



Next meeting:

September 11th

Marian Gandy
President -
Groomed to Go Inc.

Chair - Brakele

September 18th

Tracey Harris

Dogs for kids with
disabilities

Chair - Engwerda

September 28th

Michael Ellis
Finals Fever

Chair - David
Morgan

October 2nd

Amelie Schumann

LIYSC report from
attending in UK

Board 2019-2020:

President:

Peter Cracknell

Past President:

Cliff Leckning

Secretary:

Peter Richards

Treasurer:

Greg Sharman

Directors:

Community Service:

Ross Augustine

Finance &

Fundraising:

Shane Thomas

Youth, International &

Vocational:

John Albery

Membership:

Bob Smith

Club Service:

Mark Rees

President's Report:

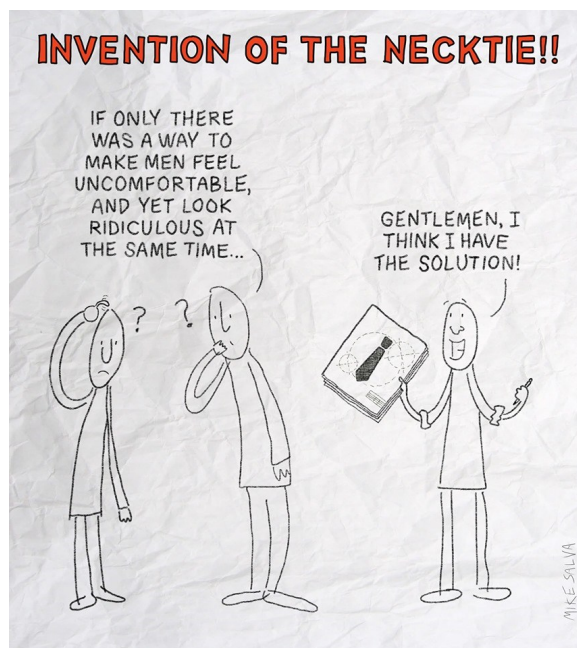
A great presentation last meeting by Stapes of Jen and his recent trip, tracing their journey from San Francisco to Japan via Alaska, the Aleutian Islands and Russia. A fascinating journey to various places the rest of us have not yet visited.

Sad to receive the recent resignation of long-time member, Bob Barr. We were able to thank him for his contribution to the club at his last meeting. Bob has promised to keep in touch and we all wish him well for his post-Sunrise life - and sleep-in's on a Wednesday!

Mark is now looking for Rotarians, family and friends to walk on our Treadmill at the upcoming Treadmill Challenge. You don't need to run, you can walk (I will be walking due to that old parachuting injury - actually a legitimate excuse), so not really any excuse for most of the rest of you - ok, Pete Stacey has a pretty good excuse!

Friday week, we have a meeting at Frankston High to progress discussions about Interact for the 2020 year, so more info on that next week.

See you Wednesday,
Peter



Invocation: For good food, good fellowship and the opportunity for service through Rotary, we give thanks.

Coming Events:

- Sat, 21 Sept
[Comedy for a Cause](#)

- Sun 20 Oct
[Treadmill Challenge -
Very Special Kids](#)

- Sat 9 Nov
[Bunnings Bbq](#)

2020:

- 21-22 March

District 9820
Conference
"Breaking the Chains"
Bendigo

- Mon 23 March

Charity Golf Day
PKCGC

Treadmill Challenge Sunday October 20th 2019 8am - 8pm Only 7 weeks to go!

Update:

Total raised so far \$9,000.

Go to: <https://vsk.grassrootz.com/rotary-frankston-sunrise-12hr-treadmill-challenge> for leaderboard & updates.

Still need treadmill sponsors VIP.

Why run it? It's a local community event that only requires the ability to walk or run to participate. Age is also not much of a barrier either. It utilizes a Club members facility with all the required treadmills in place & raises money for a worthy cause Very Special Kids, who have successfully run a similar event for a number of years now raising millions of dollars, so we have a blueprint to follow.

We aim this year to raise \$20k, after expenses. This will come from 10 treadmill sponsorships at \$1k each & then we hope the participants on each treadmill raise an average \$1k between them which means a further \$10k.

What can you do?

