4 [*qk swvl 4 on pl*] shifting weight L, R, L, R with swiveling hip action,-;

### PART C

#### BFLY/Wall – open break ; natural top 3 (fc COH) ; ½ basic ; underarm turn to handshake ; trade places 2x ;; open break ; natural top 3 (fc Wall) ; scallop ;; basic ;; open break ; aida ; switch cross ; side walk 3 ;

- 1 [*OP break*] rk apt L keeping lead hands joined and trail hands to the side, rec R to CP comm RF trn, sd L to CP/Rev/Wall,-;
- 2 [*nat top 3*] cont RF trn XRIB, sd L, XRIB to end fc COH,-; (sd L, XRIF, sd L)
- 3 [*1/2 basic*] fwd L, rec R, sd L,-;
- 4 [*u/a trn to hd shake*] repeat part B, meas 12 ending with right hands joined,-;
- 5-6 [*trade places 2x*] In HNDSHK rk apt L, rec R trng ¼ RF bhd W relg jnd R hnds, trng ¼ RF to fc ptr sd & bk L (W rk apt R, rec L trng ¼ LF in frnt of M relg jnd R hnds, trng ¼ LF to fc ptr sd & bk R) jn L hnds,-; Rk apt R, rec L trng ¼ LF bhd W relg jnd L hnds, trng ¼ LF to fc ptr sd & bk R (W rk apt L, rec R trng ¼ RF in frnt of M rel jnd L hnds, trng ¼ RF to fc ptr sd & bk L) jn R hnds,-;
- 7 [*OP break*] repeat Part C, meas 1,-;
- 8 [*nat top 3*] repeat Part C, meas 2 to end facing Wall,-;
- 9-10 [*scallop*] in CP rk bk L trng to SCP, rec R, sd L to fc,-; thru R, trng to fc sd L, cl R,-;
- 11-12 [*basic*] repeat Part A, meas 1-2,-; , -;
- 13 [*OP break*] rk apt L keeping lead hands joined and trail hands to the side, rec R to CP, sd L to CP/Wall,-;
- 14 [*aida*] Swvl LF fwd R to LOD comm RF trn, sd L cont RF trn, bk R (W fwd L comm LF trn, sd R cont LF trn, bk L) to V BK TO BK POS,-;
- 15 [*switchX*] trn sd L to fc, rec R, XLIF to BFLY/Wall,- (W XRIF,-);
- 16 [*sd wk 3*] sd R, cl L, sd R,-;

### PART D

#### chase underarm pass ;; New Yorker 2x ;; chase underarm pass ;; New Yorker 2x ;;

- 1-2 [*chase u/a pass*] keepng ld hnds jnd fwd trn L trng RF, rec trn R, sm fwd L, (W bk R, rec L, fwd R,-); bk R, rec L, sd R,- (W fwd L, fwd trn R trng LF undr jnd ld hnds, sd L to fc ptrn, -) fcg COH;
- 3-4 [*NY 2x*] repeat Part A, meas 3,6,-; , -;
- 5-6 [*chase u/a pass*] repeat Part D, meas 1-2 to fc Wall,-; , -;
- 7-8 [*NY 2x*] repeat Part A, meas 3,6,-; , -;

## INTERLUDE 2

### chase;;;:

- 1-4 [chase] Fwd L trn ½ RF fc COH, rec R, fwd L,-; fwd R trn ½ LF fc Wall, rec L, fwd R,-; fwd L, rec R, bk L,-; bk R, rec L, fwd R,-; (bk R, rec L, fwd R,-; fwd L trn ½ RF fc Wall, rec R, fwd L,-; fwd R trn ½ LF fc COH, rec L, fwd R,-; fwd L, rec R, bk L,-;)

## ENDING

### rock apart;

- 1 [rk apt] rk apt L and hold keeping lead hands joined and trail hands to the side,-;

### Suggested head cues

#### **Anita**

Choreo: Dani Ulbrich

Music: Armin van Buuren feat. Timmy Trumpet,

<b>Sequence</b>	<b>Intro A B Int1 C D Int2 A B C End</b>
Intro	BFLY - wait ;; cuca L & R ;;
A	basic ;; NY ; spt trn 2x ;; NY ; alemana ;;
B	bk brk OP ; aida ; bk basic ; patty cake tap ; bk basic ; patty cake tap ; bk basic to fc ; sd wk 3 ; Xbody ;; NY ; u/a trn ; Xbody ;; NY ; u/a trn ;
Int 1	vn 3 (LOD) ; qk swvl 4 in pl ; vn 3 (RLOD) ; qk swvl 4 in pl ;
C	OP break ; nat top 3 (COH) ; ½ basic ; u/a trn RHS ; trade pls 2x ;; OP brk ; nat top 3 (Wall) ; scallop ;; basic ;; OP break ; aida ; switch X ; sd wk 3 ;
D	chase u/a pass ;; NY 2x ;; chase u/a pass ;; NY 2x ;;
Int 2	chase ;;;
A	basic ;; NY ; spt trn 2x ;; NY ; alemana ;;
B	bk brk OP ; aida ; bk basic ; patty cake tap ; bk basic ; patty cake tap ; bk basic to fc ; sd wk 3 ; Xbody ;; NY ; u/a trn ; Xbody ;; NY ; u/a trn ;
C	OP break ; nat top 3 (COH) ; ½ basic ; u/a trn RHS ; trade pls 2x ;; OP brk ; nat top 3 (Wall) ; scallop ;; basic ;; OP break ; aida ; switch X ; sd wk 3 ;
Ending	rk apt ;