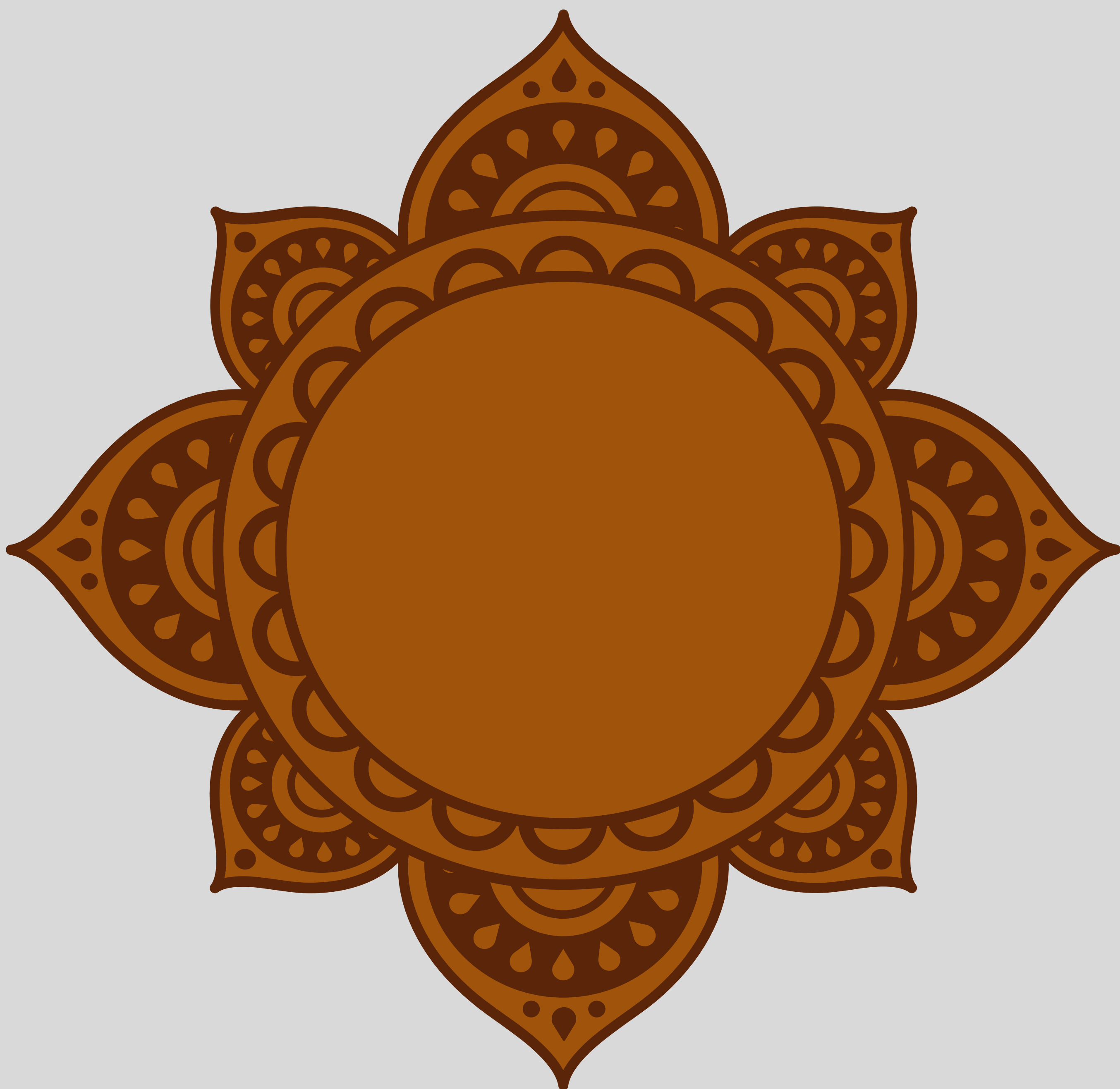




Salamat

Northern Iraqi specialties

english menu

We only accept german giro cards
(German EC-Cards) and cash for payment

All dishes and meals are being prepared
without any additional artificial or flavour-enhancing substances
(No Glutamat)

The list of natural allergens



Sesame



milk/lactose



wheat/gluten



mustard



peanuts



nuts

Soups

(a flat wheat bread with each soup) 

10. Chickpeasoup ✓

6

with tomato, coriander, fresh parsely

11. Chickensoup with fresh mint

7

basmati rice, tomato, fresh peppermint

Olives

12. Olives

5

small bowl of green and black organic olives
refined with wild thyme, sesame and salt

✓ = vegan option available on request

Vegetarian Mixplates

(a flat wheat bread with each starter)

