

Daily report of my visit in Aguilar de Campoo.



**This is my summary of my exchange in Aguilar de Campoo.
made by: Milan Albertz (EHA3B)**

Day 1 (the day we arrived):

After a pleasant flight with Ryan Air we arrived in Santander. We grabbed our suitcases and went to the bus. The bus took us to the bus station of Aguilar de Campoo. When we arrived there we went to our matches and the group separated. Some students went to visit a castle. I was one of those students. It was a long climb but the view was very cool. We could see everything from Aguilar de Campoo: the school, the factories and all the houses.



After taking a good look at Aguilar we went to visit a supermarket and some people left the group but I stayed with the group and we went to walk for about an hour. We walked up a small mountain and we went to visit a dam. The view was nice again and the weather was nice as well.



After taking some rest and enjoying the view we continued walking along a road until we ended up in a café on top of a mountain where we took another pause. We stayed there for half an hour and walked back to Aguilar. Then we stayed in Aguilar and visited some shops. Around 9pm I met the parents of Marcos (my exchange student) and we went to a restaurant. After a long but very fun day I finally went home. The house was very nice and I had a very nice room. I took a shower and went to bed.

Day 2:

After taking breakfast with Marcos his mother took us to the school. I waited for the rest of the group to arrive and then we took a guided tour inside the school. We saw tombstones and very old bricks with faces carved into them. We also visited the church of the school and a movie was played inside of the church. After a tour of the school we stayed in Aguilar. We went back home and ate before going back to Aguilar to visit bison. First we got a history lesson of the bison and then we saw Bisons in the wild. After visiting the bison we went back to Aguilar and stayed there for a long time until we finally went home. I took a shower ate cookies and went to bed.



Day: 3

After taking breakfast with Marcos the bus took us to the bus station. I waited for the rest of the group to arrive and then we walked to the school. From there we walked back to the bus station and went to the paddle courts. There we played a few Spanish games and paddle tennis of course. After playing paddle and the other sports we ate Spanish food and after that we watched a match of paddletennis. After that we went back to Aguilar and stayed there again. We left around 9pm and ate soup. Then I took a shower and went to bed.

The rules of paddle:

RULE 1. POSITION OF THE PLAYERS

The game is played in pairs.

The players stand in the areas located on either side of the net. The server puts the ball into play and the receiver returns the ball.

The receiver may stand in any part of their area of the court as can the partner of the receiver and the partner of the server.

Players change sides when the number of games played is an odd number. If an error is made and the players do not change sides they should rectify the error as soon as it is discovered to follow the correct order of play.

Maximum rest time between games is 90 seconds.

RULE 2. CHOICE OF SIDE AND OF SERVICE

The choice of sides and the right to serve in the first game is decided by a draw. The pair who win the draw have the right to choose between;

- a) Serving or receiving the service**, in which case the other pair choose the side of the court,
- b) The side of the court**, in which case the other pair can choose to serve or receive,
- c) Requesting** that their opponents choose first.

Day: 4

I woke up, ate breakfast and took the bus to Aguilar. After that we got a Spanish lesson which was fun and then we went to the bus. The bus took us to Burgos where we got a guided tour of the church of Burgos. It was a very beautiful church with a lot of gold and detail. Then we got some free time and we went to some shops and ate tapas. It was a beautiful city with a lot of shops and things to do. After that we went home and I played Ping-Pong with Marcos. Then we ate fries with eggs and I went to bed.



Day: 5

On Thursday we went to an indoor climb park and the group was split in two again. I was in a group with Leva, Dimphy, Noah and Bram and two Spanish students. We climbed up a wall, tried to stack boxes of Cola and climbed down a wall. We also went outside where we got a map and we needed to find flags in the nature (orienteering). At half past 4 pm we went back to Aguilar and then Marcos and I went home.

Later that evening we went to a pizza restaurant with the whole group because it was our last evening in Aguilar. After enjoying my delicious pizza we went to a bar and chilled there. We played table soccer and went back to Marcos his home. After a long day I took a shower and went to bed.



Day: 6 (the day we left)

The last day started the same as all the days. I ate cookies with Marcos and we took the bus to the bus station of Aguilar de Campoo. From there we went to the school to group up with everyone and after that we went back to the bus station. This was the last time we saw the Spanish students so a lot of people started to cry and I said goodbye to Marcos. We took the bus to Santander and got free time to visit the city. We went to a dollar shop and the Burger king.

After that we went back to the bus and we went to a beach in Santander. We enjoyed the view, made some pictures and continued with the bus to an indoor shopping centre. We went to the burger king (again 😊) and went back to the bus which took us to the airport. After a pleasant flight we finally arrived back in the Netherlands and that was the end of the exchange.



It was a lot of fun and a very educational project.



International Exchange Aguilar de Campoo 2019

Eijkhagen College Landgraaf (the Netherlands)

&

**I.E.S. Santa Maria La Real
Aguilar de Campoo (Spain)**

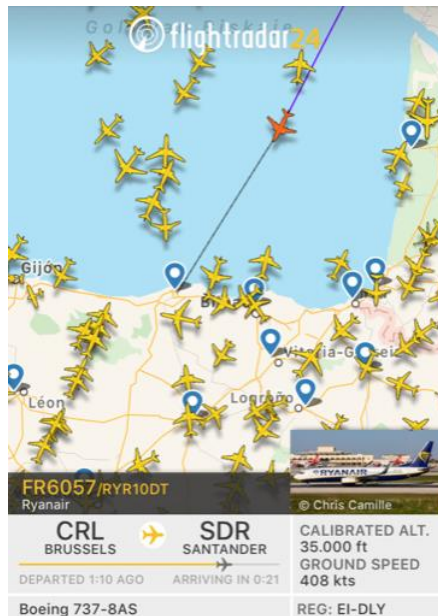


Bo Arets

Eha3a

Sunday, 31 March

We left at 08.30 am from Landgraaf (Eijkhagen) with the bus to the airport in Charleroi (Belgium). There we took the flight to Santander (Spain). After a good flight we landed safely in Santander. We get our suitcases and we took a bus to Aguilar de Campoo. Once there, I met the parents of Amador (my exchange student). They took my suitcase with them at home. Then we made a walk in the village. In the evening we went back to my host family and we have dinner together. I also met his sister (Marina). Usually she is not at home because she is studying elsewhere.



Monday, 1 April

In the morning we went with the school bus to school. Arrived at school we got a tour through the school, the museum and the town hall. In the afternoon we went back to the host family to have lunch. In the evening we went with the whole group to a park to see bison. Then everyone went back to his host family. In the evening I had dinner together with my host family.



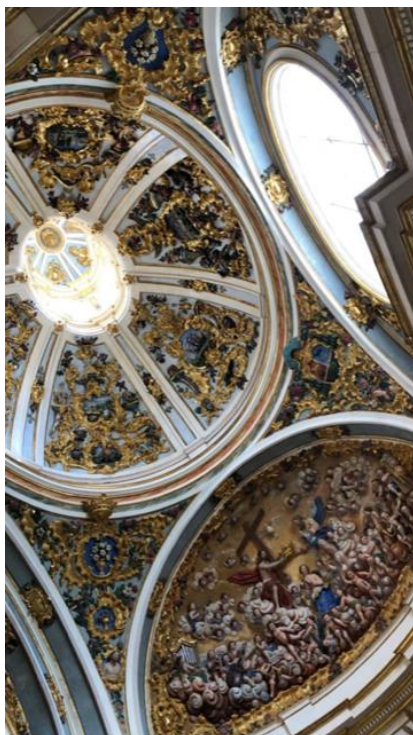
Tuesday, 2 April

In the morning we went to school with the school bus. Starting from school we took another bus to go to a Sports Hall (without the Spanish students). There we got paddle tennis lesson. In the afternoon the Spanish students also came to the Sports Hall. We played a paddle tennis tournament. And we ate together a typical Spanish lunch, prepared by some parents. Then we went back to Aguilar. That afternoon I went with Amador and Jill to Adrians house. We took, with a group of Spanish and Dutch students, a walk through Aguilar. We played table football en had a drink. In the evening we went back to our host families. I had dinner together with Amadors family.



Wednesday, 3 April

In the morning we went again with the school bus to school. They learned us a little bit of the Spanish language. Then only the Dutch students brought a visit to Burgos. We made a tour through the Cathedral and we had some spare time (hiking, shopping). Then we went by bus back to school. The Spanish students were waiting for us. That afternoon we went with a group to the park in Aguilar. In the evening we went back to my host family and we had dinner together.



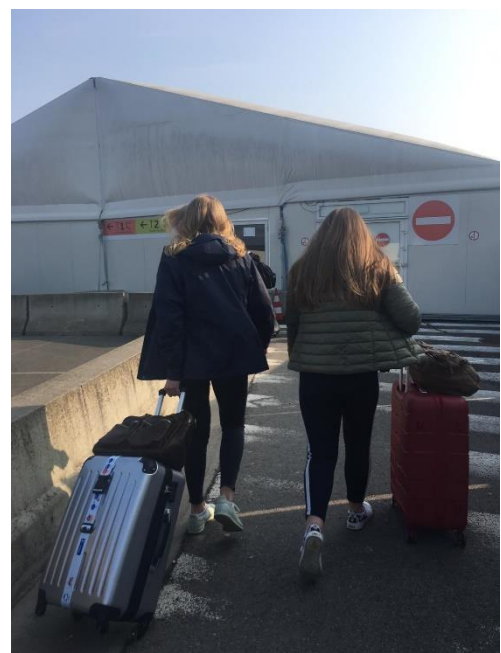
Thursday, 4 April

We went again with the school bus to school. Then we took the bus to a location where we were going to climb. Because the weather was too cold we could not climb outdoor. We climbed inside a special Sports Hall and outside we made an orienteering hike. Then we went back to Aguilar, to the host families to pack our suitcases. In the evening we went together with the whole group back to Aguilar to eat pizza and drink something. In the evening we were picked up by the host family.



Friday, 5 April

After breakfast, we went to school and I had to say goodbye to Amadors parents. I got cookies, a map and a t-shirt as a gift. At school we made some commands. After we said goodbye to the Spanish students and the teachers, we left with the bus to Santander. There we walked through the city, we went to the beach of Santander and went to a shopping mall to shop and eat something. At the end of the afternoon we left the city and went to the airport of Santander. There we checked in and took our flight to Charleroi. From Charleroi, we are driven by bus back to Landgraaf where our parents were waiting for us. Herewith ended our trip to Spain ☺.



I have had a very nice time in Spain. I had a lovable host family. We had a super nice group. Everything has gone well. There are no nasty things happened. I enjoyed the trip!

Thank you!

Greetings, Bo Arets



Erasmus+ “Sports with no borders”, Aguilar de Campoo.

We were quest in Aguilar da Campoo (Spain) for one week (31 March until the fifth of April).

Day One:

On the first day (Sunday, 31 March), we leaved at Eijkhagen (our school) at 8.30am. We went with the bus to the airport of Charleroi. We checked in and get through the security check. We waited to enter the airplane. We leaved with the airplane at 12.25pm. We arrived at the airport of Santander at 14.20pm. We arrived at the bus station of Aguilar de Campoo at 15.45pm. At the



bus station I met Laura’s parents, they were so nice. We drove to their house, which wasn’t in Aguilar de Campoo, but in Quintanilla de las Torres. Laura’s sister was waiting at us at home, with a self-made cake. Laura and her mother made it themselves, it was so nice of them. After we ate cake, we drove back to Aguilar de

Campoo, to meet with the rest of the group. Together we went to the supermarket to buy a drink and a snack. We walked to the dam, and the view from was beautiful. After we saw the dam, we walked to a restaurant to pick up some more people. We walked back to the city and then Laura’s mother called her, and said she was going to pick us up. At home I gave them some presents. We ate meatballs, and then we brushed our teeth and go to bed



Day two:

On the second day (Monday, the first of April), we stood up at seven ‘o clock and had breakfast. We ate Chocolate milk and cookies as breakfast, and the family gave me a lunchbox, including a sandwich, water and a KitKat. We leaved our house at eight ‘o clock and arrived at the bus

station a quarter past eight. We drove to the school and arrived at the bus-stop in front of the school at 8.30am. We waited for the others to arrive and then we walked to the school and waited

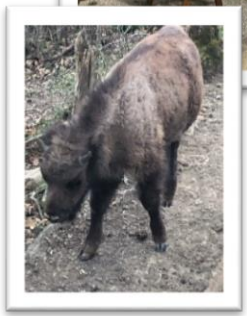
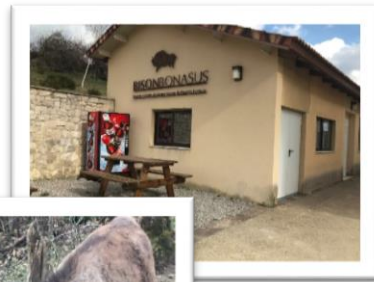




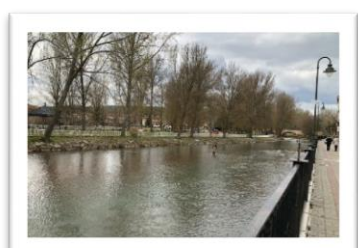
in the entry hall. The Spanish students started with their lessons and we got a tour through the old Monastery which is now a school. When we finished the tour through the Monastery/School, it was around ten 'o clock. We walked to the museum in school and then we saw the Romanesque Museum (ROM). We finished in the ROM at eleven 'o clock and got a break of thirty-five minutes when we were going into the town (sightseeing). We had free time, and had to be at the Town Hall at half past twelve. We walked through the city of Aguilar de Campoo until it was half past twelve.



At half past twelve the presentation of the mayor started and it ended at 13.30pm. We got a bag of Aguilar de Campoo with a pen in it as present from the mayor, so sweet. After the visit to the Town Hall of Aguilar de Campoo we had some free time. We had a drink and around two 'o clock we started walking back to the school. We arrived at the school at 14.15pm and there the Spanish students were



waiting for us to drive back to their home. We drove back to the bus-station with the bus and there Laura's mom was waiting for us. We arrived home around 14.30pm and there Laura and I had lunch. We ate meat with vegetables and some typical Spanish food. I liked it very much, and after we had lunch we played a board game. We drove back to school around 16.20pm and we waited for the bus to arrive. We leaved with the bus at 16.30pm and drove to San Cebrian de Mudá, where you could see wild bison's (European). We listened to a presentation about bison's, and looked to a short movie about wild bison's. Than we started walking to the place where the bison's would be, and when we came closer the instructor told us to be



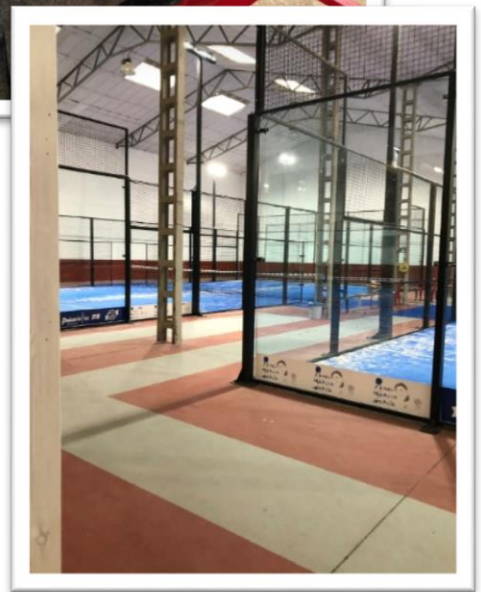
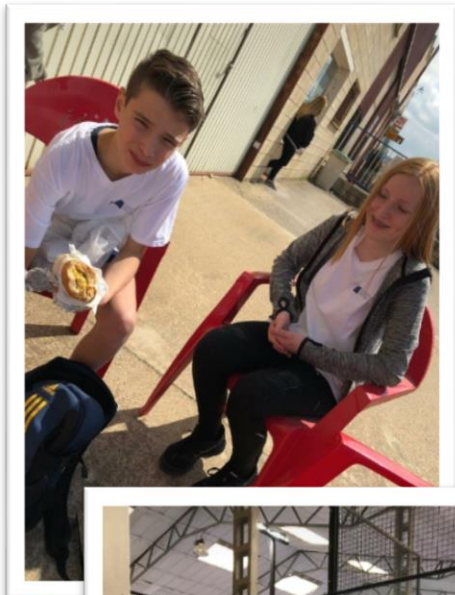
quiet because otherwise we would scare the bison. We looked at the bison's for a while, and then walked back to the bus. We drove back to school and arrived at school around 19.00pm. Than Laura's mother picked us up and brought us home. We ate pizza and went to the city of Aguilar de Campoo to meet with the other



students. We walked to the supermarket and then we walked through the city. After a while Laura's mother picked us up and we drove back home. When we were back home, we brushed our teeth and go to bed.

Day three:

On the third day, (Tuesday, the second of April), We stood up at seven 'o clock. We had breakfast, milk and cookies, and Laura's mother gave me a lunchbox. Including a bottle of water, a yoghurt drink, an banana, a sandwich and cookies. We made ourselves ready to go and leaved with the car to the bus-station. We stepped out of the car and in the bus, who drove to the bus-station near the school. We waited for the teachers and departed at 8.30am to the Paddle tennis courts. At 9.00am we arrived at the Paddle tennis courts. We got Paddle tennis lessons until eleven o' clock and after the lessons we had a break until 12.45pm. After the break the Spanish students joined us at the Paddle tennis fields, and we did a Paddle tennis tournament and traditional games with a break for lunch in it until 16.30pm. Than the semi-finals and finals took place, which David and me won. After the finals we watched some people play Paddle tennis too, and then we drove back with the bus. Laura and I got out of the Bus earlier, because we needed to be somewhere where the bus came by. We walked to the Basketball fields, because Laura had training. I joined the training, which was a lot of fun. After basketball training Laura's mom picked us up and let us out in Aguilar de Campoo. We went to the supermarket and then walked to the park. We weren't long in the park, because Laura's Cambridge teacher wanted to meet Dulce and me. We walked to the classroom, and followed an lesson Cambridge. Laura's teacher told us that we speak English very well, and I liked it very much. The mother of the match of Dulce picked us up and brought us home. When we were home we ate spaghetti, brushed our teeth and go to bed.



