

You are welcome to the Empathy project and we are glad about your interest in joining the empathy revolution.

Before you proceed, please take some time and respond to the following questions. This self-assessment tool is designed to explore your cultural competence and help you to consider your skills, knowledge, and awareness of yourself in your interactions with others. It is meant to assist you to recognize what you can do to become more effective in working and living in a diverse environment. Please to what extent the statements below apply to your organization.

Ideals	Never/ Sometimes/ Always
<p>We share the ideals of the Empathy project:</p> <ul style="list-style-type: none"> <li>• Forster against Racism and Discrimination against marginalised groups</li> <li>• Supporting the integration of migrants</li> </ul>	
<p>We want to contribute to spread empathy in community and through our work</p>	
<p>We view human differences as positive and a cause for celebration</p>	
<p>We are aware that in order to learn more about others we need to understand and be prepared to share my own culture</p>	
<p>We are aware of and want to spread the understand on how to deal with perceptions, prejudice and stereotypes regarding race, colour, religion, sexual orientation, language, and ethnicity.</p>	
<p>We are aware of our stereotypes as they arise and have developed personal strategies for reducing the harm they cause.</p>	
<p>We are aware of how our cultural perspective influences our judgement about what are ‘appropriate’, ‘normal’, or ‘superior’ behaviours, values, and communication styles</p>	
<p>We are aware of the impact of the social context on the lives of culturally diverse population, and how power, privilege and social oppression influences them</p>	
<p>We will make mistakes and will learn from them</p>	
<p>We will recognize that our knowledge of certain cultural groups is limited and commit to creating opportunities to learn more</p>	
<p>We will really listen to the answers before asking another question</p>	
<p>We know that differences in colour, culture, ethnicity etc. are important parts of an individual’s identity which they value and so do we. We will not hide behind the claim of “colour blindness”.</p>	
<p>We recognize that cultures change over time and can vary from person to person, as does attachment to culture</p>	

We recognize that stereotypical attitudes and discriminatory actions can dehumanize, even encourage violence against individuals because of their membership in groups which are different from ourselves

We recognize that people have intersecting multiple identities drawn from race, sex, religion, ethnicity, etc and the importance of each of these identities vary from person to person

Please send the completed form to: [empathy@proarbeit-kreis-of.de](mailto:empathy@proarbeit-kreis-of.de)

After we have reviewed your form, you will receive further information regarding your participation in the Empathy Revolution.

Thank you for your participation!