



WORLD MARTIAL ARTS COMMITTEE

AMATEUR RULES FOR TOURNAMENTS

Version 4.6 - 2022

Chapter 8: Rumble

Chapter 9: No Contact



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World Martial Arts Committee

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Introduction:

This rulebook replaces all previously issued rules and contains the official WMAC amateur competition rules. These rules are valid for all members. However, local requirements and circumstances may be taken into account if necessary. The official language of the IRC is English. These rules may be translated into other languages by the IRC. However, in case of discrepancies, only the official English version shall prevail. This rulebook may not be copied, published or distributed without specific written authorisation from the WMAC or the IRC. This includes electronic, digital, physical and all other forms of reproduction.

This rulebook can be downloaded free of charge as a PDF from the official WMAC website

NATIONAL MARTIAL ARTS COMMITTEE

International rules & guidelines



January 2023

Dear reader,

We are very pleased to release version 4.6 of our World Martial Arts Committee Rules and Guidelines. This is definitely the most comprehensive tournament rulebook available today and we are proud to publish it for your use. This has been made possible solely through the hard work and dedication of individuals from around the world. We would like to thank everyone for their contribution to this comprehensive rulebook.

All of these rules and guidelines contained in this document are to be applied at WMAC sanctioned events. In this case, no deviation is permitted except in exceptional circumstances and then only with the written permission of the IRC in conjunction with the Chief Referee (Supervisor) of the event. The instructions and decisions of the IRC with regard to these rules are decisive and binding. In the event of complaints/protests, his decision is decisive and final!

This rulebook can also be used for non-sanctioned events. In this case, the organiser of the event must include the following statement in writing in the announcement: "This event is organised in accordance with the official WMAC rules and regulations".

The World Martial Arts Committee is constantly endeavouring to develop further. We are constantly working on the expansion of our rules and regulations and their dissemination at events and tournaments. This set of rules should be checked before the events in order to discuss and incorporate any changes with us.

With best regards

A handwritten signature in black ink, appearing to read 'Harald Folladori'. The signature is stylized and fluid.

Harald Folladori
WMAC World President

PART 8 - Rumble

ARTICLE 38 Rumble (RU)

38.1 Description - Rumble is and sees itself as a preliminary stage to traditional martial arts (Kumite & Pointfight) in which children are taught in a playful way what skills they need for fighting. Speed, reaction, fairness, agility and fine motor skills are specifically trained.

38.2 Age groups (subdivided according to body size - minimum age is 3 years)

Description of the	Age	Category	Size in cm				
TIGERS	3-6 J	U6	-90	-110	-130	+130	
DRAGONS	7-8 J	U9	-100	-120	-140	+140	
NINJAS	9-12 J	U13	-110	-130	-150	+150	
INCLUSION	Open	Open	-100	-130	-150	-170	+170

38.3 Uniform - All uniforms should show the country to be represented or the style or club. It is up to the athletes what they wear. Traditional (Gi) or other Martial arts clothing. IMPORTANT no unsportsmanlike prints or patches!

38.4.1 Performance - Both children are each given 3 belts (e.g. made from karate belts, i.e. solid materials). These straps (belts) are attached to their Budo belts, 1 strap over the right thigh, 1 strap over the left thigh and 1 strap in the centre. The first fighter to have removed the most belts from their opponent after the time has elapsed wins the competition. After the time has elapsed, if both fighters have won the same number of belts, the fighter who first pulls out the NEW belt (1 belt each for both athletes) wins. It is important that he immediately stretches the belt upwards with his hand. If he does not do this, he does not get a point.

38.4.1 Time limit - The performance must not last longer than 60 seconds. In the event of a draw - 30 seconds extra time.

38.5 Performance area - The area must be no smaller than 5 x 5 metres and be on Budo mats with a thickness of 25mm (kickboxing).

38.6 Number of judges - 2 judges. They award 1 point each for the correct removal of the belt. The judges award the points independently and the MRef involves the side judge in the event of unclear scores. Otherwise, the side judge is also responsible for checking the competitors and accepting the belts that have been drawn.

38.7 Evaluation - Points are awarded as follows:
The referee awards 1 point for the correct removal of a ribbon.
As in kickboxing (Poi ntfight), the scores are awarded directly by means of hand signals.

38.7.1 Rules

The two competitors greet each other and the referee. The referee gives the command "FIGHT". Then they may only pull out the opponent's ribbons with their hands. They may not hold the opponent's hand or pinch their own ribbons with their arm. No punching techniques may be used (punching blocks)

The ribbons must be freely accessible to both players. It is also not permitted to touch the mat with anything other than the soles of the feet, somersaults, kneeling or rolling is prohibited and will be penalised with a warning. Attention "should" be paid to a reasonably upright posture as in later fights (pointfight). The top priority is the child-orientated introduction to a tournament scene - the children's nervousness should be suppressed and the FUN of the movement should take centre stage.