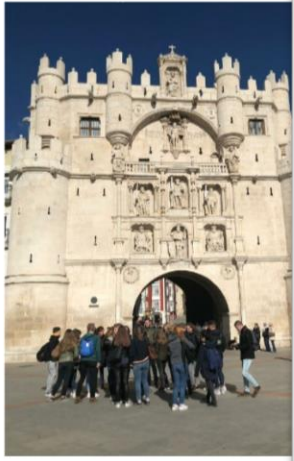
Day four:

On the fourth day, (Wednesday, the third of April), We stood up at seven 'o clock. We had breakfast, milk and cookies, and Laura's mother gave me a lunchbox for Burgos. Including two sandwiches, a KitKat, a bottle of water and a piece of fruit. We drove to the bus-stop and the





bus brought us to school. At school, we had Spanish lessons until 9.30am. At 9.30am we departed to Burgos. At 11.00am we arrived in Burgos and we visited the cathedral and the city. We got a tour through the church and a guide told us some things about Burgos and his gate.



From 13.00pm until 16.30pm we had free time, and we ate tapas in one of the restaurants, visited some shops and had a drink. We drove back to Aguilar de Campoo at 16.30pm and arrived in Aguilar at 17.30. We walked to the playground and stayed there for a while. We went to the supermarket and candy shop. Later that day, we drove home, and ate fries. Laura's aunt came to visit her, and her two nieces came by to. We blew some bells, brushed our teeth and went to bed.

Day five:

On the fifth day, (Thursday, the fourth of April), we waked up at seven 'o clock and made us ready to go. We ate breakfast, milk and cookies, and Laura's mother made a lunchbox ready including a piece of fruit, a yoghurt drink, a bottle of water, cookies and a sandwich. We drove to the bus-stop and the bus brought us to school. From school we Departed to the climbing hall and we arrived at 9.00am. The numbers 1 until 14 would start with climbing and the numbers



15 until 26 will start orienteering. I was 25, so we started with orienteering. We first did an exercise with remembering numbers and then we would go outdoors. When we went outdoors, we started on a hill and had to search all red marked points. David and I started first and we ran to the first point. We could find the first three numbers, but we needed to open a fence to get to the other side of the road. Luckily we made it and we got all numbers. We ended at the same place we started, and we finished first. (keep in mind we started first, too). The teacher told us there were two other checkpoints in the forest, and we searched for them, but there weren't any in that area so we headed back. (I think it was to keep us busy). When everyone finished orienteering, we went back to the climbing hall. First we climbed to a wall, then we did abseiling, and as last we stacked boxes on each other and climbed them. At 16.00pm we went back to Aguilar de Campoo, and at 16.30pm we arrived in Aguilar. We drove back home. When we were back home, I packed my belongings, because the next day I would leave. After I packed my stuff Laura's mother drove us back to Aguilar de Campoo and we ate pizza with all exchange students. After we ate pizza we went to the bar and stayed there for around 0.00am. Then Laura's mother picked us up and brought us home. At home I brushed my teeth and went to bed.

Day six:

On the sixth day, (Friday the fifth of April), We stood up at seven 'o clock. We had breakfast, milk and cookies, and I made sure I had everything. Laura's mother made a lunchbox for that day, including two sandwiches, three bottles of water, yoghurt drink, an banana, an orange and an KitKat. We drove to the bus station, and I said goodbye to Laura's parents and her sister. We drove with the bus to the school, and there we worked at the project and evaluation from 8.30am until 11.10am. We



said
goodbye
to the

Spanish people. We departed to Santander at 11.35am, and arrived at 12.35pm. We had some free time, and went to the supermarket. We also went to the Burger king, Levi's, Zara and H&M. (This weren't all of the shops we went, but I don't remember all of them and it's not important). After we had free time, we went to the beach to make some pictures. After we went to the beach



we had some free time in the indoor shopping mall of Santander. We went to the Primark, H&M and some other shops which is not important. We



left the shopping mall and departed with the bus to the airport of Santander. We arrived at the airport of Santander at 17.30pm. We left Santander with the airplane at 20.15pm. We arrived at Charleroi at 22.05pm. We arrived at Eijkhagen around 22.50pm. Then I went home and go to bed.



Greetings!

Sunday: today we traveled a lot. First we sat on the bus for 1.5 ours, when we arrived on the airport i saw a shop and i walked around but it was very expensive. The time passed quite quickly. We were on the plane for 1.5 ours, when we arrived in Spain we took the bus to the spanish bus station. There we met our Spanisch families, mine gave me a hug and told me i'm welcom, it were really nice people. After the meeting everyone dropped their baggs at home and everybody went with his own match to a castle were we meetted everybody. When everybody was together we walked to the waterreservoir were i took a lot of pictures of the beautiful vieww. We sat in a little cafe next to the waterreservoir. All of us went to the town were we walked trough for like 1 our. In the end we splitted in groups and every group was going to another restaurant. I ate a kind a Calamaris. When i came in the house of my match i could go to bed directly because i was very tired.



Monday: we had a tour trough the school of the spanish students. We sas a video of what they did in de building before it was a school. They showed us how they gave lessons. After the tour we went to home whit our matches. My lunch was Pealla and i didn't like it that much. After we finished our lunch we went outside with the group. We went to a little supermarket and we buyed snacks and something to drink. We hang around the town and the spanish students showed us what they did normally. In the evening, when i went home, i talked whit the family. We ate a kind a potato omelet that night and i thought it was good. I took a shower and after that i packed out my suitcase and i was going to sleep.



Teusday: we first had lessons about paddle tennis. You learned how to hold your racket, how to wack and how to play the games with the rules. After we had the lessons we were divided in 2 groups. Both of these groups did activities in the afternoon but at different locations. At my location you had to do the next sports: paddle tennis, batminton, jeudeboulén, jumping over a thread. At the and of the afternoon we met at the place were we had the lessons. We eated something together (the potato omelet) and after that we had a paddle tennis tournament. In de evening we were going to a parc and we played music and talked with each other.

Wendnesday: went to burqos so we had to sit in a bus voor like one hour. The first thing we did was visiting the cathadral, we had a guid and she explained many things about the history of the cathadral. After we fished the tour trough the cathadral we were allowed to explore and vieww the town ourselves. I was in a group with Mids, jill, Nina

and Nadina. We decided to taste the Spanish culture and we decided to eat in a tapas bar that day. I ate fritured greens, some meat and fries. I also visited a lot of shops that they and i buyed new clothes in the H&M and the pull and bear. When we sat in the bus on our way home everybody talked about what they did that day. When we arrived at the busstation we derectly went outside with the whole group and we were going into the town and the parc. Luckily my match her mom picked up my nem buyed clothes.



Thursday: first we were going to climb in the mountains but the weather was to bad. They decided to let us climb in a climbing hall but it was fun too. Our group was split in 2, one hlf was going to do the orientering first and the other group had to begin whit climbing. there were three different excercises for climbing, one of them was on a wall, the other one on a little bridge inside and the tird one was something you did with empty drink crates.

The orientaring was with a little exercise inside and the rest trough the beautiful landscape outside. There were super fun activities and it was a lot of fun. In the evening we went to a pizza restaurant with the whole group and after that we were going to a bar to conclude the exchange. Everybody danced and laughed or played table tennis with each other and we had a super nice evening.

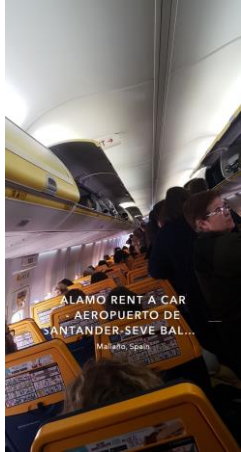
Friday: friday was the day of departure and we waved goodbye to the Spanish people at the bus station. We were on the bus for 1 hour and we arrived at a nice town (Santandair) where we were allowed to go shopping. When we were on the bus again we drove on to a beach, after we had walked a bit over it and toke a few pictures we drove to a shopping centre where we also cuold shop. I was going to the primarkt and it was very funny. After that we drove to the airport where we had to wait for like 2 hours. Then we went bank to the Netherlands on our plane. Once we arrived at Belgium we were in the bus for 1.5 hours to school where our

Daily report 2019 exchange Spain

Sunday 31 march:

Sunday, March 31, we left at 8.30 am with the bus to Charleroi and began our flight to Santander at 12.25 pm where we arrived at 2.11 pm. From the airport we drove by bus to Aguilar de Campoo and our matches were waiting at the bus station. Together with my match Salma I went to her house to put my things there. Afterwards we went outside with a large part of the group and walked around a bit in the village there. Then around 9 p.m. we went to her house and ate there and then went to sleep.





Monday 1 April:

Monday morning we left early for the Santa Maria la real school. When we got there we were given a tour of their school and visited a museum in the school. Early in the afternoon we visited the mayor and then we had some free time in the village. At 2.15 pm I went back home with my match and we had dinner there. At 4.30 pm we went to see the bison with the whole group, then we went outside again with a large part of the group until 9 pm.



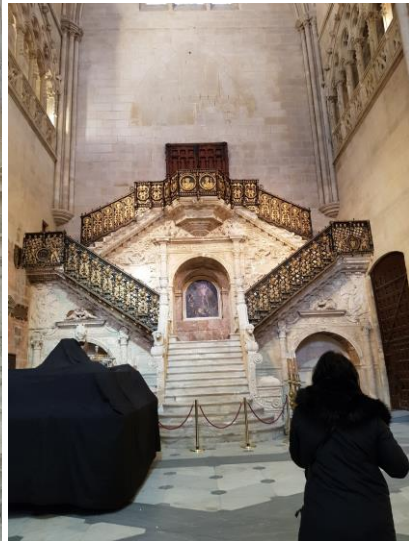
Tuesday 2 April:

Tuesday morning we gathered again at the Santa Maria la real school. From the school we went to a paddle tennis hall with the Dutch students and we received paddle tennis lessons. At 11.00 am we had a break after the break, the Spanish students also came and 2 numbers were made that consisted of 1 Dutch and 1 Spanish student. And then we started doing 4 different types of sports: paddle tennis, badminton, boules and a kind of game where you had to throw a silver coin into the mouth of a frog. In the afternoon we had lunch with the whole group. After lunch we watched a professional paddle tennis competition. After this sporting day I went home again and I and my match changed and we went outside again. When we were back around 9 p.m. we had dinner again and went to sleep.



Wednesday 3 April:

On Wednesday we went to the school like every morning and there the Dutch students received a Spanish lesson. After that Spanish lesson we went to Burgos and visited a cathedral there. After that we had free time in Burgos and we could have lunch and visit some shops. At 4.30 pm we went back by bus to Aguilar de Campoo and there our matches were waiting for us again. Also that evening we went outside all night until 9 p.m. and then went back home and went to sleep.



Thursday 4 April:

Thursday started the day cold when we walked back to the school. When we arrived at the school it was decided that the rock climbing that we were going to do first went through because it was too cold. So then we went to a sports hall and there the group was split into 2 groups. The first group started to orientate in the mountains and the other part of the group went inside to climb into the sports hall. This lasted all day and at 4.30 pm we came back to the station. Then I went to her house with my match and there we changed and prepared and around 8 p.m. we went to the pizzeria with the whole group and there we went to eat pizza. After we ate pizza we had a very nice evening with all of us and we arrived home at 00.30 a.m. and also immediately went to sleep.



Friday 5 April:

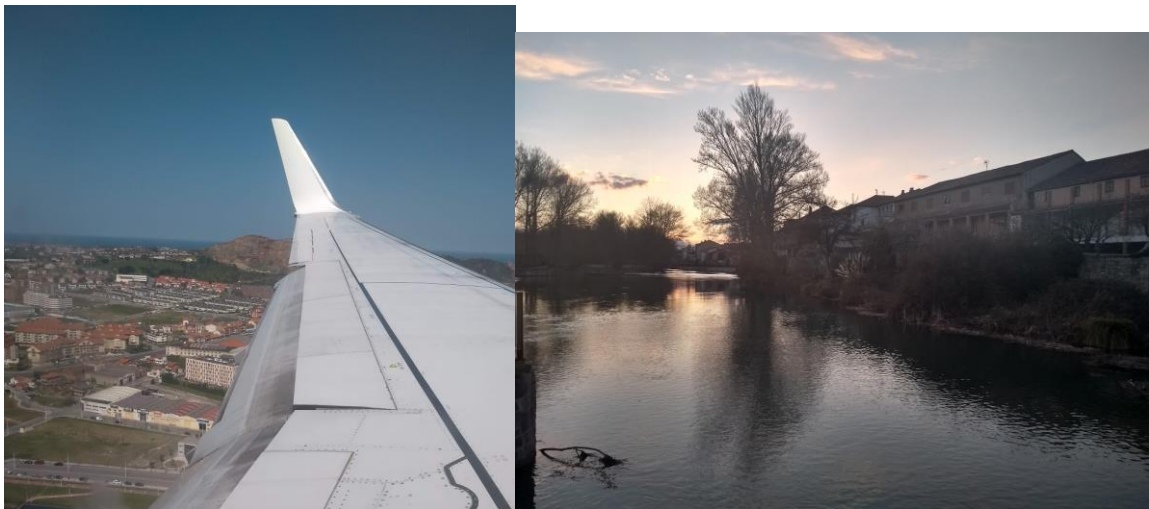
Friday was the day we went home so Friday morning I packed my suitcase and said goodbye to the host family where I stayed. Then we went back to the school and we made an assignment with the Spanish students and then at 11.30 it was really time to go to the bus and say goodbye, which I think everyone was very sorry. After saying goodbye we drove to Santander by bus and there we had free time to walk through the city. We all went to the beach afterwards and were able to take some nice pictures there. Finally we went to a shopping mall that was next to the airport and there we had some free time. We went to the airport at 5.30 p.m. and at 8.50 p.m. (we had a little delay) the flight started back to the Netherlands. At 10.18 pm we were back on the ground and around 0.30 am we were back at Eijkhagen and then the journey was over.



Daily reports

Sunday, 31 march:

We needed to be at school at 8:15, so we could leave at 8.30 with the bus to Charleroi airport. We arrived at the airport and we checked in and we had some time off. We boarded and we had a 2-hour flight to Santander. At arrived the bus was waiting to take us to Aguilar de Campoo. After a 1,5-hour drive, we finally arrived at Aguilera de Campoo. There was my match Lucia and her mother waiting for me. We must walk 5 minutes more or less to her home and then I went time to unpack my suitcase. After that we went to the home of Cristina the match from Demi, Cristina's mother makes a lot of Spanish food for us and it was delicious. After lunch, we went to town to meet the group of the exchange. Together we visited the dam. The dam was very beautifully. After this we went to a little restaurant. where we had a drink with everyone. Then we went back in town. There we eat with a part of the group in a restaurant and then I went back to Lucía's home and give the treats that I brought from the Netherlands and went to sleep, because I was very tired.



Monday 1 April:

I need to wake up at 6:45 and take a breakfast they only had cookies! I thought it was really weird, but I liked it. At 8:45 a friend from Lucía picked us up and we went to school. Then we went to pick up Cristina and Demi and we met with a part of the group at a point. When we arrived at school the Spaniards need to follow their lessons and the Dutch people visit the Monastery and we got a tour of the Romanesque museum. After the visit to the museum we went

in to town for sightseeing and we went to the townhall of Aguilar. Then it was time for lunch I went to Lucía's grandmother with Lucía and eat paella. I really enjoyed the paella. Then we went back in town with a part of the exchange group and visit San Cebrian de mudá bisons. And after that we went back in town again. For dinner we eat pizza.



Tuesday, 2 April:

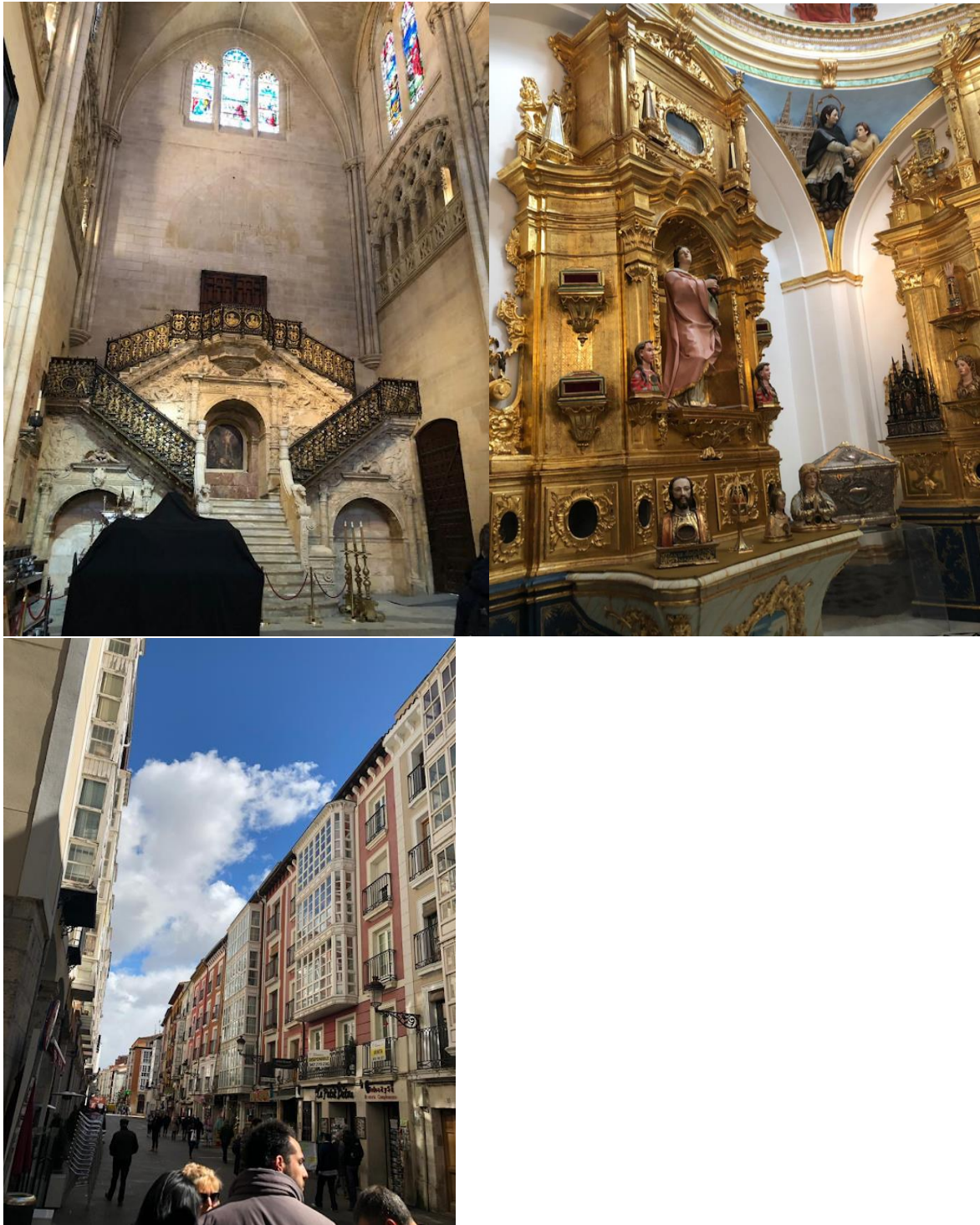
Tuesday morning was the same as Monday morning. I had to wake up at 6:45 eat cookies for breakfast and her friend picked us up. When we arrived at school, we take the bus to a sport hall for where we could play Paddle tennis. First, we got a lesson of Paddle tennis and then we had after a Spanish lunch a tournament with the Spanish students. I was a team with Safa the match of Charlotte. After the tournament we can watch a Paddle match from experienced players. Then we take the bus back to Aguilar. Then we went to a park. Then I went to Lucía's home we eat Spanish tortilla.



