

Corona- Information

There exists a long version of the Hygiene and Safety Measures.

This is the short version.

But if you want, you can ask for the long version via e-mail: info@lena-besold.de

1. All persons should keep distance: min. 1,5m; also the children in course to each other, except brothers and sisters.
It's essential to keep the distance everywhere: if you're arriving or leaving, on corridors, toilets, inside or outside.
2. There are several measures existing in our workshop to protect the participants as best as possible from infection. For example the children also keep their distance with seating in marked places.
3. Please bring your child only to the door. Please do not come inside. In case it's necessary that you come inside, you need to register in the list.
It's the same when you come for your kids after the workshop.
4. If it's possible to have the last course unity with parents, you will be informed in time. You'll get an appropriate information.
5. Persons are not allowed to take part in these cases:
 - persons that were in contact with Corona- patients during the last 2 weeks before the course starts
 - persons that have been to a high risk area as defined by the RKI
 - persons that have respiratory symptoms: cough, sniffles, high temperature
Exception: a doctor was seen and he told that it's only a cold. Then it's ok to take part.

When your child gets sick during the course, you have to come for it.

Your child can keep on learning at home.

I will provide homeschooling materials and learning videos.

6. Kids don't need sportswear.
They can participate in ordinary clothes.
They can wear sneakers/ gym shoes, barefoot or socks.
Street- shoes must be taken off.
7. During the workshop we avoid physical contact to each other.
If necessary, we wear one-time plastic gloves (e.g. "free your hand from handle")
The children don't need to bring one-time plastic gloves, I got that.

8. There are 3 options for how courses may work this year:

Option 1: suspected case or confirmed corona- infection within a class or school

- “Nicht mit mir!”- course will be taught by distance. I have developed some digital tutorials and learning videos in which I explain techniques and giving instructions.

Option 2: I need to stay at home in quarantine because of a suspected case or confirmed corona- infection

- “Nicht mit mir!”- course will be taught by distance. I have developed some digital tutorials and learning videos in which I explain techniques and giving instructions.

Option 3: school is in a (daily/ weekly) changing of presence and homeschooling

- The unity gets shorter (~60 instead of 90min).
- There is a reduced number of participants in one course.
- If there’s no possibility that the workshop can go on by presence education, I will provide materials for homeschooling and learning videos that I have developed.

For further questions please do not hesitate in contacting me at any time via E-Mail:

info@lena-besold.de