

PERSONAL TRAINER





DUAL PULLEY

Functional training station with 2 height adjustable pulleys for multi-purpose workouts. Ideal for personal training studios, hotels and all types of gyms.



ADJUSTABLE
BACKREST



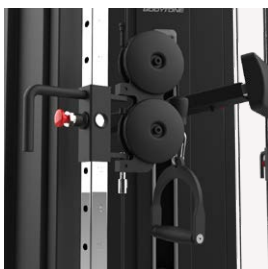
PULLEY



PULL-UP
HANDLES

DAP

DUAL PULLEY



DIMENSIONS

195.5 x 92 x 229 cm.

NET WEIGHT / GROSS WEIGHT

395.5 kg / 445.5kg.

STRUCTURE

Carbon steel tube of 100x50 cm and 2.5 mm thick welded by robotized process, free of projections.
Structural connection plates of 12 mm, for an extra rigid joint.

BEARINGS

Ultra-quiet ball bearings with smooth sliding, allowing a more fluid and pleasant running of the exercise.

GUIDES

-Handlebar guides: 40 x 40 mm carbon steel tube, with 20 laser numbered and stamped positions for pulley adjustment.
-Plate guides in 20 mm calibrated steel.
Double hardened chrome plating treatment for better sliding.

PULLEYS

Nylon with internal bearing and silent running.
9 pulley system per plate tower.

WEIGHT PLATES

Double 80kg plate tower per tower, with 5 kg plates.
Ultra-quiet movement.
Protective rubber bumpers on anti-impact base.
Protective pvc bumpers between plates.

PLATE FAIRING

Integral double-sided metal fairing made of 1.5 mm thick carbon steel plate, protecting from possible accidents.

ADJUSTABLE SUPPORT FOR HANDLEBARS

Double support, with carabiner for handle exchange.
Double pulley for progressive execution of the exercise.
Pop pin adjustment in 20 positions.

HANDLEBARS

Double handlebars with one hand grip in non-slip PVC.
-Rope handle with one hand grip.
Two-hand grip rope handlebar.
-Steel squat bar.

ADJUSTABLE CENTRAL BACKREST.

Central backrest adjustable in height in 8 positions and adjustable in depth, with telescopic tube regulated by pop pin with 11 positions.
Made of Foam measures 290x175, covered in imitation leather, anti-allergic and easy to clean.

DAP

DUAL PULLEY

PULL-UP BAR

Upper pull-up bar with non-slip grip.

MATERIALS AND FINISHES

High quality finishes.

3.5mm ABS thermoplastic end caps.

STEEL CABLES

Pvc coated and 4 mm diameter.

BASES

Covered in non-slip rubber.

POSSIBLE EXERCISES

Machine with adjustable pulleys, ideal for chest, back, shoulder, arm and leg exercises.

MAINTENANCE AND LUBRICATION

Lubrication of bearings and calibrated steel guides.

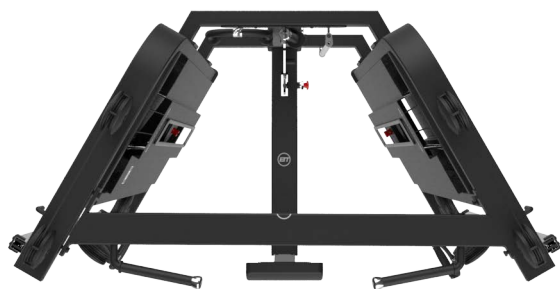
PAINTING PROCESS

3 coats of paint.

Steel pickled and stabilized by total immersion of the parts in different degreasing solutions to guarantee a perfect and complete cleaning of the base material. Antirust primer to guarantee an adequate isolation of the internal oxidation and a good adherence of the paint. 2 final coats of polyester epoxy powder paint, dried at 240°C.

DESIGN PROCESS

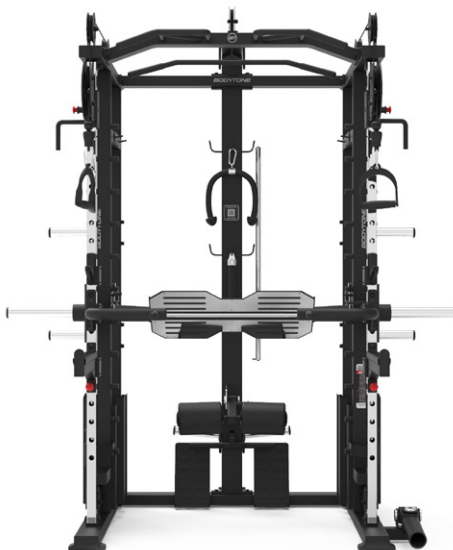
Biomechanics and ergonomics study under the supervision of professionals and associated athletes. After a long period of design; from the sketch, engineering research, prototype production, testing by professional athletes, our products go to market.