Wednesday, 3 April

Actually, every morning was the same. So, I wake up at 6:45 and eat cookies for breakfast.

We went to Burgos, without the Spanish students. In Burgos we went to the Cathedral it was very beautiful and we got 4-hour free time in that 4-hour free time. I went to a tapas bar with Seven, Jill, Dimphy, Milan and Luca and we went shopping for souvenirs. Then we went back to Aguilar and went in to town and went to the Park. Then we went back to Lucía's home.



Thursday, 4 April:

This morning I wake up at 6:45 and eat cookies for breakfast. Then we went to school. Then we went to Valle de Garma there the group split in to two groups. First my group did orienteering. We had to play a game with cards and after that we went outside and must search orange boards. I had to do the

orienteering with Safa. Then we went back inside, and we had to climb on a climbing wall. We also did to other climb games. Then we went back to Aguilar. First, I went to Lucía's home so I could pack my suitcase. Then We went in to a pizza restaurant with the hole exchange group and we eat pizza after that we go out. It was a really nice last evening!



Friday, 5 April:

This morning was different, because it was my last day in Spain. First, I woke up at 6:45, ate the cookies, and then I needed to get the last things for my suitcase, and I had to say the mother of Lucía goodbye, and I had to say thank you to her. Then we went to school. At school we had to make some exercises about Paddle tennis in small groups and then we had to say goodbye. It was hard to say goodbye, because you probably see each other never again. Then we went to Santander and had free time, then we went to the beach and at least we went to a shopping center. Then we went to the airport and went back to Charleroi. Then we were back at home.



Daily report of the exchange to Aguilar the Campoo in Spain.

Sunday (the first day)

After a nice flight from Charleroi to Santander we went with the bus to Aguilar and our matches are waiting for us by the bus station in aguilar. Everyone meets each other again and everyone met the parents of their matches for the first time. After I met Davids parents we walked with some people of the group to a lake and take a seat in a restaurant in front of the lake. We drunk something and we walked back to aguilar. Then it became dark outside so some people of the group dicided to eat somewere in the city so David and I go with them to a restaurant. After diner the mother of David pick us up and we went to Davids home. I saw my room and I went to sleep when I was there. The bed was very nice.

This is a picture of the view on the mountain behind Aguilar.



Monday: (the school)

I woke up in my bed at 7 am. I put my clothes on and took a breakfast after breakfast I brushed my teeth and then we went with the bus to school. The bus drove like 20 minutes. When we arrived in front of the school a lot of people were already there, everyone waits for everyone so I did too. When everyone was arrived we walked in a big group to the school and when we arrived on the school the Spanish students get the first 4 hour their lessons and the Dutch students get a tour to the whole school. When the tour was over the Spanish students are done with their lessons so everyone went back to their families. I went to a restaurant in Aguilar with my match and his mother and Noah Vrinzen and his match en the mother of his match. After lunch in a restaurant we went with the bus to a bison park with the whole group.

We walked more or less 2 kilometers to the bizons.



After the bizons we went back to Aguilar with the bus when we arrived Davids mother pick us up and we went to his house and when we arrived at home I didn't want diner because I wasn't hungry that evening so I went to sleep because I was very tired of the long day.

Tuesday (paddel performance.)

I woke up at 7 am like yesterday and every other day. I ate my breakfast, brush my teeth and went with the bus to Aguilar

with David. When we arrived the Dutch students went with the bus to a paddel centre in Aguilar, and the Spanish students got their first few hours lessons. When we arrived in the centre we got a training to performance paddel tennis. After the training the spanish students arrived in the centre to. The group was split in to one half went with the bus to another sport centre in Aguilar and the other half kept on in the paddel centre to performance. Everyone got a duo partner one Dutch student and one Spanish student. My partner was Ines I went with the bus to the other sport centre. We did a lot of exercises. When we came back to the sport centre we had a big lunch. After the big lunch the finals were played in the centre of paddel my match and Dimphy are in the finals and they won.



I ate this for the lunch



This was the sportcentre were we went to with the bus.

When we were done with the paddel performance we had free time in the city, so we walked trough the city with the whole group and bought some stuff in some stores like food and candy and somthing to drink. I had to go with David because he had paddel training in the evening so we walked to his paddel training. When we arrived I tried it but I couldn't understand it because his trainer spoke Spanish so I waited in the cafeteria in front of the centre. When David was done with the training we went with the car to his house. When we arrived at home his grandmother made a nice diner for us and we ate it. when I was done eating I went to bed.

Wednesday: (Burgos)

When David and I arrived at Aguilar, the Spanish students had the whole day lessons on school and the Dutch students went with the bus to Burgos. That is a big city like an hour from Aguilar. When we arrived at Burgos we went with the whole Dutch group to the cathedral of Burgos. We had a big tour through the cathedral and after that we had the whole day free time. After the free time everyone went with the bus back to Aguilar and our matches are waiting for us there. When we arrived in Aguilar I go with David to his house and chill like watching youtube and took a shower. Then we have dinner and then I go to sleep.

This is a picture of the cathedral of Burgos



Thursday (climbing and orienteering)

When we arrived at Aguilar we went with the bus to a Climbing park. The Dutch and also the Spanish students are going to climb that day. When we arrived we go inside the building and the group was split in two one group goes to climb and one group went to the woods and go orienteering.

And like 4 hours we go orienteering and the group who already did orienteering go to climb. I go orienteering with Ines. We saw wild cows while orienteering. When we went back to Aguilar with the bus, we had free time in the city so we decided to eat pizza in a pizza restaurant with the whole group.

Friday (the last day)

It was a very sad day because it was the last one. When David and I arrived in Aguilar, we went to the school and we had to work on the exercises on the computer. When we finished we had time to say goodbye to everyone it was very sad. We walked to the bus and drove away to Santander.

When we arrived in Santander we got some free time so Milan, Seven, Leva, Jill and Dimphy went to the Burger King and ate there a lot. After that we went back to the bus and went to a beach and we made some pictures on the beach and after that we went with the bus to a big shopping mall in Santander. I bought some gifts for my parents and drank something in the Burger King. When we were done in the shopping mall we went to the airport and had a nice flight back to Charleroi.

This was the whole exchange I really enjoyed it .

Aguilar de Campoo

Jill Dirks

Eha3a



Sunday

We had to sit in the bus for 2 hours and then we arrived at the airport. At the airport we had to go through customs and had to wait 2 hours before we could board the airplane. When we sat down in the airplane the flight attendents explained what to do in case of an emergency.

When we arrived in Santander, we had to sit on the bus again for an hour and a half. The surroundings were beautiful and very different from those in the Netherlands. When we got there, our matches were already there and picked us up at the bus station. My match's name is Adrian.

Adrian's parents grabbed my suitcase and Adrian and I and the whole group walked to an old castle. It was abandoned and half broken down. After vissing the castle we walked to the lake and a restaurant. Late in the evening we arrived at Adrian's house . We ate peas with some jelly and I think duck in it. Then I went to sleep.





Monday

In the morning I got warm milk with cornflakes and then we walked to school at 8 am.

We always walked as a group together. We first went to explore their school. Their school is actually an old monastery where school benches have been put in. There were all old things from the past. In their school a river runs through it.

Then we went to the museum of their school, where we got to know all kinds of things about their school history. After that we took a little break and afterwards we went to visit the town. We had an hour of free-time. Then we went to meet the mayor of Aguilar de Campoo, She told us the history and interesting facts about the town. After that we were allowed to go to the shops again and than we met our matches. Around 4 pm we went to the bison park. We got an

explanation about this animal and we saw a real bison. At 7 p.m. we went home and go to sleep.

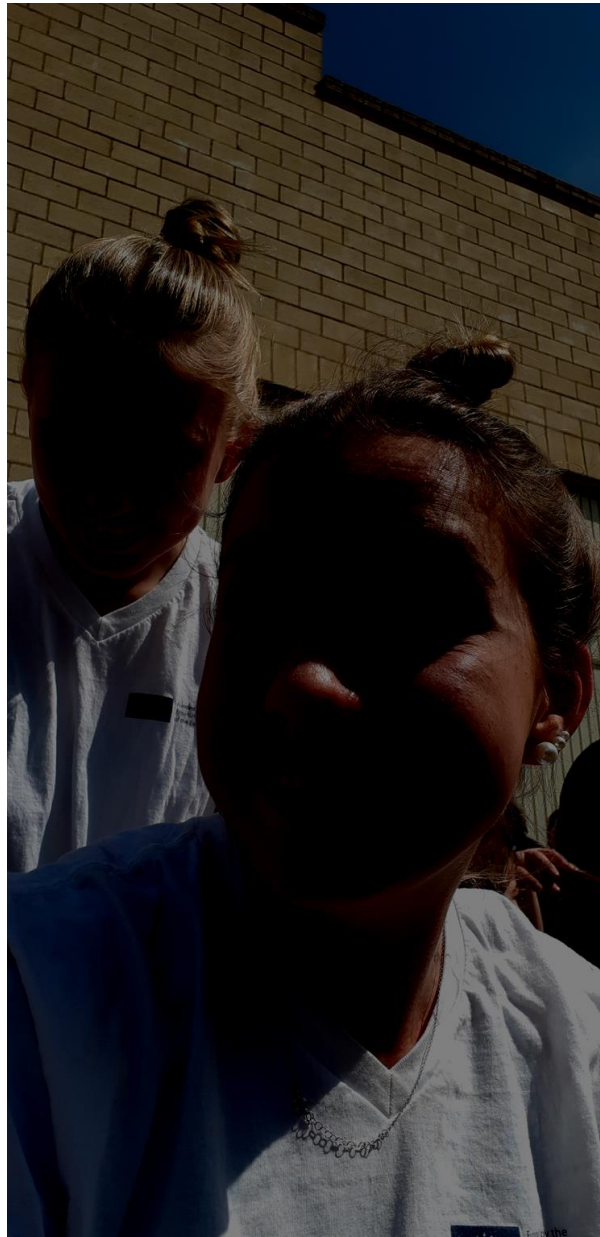


Tuesday

At 8:30 we went to a sports hall to play paddle tennis, because it was too cold outside. The group was split. I had to play together with my match, Adrian. So when we finished Emma and I went outside the sun was shining. Our group finished playing paddle tennis and we started playing typical Spanish games.

Then the other children came back and we had to watch a game of paddle tennis. After the game finished we went home to eat, than walked into town until late in the evening. We have been to bars and walked around the entire village. When we went to eat with a group I got some potato fries with some kind of oil which was really tasty! I shared food with two girls. We had squid and the other kind of potato croquettes which were quite tasty, but the squid I found really dirty.

Arround 11 o'clock we went home. I took a shower and after that I phoned my parents.

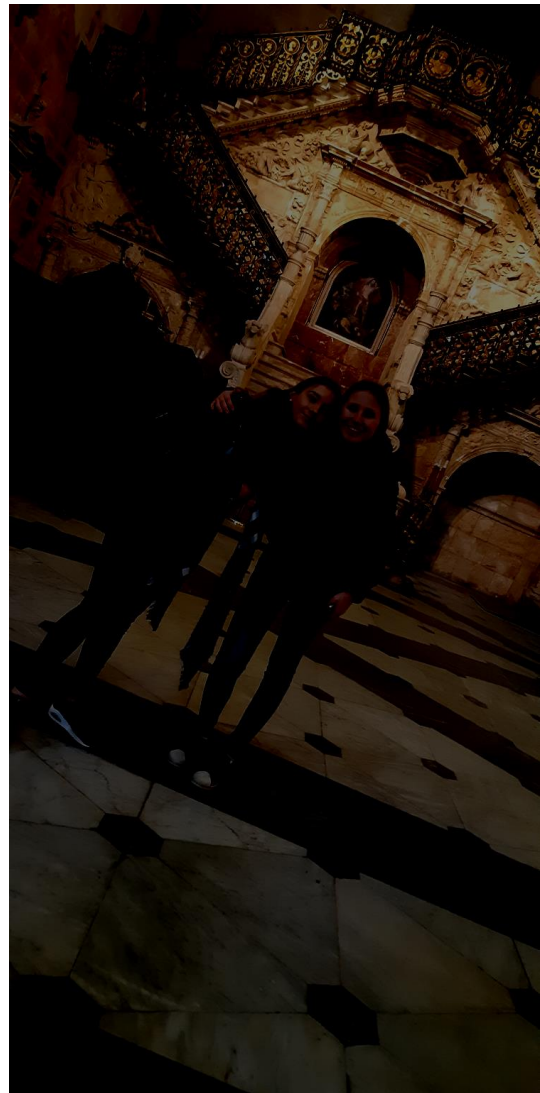


Wednesday

In the morning I received a food package because we went to Burgos, a very beautiful and city with a very large cathedral. We went with the whole class to visit the cathedral first. The cathedral was super beautiful and very big! Then we had about 4 hours free time in the city, so that was shopping! We went to Pull and Bear, about 3 times, and H&M. than we went to the restaurant la Mafia, a very chic restaurant. We ordered tapas but he did not understand us, We did not get everything we wanted. We wanted to pay seperately but he did not understand. He got a little bit angry, we were pretty scared.

But in the end everything went well. After that we went to souvenir shops and we bought souvenirs. The entire class walked to the bus together and went back to our matches. After we arrived at home we went to Aguilar and stayed in the park until late in the evening.

At about 11 we had dinner and than went to bed.



Thursday

This is the last day with our matches today. We went climbing outside the village and did a route walk. The group was split again, one group started walking and the other climbing. I had to walk first with my match. We arrived first , we were very quick. After that we had to climb. I was scared but I did it anyway. At first I had to descend from a bridge, after that you had to stand on crates and get as high as possible. Wall-climbing was nice but scary to!

In the evening we went with all the children to a bar and celebrated, because it was our last day together. It was really nice together, we had a lot of fun. We went home at 2 in the night. It was really a nice day.



Friday

This is the day that we are going to say goodbye. We went to work in the morning until 11 am at the project. Then we went to the bus and we had to say goodbye. It was very nice but I was sad when that we had to say goodbye to everyone. Then we had to take the bus for about 2 hours to ride to Santander. At first we went to the city of Santander for 2 hours, then to the beach for half an hour. Then we went to the Santander shopping center, next to the airport. There I bought clothes because there was a Primark, one of my favourite stores!

Then we went to the airport and had to say goodbye to beautiful Spain. After a flight and travel by bus we safely arrived at Eijkhagen. My parents were already waiting.



Daily reports of Dulce Douven

Sunday, 31 march

- We went with the bus to the airport in Charleroi.
- Then we Arrived at 14.20 hour in Sanatander.
- When we arrived we went with the bus to Aguilar de campoo.
- At 15.45 hour we arrived at Aguilar de Campoo.
- Then i went to the house of my match; Emma who lives in canduela.
- Later we went back to aguilar and just hang out with the other people from the group.
- Then around 21.00 uur we went back home.
- When we arrived home we ate dinner and after that we went to bed.



Monday april first

- We got up at 7 hour and then we ate breakfast.
- Then we went to school with the schoolbus.
- When we arrived at school all the dutch students visited the monastery from 8.30 hour until 10.00 hour.
- After that we went to the romanesque museum which was in the monastery 10.00/11.00.
- Then we went into the town and went sightseeing.
- At 12.30 hour we went to the townhall until 13.30 hour.
- Then at 14.15 hour we went back home with our matches.
- Around 16.00 hour we went back to the busstation in aguilar and went with bus to San Cebrian de mudá, Bisonts untill 19.00 hour.
- When we got back in Aguilar de campoo we hang out with the group again.
- Around 21.00 hour i went back home with my match.
- When we got home we had dinner and went to bed.



Tuesday, april second

- Today we got up at 7 o'clock again and then had breakfast.
- After that we went to school with the schoolbus.
- At 8.30 hour we left from school to paddle tennis courts.
- From 9.00 until 11.00 we had a paddle tennis lesson with only the dutch people.
- At 11.00 we had a break until 12.45.
- After the break we had a paddle tennis tournament and played traditional games with the spanish and dutch people and ate lunch together.
- At 16.30 hour we were done with the games and i went to the basketball practise from my match.
- After her practise we went to her extra english class.
- When her class finished we went back home and had dinner around 21.45 hour.
- After dinner we went to bed.

