



## **Questionnaire - Initial conversation**

Gender: \_\_\_\_\_ First name: \_\_\_\_\_ Surname: \_\_\_\_\_

Date of birth: \_\_\_\_\_ (DD/MM/YY) Conversation schedule on: \_\_\_\_\_

1) Which topics or challenges have brought you to me?

2) What needs and interests have come off "badly" lately?

3) What nourishes you, gives you strength and makes you happy?

4) Is there a dream that you may have forgotten or goals that you would like to achieve (even if they seem difficult to achieve at the moment)?