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| | | | | | | | |
| 15h00 | 1 | NOSAL Benjamin | SRM | SH | | | |
| | 2 | BERRANGER Michel | SRM | SH | | | |
| | 3 | RENAUD Jean | SRM | SH | | | |
| | 4 | HANNIER Matthias | YH | SH | | | |
| | 5 | BAUER Michel | YH | SH | | | |
| | 6 | ETROPIE Mathieu | YH | SH | | | |
| | 7 | LE MADEC Jean-François | YH | SH | | | |
| | 8 | LEMOINE Christophe | SRM | SH | | | |
| | 9 | TOSTES Guillaume | SRM | SH PL | | | |
| | 10 | TRUR Alexis | SRM | SH PL | | | |
| | | | | | | | |
| 15h30 | 1 | AGGOUNE Chems | SRM | HJ16 | | | |
| | 2 | DIDIER Antoine | SRM | HJ16 | | | |
| | 3 | GABRIEL Simon | SRM | HJ16 | | | |
| | 4 | MARCHAL Aurélien | SRM | HJ16 | | | |
| | 5 | OLLIO Jules | SRM | HJ16 | | | |
| | 6 | WISS Samuel | SRM | HJ16 | | | |
| | 7 | GOSELIN Florent | SRM | HJ16 | | | |
| | 8 | HERGOTT Diego | SRM | HJ16 | | | |
| | 9 | FENDLER Romain | SRM | HJ16 | | | |
| | | | | | | | |
| 16h00 | 1 | B55A SF | SF | COULY Clothilde | PRECHEUR Laetitia | BRISION Guilaine | |
| | 2 | B55A SF | SF | ETIENNE Nathalie | FRAICHE Marie Laurence | FRANCOIS Nathalie | |
| | 3 | SRM SH | SH | SCHMIDT Jean-Michel | LEBRETON Guillaume | | |
| | 4 | USM HJ16 | HJ16 | JOST Romain | FRANCOIS Maxence | HERTZIG Nathan | DRUELLE Théo |
| | 5 | USM FJ16 | FJ16 | RIVALIER Amélie | MICHEL Lilly | MICHEL Noémie | |
| | 6 | USM J14 | J14 | FRANCOIS Maël | LALOUETTE Jules | KOPYRA Maëlyss | ROCHEDREUX Chloé |
| | 7 | USM J14 | J14 | GAUVAIN Anathéa | WAMBST Léa | JOST Agathe | DREYDEMY Line |
| | 8 | USM | | WURGES Ethan | RIPPA MADONNA Sebastien | ROURE Sebastien | ROCHEDREUX Mickaël |

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| 16h30 | 1 | BEZINE Raïssa | SRM | FJ16 | | | |
| | 2 | LEICHTMANN Emma | SRM | FJ16 | | | |
| | 3 | LELIEVRE Manian | SRM | FJ16 | | | |
| | 4 | MERSCH Ernestine | SRM | FJ16 | | | |
| | 5 | RAYMOND Clara | SRM | FJ16 | | | |
| | 6 | GIRARDOT Jeanne-Lou | SRM | FJ16 | | | |
| | 7 | PREVOST Pauline | SRM | FJ16 | | | |
| | 8 | AIT HOCINE Feriel | SRM | FJ18 | | | |
| | 9 | FIORUCCI Kyara | SRM | FJ18 | | | |
| | | | | | | | |
| 17h00 | 1 | FRANCOIS Nathalie | B55A | SF | | | |
| | 2 | PACHOT Sandrine | ACPE | SF | | | |
| | 3 | CATTANEO Gisèle | YH | SF | | | |
| | 4 | LE MADEC Sophie | YH | SF | | | |
| | 5 | SCHARFF Louise | YH | SF | | | |
| | 6 | FAUST Marie-Eglantine | SRM | SF | | | |