Wednesday, april 3th

- We got up at 7 o'clock again and when we were ready we ate breakfast.
- When we had breakfast we went with the schoolbus to school again. And there my match went to her class.
- We (only the dutch people) had a spanish lesson from 8.30/9.20.
- After the lesson we went at 9.30 hour with the bus to Burgos.
- Around 11.00 hour we arrived in burgos and then we visited the Cathedral.
- From 13.00 hour till 16.00 hour we had free time. We went shopping and had lunch at a typical spanish tapasbar.
- At 16.30 hour we went back with the bus to Aguilar.
- Around 17,30 hour we arrived at the bus station in aguilar
- When we got back we hang out with the group in the park.

- Around 21.00 hour we went back home.
- When we got home we had dinner and went back to bed.



Thursday, april 4th

- Today we got up at 7 o'clock just like everyday and had breakfast.
- After breakfast we went to school with the school bus.
- At 8.30 hour we left from school with the bus to Valle de Gama.

- When we got there we did indoor climbug and orienteering outside. We got split up in two groups and you had to climb and orienteer with a partner i had to go with amator. We were in the group who went climbing first.
- Around 16.30 hour we went back to Aguilar.
- When we arived at the bus station in Aguilar we went back home
- Then i already packed my back because tomorrow we are leaving.
- Around 19.30 hour we went to Aguilar and we had dinner with the whole group at a pizzeria. It was really nice.
- After we ate we went with the whole group to a pub and played games and just hang out. It was really really fun and sadly our last night in spain.
- Around 00.00 hour we went home and when we got home i packed the rest of my stuff and went to sleep.



Friday, april 5th

- Today is our last day here in Spain. I got up around 6.45 hour i packed my last things and then had breakfast.
- After breakfast i said goodbye to the family of my match and then we went with my suitcase in the schoolbus to school.
- At school we worked in groups on the project and evaluation.
- When we finished the project we went to the bus and said goodbye to the Spanish group. What was really sad because we are going to miss them really bad.
- Then we left with the bus to Santander.
- In Santander we had free time so we went into the city.
- Then we went with the group to the beach what was really fun.
- After we went to the beach we went to a shoppingmall where we went shopping ofcourse.
- Then we went to the airport in Santander and at 20.15 hour we had our flight back to Charleroi.
- We arrived safely at Charleroi around 22.10 hour and went back to school with the bus.
- Around 00.45 hour we arrived at school and everybody went back to their homes.



Day reports exchange Spain

Sunday, March 31:

On Sunday 31 March we had to get up early to catch the bus to Belgium, because from Charleroi we took the plane to Santander. The customs were exciting. Even though you know that you have nothing with you, you are still afraid that it will beep and they will find something that is not allowed. Then we sat down on the plane. Flying was really cool. Taking off and landing were really cool, the flight itself was nice and smooth. When we were on Spanish soil I felt earache in my ear from the flight. The weather was very nice in Santander, but when we took the bus to Aguilar de Campoo the sky became darker and the sun faded more and more. When we arrived in Aguilar de Campoo, the exchange students with his / her parents were waiting for us.

It was nice to see him again because that was a while ago. But also exciting to speak English for a whole week. His parents were very nice. She lived with the four of her in a small apartment. (Mother, Father, Lucas and brother). After I got home and cleared out all my stuff, we all went for a walk together (all exchange students). The walk was nice but seemed to take about 3 hours. And I don't think it all seemed that way, but it was. Around 8:30 pm we were home and we had dinner. We ate some kind of potato pie, lettuce with a delicious dressing and it seemed like red peppers, but were not spicy. Then I started

taking a shower. Which failed a bit because only cold water came out and it did not heat up. So I just stood under the ice cold shower. After the "nice" cold shower, I watched some TV. But then jumped into bed around 10:30 PM.



Monday, April 1:



I got up at half past seven. Stopped a sandwich and drank a cup of coffee. It was weird coffee. They did a bottom of black coffee with a lot of milk in it. But I didn't put milk in it, so I had a cup of coffee. After breakfast we went to the school where we were given a tour of the school. It was a nice school but wouldn't want to have a lesson in it because it was very tight. The school looked like a monastery and a small river steamed through the school. After the tour we still had some time for ourselves at home. So we already went for lunch. We had spaghetti on the menu. A while later Pablo (Spanish) and Shanna (Dutch) picked us up and we walked together to the bus where everyone had to wait for each other. We went to

the bison park. After watching bison for about 2 hours and your feet were already half off, we went back to Aguilar de Campoo. Most people stayed together and hung around in a park, but some also went home. I stayed outside with many people. Then we had to go home, because the food was already on the table. When we arrived home we had our dinner: steak with a nice unknown sauce, fries and again the same peppers that were not peppers just like yesterday. After dinner I had a nice dessert, watched some TV, and jumped into bed again around 10:30 PM.

Tuesday, April 2:

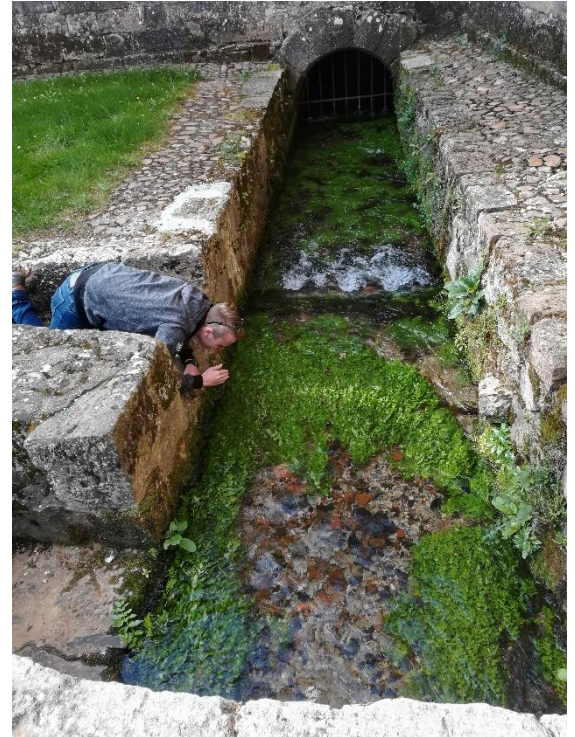
The day started again as usual, breakfast with the nice coffee, getting dressed and back to school. We also always picked up Pablo and Shanna. But it was Pablo's birthday today, so I congratulated him. Then we went on to school and the Spanish people had lessons. While the Dutch were having Paddle Tennis lessons. After the joint meal, the group was split in two. One half stayed on this field, the other half went to another field. I was allowed to go to the other field.

Together with Christina, I won one match and lost one. After the tournament we went back by bus, and we hung out again. After hanging around we went to eat: Wrap with chicken and peppers, and then to bed around 9 p.m.

Ps: I have noticed that the Spaniards have something to do with sunflower seeds and a candy store nearby. They must all have it at least once a day.

Wednesday, April 3:

Today I got up again at half past seven and went to breakfast. After preparing myself, we went to school and the Spanish children went to class. I started with a Spanish lesson. After the Spanish lesson we went to Burgos by bus. In Burgos we were given a tour of the large historic cathedral that stood there. After the tour we had 4 hours to ourselves where we could walk through



the city and buy some souvenirs. I had bought a souvenir and a blouse. When we were back in Aguilar de Campoo we went to a cookie shop with Mids, Seven, Shanna and their matches. Then everyone (4 Dutch, 4 Spaniards) went to get his / her swimming trunks / bikini. We agreed again with his 8th to go swimming. The swimming was very nice only you had a weird shower cap on your head. After swimming everyone went home and Lucas and I went to eat: Pasta. After dinner I went to bed because I was broken. Around 11:30 pm I fell asleep.

Thursday, April 4:

After the daily routine of every day we went by bus to a climbing wall.

Unfortunately it wasn't such a nice weather because otherwise we would climb on rocks. The group was split in 2nd. One group started doing 3 climbing activities while the other group started to orientate. I started climbing. The three parts were the climbing wall, crate building and bridge jump. Speaks for itself. Then it was our time to orientate. First we got a game where we had to run from one side of



the room to the other all the time and then remember cards. After that we all went for a nice walk with the cows. Fortunately, I was not alone with a Spaniard because my Spaniard (Christina) left her record. Mids and Nadina walked along nicely. After a nice walk and climbing some steep mountains and descending, Nadina had fallen a bit down the mountain. She had a pain in her thigh, so rescued Jesper and helped Nadina. But I can't keep up that long, so luckily help came. After the pleasant day we went home and I showered, finally knowing how the shower works 😊. After that we all went to a pizzeria and then to a bar where it was VERY cozy. I will not tell more about that. I jumped into bed around 1 AM.

Friday, April 5:

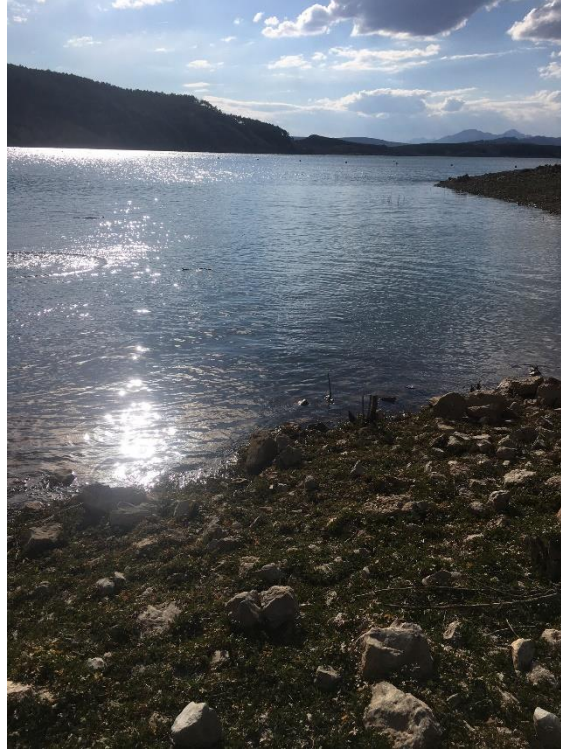


We got up again at half past seven and I said goodbye to my "parents". Unfortunately the Spaniards had to stay in Aguilar de Campoo. After saying goodbye for half an hour and everyone was crying. (Not everyone) (this emotionless k # t doesn't). We went shopping in Santander. Bought 4 new blouses. Went to the beach and then back home. Friday was not very interesting, but it was fun. Especially the return trip on the plane where I had defeated Milan with a game of Super Smash Bros 😊.



Sunday, 31 March

At 8:30 we left with the bus from Landgraaf and went to Charleroi and It took about 1 and a half hour to go to Charleroi. At 12:25 we left with the airplane to Santander and at 14:20 we arrived. Then we took a bus to Aguilar de Campoo and arrived at 15:45. Then I went to the house and after 20 minutes we left and went to a mountain and stayed there until 20:30.



Monday, 1 April

From 8:30 to 10:00 we went to the Monastery in school and then we went to a museum. At 11:35 we went sightseeing in the town and after that we went to the town hall and met the major. At 16.30 we went to see bison's until 19.00 and then went back home.



Tuesday, 2 April

In the morning we went to the paddle tennis courts and there we got lessons on how to play paddle tennis after that we had a break. Then we got spilt up in two groups and played traditional games and had a tournament.

Wednesday, 3 April

From 8:30 to 9.20 we had a Spanish lesson and after that we went to Burgos and visited the cathedral and had free time in the city. At 16.30 we left and 1 hour later we arrived back in Aguilar de Campoo.



Thursday, 4 April

We went to Valle de Gama and went there rock climbing and did other games with climbing after that we went orienteering. Then we went back to Aguilar de Campoo. At 20:00 we ate with everyone at a pizzeria.

Friday, 5 April

In the morning we worked on the project and evaluation. Then we said goodbye to the Spanish students and after that we went to Santander and stayed there the whole day. At 17:30 we went to the airport and our flight left around 20:40. At around 23:00 we arrived in Landgraaf.



Dag verslagen Aguilar de Campoo

Zondag 31 maart:

This morning at 8 am I left home by car to school where we had to be at 8:15 am. When I arrived at school, many of my friends were already waiting. While we were all waiting for the bus, I said goodbye to my parents and talked to other people. When the bus finally arrived I said goodbye to my parents for the last time, I put my suitcase in the bus and I sat down myself. When we left at 8:30 am the fun trip finally started. The bus trip to the airport started very nice and pleasant so I only got more excited about it. At 10:30 we arrived at the airport, it was the first time for me to fly and at the airport so I had no idea how everything went. When we arrived at the airport we packed our bags and walked inside, once inside we got our plane tickets, we went to hand in our bags and went through customs. Everything went well so we had to wait until the gate opened. While waiting, we looked in shops and ate a sandwich. When the gate was open we had to wait a while and



we were soon able to board the plane. When we were on the plane I found it a bit exciting at first, but once we took off I thought it was fun, I was also between 2 friends so that was really nice. When we landed I called my parents that we had landed safely and we went to collect our bags. When we came outside it was very beautiful with all palm trees and it was nice and warm. After that we went by bus from Santander to Aguilar de Campoo for about an hour. This was very nice and everyone was looking forward to seeing his match again. When we finally arrived at the busstation everyone was waiting for us and when we saw each other again it was just as fun as in the Netherlands. When I met the family I put my suitcase in the car and we went with a large part of the group through Aguilar de Campoo, in the evening I went to the family for something to eat. When we got home my match gave me a little tour and I went to sleep.

Maandag 1 april:

This morning at 7 a.m. the alarm went off, I started taking care of it and had breakfast. We left at 7.30 am, walked 2 minutes to the bus and then about 40 minutes on the bus. When we got off the bus, a few Dutch children were already waiting. Around 8.20 am all children go to school at the same time (this was 1 street walk). When we were at school and our Spanish matches were in class, we were given a tour of the school. Afterwards we were given the same tour one more time but now more was told about the history. After the tours we went to the town hall and had a speech from the mayor. After that we were allowed to walk through the city and we went back to school. When we were back at school, I went home with my match by bus. Once at home we ate Paella for lunch. Then I watched a movie and we had to go back to school because we were going to watch buffalo. This was pretty nice only it took a long time. When we were back at the bus station we went to a

park with the group. Around 9 p.m. We went back home and had dinner. Then I went to shower and I went to sleep.

Dinsdag 2 april:



This morning I had to get up again at 7 a.m. and leave for the bus at 7.30 a.m. Today it was a bit lighter on the bus, so you could see the landscape



with the mountains and the fields. When we arrived at school there were again Dutch children. Waiting for us to walk to school. When we arrived at school we had to wait in a classroom and then we went by bus to a sports hall where we had a paddle tennis lesson. After the lesson the Spanish students also came to the sports hall. Then 1 part of the people had to go to another sporting place and the other remained in the sports hall. I was one of the people who had to go to the other sports place. At that other sporting venue we did: Padel, petanque, frog throwing and skipping rope. When we were done we went back to the sports hall, we had lunch and then we played the tournament padel. When the tournament was played we went back to the bus station and went to the park with a large part of the group. Around 7.30 pm we were picked up by the mother of my match and they showed me their shed and machines. Then they took me to her uncle's bakery and showed me how to make bread and cookies. Then we went home and I talked with Inés (my match) and her sister and I got a tour at the house. Then I went to take a shower. We ate, then I went to my room, I called my parents and I went to sleep.



Woensdag 3 april:



The morning was exactly the same as all the other mornings. When we came to school, we Dutch had a Spanish lesson and then we went to Burgos by bus. When we arrived in Burgos we went to see a big cathedral with a guide and got a tour there. After that we were allowed to walk freely through the city. This was very nice and fun of course. We did a lot of shopping and made it into a pleasant afternoon. When we came back to Aguilar, we all went outside again and we walked through Aguilar. Around 9 p.m. we were picked up by the mother of my match and we ate again and I went to take a shower and go to sleep.

Donderdag 4 april:



The morning was the same as all the other mornings. When we arrived at school we went by bus to the indoor climbing park, actually we were going to climb outside but the weather was not good so it would be too dangerous. When we arrived we were told what the intention of the day was and the group was again divided into two parts. One part started doing an orientation assignment outside and the other part went climbing. I was climbing the first half of the time. The second half of the time I went outside an orientation assignment, this was a kind of a quest. When we were done we went back to the climbing park and went back to the school. When we were back my match and I went home with Demi and her match

Christina. When we changed our clothes and prepared ourselves we went back to the city. Here Christina showed us her mother's clothing store. Then we went to eat pizza with all Dutch and Spanish people. Then we went into town with all of us and went back home. In the evening I received a bag with all kinds of Spanish food for home. Then I started packing my suitcase, took a



shower and went to bed.

Vrijdag 5 april:

I overslept in the morning, so Inés woke me up at 7.30. I quickly cared for and prepared. Then Inés asked me to come to the kitchen where the family was waiting, there was a gift for me on the kitchen table. I opened the gift, thanked the family for everything and said goodbye. Then the father of my match quickly dropped us off at the bus that was waiting for us. When we arrived at school we waited again until we went to school. When we arrived at school we had to put our bags somewhere and we had to make assignments. When we were done we all went to the bus and we said goodbye.

This was very difficult, and many people had to cry. About fifteen minutes later we left by bus to Santander. In Santander we were the first to agree on a place where we had to be back at a certain time. Afterwards we had free time and walked around the city. Then we went to the beach by bus, where we went for about half an hour. When we were done we went to the shopping center and then we drove on to the airport. We handed in our bags at the airport, went through customs and checked in. When we were back in Charleroi, we packed our bags and went home by bus. When we arrived at school again, I took my suitcase off the bus, said goodbye to everyone, and went home



with my parents. Once I got home I ate something and talked to my parents about the week. After that I was very tired and I went to sleep.