30. **Hummus**    ✓ 8
chick-peas mush with olive-oil, sesame paste and lemon
31. **Mutabel** (baba ganoush)    ✓ 8
eggplants with sesame, olive-oil and lemon
32. **Tabule**    ✓ 8
refined parsley salad, mixed with couscous, tomato, lemon, olive-oil
33. **Falafel**     ✓ 9
deep-fried small balls of chickpeas with sundry spices, hummus, sesame-joghurt-sauce, mix salad
34. **Halloumi**     9
deep fried cheese, with potato, hummus, sesame-joghurt-sauce, mix salad
35. **Makali**     ✓ 9
sundry vegetables, deep-fried with wild thyme, rosemary and salt, hummus, sesame-joghurt-sauce, mix salad
36. **Babylon Plate**     ✓ 11
Tabule, Hummus, Mutabel, Falafel, Halloumi, Makali, sesame-joghurt-sauce, mix salad
37. **Salamat Plate**     ✓ 18
Tabule, Hummus, Mutabel, Falafel, Halloumi, Makali
Pastille (puff pastry rolls filled with feta cheese and spinach),
Kobba (rice potato pocket filled with vegetables), sesame-yoghurt-sauce, mix salad
38. **Bagdad Platte**     ✓ 29.5
Tabule, Hummus, Mutabel, Falafel, Halloumi, Pastille (puff pastry rolls filled with feta cheese and spinach), Kobba (rice potato pocket filled with vegetables), Makali, sesame-yoghurt-sauce, mix salad, potatoes

Mix-Plates with Meat

(each plate with hummus, salad, sesame-yoghurt-sauce and wheat bread)

- 53. Tigris Plate**     19.5
- Tabule, Hummus, Mutabel, Falafel, Pastille (puff pastry rolls filled with feta cheese and spinach), Burgul (wheat-salad), Halloumi, Kobba (rice potato pocket filled with lamb, green peas and almonds), potatoes
- 54. Chickenshawarma**     11
- refined marinated and roasted stripes of chicken thigh in olives-rosemary-thyme-sauce with potato
- 55. Chickenshawarma Spezial**     14
- refined marinated and roasted stripes of chicken thigh in olives-rosemary-thyme-sauce with potato and deep fried vegetables refined with wild thyme
- 56. Beefschawarma**     16
- refined marinated and roasted stripes of beef in pomegranate-tomato-sauce, basmati-rice, deep fried vegetables refined with wild thyme
- 57. Darband Plate**     16
- Tabule, Hummus, Mutabel, Falafel, Halloumi, Burgul (wheat-salad), chickenshawarma, potato
- 58. Pascha Plate**     19.5
- Tabule, Hummus, Mutabel, Falafel, Halloumi, Burgul (wheat-salad), beef-shawarma, potato
- 60. Hammurabi Plate 2 Person**     39.5
- Tabule, Hummus, Mutabel, Falafel, Burgul, Halloumi, mix salad, rice, Makali, beef shawarma, potato, Kobba (rice potato pocket filled with lamb, green peas and almonds),

Main Courses

with basmati-rice, fresh herbs and mixed salad

Bamya Okra (dark green pods) in tomato-coriander-sauce

- 70. vegan 11
- 71. with chicken 15
- 72. with lamb 19

Machlame

- 73. Chicken fried with fresh mint, tomato, eggplant  15
- 87. lamb with fried eggplant with tomato, fresh mint 19

Purtukal

- 74. Chicken fried with spicy plumbs, spinach, chickpeas in orange-parsley sauce  15

Haluzha spicy plumbs, chickpeas, tomatoes, cinnamon and honey

- 88. vegetarian ✓ 11
- 75. with chicken 15
- 76. with lamb 19

Spinach

- 77. Fried chicken breast fillet with mushrooms, spinach in a creamy sumac- curry-nutmeg sauce 15

Loby green beans in tomato-coriander-chickpea sauce refined with wild thyme

- 78. vegan 11
- 79. with chicken 15
- 80. with lamb 19

Couscous steamed cous-cous, with potatoes, chickpeas, various vegetables

- 81. vegan 11
- 82. with chicken 15
- 83. with lamb 19

Kusa Zucchini with raisins in a spicy tomato curry sauce

- 84. vegan 11
- 85. with chicken 15
- 86. with lamb 19

Kleine Ergänzungen

- | | | |
|-----|---|------|
| 89. | 1 wheat bread | 0.50 |
| 90. | Halloumi (fried cheese) 2 pcs.  | 2 |
| 91. | Falafel (fried, made from chickpeas, with lots of spices). 2 pcs  | 2 |
| 92. | Rice 1 bowl | 3 |

Children

- | | | |
|-----|--|---|
| 93. | children's plate | 6 |
| | Halloumi (fried cheese), hommes (chickpea mousse with sesame mousse), pastille (puff pastry rolls filled with spina, mint, feta cheese), fried potatoes, mixed salad | |