<p>PRESS INCLINADO INCLINE PRESS</p> <p>PECHO/CHEST COMENZO/START FINAL/FINISH</p>	<p>PRESS DE PECHO CHEST PRESS</p> <p>PECHO/CHEST COMENZO/START FINAL/FINISH</p>	<p>TRICEPS EN POLEA TRICEP PRESS DOWN</p> <p>BRAZOS/ARMS COMENZO/START FINAL/FINISH</p>	<p>ABDOMINALES DE RODILLAS KNEELING CRUNCH</p> <p>TRONCO/CORE COMENZO/START FINAL/FINISH</p>
<p>PRESS DECLINADO DECLINE PRESS</p> <p>PECHO/CHEST COMENZO/START FINAL/FINISH</p>	<p>APERTURAS PEC FLY</p> <p>PECHO/CHEST COMENZO/START FINAL/FINISH</p>	<p>LLUMBARES DEAD LIFT</p> <p>TRONCO/CORE COMENZO/START FINAL/FINISH</p>	<p>ROTACION DEL TRONCO CORE ROTATION</p> <p>TRONCO/CORE COMENZO/START FINAL/FINISH</p>
<p>PRESS INCLINADO TUMBADO INCLINE PRESS</p> <p>PECHO/CHEST COMENZO/START FINAL/FINISH</p>	<p>PRESS DE PECHO TUMBADO CHEST PRESS</p> <p>PECHO/CHEST COMENZO/START FINAL/FINISH</p>	<p>ROTACION INCLINADA TRONCO CORE ROTATION INCLINE</p> <p>TRONCO/CORE COMENZO/START FINAL/FINISH</p>	<p>ROTACION DECLINADA TRONCO CORE ROTATION DECLINE</p> <p>TRONCO/CORE COMENZO/START FINAL/FINISH</p>
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<p>DOMINADAS PULL UP</p> <p>ESPALDA/BACK COMENZO/START FINAL/FINISH</p>	<p>PRESS DE HOMBRO SHOULDER PRESS</p> <p>HOMBROS/SHOULDERS COMENZO/START FINAL/FINISH</p>	<p>ABDUCTOR DE CADERA HIP ABDUCTION</p> <p>TREN INFERIOR/LOWER BODY COMENZO/START FINAL/FINISH</p>	<p>FLEXION DE CADERA HIP FLEXION</p> <p>TREN INFERIOR/LOWER BODY COMENZO/START FINAL/FINISH</p>
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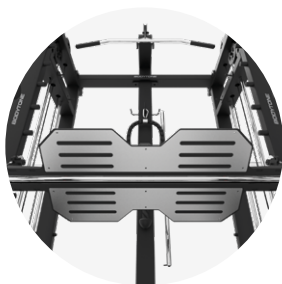


▲
DISCOVER
THE RANGE



MULTIJUNGLE

The ultimate training system, with up to 70 different exercises in one machine. Perfect for small or home gyms; the one machine that has it all.



**70 DIFFERENT
EXERCISES**



**HIGH QUALITY
MATERIALS**



**10 DIFFERENT
TRAINING STATIONS**

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MULTIJUNGLE



PERSONAL TRAINER

Dimensions

197 x 203 x 236 cm.

NET WEIGHT / GROSS WEIGHT

552.5 kg / 613 kg.

STRUCTURE

Carbon steel tube of 100x50 cm and 2.5 mm thick welded by robotized process, free of projections.
Structural connection plates of 12 mm, for an extra rigid union.

BEARINGS

Ultra-silent ball bearings with smooth sliding, allowing a more fluid and pleasant running of the exercise. Linear bearings in press platform and rear disc tower.

GUIDES

- Handlebar guides: 80 x 40 mm carbon steel tube, with 21 laser numbered and stamped positions for pulley adjustment, and 17 positions for accessory adjustment (bottoms, bar support and bar safety support).
 - 20 mm calibrated steel plate guides.
 - Rear disc support guides in 25mm.
- Double hardened chrome plating treatment for better sliding.