Dag verslagen Spanje:

Sunday 31/3/19

Finally the day has come: we are going to Spain! We had to be at school at a quarter past eight. Lucky for us, everybody was right on time. But for some of us now the hardest came: saying goodbye to our families. We put all of our luggage in the bus and went on. All the parents, brothers and sisters were waving to us. Now our adventure is going to start. We drove about one and an half hour to the airport. First we checked all our suitcases in and then we had to go through the customs. After that we waited for about an hour in a sort of waiting room (before you go to the airplane). Finally the moment came, we are going to the plane. It wasn't very exciting for me anymore because this is going to be my fifth flight. But for some students it was the first time that they flew. Luckily we landed safely. We took all our luggage and went to the bus. We drove an half hour. Finally we arrived, all the Spanish students were waiting for us. When I came out of the bus Marina (my match) came to me and gave me a hug. After that, she introduced me to her parents (they were really friendly). They put my suitcase and after that we went with some people to an old castle of the village. Around half past eight we went to a restaurant. The food was delicious. We left around eleven o'clock. I only can't sleep by Marina, because of a personal reason. So I went with her to another family. They very kind as well. They showed me the house and showed me my room. I had to share the room with Manuela (the youngest daughter of the family). I brushed my teeth and went to bed because I was a little tired of the journey.

Monday 1/4/19

Good morning, today is official the first full day in Spain. My alarm went off at half past seven, so time to wake up. I put my clothes on and went downstairs. There we had delicious family breakfast. I got warm milk, orange juice, toast and some cookies. After we ate I had to brush my teeth really quick, because Marina was already here to go to the school. We walked together to school. I was very lucky because the school was really close to the house (I think we had to walk like 3 minutes). When we arrived we said goodbye for now (because they had just a normal school day). At first we had a "tour" through the school (it was very cool because earlier it was a monastery). After that someone showed us their small museum and church. In the church they showed us a short movie about people/monks of how they lived in the past. Then we visited the minister in the city hall. She told us a short story. After that we had three quarters of free time in the village "Aguilar". Unfortunately I didn't saw something nice. Afterwards we went back to our families. We went to Marina's house and there we got the afternoon dinner. We got Paella and after that a piece of meat (but I didn't like the meat very well). After that we went to a bison reserve. We have been there for a few hours and after that I went back to my other family. We ate a salad with some meat and sweet peppers. After that I went to my bed.

Tuesday 2/4/19

Good morning, For this morning Manuela set an alarm (because she didn't heard my alarm yesterday). But for some reason it didn't went off so we slept through it. So instead of waking up 7:30 we woke up at 8 o'clock. We really had to hurry up because I only had 5 minutes to make myself ready. But luckily I was right on time. But Marina was again already waiting for us down the hall. We walked together to the school. We arrived at school and I went together with the Dutch students to a center where you can play paddle tennis. We had a short lesson about how you need to play it. After that we had to split up. Half of the students (including me) had to go to another sport center. We played the hole afternoon all different games and also some were typical Spanish. After we all finished everything we went back to the other group because some students had to play the finals of the paddle tennis. In the evening we walked with a small to a place where people had sport practicing (I still don't know why we were there). Then I went home. We ate around nine o'clock. And after the dinner we all went to bed.

Wednesday 3/4/19

Good morning, today we had the sort of 'lazy day' of the exchange. First we had one hour a Spanish lesson from a teacher of the school. After that visited a city named "Burgos". We drove an hour with the bus. When we arrived, we first visited the cathedral with a guide. She told us a lot of information about the cathedral. It was a really impressing building, really beautiful. After we visited the cathedral we had four hours of free time to look though the city. We went to some nice shops and afterwards we went to a tapas restaurant. But the bartender didn't fully understand us with payment. So that was a little drama. We were all happy that we got out there I bought some nice souvenirs and then we went back home again. When we arrived we went with some students to the swimming pool. After that I ate some chicken wings and some stuffed potatoes after That I went straightly to my bed, because I was tired.

Thursday 4/4/19

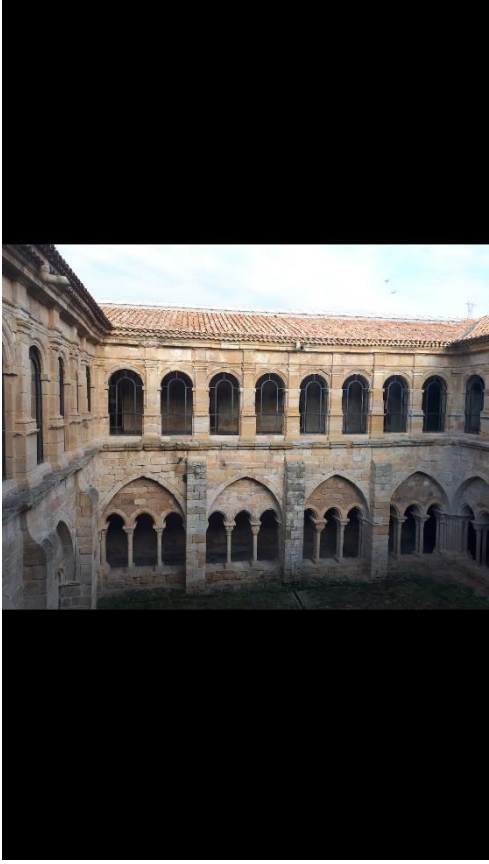
Good morning, today is the second last day again. Today we are going to climb and do some orienteering. First we went with the bus to Valle de gama, and there we had the instructions of how we need to climb and how we do the orienteering. Unfortunately we couldn't climb outside against the rocks because it was too cold and too slippery and that could be dangerous. Luckily the orienteering was outside. The group was split up again. Half of the group started with climbing and the other half with orienteering. By the climbing there were different components that you could do. After that we did the orienteering. We had to walk a little and then then we had to work in pairs and search for places on a map. We almost found all the places instead of one. For around eight o'clock we all ate pizza together in a restaurant. The dinner was really nice. After we all finished we also all went to a bar in the village. It was also really fun there. We stayed until I think twelve o'clock and then we went home. when I got home I went to bed.

Friday 5/4/19

Good morning, unfortunately today is our last day in Spain. I packed all my stuff together. I said goodbye to the of the family where I slept and gave them a little gift. We made the hole morning exercises about the paddle tennis and orienteering. After we finished all the exercises we some pictures with some Spanish students. Now the hardest part came we had to say goodbye to all the Spanish people (because they couldn't come with us) almost everybody was crying because we won't see them ever again. Marina gave me a hug and said goodbye. We both hope we keep contact. We put all of our suitcases in the bus and went on. They waved us goodbye. We visited the city Santander and we also had there some free time but I didn't bought anything there. We also went to the beach to make a some (group) pictures. After that we went to the airport and we all checked in and waited again in the 'waiting room'. The airplane had a little retardation. We landed safely on the ground. We took all our luggage and went to the bus. We drove for about two hours I think and then we finally arrived at school. All the parents were waiting for us. When I came out of the bus I went straight to my father and gave him a big hug. After that I took my suitcase and said everybody goodbye. And then we went to our house.

It was a great experience and I would definitely do it again!

Here are some pictures I made:





Charlotte Jaminon

Eha3a

Zondag 31 maart

- We arrived at Santander and then we went by bus to Aguillar de Campoo. When we arrived we met the families and then we went with a group to explore the village. When we came home to the families we went to eat and this was very strange to me because we ate really late in the evening but it was nice, and then we went to sleep because we were tired of the trip.



•

Maandag 1 april

- We visited the monastery in the morning after that we went to a museum and we visited that when we were back there we went with the group to see the area again and then back to the families there we had dinner and then we went on to view bisons and after the bisons we went back home and we drank tea with the family which was also original Moroccan tea and this was super nice after drinking this tea we went to bed and talked some more and then went to sleep.



Dinsdag 2 april

today we have learned and played paddle tennis. this was great fun and since I also play tennis myself I found it very interesting to see the difference.



Woensdag 3 april

today we had a spanish lesson and then we went to burgos this was a very beautiful city and here we went to look at a cathedral with a guide this was very nice to see, normally i am not so fond of churches and cathedrals to see but this was really beautiful. and then we had free time to walk through the city and shop.



Donderdag 4 april

today we are going to climb this we would actually do outside but since it was too cold for this we went inside to climb and this was in combination with an orientation assignment after we had done this we went back home.



Vrijdag 5 april

Today was our last day which was a real shame because it had been a super fun time. but last we went to work on the assignments at the school and afterwards we took refuge and went by bus to Santander and here we still shopped and walked around and then after the airport and back home

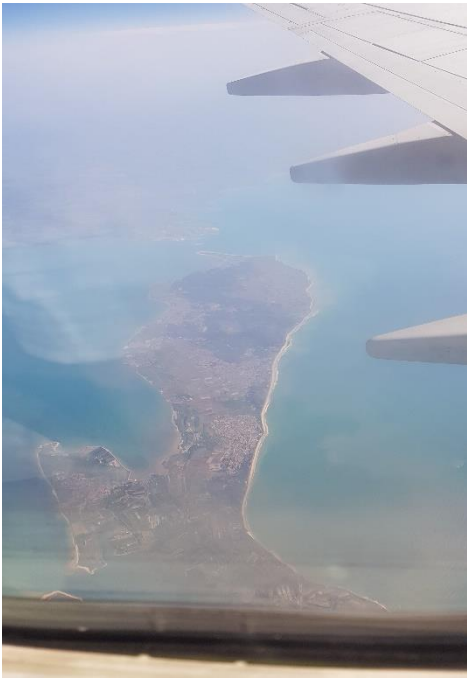


Daily report Spain

Sunday 31, march:

We went into the bus, the bus left eindhoven at 8.30 AM... 1,5 hour later we arrived at the airport we checked ourselves in and waited until we could board for the plane, we flew with Ryanair...

After 2 hours of flying we arrived in Burgos, Spain from there we went to Aguilar de Campoo where the weather was beautiful and when we got to Aguilar we got to meet the family's my family was not complete but I would meet them later then we went to a lake with a group and sat there for a while then we got something to drink and went back to Aguilar where we hung around after that I got picked up and we went home where I got time to shower and then we ate something and we went to sleep



Monday 1, April:

I woke up at 7 AM and had a cookie after that we went to the bus and went to school de Spanish students went to class and the Dutch students got a tour around the school went to the museum and went into Aguilar in the afternoon we first went back home and after that we went to watch bisons and after that we went to Aguilar where I got picked up ate dinner played games and went to bed



Tuesday, 2 April:

In the morning we had a paddle tennis class and after that a tournament we got a warm lunch and ate it all together it was beautiful weather and it was very warm we sat down together outside and it was fun after that we went to aguilas to hang around and I went home

Wednesday, 3 April:

In the morning we went to the school and I and the other Dutch students got a Spanish lesson that was really fun to do because you got to learn more about the language after that we went to Burgos, we got to know a lot about the history from Burgos and we even saw a cathedral from the inside and got a tour true it after the tour we could have some free time to eat and to shop after 3 hours we went back to the cathedral took a picture and went back to aguilas where my match already was waiting to pick me up I could go get a shower and we ate tortilla with ketchup



Thursday, 4 April:

We all got to school and had to put on gym clothes because we were going to climb rocks but it was too bad weather, so we climbed against a rock wall and after that we went orienteering outside that was not hat fun because it was cold then we headed back home and I needed to where something fancy so I put on the most fancy things I could find and we went to eat pizza whit all of us Spanish and Dutch combined after we ate we went to a bar and had a party that was my favourite moment



Friday, 5 April:

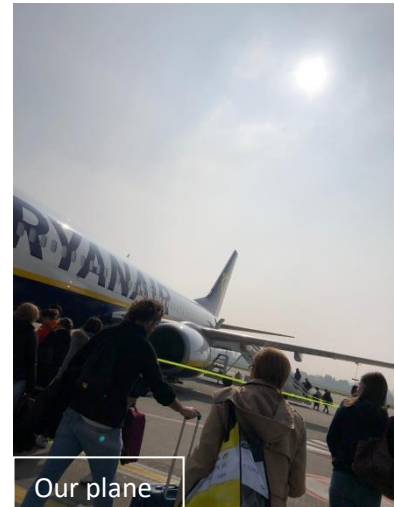
This was the last day I got a note from my family and then I needed to pack my stuff and we went to the school there we made some exercises and then we needed to say goodbye most of the people were crying but I thought it was beautiful to see how attached you can get to a person in just one week everybody hugged each other and then we really needed to go first we all went to a city and after that even to a beach and a shopping mall then we went to the airport got something to eat and flew back to the Netherlands

I can say that I'm very happy that I was a part of the exchange program, and I will never forget the friends I made and the experience I had if I could go back I would definitely do it

Luc kaus, eha3b

Sunday 31-3

At 8.15am we had to gather by school and around 8.30am we departed to Charleroi. When it was 10am we arrived at the airport and there we had to check-in, drop off our luggage and through customs. After that we waited for about 25 minutes before we could get on the plane. Actually the plane should depart at 12.25pm, but the plane departed 5 à 10 minutes later. Luckily everything went well and we arrived at 2.10pm in Santander. It was beautiful weather in Santander (and hot). When we found our bus, we departed with the bus to the bus station of Aguilar de Campoo (the bus was really modern).



After sitting in the bus for 1 hour, we finally saw our matches again. After that I went to the Castle of Aguilar with Sara and some other people. From the castle we walked to a local supermarket (it was very small and cheap compared to the Netherlands). When everyone bought what he/she wanted, we walked further to the Reservoir of Aguilar. By the reservoir there was a lake and when you were



standing on top of the reservoir, you could see the whole city of Aguilar. When it was around 6.30pm we went to a restaurant called 'El Chili', there we were with (almost) the whole group together. And at 8 o'clock we were back in Aguilar again and we were standing for a kind of club (were young adults were smoking and drinking). When we stand there for about 20 minutes, we walked to the Puente del Portazgo river that flows through the city. When it was 9pm Sara and I were picked up by her mother in the centre of Aguilar. Around 9.20pm we arrived at Sara's house (in Salinas de Pisuerga, a small village) and at 9.30pm I had a typical Spanish dinner: an omelette with potato's in it and by it we eat bread with

cecina de León (salted, dried and smoked beef roast from a beef), Spanish cheese and spicy salami as siege for the bread. After the dinner I prepared to go to bed.

Monday 1-4

The morning after the first night in my home for five days, went my alarm off at 7am. Around 7.10am I started with having breakfast, I had as breakfast two slices of toasted bread with butter and a cup milk. When we were done with the breakfast, we prepared us further for school. At 7.50am it was time to leave to the bus stop, there was standing a small bus with students of the same school (I.E.S. Santa María La Real). In the bus was everyone quiet that was pretty weird, because when we in the Netherlands are going with the bus, there is almost always nose..



When we arrived we had to wait to the other people and when we all where there, we walked for 200 meter to the school.

When the school started for the Spanish students (at 8.30am), we (all Dutch students) had a tour through the school. After 1 hour the tour finished and then we went to the Roman museum that was in the school. Also that took 1 hour and we saw some parts of the school twice.. After sawing that twice we went to the real museum (there were many doors in the museum) and we ended up in a church and saw a video there (and I don't know what it was about ..).

At 12.35pm we were sitting in the town hall of Aguilar for about an hour. When we were done there we had free time for 30 minutes. In that time I spend my time in a restaurant/bar with my friends. When it was 13.50pm we leaved the



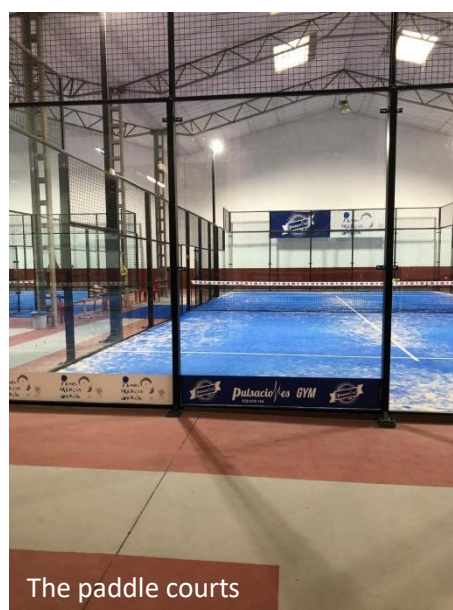
city and walked back to the school. Not much later (at 14.15pm) Sara and me where home and had we lunch. For lunch we ate vegetable soup with typical Spanish meatballs and (of course) bread. I had also a dessert, it was a kind of pudding with caramel sauce. After the lunch I had some relax time and at 4.40pm we picked Marina and Mids up. Then we departed to the bison's (11 minutes driving) in the village San Cebrián de Mudá. Before we walked to the real bison's we had to listen a man (that knows really much about the animals) after that we had to watch a video in Spanish (nobody from the Dutch

group knows what they were telling).

When that was done we (finally) walked to the bison's and saw them in real life. After that we walked back to the bus and Mids, Marina, Sara and I we were going to the village. There we explored the village where Sara and Marina lives. At 10.10pm I finished my dinner, for dinner I had self made fries with breaded chicken and we began with watching Infinity War. After that I prepared to go to bed.

Tuesday 2-4

This morning was actually the same as on Monday. At 9.20pm we departed from school to the paddle courts. When we arrived there all the Dutch people had a lesson. After the lesson we had a small break and after that we started with the tournament. In between the tournament we had lunch (with a lot of different Spanish food). After the lunch started the semi final and final and we had to watch to a game of the paddle teachers (I had to play the semi final with Sara). When we were done at 4pm we went to Aguilar (with quite a big group) and walked to a sport park (with a soccer field, a athletic court and two halls). When we arrived there we watched to a soccer training and after 20 minutes (I guess) we left and walked to a park. Where we sat down and talked.



The paddle courts

At 9pm Sara and I were picked up and went home. There we ate pizza with meat and kind of barbecue sauce on it also by it we had cecina de León and watched Infinity War further. After dinner I prepared for bed.

Wednesday 3-4

Also this morning was the same as the previous ones. When the school started, we had a Spanish lesson until 9.20am. After learning some Spanish we departed to Burgos, there we had a tour through the Cathedral de Burgos. We were very lucky that we had four (!) hours free time.



The Cathedral de Burgos

I went with my friends to a tapas restaurant and Seven, Leva, Dimpy and I ordered tapas (croquetas, jamón, shrimps and chicken broth), Milan and Luca ordered pizza. As dessert we had churros.



