

From Kathmandu to Constance, from dream to dream job!



Stuti overlooking the countryside with Lake Constance in the background

The job search led Stuti Bhatta (21) from Nepal to Lake Constance in Germany. She has successfully arrived here and is in the process of establishing herself as a nursing specialist at Caritas in the Marienheim in Constance.

Stuti is happy in Germany; wants to stay and achieve even more — for herself and her family in Kathmandu. She was helped by the personal networks of Ralf Mehlmann, CEO of seeJOBS at Lake Constance. With his company, he specialises in matching employees from Nepal, among other places, with nursing and hospitals.

The familiar nature and the necessary know-how help with arriving, moving on and not least the completion of the many bureaucratic steps that are necessary to be able to work in Germany or Switzerland. Bringing together companies looking for employees and people who come from afar and want to work here is the main task that Ralf Mehlmann and his team perform.

Feet become light when you have the goal in mind.

Nepalese wisdom*

Stuti was immediately taken with the country and its people: "The people here are really very friendly and nice," she laughs.

She has now been working as an FSJ at Caritas in Constance in the elderly care sector since December 2021. The voluntary social year is an intensive preparation period for the actual training; board, lodging, health insurance and a small salary are covered.

Since August 2022, she has been successfully admitted to the training program to become a nursing specialist, which lasts a total of three years and alternates between school, theoretical training and practice. Stuti was one of the first graduates to pass the B2 certificate, which was specially introduced for the profession. A great success! Here, too, everything is covered and a standard training salary is paid, which increases annually.

For Stuti, it was always clear that she wanted to become a nurse, maybe even a doctor. In Nepal, she graduated from public school. In India, she attended medical school in Bangalore. The training to become a nurse takes 15 months.



Above all, German must now be studied, which is not an easy language. As a prerequisite, the B1 level of education is necessary in Germany; With this, one can initially find one's way around in everyday life and make oneself understood. B2 is a prerequisite



At the airport in Kathmandu:
excitement and joy before take-off

and should be taken but there are also opportunities to do this in parallel during the course of the training.

In Nepal, all schools, training and studies cost money. In Germany, on the other hand, the young people not only receive practical and theoretical training during their apprenticeship, but they also receive board and lodging as well as a salary that is generous by Nepalese standards. Around 1.200 euros are paid gross on average each month, but make no mistake: this is barely enough to cover the cost of living in Germany.

If you do things right, you don't have to worry.

Nepalese wisdom*

On average, she works eight hours a day, five days a week. In Germany, the five-day week generally applies and employees have two days off at their own disposal; in addition, they have a statutory vacation entitlement of around 30 days a year.

To ensure that everything is done correctly, a training manager is responsible for balancing the interests of both the company and the trainees. In Germany, these things are all regulated and you have a legal right to be treated fairly by your employer. She is full of praise for Stuti.

If everything goes as planned, Stuti will complete her training as a nurse in July 2026 and will then be able to work anywhere in Germany and will have an unlimited residence permit for as long as she is here. On average, one earns about 2.600 euros gross in this area, but can increase the income through further qualifications and additional shifts, for example on the weekend.

