

ROLE MODEL BIO:

LEARNING GOALS:

- I will make connections between a role model's life experiences and my own

SUCCESS CRITERIA:

- I can identify 3 specific actions that helped Jesse achieve their goals
- I can connect examples of these themes to my actions in my own life

IDENTIFY *Some of the themes below are discussed in the Fireside Chat with Jesse Nobess*

creative expression

*entrepreneurship
risk taking*

perseverance

How have these themes have been present in Jesse's life?

- Listen to the interview
- Record notes of relevant themes and examples

CONNECT *Reflect on your own journey. Where do these themes appear in your own life?*

Discuss with a friend of family member. Record your connections in writing, drawing or with music.

“When you're in a different city it's a very courageous move. It's scary, but it teaches you a lot. To not be afraid and to go for it”.

- Jesse Nobess

EXTEND *Reflect on Jesse's call to youth, to engage in taking risks and to be comfortable in the uncomfortable.*

How can you step outside of your comfort zone today?

Start with a freezing shower! Be present in the feeling of discomfort as an exercise to embracing risk.