After lunch we visited some (souvenirs)shops and at 4.15pm we had to gather at the stairs by the cathedral and from there we walked to the bus. About an hour later we arrived at the bus station of Aguilar where we saw our matches again. After arriving, Sara and I went to the park with some other people. And at 9pm we were picked up and go home, where we ate

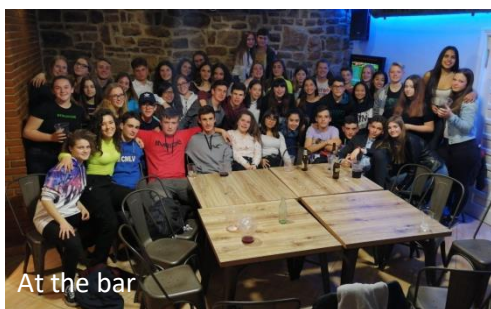
self made fries and croquetas and ended watching Infinity War. After the dinner I made me ready for bed.

Thursday 4-4

The last one day in Spain we went to a climbing hall. First began with a playing orientation inside, that was weird to do and pretty complicated. Around 10.30am we ended the game and went to do outside orientation in the forest.



After that we had to go inside to climb. We had to stack crates, climbing at a climbing wall and last but not least we did decent. In the evening we got out for dinner with the whole group. I shared a pizza with Leva and we ate both a half pizza fungi and a pizza bacon. And around 10pm we went to a bar with everyone. At 11pm it was time (for Sara, Marina G. and me) to go home and get to bed.



Friday 5-4

My morning routine didn't change even it was the last day in Spain and by our host families. Anyway that we were together..

Our morning started at school, from 8.30am until 11.10am we had to work on the assignment that goes about paddle tennis in groups and we had to fill in the evaluation. I had to work with Sara, Amador, Cristina, Rodrigo, Luca, Milan and Leva.



Santander beach

At 11.35am we had to say goodbye to our matches (unfortunately..) and we departed to Santander. In an hour we were in Santander and we had free time until 3.15pm. Then we departed to the beach where we were until 4pm and then we departed to a shopping centre near by the airport. We had an hour and a half free time and then we departed to the airport. At 8.45pm we had our flight to Charleroi Airport, where we landed at 10.20pm. At 11pm we departed with the bus to school, where we arrived at 12.40am.



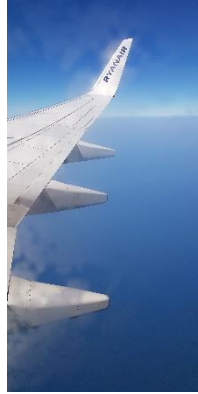
Charleroi Airport

Day reports Aguilar de Campoo, Spanje

Bram Krabben EHA3B

Sunday 31 March:

Sunday was the day we departed to Spain, it began with waking up early for the Sunday. Next we go'd with the bus to Charleroi where our plane departed from to Santander. So after the flight we were coming in to Santander. It was nice weather but the rest of the week was a little bit sad weather. We travelled by bus to Aguilar de Campoo where our matches and 'parents' (for a week) were waiting on us. I was a little nervous but that wasn't a big problem. After a do, we did go to the houses, unpacking our stuff and off we go. We were going directly to some places like the dam. After that we had dinner and we did to sleep.



Monday 1 April:

It was strange to wake up in Spain for the first time. First doing my morning routine and then i had breakfast. The breakfast was really different for me. It was tea with roasted bread with butter. That was it. Some minutes later we departed to school where we had a tour thru the school and the museum. It was really impressive to see and hear it was a old cloister. After that we departed to the mayor of Aguilar de Campoo. It was nice but only a little bit disappointing that the mayor didn't spoke English. After that we did go to the 'town' where we had free time. We did go to some shops but that was it. After that in the evening we go to a smaller place to see bizons. It was fun to see. Then we were going back to home where we had dinner.



Tuesday 2 April

**Today when i woke up, i got breakfast again ofcourse ;)
After breakfast we departed to school where we had to wait for everyone. After that we departed to Paddle Tennis courts. It was a fun sport and i loved to play it. The activities from the whole day were very nice. It was a nice long day but an exhausting day, but it was worth it.**



Wednesday 3 April:

The Wednesday was a very nice day. We did go to Burgos. A beautyfull city with a wonderfull cathedrale. It was sometimes nice in the cathedrale but some places were a little bit boring. But over all it was very nice, after the cathedrale we had a lot of free time. And did go to nice places and shops. It was so amazing so it is a amazing memory i will never forget. Then after freetime we go'd to home and had dinner, at Wednesday was the nicest meal for me from the whole week haha. The Wednesday was over all a really nice day.



Thursday 4 April:

Today was the last full day in Spain, i think it was the best day of the whole week. Today the day started again with a nice breakfast ;). After breakfast we departed to the Hangar/place where we did go Rock Climbing and Oriëntering. The group got splitted up in 2. First i had to do Oriëntering, the first activity was inside. It was fun but not the most fun activity. After that we did go outside and had a nice Oriëntering walk. It was a nice walk and we saw a lot of things for example a 'deer antlers' if i am well.

After the walk we were going inside to Rock Climbing it was very fun and a amazing experience.



Friday 5 April:

This was the last day in Aguilar de Campoo/Spain.

Again it began with a breakfast. But it was a sad day, it was going thru your mind that it could be that you wouldn't ever see 'the people you lived with for 1 or 2 weeks' again. That was hard. But yeah, also we departed to school this time by car and with suitcases. First we had to make some exercises about the week and after that we had to say goodbye. It was hard, really hard. But of course after the goodbye we made again a nice day from it. We did go to Santander. A nice city with a nice cultural thing and nice shops. We also go'd to the beach and a shoppingcentre 😊 After that we did go to the airport and departed back to Holland. As soon as we landed i got called and got messages from spanish people. It was hearthwarming.

After we got the baggage we were walking to the bus. In the bus a lot of people were very tired and go to sleep. Everybody knowed, it was the end of a nice journey!! I really enjoyed every day, and i will never forget this week.



Daily reports, exchange Aguilar de Campoo

Sunday, 31 March – We had to be at school at 8 AM so we could leave at 8.30 AM with the bus. We went with the bus to Charleroi and at 12.25 PM we left with the plane to Santander. We arrived at 14.20PM in Santander, grabbed our suitcases and went with the bus to Aguilar de Campoo where our matches were waiting. My match picked me up at the bus station and went to her home, she explained everything to me and introduced me to her parents and brother and then we went “sightseeing” around town. Then we went back to her home, changed our clothes and went outside with all the other kids. Then we ate pizza, went back home and went to bed.

Monday 1 April - We needed to be at their school at 8.30AM, once we were complete we got a tour from the school and the history from it. After that we went to the Town Hall and learnt about the history from the town and about the business that they have. Then we went back to our houses and I ate dinner. At 16.30PM we went to the Bison park and learned about the history of the Bisons and saw a few Bisons, at 19.00PM we went back and the whole group went outside and we hang out together. After that I went back to her home and went to bed.

Tuesday 2 April – We needed to be at the school at 8.30AM when we were complete we went to the paddle court, had paddle lessons for 2 hours. After the lessons we had a short break and after that we needed to play a tournament but I lost really quick. After the tournament we got lunch from the school. After we had lunch we went back home and changed our clothes and went outside with the whole group and had a lot of fun.

Wednesday 3 April – We needed to be at school at 8.30AM, then we had a Spanish lesson till 9.20AM. At 9.30AM we went to Burgos and got a tour through the cathedral. After that we had 3.30 hours free time and I went shopping and eating with friends. We needed to be back at 16.30PM so we could take the bus and go back to Aguilar. After getting back in Aguilar we immediately went to the park and hung out together.

Thursday 4 April – We needed to be at the school at 8.30AM and leave with the bus to the indoor rock climbing place. I got placed in the group where we needed to play the game first, I was in a team with Sir Vinken and Sir Ketzler (we won!!). After the game we went orienteering and while orienteering Sir Vinken stepped in the bull poo. After the orienteering we went back to the rockclimbing and did that. After we got back from the rock climbing we went home and changed our clothes and went to pizza with the whole group. After dinner we hung out together again.

Friday 5 April – We needed to be at the school at 8.30AM, when we were complete we walked to the bus and had to say goodbye, we all cried a lot. At 12.35PM we arrived in Santander, there we had 4 hours of free time. Isa, Bram, Tyra, Noah and I walked half an hour for a McDonalds. After we ate we walked back and we all took the bus to the beach. After the beach we went to the airport and needed to wait for the plane. We arrived about 01.00AM at school, then we all said goodbye and went

home.



The picture is a little blurry but we still had a lot of fun!

Emma Peters
Eha3C

Diary Spain

Sunday March 31st 2019

I sad goodbye to my parents in the Netherland and then I did go with the bus to airport Charleroi. From Charleroi I did go to airport Santander. We did go to the bus station in Aquilar de Campoo, there were my match Garazi and her mother. They did say to me hello and then we did go to the restaurant from her mother. There I meet some off family from Garazi. Then we did go to a bar and drink something. Garazi did come with a friend from her and they took me to the mountains. They did show me a place with a beautiful view. I took a lot off pictures from this place. It was really beautiful and quiet. In this place we did listen a lot of nice music. We did come back from the mountains and we did go outside to play football. Then we did go back to the restaurant and I did eat fries with bacon and fried egg and a dessert. After dinner I did go to shower and after shower I did go to sleep.



Diary Spain

Monday April 1st 2019

I did go to the school Aquilar de Campoo. From Aquilar de Campoo we did walk with de group to Monastery. Then we did go to visit the museum in Monastery. After that we had some free time to shop and look around the village. Then we did go to the town Hall and we did get a present there and we took together with the group a picture in the Town Hall. After the Town Hall we did go back to the host family. I did eat in the restaurant spaghetti and then we did go to watch bison. They were really beautiful animals. I took a lot of pictures from the bison and we had a lot off information about these beautiful animals. I did feed the bison it was really funny. After the bison we did go back with the bus to Aquiar de Campoo and then back to the host family. I did go to shower and after shower I did go to sleep.



Diary Spain

Tuesday April 2st 2019

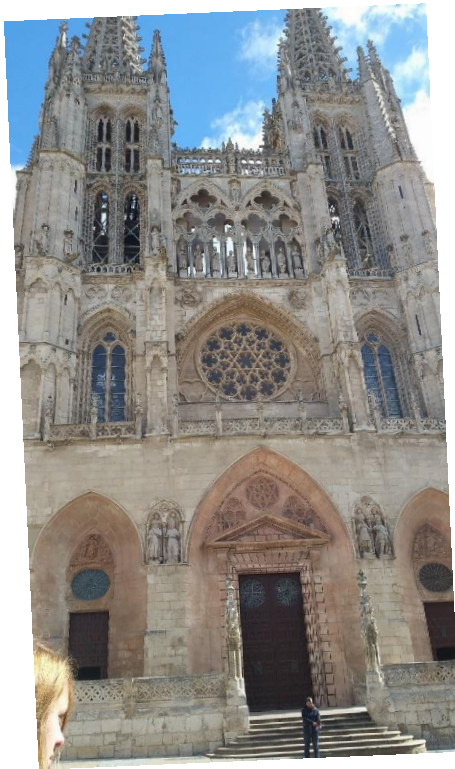
I did go to the school in Aquilar de Campoo and from Aquilar de Campoo we did go to a sports hall. There we did do paddle tennis. We did become a lesson about paddle tennis and we did may to practice a lot. After the paddle tennis we had a break and there I did eat a banana and orange. After the break we did go to another sports hall and there we did do outside sport activities. For example bag running, jumping rope and badminton. After a long time sport we had another break. I eat a sort of omelet cake with cheese and ham and dough. The food was a sort of nice. It was oke. After the break we did play a paddle tennis tournament and after the paddle tennis tournament we did go to the host family. I did go to shower and then I did go to sleep.



Diary Spain

Wednesday April 3st 2019

I did go to the school in Aquilar de Campoo. We did have a Spanish lesson. Then we did go with the bus to the beautiful city Burgos. There we did visit the cathedral and we did learn a lot about these cathedral. We did get a guide to show us the cathedral. I took a lot of nice pictures from the cathedral. After the cathedral we had a lot of free time and we did shop a lot. There were a lot of nice things in the shops. After shopping we did go to a restaurant to eat something. Then we did go with the bus to the school in Aquilar de Campoo and we did go with the group to a park. After the park we did go back to the host family. They did treat me to pizza and fries. It was delicious. I did go to shower and then I did go to sleep.



Diary Spain

Thursday April 4st 2019

I did go to the school in Aquilar de Campoo. From Aquilar de Campoo we did go with the bus to Valle de Gamma. We did do Rock climbing in mixed groups it was nice and funny, but it was there so cold. After a really long time climbing we switched with to other group and then we did do orienteering. That we did do outside. We did go walk to a place in the mountains and there we need to split up and make exercises. When I was walking on the mountains I did fall and I had a lot of pain that I can't even walk. After the orienteering we did go back to the bus station in Aquilar de Campoo. I did go to the host family and they took me to a doctor for my leg. Then we did go to the restaurant and they make for me an omelet and a dessert. It was really yummy. After dinner I did go to shower and then I did go to sleep.



That was my room where I did sleep.

Diary Spain

Friday April 5st 2019

I did pack my suitcase and go to Aquilar de Campoo. There we did do a project about paddle tennis and we did fill in an evaluation. After the exercises we did say goodbye to the Spanish students and we did go to Santander shopping Centre. We did shop a lot and we did go the McDonalds. After the McDonalds we did go back to the bus and then we did go to the beach where I took a lot of pictures the beach was so beautiful. Then we did go to Santander airport and we did check in and had some free time to wait for the airplane. Then we did land at the airport in Charleroi. We took the bus to home. In the bus we did play last one Spanish music. We did come back to Eijkhagen and there were did wait my father and mother. I was so happy to see them. Then I did go shower and fall in sleep.





INTERNATIONAL EXCHANGE AGUILAR DE CAMPOO

Sport with no borders

The report of the exchange (Germany, England) , Spain and the Netherlands.

This project is funded by Erasmus+ Programme of the European Union.

The theme of this year was sports with no borders.



51 participants

**31st March –
5th April 2019**

**Charlemagne
College Eijkhagen
Landgraaf / The
Netherlands**

**I.E.S. Santa Maria
La Real Aguilar de
Campoo / Spain**

SEVEN SCHLIJPER

**EHA3B
2019**

Supervisors:

Mr. Ketzer
and
Dhr. Vinken

31-03-2019
Day one,

08.15 We were going to school and waiting on the bus.

08.30 We left Landgraaf and went to the airport of Charleroi. When we arrived and checked in we had free time for 30 minutes. After that we went to the airplane and landed at 14.20. After we got out of the plane we went to the bus that brought us to Aguilar de Campoo (busstation).

15.45 We arrived on the busstation and the hostfamilies were waiting on us. The mother of my exchange student (Marina) picked up my suitcase, while I was going to a ruin (castillo de aguilar de campoo) with almost the whole group. We stayed there for a couple of hours and made a lot of pictures.

17.16 Marina, Marina, Mids and I drove away to a Bar-restaurante El Chili. We drank something and talked a lot, while the parents from Marina Garcia stayed at the bar-restaurante we went to the dam and relaxed there.

After a couple of photos and enjoying the sun we went back to El Chili where we drank again.

Coincidentally (almost) the whole group of exchange students came to the bar-restaurante.

After a couple of hours Marina, Marina, Mids and I left El -Chilli's and went to a high building where you had a great view.

After that we went to the town Aguilar de Campoo itself, Mids and I got a little tour that was very sociable. We relaxed on a couch and talked with some other people from the exchange who passed by.

In the evening 20.30 Marina, Marina, Mids and I went to a restaurant named Carbonara. It was a cute little Italian restaurant.

The mother and the little brother of Marina came to. We ate pizza and a dessert.

23.30 we went home and went to bed because it was a long day.



01-04-2019
Day two,

I woke up at 07.15 and I slept in a bunk bed.

So I changed my clothes and did my make-up. 07.35 I came downstairs and ate my breakfast. I ate cake, cookies and drank some milk. 08.15 We walked to school and when we got there we waited in the entrance on the rest of the group.

8.30 – 10.00 the Dutch exchange students visited the monastery, what was very impressive. The school was beautiful and unforgettable.

10.00-11.00 we went to the ROM (Romanesque Museum) what was next to the school. The man showed us some pieces of the school and told some stories. Then we went to some church and watched a video.

After that we walked into the town and had some free time, so Leva, Dimphy, Jill, Luca, Milan and I had a drink in a bar. It was really funny, because the maid came to us and began talking in Spanish.

We said that we didn't speak Spanish, so she turned around and walked away, but she came back anyways.

12.30-13.30 We went to the town Hall. There was a translator and the mayor. They told us stories about the town and the cookie factory. The people in Aguilar de Campoo are really proud on the cookie factory, because they talk a lot about Gullon(cookie brand).

14.15 I went back to Marina's house. I ate chicken, bread and pasta with some weird sauce, but it was delicious.

16.30-19.00 The whole group visited the bison. But first we got some information about the Bisons (especially in Spanish). After the information we had to walk 2 km to the Bisons. When we got there we could see the bison and make some pictures.

20.30 After the Bisons we went into the park and chilled with some people of the



exchange.

21.30 Marina and I danced a lot and laugh a lot until we could eat.

22.00 We had dinner. There were a lot of salads and breads.

23.15 We went to bed.

02-04-2019

day 3

7.15 I got up and did exactly the same as yesterday. Changed my clothes, did my make-up, had breakfast and walked to school.

8.30-09.00 We went with a bus to the paddle tennis courts.

09.00-11.00 (only the Dutch people) The group was split into two and had lessons by an instructor.

12.00 The instructors made a list with couples of two. Every couple had a number and the numbers 1 up to and including 14 (I was number one with Marina) went with a bus to a different place, because the playground for the games and paddle tennis wasn't big enough. We played: boules, badminton, coin throwing, paddle tennis and jumping rope.

14.00 We went back to the rest of the group (they stayed there). We had lunch with typical Spanish food.

17.34 I came back to Marina's house and we went outside like 18.00. We found the rest of the group in the town. We chilled there and then the group walked further, except Milan, Marina, Marina, Marcos, Mids, another Spanish girl and I. We walked into a bar to have a drink.

