



# JULIA CATHARINA EYDT

## CONTACT

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 Villa Najork  
Ferdinand-Lassalle-Straße 22  
04109 Leipzig

## OTHER QUALIFICATIONS AND FURTHER EDUCATION

- 2022  
Certified specialist consultant for  
intestinal health  
German Society for Probiotic Medicine
- 2022  
Training as a Yin Yoga teacher  
Academy for Sport and Health  
Leipzig
- 2021-2022  
Study of Ayurvedic Medicine  
Immanuel Hospital Charité Berlin
- 2020-2021  
Business Course  
Focus on Holistic Management,  
Self- and external leadership  
& New Work

## INTERESTS & PASSIONS

-  Culture, Art & Literature
-  Photography
-  Psychology & Philosophy
-  Yoga, Kung Fu & Horse riding
-  Interior design & Art collection

## PROFESSIONAL AND ACADEMIC EDUCATION

01/2023

Part-time studies in communication  
psychology (B.Sc.)  
IU International University

2018-2022

Master's degree in History (M.A.)  
Dresden University of Technology  
(degree average: 1,6)

2014-2018

Bachelor's degree in language, literature  
and cultural studies (B.A.), German  
Studies, Theology  
Dresden University of Technology  
(degree average: 1,6)

2011-2014

Bachelor's degree in nutrition sciences  
(B.Sc.)  
Martin-Luther-University Halle-  
Wittenberg/ Apollon University of Applied  
Sciences Bremen  
(degree average: 1,3)

2009-2011

Training as a state-certified occupational  
therapist  
European Training Centre for Work and  
Society in Halle/Saale  
(degree average: 1,0)

# JULIA CATHARINA EYDT

## VOLUNTARY COMMITMENT



Soroptimist International  
Club Leipzig



Chamisso Prize of literature

## PROFESSIONAL EXPERIENCE

2021

Founding of a nutritional therapy  
practice in Leipzig

2021

Co-Founder & Cultural Manager of  
> Eydt & Olivanti <  
Leipzig/ Berlin

2020-2021

Cultural Manager  
Multimedia cultural project "Synphonia"  
in Leipzig, Dresden and Berlin

2019-2020

Publishing editor  
St. Benno Publishing House  
Leipzig

2019

Founder & Owner of an independent  
editorial office

2018-2019

Research assistant  
THELEM University and Science  
Publishing House Dresden

2018-2019

Research assistant  
Central European Centre for Political,  
Economic and Cultural Studies (MEZ)  
Director: Prof. Dr. Walter Schmitz  
Dresden

2016-2018

Student assistant  
Chair of Applied Linguistics  
Prof. Dr. Joachim Scharloth  
Dresden University of Technology

2014-2016

Research assistant  
Notary's Office Heckschen & van de Loo,  
Dresden

Seit 2013

Work in nutrition counselling, prevention  
and therapy