Our first priority is to find the 10 sponsors of treadmills ASAP. Currently we have 6:

Ray White Frankston
Lite n' Easy Carrum Downs
CORE24 Frankston
Willerby's Solicitors & Conveyancers
Vietnam Veterans/Frankston RSL
FOCUS Life

A hard copy flyer will be available on Wednesday & you will also be emailed a version to send to prospects for this event you may have, potential sponsors in particular. We anticipate there will be 2 sorts of sponsors:

Engaged Sponsor: they will pay their \$1k & will also organise participants to occupy the treadmill for 12 hours

Non engaged Sponsor: happy to pay the \$1k but will struggle to get participants. **This will be another way you can help out, finding participants to fill blocks of time on the treadmills**

Finding Sponsors & participants. Apart from word-of-mouth this event will be highly social media driven. We will be using the databases of CORE24 & our Club initially but would encourage you to use your own social media contacts to spread the word. More to come about this.

Any questions please talk to any of the Treadmill Challenge committee

Mark R, Crackers, Shane, Tony, Jason, Macca or Joe.

Our website: www.rotaryfrankstonsunrise.org.au

Our Facebook: www.facebook.com/rotaryfrankstonsunrise remember to Like & Share

September is Basic Education and Literacy month in the Rotary world.

Take a look at how Rotary's been helping break the cycle.

For more info consult the September Issue of Rotary Down Under.



Your
guide to
doing
good.



#BasicEducationandLiteracyMonth

Rotary  Rotary Global
Media Network

Birthdays &
anniversaries this
month:

6/09/1948

Peter Stacey 71

11/09/1948

David McKenzie 71

18/09/1952

Jill Warfe

Coming Events:

Sat, 21 Sept, 2019:

Fellowship Night – Comedy for a Cause

Fri 27 Sep, 2019:

Grand Final Eve Lunch - MCG

Sun 20 October, 2019

Treadmill Challenge

Very Special Kids

Sat 9 November, 2019

Bunnings BBQ

Fri 6th - Sun 8th December, 2019

Blackwood Special Schools Golf Day Trentham - Weekend Away

Friday 6Th December 2019 : Golf Day – Trentham Golf Course Players and Helpers on the day, Friday night Dinner Blackwood Hotel

Saturday & Sunday Working Bee, Meals, BBQ's Accommodation at the School.

<https://www.blackwoodssoec.vic.edu.au> - Golf Day. Details Entry Form for 2019 event not on web site at this stage Tony Bellette away OS on holiday's. Updates to come

21-22 March, 2020

District 9820 Conference

"Breaking the Chains"

Bendigo

More info: https://youtu.be/MXx_2v3KHRO

Mon, 23 March, 2020

Charity Golf Day

PKCGC

Rotary's 4 Way Test:

1. Is it the TRUTH?

2. Is it FAIR to all
concerned?

3. Will it build
GOODWILL &
BETTER FRIEND-
SHIPS?

4. Will it be
BENEFICIAL to all
concerned?



Coming Events Cont.: Further Info:

Fellowship Night – Comedy for a Cause

Date: Saturday, September 21, 2019 (8pm – doors open at 7pm)

Venue: Mt Eliza Community Hall – 90-100 Canadian Bay Road, Mt Eliza

Cost: \$35

Raising funds for the I Matter Foundation, Comedians for a Cause brings together great comedians (from the Sydney & Melbourne International Comedy Festival) in a 2 hour show.

As seats are normally on a first come basis, we have been able to coordinate a block ticket purchase that will mean our seating block is reserved, save us having to arrive too early.

This event will sell out, so to book your tickets, RSVP to Mark Rees.

Payment ASAP of \$35 pp to Sunrise General Account: BSB: 633 000 ACC: 131 641 839

Be sure to include your name with your deposit.

We may arrange an earlier dinner in Mt Eliza before the performance for those that are interested –more info to come.

'Break the Chains' District Conference on 20-22nd March 2020 in Bendigo.

Early bird registrations now open!