Desserts

- | | | |
|-----|--|----|
| 94. | Paklava mit Walnut      | 2 |
| | Puff pastry with walnuts, cardamom, cinnamon | |
| 95. | Paklava mit Pistachio      | 3 |
| | Puff pastry with pistachio, cardamom, cinnamon | |
| 96. | Mamoul      | 4 |
| | Semolina pastries with date filling, rose water | |
| 97. | Dessert-Mix-Plate      | 10 |
| | verschiedene Paklavas, Mamoul, dazu Zabadi | |
| 98. | Zabadi    | 4 |
| | dessert made of greek yogurt, roasted almonds, honey and cinnamon | |

Salamat Specialties

homemade and fresh

Laban

homemade salty yoghurt drink with  fresh mint

small 0,2 l 3

large 0,4 l 5

Lime-Mix

fresh limes, fresh mint, mineral water,
sugar

small 0,2 l 4

large 0,4 l 6

Orient-Mix

freshly squeezed orange juice, with fresh
mint, fresh apple, organic apple juice

small 0,2 l 4

large 0,4 l 6

Pomegranate-Mix

Freshly squeezed orange juice, organic
pomegranate juice, fresh mint

small 0,2 l 4

large 0,4 l 6

Orange Juice

frisch gepresst

small 0,2 l 4.5

large 0,4 l 6.5

Mango-Lassie

with Greek yogurt 

small 0,2 l 4

large 0,4 l 6

Cold drinks

Selters Mineralwater (still)	bottle 0,75 l	6
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Selters Mineralwater (carbonated)	bottle 0,75 l	6
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Organic Apple Juice	small 0,2 l	3
	large 0,4 l	4.5

Mango Nectar	small 0,2 l	3
	large 0,4 l	4.5

Organic apple juice	small 0,2 l	3
spritzer/ mango spritzer	large 0,4 l	4.5

Cola*	bottle 0,33l	3
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Coca Cola light*	bottle 0,33l	3
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Bionade-Elderberry	bottle 0,33l	3
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*Additives in American bottled beverages

Cola, Cola light: carbon dioxide, coloring E150d, acidifier phosphoric acid, aroma, caffeine

Teas

Tschai

black tea with cardamom and cinnamon

3.5

Yogi Tea

Tea with milk made from an exotic blend of spices (ginger, clove, cardamom, cinnamon) 

3.5

Fresh-Mint-Tea

made from fresh mint leaves, lime and honey

3.5

Fresh-Ginger-Tea

made from fresh ginger, lime and honey

3.5

Mallow Tea

of red wild mallow flowers, cinnamon and honey

3.5

Hot Drinks

Tigris Mokka

oriental style with cardamom, cloves, cinnamon and rose water

3.5

Hot chocolate on a wooden spoon

homemade chocolate mix with cloves, cardamom, cinnamon 

5

Sahlep

Egyptian hot drink (very sweet) with sultanas, almonds, cinnamon 

4

Espresso

2.5

Coffee

3.5

Capuccino

4

Latte Macchiato

4

Red Wine

Chateu Ksara* La Prieure (lebanese)	0,2 l	9
elegant, with aromas of wood, vanilla, supple, purely round	bottle 0,75 l	29
La Meseta organic wine (Spanish)	0,2 l	7.5
little tannin, lots of fruit aroma, good concentration	bottle 1l	30

White Wine

Chateu Ksara* Merwah (lebanese)	0,2 l	9
intense citrus aromas with notes of tropical fruits	bottle 0,75 l	29
La Meseta organic wine (Spanish)	0,2 l	7.5
very aromatic, with plenty of presence	bottle 1l	30
White Wine Spritzer	0,2 l	5

Rose Wine

Chateu Ksara* Sunset (lebanese)	0,2 l	9
Aroma of red berries, hints of spices, lively balanced, fresh	bottle 0,75 l	29

Pomegrante Wine

Granatapfelwein Agsu (Aserbaidshan)	0,2 l	9
fruity, dry	bottle 0,75 l	29

*contains sulphites

Bottled Beer

Lammsbräu Edel Pils 0,33l	4
Neumärkter organic beer	
Augustiner Hell 0,5l	5
light beer	
Weihenstephan Hefeweizen 0,5l	5
Lammsbräu Pils alkoholfrei 0,33l	4
Neumärkter organic beer	

Cocktails

Mojito	8
made from 4cl light Cuban rum, lime juice, mint, cane sugar and mineral water	
Aperol Spritz **	7
Mixed drink made from Aperol**, Prosecco, orange	
Tinto de Verano	8
Mixed drink made from red wine, pomegranate juice, lime	
Gin Tonic	8

Spirituosen

Arak	5
Arabic clear aniseed liquor, 49% vol. with water and ice	
Moskatel	5
fine citrus, melon and honey notes 14.5 vol.	
Wodka Moskovskaya	5
pleasant intense purity with a slight sweet note 40% vol.	

*contains sulphites

** with coloring E110, E124