19.00 The father of Marina (Iván) picked us up by car and drove away to a hotel in Cervera de Pisuerga. When we got there we went to the terrace of the hotel. And I had a beautiful view over the mountains. It was so beautiful!

Then we were sitting and drank something. We talked a lot and it was really sociable, I didn't meet the father before because the mother and father of Marina are divorced.

20.55 We went to the town of Cervera de Pisuerga. We walked in one street up and down, because that was the town. I was really impressed how many bars there could be in one street.

21.24 Iván drove to his house that was next to the school. I walked into the house, it was really nice. They had a dog that was obsessed with light, I really love that dog!

While Iván was cooking, he showed Marina the house.

We ate chicken with curry, bread, strawberries, rice and as dessert Turrón.

23.30 Marina and I came home and went to bed.



03-04-2019

day 4



We went to bed yesterday like 01.00, Marina and I were very tired. We woke up to late so we had to hurry up. Once arrived on school (Dutch) students went to Burgos. 11.00 We arrived in Burgos and had a tour through the city and cathedral.

13.00 We were ready with the tour and had some free time. I spend my free time with Milan, Luca, Leva, Jill and Dimphy. We walked in the city and went to some shops. We did eat something to and went later to a bar.

16.30 We went back to Aguilar de Campoo.

17.30 We arrived in Aguilar and went to the cookie shop of Gullon with Jesper, Mids, Shanna, Pablo, Marina, Marina and Lucas.

After that Marina and I went home and changed, because we're were going to swim with Jesper, Mids, Shanna, Pablo, Marina, Marina and Lucas.

22.00 we came home and ate something like soup/stew, blood sausage with

rice in it, bread and some salades. It was so comfy that Marina and I talked and laugh a lot until 01.30.

04-04-2019
Day 5

Today i woke up so tired and so did Marina. We had breakfast and went to school. Unfortunately plans were changed, because of the weather. It was too cold to climb outside. So we went to an sports hall and splitst the group in 2, the same groups as Tuesday. I was number one with Marina so we stayed inside. They splitst the group again and the first activity was wall climbing, the second was abseiling and the third was with beer crates. 12.30 we had a break.

We swapped with the other group and had first a little game of orienteering. Then we went outside for orienteering. Marina and I walked alone and on the end we saw some other people so we walked together.

16.00 We were done and went to a bar and drank something.

17.30 We arrived in Aguilar de Campoo. Marina and I went home. I took a shower and after that I changed my clothes, because we were going to a restaurant and after that to a bar with the whole group.

Marina and I had to be in the restaurant (what was upstairs in the busstation) like 19.30, but Marina wasn't ready yet and we were really late. We arrived like 20.30.

We have eaten pizza with the whole group and after that we walked to a bar named Ritual. It was really comfy, we stayed until 01.00.

We walked to Marina's house and talked a lot, we didn't sleep that much anyways so we talked all night.

05-04-2019
Day 6

The very last day.

I woke up like 07.00 and did my morning routine. I had a really nice breakfast, I had churros with hot choco.

I putt my suitcase downstairs and that was it. The last time in the house.

We went to school and until 11.10 Nadina, Marina,, Pablo, Noah and I worked on the evaluation project.

After that we said goodbye to everyone. It was really hard to say goodbye, because i don't know if i am seeing those people again in my life. But Marina and I promised eachother that we would write letters.

12.35 we arrived on Santander and had free time, so we walked trough the city and bough some things.

15.40 We went to the Beach of Santander

16.00 We went to a big shopping mal.

17.30 We went tot he airport of Santander and flew to Charleroi. Arrived in Charleroi we went by bus to our own school.



I have no regrets that I participated in this exchange. It was a very nice week, perhaps one of the nicest in my life! It's an unforgettable week!

- Sunday, March 31

We had to be at school at 8.15 am, because the bus had to leave for the airport in Charleroi. The bus trip was approximately 2 hours and the flight 1 hour and an half. When we arrived in Santander we drove to Aguilar de Campoo. There we went to the bus station and we went with our “Spanish parents”, I first went to pick up the mother Norma, because she just finished her shift at work in the restaurant. After that we all went home, to lunch. My exchange Carla lives in a flat on the third floor, with 7.5 rooms, which one of them was mine. The rooms were quite spacious, only poorly laid out, everything was close together, they could’ve arranged the furniture differently. After lunch, Emma and Elena picked us up, to meet with the group at the restaurant El Chile. In the evening we went to the river/stream, and to the center village, to eat pizza at about 9 pm. We went home at 10 pm and then I went to bed.

- Monday, April 1st

We had to be at school at 8.30 am, because we were going to get a tour through the school. That lasted about two hours. Then we went to the “museum”, and that was in the school self. After that we went sightseeing, and we’ve got an hour of free time. I went with Dulce, Isa and Sterre to a church on top of a hill or mountain. When we were back with our families we had lunch, and two hours later we visited the bison. We had to be quiet because otherwise we could scare the bison. When we were back in town, we were outside in the park until the late evening, so we were back home at about 10 pm, then we ate and we played games with the parents! It was very fun, they taught me how to cheat on the game haha, after that I went to bed.

- Tuesday, April 2nd

This morning we had to be at school at 8.30 pm again. We went to the paddle tennis courts to learn how to paddle tennis. Only the Dutch students were here. After two hours of lessons, we had a break, and then the Spanish students came to play tournaments, and traditional games.(We were split in half). After two hours one half came back to the courts, and we had an expanded lunch with the whole group. Then we went back to our families, to shower or whatever you want, and then we went outside again with the whole group in the park. I liked that the most because we were a lot closer and it was very fun. At 9 pm we had to go home because almost the whole group was going home. At home we ate, without her dad because he was working. After dinner we all went to bed.

- Wednesday, April 3rd

We had to be at school at 8.30 am again, and the Spanish students had lessons at school, and the Dutch students had Spanish lessons. We had to speak a couple Spanish words in front of all the Dutch people, but it went well.

After an hour Spanish lesson, we departed to Burgos, to visit two cathedrals. Isa and I needed to pee, so we went to pee in a public toilet, after 5 minutes, we couldn't get out because the door was stuck. Isa immediately pushed the sos button and some women was talking Spanish to us, so someone opened the door from outside and after 5 seconds we were out of the toilet. We had 3 and a half hours free time. I went with Isa and Demi Weber to th Burger King, because we were very hungry. In the Burger King, we came across Dulce, Luc, Demi Brandt, and Bo, so we went with them to the snipes. I bought a sweater, Demi bought new shoes and Luc bought a t shirt.

Then we went to a couple more stores, so I bought a couple things for my family. Then we went back to Aguilar, and at 5.30 pm we were home. We ate, went outside with the group and after 4 hours we were back home again. The time went by very fast, especially when you have fun with funny people.

- Thursday, April 4th

We had an excursion to valle de gama, where we went rock climbing inside, and build a tower of crates. The half of the group was doing that, and the other half was orienteering. We did that for 8 hours, and then we went back to our families to have lunch. After lunch Noah and Emma came with me and Carla, to freshen up for dinner together with the group. We went to a pizzeria, because they reserved for all us. Our exchanges wanted to pay, and it was unacceptable when we wanted to pay ourselves. After dinner we went to a bar, to have a last drink with each other. It lasted till midnight, and suddenly everyone was crying, because they didn't wanted to go home, or didn't want that we were going home on Friday. So that was a little emotional hahaha. After about 20 minutes of walking we were finally home, but we needed to be very quiet because everyone was sleeping. After 2 hours I fell asleep, then i heard something so I woke up at 4 am, I had not sleep from then.

- Friday, April 5th

From 8.30 am until 11 am, we worked on the project with our groups. And that was the last thing we did together. Then we had to say goodbye to the Spanish group and everyone, but really everyone was crying. That was the very shitty part of the exchange. After a lot of tears we departed to Santander, and we had a lot of free time again. I went with Isa, Noah , Bram, and Emma to the Macdonalds, but we had to walk a mountain or

hill but it was very very steep. After that we went to the beach, I made a lot of pictures with Isa on that beach. Then we went back to the bus and we went to the mall, I bought a new phone case, and I ate an ice cream with Isa. A couple hours later we were back in the bus, for the airport. A lot of people's suitcases were too heavy, so we put some stuff in other people's suitcases. Charlottes suitcase suddenly didn't close anymore so she had to put clothes in Dulces suitcase. After 4 hours we were back in Charleroi, it was about 10 pm. Then we had to go to our school in the Netherlands and that was about 2 hours or something. We were at school at about 00.30 am.

I think about the exchange a lot, and I want to meet up with the whole group again.

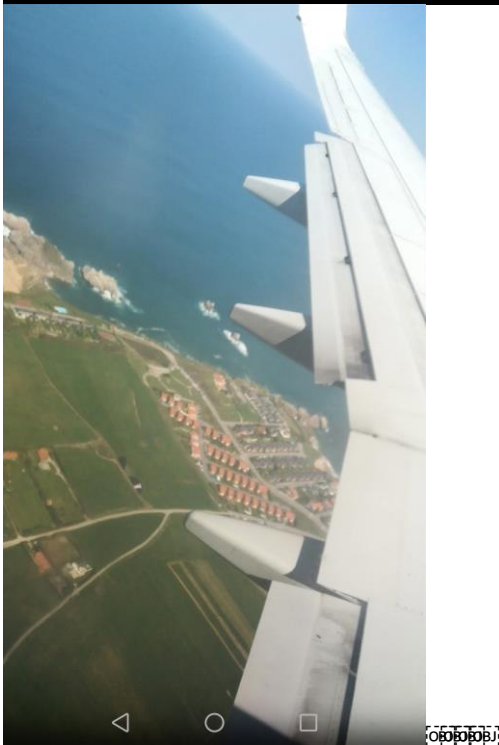
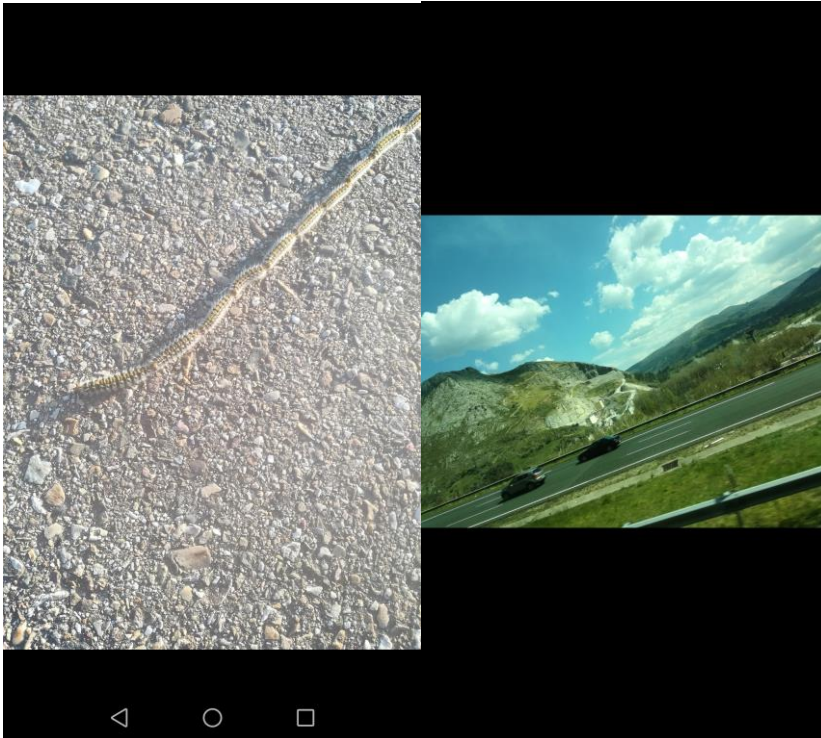




The week in Spain.

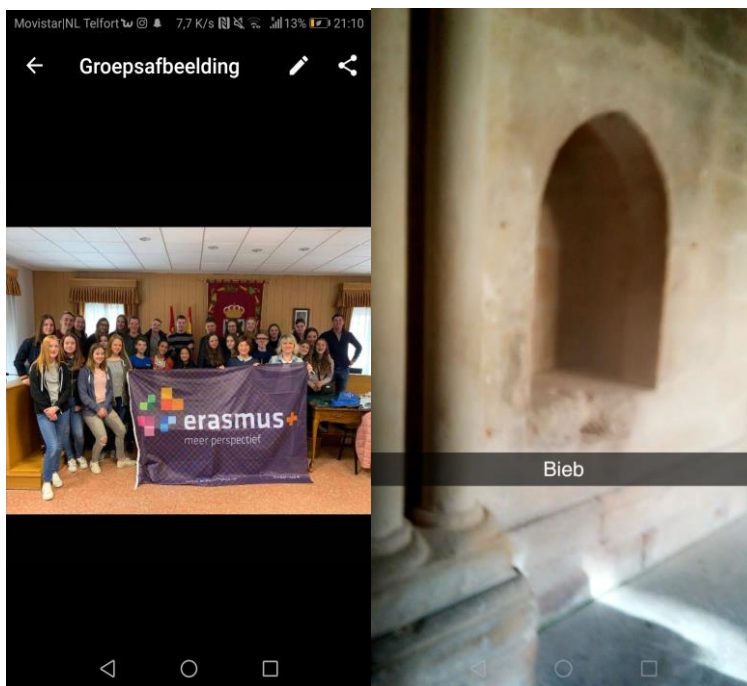
Sunday:

On Sunday we arrived at Aguilar de Campoo, my match introduced me friendly to his mother and helped me with my stuff. He showed me his house my sleep place and things like that. After that we went out with most of the people who participated in the exchange. We walked with us all to the dam, when we were there, we made pictures and had a lot of fun together. We went back to home in the evening. When we were home, we ate and went to bed.



Monday:

This day we became a tour through the school. It was a monastery and so it had a huge and interesting history. I learned much about the monks how they lived there and how the building circa looked like. There was one thing that was special, a river went through the school. It was interesting to see because we don't have that in the Netherlands. After the tour through to the school we became a tour through the Romanesque museum. I normally don't like museums, but this one was very interesting. They explained again much about the history and that's what interest me. We saw the church and watched what the monks watched when they were praying or something in the church. I didn't understand much from the video because I couldn't understand what they were saying but it seemed interesting. After all the tours through the school we went to visit the town hall. Here we heard how important the city is for them and what they do. So, in this speech we learned more about the town. After the speech we had free time to look by our self through the town and discover what we can do in the town what shops there are etc. After all this we went back to the school where our matches were waiting for us and take us back to home. In the evening we had an activity to. We were going to watch bisons. First, we got a speech how bisons react, how fast they can run, what you must do when a bison is running after you and stuff like that. Then we walked to the bisons to see them.





Tuesday:

This day was about the whole exchange. We did paddle tennis. First, we went with all of us to a paddle court and learned a bit how we must play it. Then the group split in two parts one half went to another paddle court and the other half stayed in the same paddle court. We played at both places matches and the final match was held in the paddle court where we started. After the matches we saw two trainers playing against each other. So, you could make a little image in your mind how it looks like when people are practising or playing a match with each other.



Wednesday:

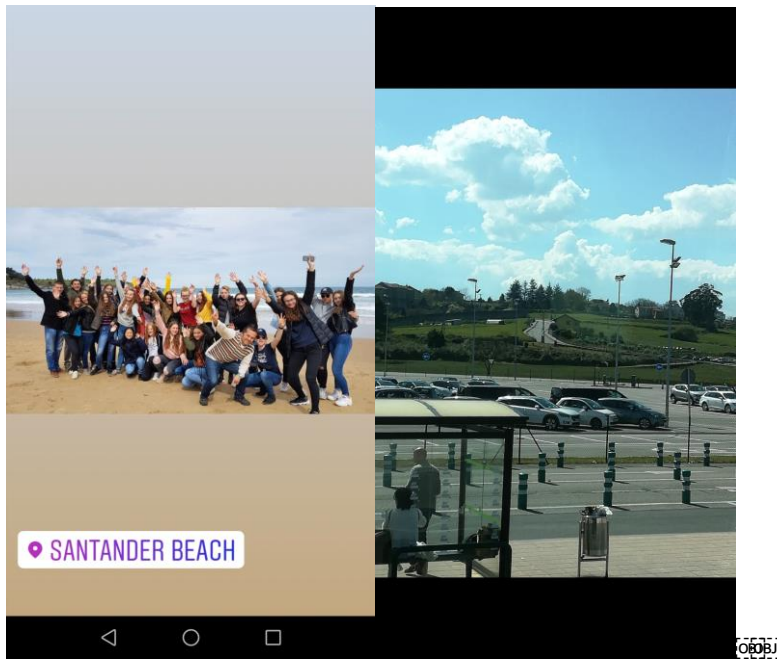
This day the Dutch students went to Burgos. We saw the Cathedral from the inside, and it was insane big everywhere where beautiful images from important peoples from the cathedral. Also here was a lot of history. We heard much of the important people for the cathedral and what they mean to them. There was also a lot of gold in the cathedral. Almost everything was made of gold and that seemed beautiful. The cathedral had a lot of rooms and every room had their own history. The cathedral was so big, we walked through it in circa two hours. After the tour through the cathedral we had free time. We walked through the city and visited a lot of shops we bought a lot and had fun. There were a lot of clothing stores. Almost in the evening we went back to Aguilar de campoo.

Thursday:

This was circa the last day we were all together. We did this day a sport, rock climbing and orienteering. I first did rock climbing, that was inside but it was so cold I almost froze. First, we climb a sort of wall. On the wall were things where you can grab yourself up higher. The meaning was that you came to the highest, but I failed. I'm not someone who loves climbing and I didn't dare to climb high. I was a bit scared for this part. By the second part we needed to go down from a sort of balcony you needed to put the rope in your hand and held your hand on your back otherwise you would fall and hurt yourself. I tried it and in the beginning, I was scared to do it, but it wasn't that scared. In the last part you needed to build up with crates so high as possible. After the climbing we went outside and did orienteering. First, we did an exercise to practise how it works after the exercise we went into the woods and began to orienteering. I've saw a lot of things in the woods and it was very relaxed to walk through the woods in my opinion. We saw cows. Then when we were back, we went back home. In the evening there was a sort of party because it was the last evening that we all could be together. We made a lot of fun and it was nice to be with everyone again.

