

Precautions to protect against infection with SARS-CoV-2/"Corona virus" in the BodyLightness practice

General information

- Please note the currently valid regulations for Bavaria ([Link](#))
- Currently, the 2G rule applies to clients who have booked a wellness massage.
- Patients who come for a naturopathy service are not affected by the access or "G" rules (medically necessary services)
- In practice, the mask requirement applies until further notice

Symptoms of illness:

Please refrain from visiting the practice if you have a cold or flu-like symptoms or if there is a confirmed case of infection with COVID-19 (Coronavirus SARS-CoV-2) in your personal environment. If you suffer from the known symptoms of an infection with the coronavirus SARS-CoV-2 (loss of taste/smell, fever, dry cough, fatigue, breathing problems, scratchy throat, headache and pain in the limbs and chills, cold, nausea and diarrhoea) please contact your doctor or the public health department by telephone. As a naturopath, I am not allowed to treat an infection with the coronavirus SARS-CoV-2 according to the Infection Protection Act. If you or a contact person have had such symptoms in the last 2 weeks, please inform us before your appointment - we will then unfortunately have to postpone your appointment! You are also welcome to contact me first by telephone about your complaints.

In the practice

- Please come to our practice at least 5 minutes before your appointment to avoid contact with other patients!
- Please postpone your appointment if you have symptoms of a possible infection or are in quarantine!
- Please disinfect your hands when entering the practice.
- Please wear your mouth and nose protection during treatment.
- In order to be able to trace possible chains of infection, we note your contact details (name, address, telephone number and date of your appointment). This enables us to contact you if you have been exposed to an infected person during your stay with us. If an infection occurs within 2 weeks of your visit, we again ask to be notified so that we can assess any risk to the practitioner and react appropriately! The collection of this data is permissible according to Art. 6 Para. 1 lit. f) Basic Data Protection Regulation (DSGVO) and is required according to Art. 13 DSGVO.

Thank you for your assistance!