Pulleys

Nylon with internal bearing and silent operation.
System of 9 pulleys per plate tower.
7 pulley system for rear disc tower.

weight plates

Double 90 kg plate tower per tower, with 5 kg plates.
Ultra-quiet movement.
Protective rubber bumpers on anti-impact base.
Protective pvc bumpers between plates.

plate fairing

Integral low double-sided metal fairing, made of 1.5 mm thick carbon steel plate, protecting from possible accidents.

adjustable support for handlebars

Double support, with carabiner for handle exchange.
Double pulley for progressive execution of the exercise.
Pop pin adjustment in 21 positions.

support for olympic bar

Double support for olympic bar, with safety support included, adjustable in height in 17 positions. Bar not included.

triceps and pull-up bar support

Double support, for triceps and pull-up bar, height adjustable in 17 positions.

ENG

BODYTONE

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support for pivoting olympic bar

Support for olympic bar pivoting on the floor, for barbell rowing exercises.

guided press platform

Non-slip platform with double steel guide, with linear bearings. Double safety hook on bar and low safety mechanism with 11 positions. Low safety shock absorption. Chrome-plated bar with support for Olympic discs. 280 mm disc loading area.

rear disc loading station

For exercises with low rowing pulley and high dorsal. Includes double roller padding in imitation leather, adjustable in inclination in 7 positions. Double spike for loading 230 mm Olympic disc. Anti-slip footrest.

multi-grip for pull-ups

5 types of grip: open, closed, inclined, straight, and medium.

DISC SUPPORT

4 lateral supports for loading Olympic discs.

BARS support

2 rear supports for olympic bars.

handles

Double handlebars with one hand grip in non-slip PVC.
-Rope handlebars with one hand grip.
Two-hand grip rope handlebars
-Handle for dorsal
-Straight handle for low rowing.

STEEL CABLES

PVC coated and 4 mm diameter.



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MATERIALS AND FINISHES

High quality finishes.
3.5mm ABS thermoplastic ferrules.

bases

Covered in non-slip rubber.

POSSIBLE EXERCISES

Machine with adjustable pulleys, optimal for chest, back, shoulder, arm and leg exercises.
Support for Olympic bar with safety stops.
Exercises with back pulley, both dorsal and low rowing.
Wall and triceps exercises.
Pull-ups.
Rowing on point.

MAINTENANCE AND LUBRICATION

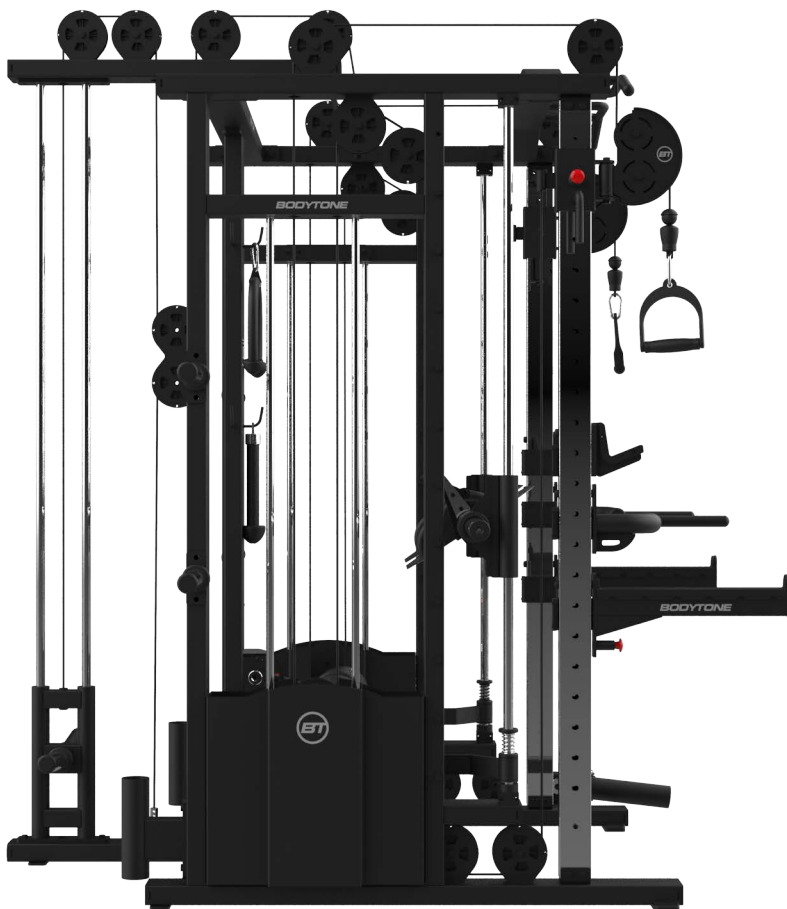
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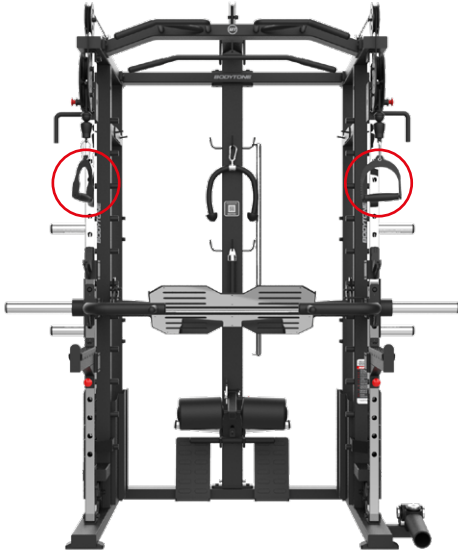
DESIGN PROCESS