Friday:

The last day in Spain. In the morning we had to make an exercise for the exchange all together. Then the Dutch students went in the bus and must say goodbye to the Spanish students. Almost everybody was crying and didn't want to go. The Dutch students went to Santander and there we had free time to shop. Circa one and a half hour. Then we went to the beach made some pictures, played with the sea and looked at the beautiful sight. Then we went to another shop centre where we had free time too. After all the shopping and stuff, we went back to the bus and they brought us to the airport. Most people were a bit confused about how fast the week went. We were at the airport for circa two hours and then we leaved Spain.



For me was it a beautiful experience. I never went so far and I liked it very much. I've also learned a lot of things. It was an amazing week!

This was my week in Spain.

With friendly greets, Shanna Toering

Exchange daily reports

Sunday 31/03/19

n Sunday 31 March at 8.30 we had to be at our school, we went by bus to Charleroi. As usual, a lot of music was played on the bus. When we arrived at the airport, we were able to hand in our bags very quickly and through customs. After we had been through customs, we had to wait half an hour before we could board. At 25 past 12 we were on the plane and at 20 past 2 we arrived at Santander airport. We went by bus to Aguilar de Champoo. When I was at my host family's house, I was able to put things in my room, and then we went with the group to the castle and other sights in Aguilar de Champoo. We first went to the castle to see everyone in the group after we had been to the castle. We went to the lake, where we walked around for about two hours. In the evening we went out for dinner with a few Dutch people and Spanish.



Monday 01/04/19

On Monday, April 1, we first had a tour at the school / monastery. Then we had a break and after the break we had another tour and we got to see the church in the school. We have seen a short film in the church itself. After we were done at school, we went to the town hall and received more information about Aguilar de Champoo. When we were finished at the town hall, we had free time and I went to the castle again with friends I then went back to my host family and then also had dinner. Around half past four we went to San Cebrian de Mudá, which is a bison park. We have been in the park for about 2 hours. When we were back in Aguilar de Champoo we went to a park with the whole group and we stayed there all evening.



Thursday 02/04/19

On Tuesday 2 April we went to play paddle tennis. At half past eight we had to be back at school, we were on the bus for about 5 minutes until we arrived at the sports location. We first had time to change, but then we immediately started the lessons. The group was split in two, both groups had their own teacher. In class we were explained what you should know about paddle tennis. When we finished the lessons and lunch, the Spanish students came to us. The day before duos were made, mostly girls and boys mixed. I was paired with Lucas. there were too many people to stay at the same sports location, so the first 14 couples went somewhere else. There were still too many people to play with all his padel tennis, so you could also play badminton and other games. After we had been playing games for a while, the other students returned to the location. Then we had dinner with all the students, we ate different types of egg and baguette. After we had dinner, the people with the most points went to play the semi-final and shortly thereafter also the final. The other students just watched. After the final was played, we could all go back to school. When I arrived at my host family, Naiara and I had dinner one night. Then we went to a bar with other people and played table football. After a while the other students came too, and we all went to the park where we were on Monday. We stayed in the park again all evening.



Wednesday 03/04/19

On Wednesday 3 April we went to Burgos with only Dutch people. We had to go to school again at half past eight, and went by bus to Burgos. When we arrived in Burgos, we were first given a tour of the Cathedral. After the tour we had free time all day in Burgos. First we all went to Burgerking. Then we went shopping with a smaller group and we went to eat tapas. Around half past four we had to be back at the Cathedral. When we were back at school, we went back to our host families. Naiara and I had a drink together, and then we went to a bar again. We had tea in the bar, and we went back to the park. We stayed in the park again all evening. When I was back with my host family, we ate dinner and watched a movie together. Then I went to my bed.



Thursday 04/04/19

On Thursday, April 4, we went climbing and doing orientation. At half past eight we had to be back at school and we went by bus to a kind of sports hall. We started working together again in the same groups as Tuesday. The first group went on to do 3 different climbing assignments. And the second group started doing orientation assignments. The orientation assignment started with a kind of warm-up / explanation. And then we went on a walking route again in pairs, where you had to put a stamp on your map in places. After we finished the orientation assignments, the second group started doing the climbing activities. You had 3 different parts for the climbing assignments. When everyone had finished the assignments, we went back to school and host families. After I had been with my host family for a while, we went to a bar with a group. Where we are waiting for everyone to go and eat with all of them. We all went to eat at a pizzeria. After we finished eating, we went into a bar with the whole group. We stayed in the bar until late in the evening, when we got home we went straight to bed.



Friday 05/04/19

Friday, April 5 was unfortunately our last day in Spain. Before we went we had to ask questions in groups in which Dutch and Spaniards were mixed. And another individual questionnaire. When everyone finished the assignments, we had to wait a while until the bus arrived. When the bus arrived, we unfortunately had to say goodbye to everyone, because the Spaniards were not allowed to come to Santander with us. When we arrived in Santander, we had free time in the city itself. I walked around in Santander and had lunch. After we were in Santander we went to the beach. We stayed on the beach for about half an hour. From the beach we went on to a mall, and we had time to shop. Then we went to the airport. After we had delivered our bags and had passed customs, we had to wait a little longer at the airport but not very long. Around half past ten we arrived in Charleroi. After we had picked up our bags, we went back to Landgraaf by bus.



Sunday, 31 March

Our beautiful adventure started on Sunday 31 March. Everyone had to be at school at 8:15. We went by bus to the airport. Once we arrived at the airport we of course had to hand in our suitcase and through customs. After we had done that, we had 45 minutes of free time at the airport. I didn't do much there because we were already at the right gate. After forty-five minutes we were finally allowed to board the plane, Most of which are naturally tense because some of them flew for the first time in their lives. The flight was nice. We had no tubelance or other crazy malfunctions. Once arrived on Santander's lying rig, everyone must naturally pick up his/ her suitcase. I immediately noticed that the airport was very small. There were only two real shops. Of course we had to go from the airport in a bus that would take us to the busstation in Aguilair de Campoo where our matches are waiting for us. After we had greeted our matches again we went with an apprentices to an old castle ruin. We walked around and took some pictures. then we actually went home again. I then went out to dinner with my match at a small restaurant where I ate a pizza. After dinner we actually went home and went to sleep immediately.



Monday, 1 April

At 7:00 the alarm went off and then I got ready for school. once we arrived at school we were given a tour of the school which is actually a jerk. After that we were given a tour of a museum that was part of the school, but someone else had already had half of the tour. After an hour and a half we were finally done with the tours and we were finally allowed to go into the village there too, had some free time. then everyone went to the nearest supermarket because the food in Spain did not eat until 2 pm and everyone was hungry. Then we received information about the town hall. after all this we must return to the family of our match. I could freshen up and eat a little and then we went to see Bisons. I think it is a bit poorly arranged because that man went on to tell a very Spanish story and nobody understood, but in the end we went to look at the Bisons. it was a long walk. After we had been to the Bisons we went back home and that was the day again.



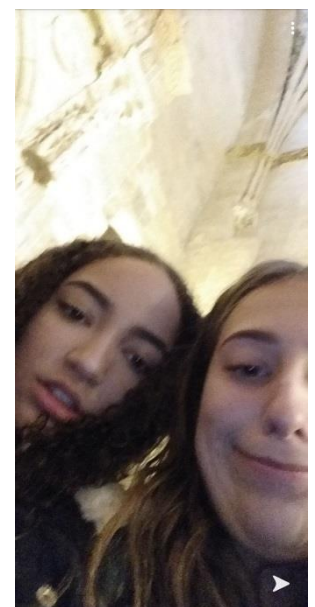
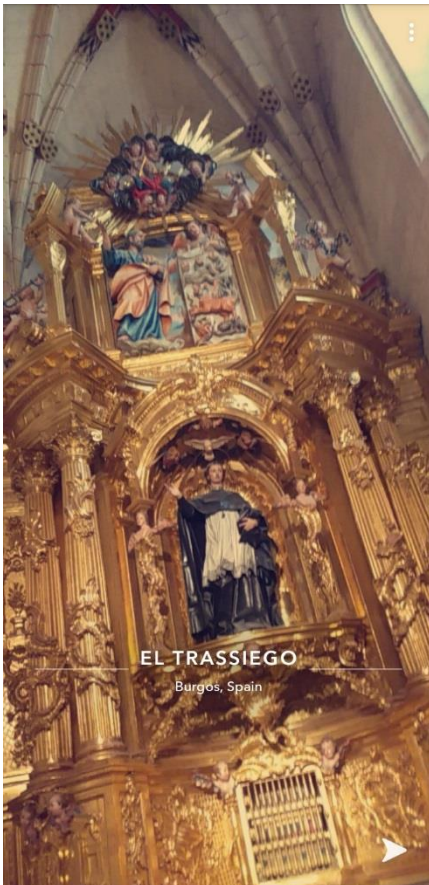
Tuesday, 2 April

At 7:00 the alarm went off of course and then I got ready for school. this day we had a paddle tennis lesson. First we all took the Dutch students by bus to a hall where there were 2 paddle tennis courts. We were explained by experienced athletes how we should do this. after practicing for a few hours we had a break. after that break the spanish students also came and we were divided into pairs of two. Half of the couples went by bus to another location because otherwise it would be too busy. you were divided into different games: paddle tennis, badminton, bocce (the one with the balls), and a game that you have to throw coins into the mouth of a frog. after all this there were still competitions for couples with the most points and a competition of the teachers. after this we had lunch with typical spanish food. it wasn't tasty! when we were done my match had basketball training. I went there to look with a few other students. After the training, I and my match went home and we went to dinner and then went to bed.



Wednesday, 3 April

My alarm clock rang again at 7:00 am then I got ready and went to school. First we had a short Spanish lesson from one of the teachers at their school. We have learned the Spanish customs and a few Spanish words here. then we went to Burgos with the dutch students, because the Spanish students just had lessons. We went to the cathedral in Burgos and had a tour there. After that tour and long listening, we finally had free time. I went to the burger kong with Tyra, bo and Demi because we were naturally hungry again. After that we went shopping in a few nice stores. After four and a half hours of free time, we naturally had to return to our matches. when we arrived we all went into the village. We have been in a playground with all of us and in shops and in a bar we at least have a little hang out and then I went home with my match, we ate and it was already bedtime.



Thursday, 4 April

Surprisingly, this day my alarm clock also went back to 7:00. We all went to a climbing hall. We were again divided into two groups a group went first climbing: to climb a wall up, 11 crates to each other to play without hitting the ground and sliding down through a rope. And the other group had to start to do some orientation: first a complicated game but after an explanation of an hour I understood it, and found outside of the callers by means of a kart. After a few hours we changed activity. Because we had some time left we went to a small restaurant with all of us we drank something there and we drove back home by bus. The Spanish students organised a farewell party this evening in a bar. THAT WAS REALLY NICE! Unfortunately we had to go home again, because the next morning we had to get up at 7:00.



Friday, 5 April

At 7:00 my alarm went again to this day I stood up with mixed feelings. I wanted to go home my own bed and see my family again, but I didn't want to leave here I've had hotter so to my liking. We arrived at school and of course I and Tyra started crying again. We had to answer some 2 hours of questions in groups about paddle tennis. After having made the questions it was finally so far we had to say goodbye to everyone. Every fun adventure comes to an end, and you have made memories that you will never forget (as everyone now knows he). I have been very good at saying goodbye to some of the people who are more than others, but that belongs to them. Once in the bus we went to Santander: to the beach, a shopping centre. and first the city where we had to eat again of course. After half an hour of walking, the MacDonalds were finally in sight. I must honestly say the MacDonalds has never tasted me so well. On the back almost to be hit and got lost we were exactly on time. Then we went to the airport. The whole small airport, but everyone had to eat so it became just a salad. Our return trip had a half hour delay and a little turbulence, but everyone still lives so everything is well over. Arriving at Charleroi we had to pick up our suitcases again and go to the bus. There this beautiful adventure stopped for us we are all richer experiences again. It was a really nice week.



Hugs and kisses
Isa Vinken
Eha3a

Daily reports, exchange Aguilar de Campoo

Sunday, 31 March – We had to be at school at 8 AM so we could leave at 8.30 AM with the bus. We went with the bus to Charleroi and at 12.25 PM we left with the plane to Santander. We arrived at 14.20PM in Santander, grabbed our suitcases and went with the bus to Aguilar de Campoo where our matches were waiting. My match picked me up at the bus station and i need to give my bag to his mother so we can stay outside with some persons of the group. We stay outside till 21.30PM. Then we went home and i went to my bed.

Monday 1 April - We needed to be at their school at 8.30AM, when we were complete we got a tour from the school and the history from it. After that we went to the Town Hall and learn about the history from the town and about the business that they have. Then we went back to our houses and I ate dinner. At 16.30PM we went to the Bison park and learned about the history of the Bison's and saw a few Bison's, at 19.00PM we went back and the whole group went outside and we hang out together. After that I went back to her home and went to bed.



Tuesday 2 April – We needed to be at the school at 8.30AM when we were complete we went to the paddle court, had paddle lessons for 2 hours. After the lessons we had a short break and after that we needed to plat a tournament but i lost really quick. After the tournament we got lunch from the school. After we had lunch we went outside with the whole group and had a lot of fun. At 21PM we went home.



Wednesday 3 April – We needed to be at school at 8.30AM, than we had a Spanish lesson till 9.20AM. At 9.30AM we went to Burgos and got a tour through the cathedral. After that we had 3.30 hours free time and I went shopping and eating with friends. We needed to be back at 16.30PM so we could take the bus and go back to Aguilar. After getting back in Aguilar we went to the park and hung out together. We went home at 9.30PM and i went to my bed.

Thursday 4 April – We needed to be at the school at 8.30AM and leave with the bus to the indoor rock climbing place. I got placed in the group where we needed to play the game first, I was in a team with Alba. After the game we went orienteering and while orienteering. After the orienteering we went back to the rock-climbing and did that. After we got back from the rock climbing I went to Carla's house with Tyra, Emma and Elena. After that we went to eat pizza with the whole group. After dinner we hung out together again. At 8.45PM we went home.



Friday 5 April – We needed to be at the school at 8.30AM, when we were complete we had to do exercises about paddle. Then we walked to the bus and had to say goodbye. At 12.35PM we arrived in Santander, there we had 4 hours of free time. Isa, Bram, Tyra, Emma and I walked half an hour for a McDonalds. After we ate we walked back and we all took the bus to the beach. After the beach we went to the airport and needed to wait for the plane. We arrived around 01.00AM at school, then we all said goodbye and went home.

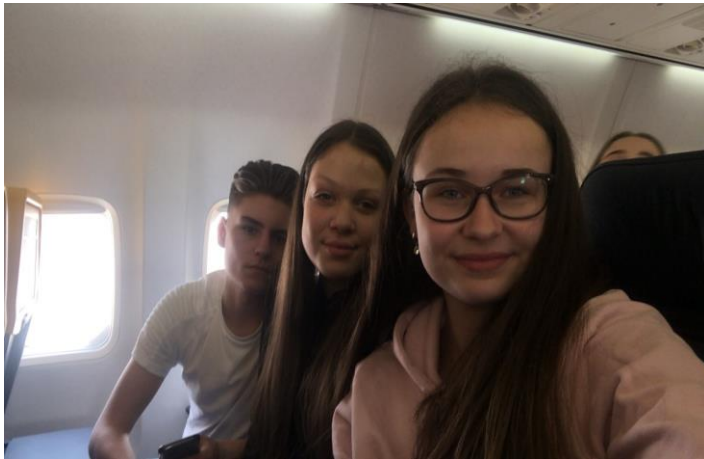


My exchange to Spain, Aguilar de campoo...

Sunday 31 march:

The bus to the airport (Brussel) left Eijkhagen at 8.30, ofcourse with everyone in it. 1,5 our later we arrived at the airport. The temperature was very nice. Then we checked in and waited for the plane... We eated something while we were waiting... Then we arived with a very well flight.. We left The airplane Burgos and go by bus to Aguilar de campoo.. We had a very warm welcome from the students and teachers.. Then we had free time, we went to a lake and in the evening we went to a

Bar..



Monday 1 april:

In the morning we left to the monastery, then to the ROM.. The we went back to town to the town hall (only dutch students).. In the afternoon we visited bisons (dutch and spanish students).I went back to the house of Christina and we eated and go outside for the whole

day.. Then we get back home in the evening and eated the warm meal..



Tuesday 2 april:

We had the whole morning paddle tennis, watching paddle tennis, playing paddle tennis. In the afternoon we had a little break (just dutch students). Then the spanish students arrived and we played together padle tennis. At the end we played a match, half final, and ofcourse the final. After school we went to the park in Aguilar de campoo with almost whole de matches.. Then we eated someting with Lucia and Leva and went home..



Wednesday 3 april:

In the morning we had Spanish lesson from a Spanish teacher in the school of the Spanish students. After that we left Aguilar de campoo and we left by bus to Burgos. We have heard a lot about the history from Burgos, we also visit a cathedral in the middle of Burgos, it was very beautiful (only dutch students). Then we had free time and we bought some clothes and shoes.. In the afternoon we left Burgos and went back to Aguilar de campoo, around 17.30 we arrived.. We went in our free time to the supermarket and buyed some snacks.. Then we went back to Christina's house and watched a movie and talked a lot, also with her mother. Then we had warm meal..

Thursday 4 april:

We went with all of us to a sport.. Rock climbing and orienteering. We were the first group who hat to climb, it was very scary.. My match for the sports was by the way Marcos.. In the second part of the activity we went to the wods, we needed to walk a route and find the papers.. Then we went by bus back to Aguilar de campoo..v We eated with all of us pizza and went later in the evening to a bar, it was very nice.



Friday 5 april:

The last day... In the morning we needed to make a couple of exercises.. Then we needed to say goodbye to our matches, it was very sad and emotional... The we went by bus to Santander and visited the beach! After that we went to a shopping center and I buyed again clothes. After that we went to the airplane and waited for the plane, we eated someting the stepped in into the plane.. Then we arrived in Brussel and went by bus to Eijkhagen, we arrived around 1.00 in the night... I had a lovely week and I hope to go back in the summer!



Demi Weber,

Eha3c