Reasons to come to conference:

- **Early bird special** until the 1st December, 2019 of \$295 per person (normally \$345)
- **Price includes Jail House Rock Gala Saturday night dinner**
- **Special pricing** for new Rotarians and Rotaractors
- Fantastic program of speakers, entertainers and fun
- Meet old friends and make new ones
- Learn more and interact with others
- **Optional events:** Fellowship Friday dinner, Leadership Breakfast Saturday morning for Presidents, President Elects, Leadership team members and partners, Friday Golf Day at Bendigo Golf Club with light lunch, Friday Winery coach tour finishing at Balgownie Estate with light lunch and a glass of wine! (some number limits apply)

Here is a link to the Conference Website that has a promotional video, a draft program and registration information.

<https://district9820.org/sitepage/district-conference-2020-breaking-the-chains/>



Coming Events Cont.:



Comedy for a Cause

SATURDAY 21 SEPTEMBER 2019

Doors: 7pm / Show: 8pm

Featuring comedians from
**Sydney & Melbourne
International
Comedy Festivals**

Join a Rotary Frankston Sunrise group booking

 **Mt Eliza Community Hall**
90-100 Canadian Bay Rd
Mt Eliza

Tickets Limited
RVSP: 31st July

To book:
Pay \$35 per head to the
Rotary General Account
BSB: 633 000
Acc: 131 641 839
Include your name
in the description

In Support of:



Proudly supported by:



Directors Reports:

Community Service:

CFS: COMMUNITY SUPPORT FRANKSTON.

Frankston Bunnings BBQ Update:

Hi everyone,

Thanks for your help with the Bunnings BBQ yesterday, we took just over \$2,400 in cash which (after expenses) is around \$1,800 for the Frankston Community Appeal - <https://www.facebook.com/Frankston-Community-Appeal-170015723009887/>

Great work considering the turn in weather!

Best Regards

Steve Phillips



RUOK : " ARE YOU O K " Thursday 12TH September:

Next Thursday 12TH September Special day for the Homeless Needy of Frankston focus on Mental Health. At Community Support Frankston Cnr Beach & Lewis Streets, Frankston.

John Albery, Bob Smith will be helping for a couple of Hrs. set up shelters, tables, chairs, Etc. starting 8.15 am.

Steven has arranged Monash University to provide and cook all the meals. Plus there will be Dental Check Ups, Hair Cuts, Laundry Service, Music, Food Parcels, Clothing, all available through out the day.

Warwick Smith - Our new prospective member has arranged with two other hairdresser's to be cutting hair on the day.

Also we are all welcome to stay longer and enjoy the day. Any further members available to help out are welcome for both events. Please let me know.

Ross L.

R U OK Day Flyer.:



Connect with local services, participate in the event and meet local agencies at Community Support Frankston

Event activities include FREE:

- Hot Meal
- Giveaways
- Live music
- Haircuts
- Laundry
- Services

Thursday 12 September, 2019
9.00am–12.00 noon



RU OK?TM
A conversation could change a life.

Where in the World?

- Keith

An English catch up
Back early Sept

- Ron

Ron and Marilyn leave for Europe on Aug 1st and will return on Sept 25.

- Rosscoe

Rosscoe and Coryn heading away this week to join Ron & Marilyn on their sailing adventure – Back October 4

- Billy

Bunkered down still recovering from his fall
Back soon we hope!

- Shars

Sun Chasing.

- Peter Richards

England and Denmark for another week



On this day in... September 11:

Event: 2001 – al-Qaeda attacks the US in a series of co-ordinated suicide attacks killing 2996 people. Two planes are crashed into New York's World Trade Center, 1 into the Pentagon and a 4th into a field in Pennsylvania.

In the News 2019: The Lord Mayor of London Peter Estlin is leading a business delegation to Australia aimed at strengthening financial sector links between the two countries.

As well as meetings with national and regional government leaders, he will also have talks with Australian Super and Macquarie Bank, while giving a speech at the two-day Australian Investment Council 2019 Conference on September 11 and 12. (courtesy of Nine News)

Births: 1950 – Barry Sheen, English motorcycle racer and sportscaster; 1917 – Ferdinand Marcos, 10th President of the Philippines; 1885 – D.H. Lawrence, English novelist, poet, playwright & critic.

Deaths: 1971 – Nikita Khrushchev, Russian General & politician;

Please remember to invite your friends to like the club's Facebook page.

- Plus when you see a new post, Like the post and share it with your friends!

Link: <https://www.facebook.com/rotaryfrankstonsunrise>