Biomechanics and ergonomics study under the supervision of professionals and associated athletes. After a long period of design; from the sketch, engineering research, prototype production, testing by professional athletes, our products go to market.



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EXERCISES



EXERCISES WITH DOUBLE HANGER

<p>PRESS INCLINADO INCLINE PRESS</p> <p>PECHO/CHEST</p>	<p>PRESS DE PECHO CHEST PRESS</p> <p>PECHO/CHEST</p>	<p>TRICEPS EN POLEA TRICEP PRESS DOWN</p> <p>BRAZOS/ARMS</p>	<p>ABDOMINALES DE RODILLAS KNEELING CRUNCH</p> <p>TRONCO/CORE</p>
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<p>REMO BAJO LOW ROW</p> <p>ESPALDA/BACK</p>	<p>DELTOIDE POSTERIOR REAR DELTOID</p> <p>ESPALDA/BACK</p>	<p>ZANCADA CON RESISTENCIA LUNGE-DECELERATING</p> <p>TIEN INFERIOR/LOWER BODY</p>	<p>ADDUCTOR DE CADERA HIP ADDUCTION</p> <p>TIEN INFERIOR/LOWER BODY</p>
<p>DOMINADAS PULL UP</p> <p>ESPALDA/BACK</p>	<p>PRESS DE HOMBRO SHOULDER PRESS</p> <p>HOMBROS/SHOULDERS</p>	<p>ABDUCTOR DE CADERA HIP ABDUCTION</p> <p>TIEN INFERIOR/LOWER BODY</p>	<p>FLEXION DE CADERA HIP FLEXION</p> <p>TIEN INFERIOR/LOWER BODY</p>
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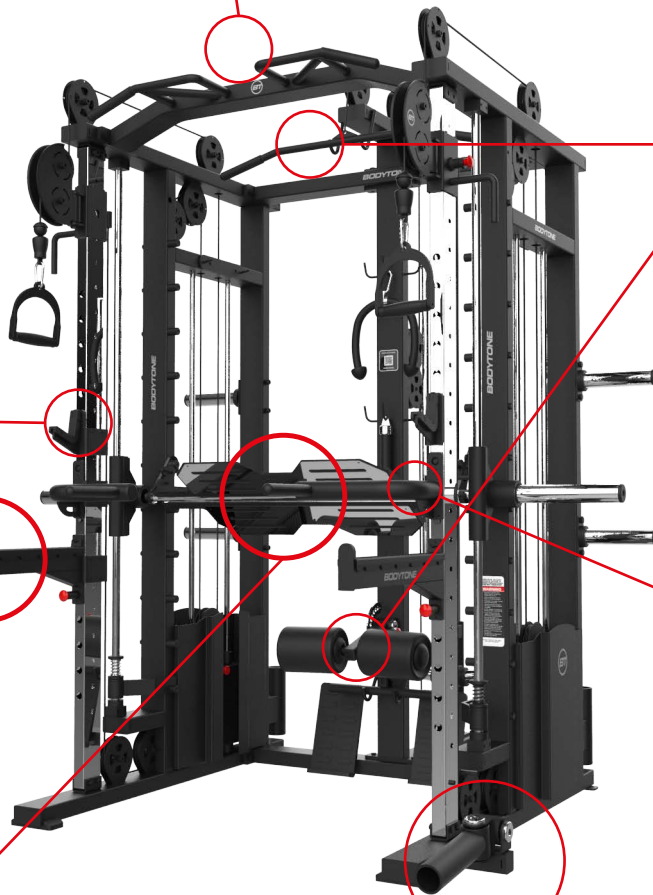
EXERCISES

PERSONAL TRAINER

REST OF EXERCISES



PULL UP BAR



HIGH AND DOWN PULLEY

RACK SUPPORT AND
RACKSECURITY



DIP SUPPORTS



PIVOT



PRESS PLATFORM



ESP

BODYTONE