ATTENTION: The straps may only be inserted loosely into the belt (same length) and must not be knotted to it.

38.7.2 Warning (time is stopped)

For holding or non-compliant ground contact, the referee will award a Warning. The warning rule applies in a similar way to kickboxing.

1. verbal admonition

1. Warning = (NO PENALTY = ATTENTION)
2. Warning = 1 point MINUS (one belt less)
3. Warning = 1 point MINUS (one belt less)
4. DISQUALIFICATION should only be pronounced in this sport with regard to child-orientated practice under massive REASONS.

38.8 Protective equipment

Protective equipment includes head protection (head bumpers). Dental protection is also recommended, but is not mandatory.

The coaches are RESPONSIBLE for ensuring that the children are at the area on time and correctly adjusted. After calling out 3 times = a delay of 1 minute after calling out, a minus point can be awarded. Then another one must be given after a further 2 minutes. If the athlete does NOT appear at the competition area after a total of 3 minutes, he/she will be disqualified.

PART 9 NO - CONTACT

ARTICLE 39. no-contact (NC)

39.1 Description - No-Contact is and sees itself as a preliminary stage to the mat sports of kickboxing light contact & kicklight, in which children are taught in a playful way what skills they need for fighting. Speed, reaction, fairness, agility and fine motor skills and technique through punching and kicking are specifically trained. All techniques are to be used according to these rules but WITHOUT contact.

39.2 Age groups (subdivision according to body size, see announcement Attention - MINIMUM AGE is 3 years)

Description of the	Age	Category	Size in cm				
TIGERS	3-6 J	U6	-90	-110	-130	+130	
DRAGONS	7-8 J	U9	-100	-120	-140	+140	
NINJAS	9-12 J	U13	-110	-130	-150	+150	
INCLUSION	Open	Open	-100	-130	-150	-170	+170

39.3 Uniform - All uniforms should show the country to be represented or the style or style of the country to be represented.

Your club. It is up to the athletes what they wear. Traditional (Gi) or other martial arts clothing. IMPORTANT no unsportsmanlike prints or Patch!

39.4 Performance - Both children fight each other without being allowed to touch each other. Targeted punches and kicks that would hit and have been executed correctly will be assessed by the judges. It is forbidden to touch or hit each other.

ATTENTION: As these are children of different grades and styles, not only the quality and execution but also the number of techniques is decisive. An attack and defence technique must be visible. The DISTANCE is at least 1 arm length of the athletes and limited to a maximum of 2.

39.4.1 Time limit - The performance must not last longer than 60 seconds. In the event of a draw - 30 seconds of extra time - then a decision must be made.

39.5 Performance area - The area must be no smaller than 5 x 5 metres and be on Budo mats with a thickness of approx. 25mm (as in kickboxing).

39.6 Number of judges - 2 judges.

The main referee decides together with the 2nd referee. They award points of 1 point each for the correct execution of a technique. The Referee awards the point independently and refers to the

side judge in the event of unclear judgements. Otherwise, the side judge is also responsible for checking the Competitor committed.

39.7 Evaluation - Points are awarded as follows:

The referee awards one point for the correct execution of a kick or fist kick.

It is completely irrelevant which style the athlete comes from.

would get if he was really hit. The defence techniques are only to be evaluated if would have protected them or not.

As in light contact the winner is announced at the end of the fight time by means of a hand signal (into the Corner) of the winner) by the HK judge.

39.7.1 Rules

The two competitors greet each other with shake hands, then the referee and start the competition after the command "FIGHT". No parts of the body other than the soles of the feet may touch the ground. All techniques must be performed cleanly according to age and must NOT touch the floor.

39.7.2 Warning (time is stopped)

The referee will issue a warning for touching or contact with the ground that does not comply with the rules. The warning rules are similar to those in kickboxing.

1. Admonition
2. Warning = (NO PENALTY = ATTENTION)
3. Warning = 1 point MINUS (one belt less)
4. Warning = 1 point MINUS (one belt less)
5. DISQUALIFICATION should only be pronounced in this sport with regard to child-orientated practice under massive REASONS.

39.8 Protective equipment

Protective equipment includes head protection (headbutts) and suitable child-friendly boxing gloves approx. 8 to max. 10 OZ. A mouthguard and foot protection are also recommended, but not mandatory.

The coaches are RESPONSIBLE for ensuring that the children are at the area on time and correctly adjusted. After calling out 3 times = a delay of 1 minute after calling out, a minus point can be awarded. Then another one must be given after a further 2 minutes. If the athlete does NOT appear at the competition area after a total of 3 minutes, he/she will be disqualified.