

Prof. Dr. Myriam Bechtoldt
Praxis für Psychotherapie & Coaching
Berger Str. 200
60385 Frankfurt
Phone: 069/79 21 76 20
Email: myriam.bechtoldt@ebs.edu

Fees

Psychotherapy* (60 min.)		130 €
Coaching (60 min.)	for private persons	130 € + VAT
Coaching (50 min.)	by order and on account of private companies/public organizations	by arrangement

* Psychotherapy is a curative treatment and as such is exempt from VAT.

Pay for psychotherapy yourself? Advantages as a self-payer in a private practice

As a self-payer of psychotherapy you enjoy the advantage of absolute discretion, because in this case there is no need to apply for reimbursement of costs and thus no need to prepare a report for the health insurance company. To be reimbursed for the costs of psychotherapy, all statutory and many private health insurance companies require a psychological report stating a psychological disorder (diagnosis according to ICD 10). Depending on your profession, planned change to a private health insurance or additional insurance, daily allowance insurance, conclusion of an insurance policy, etc., this may be important and make a self-payment worth considering for you, as details of treatments of the last five to ten years are often requested.