



**Keto Live Project proudly presents**

## **Ketogenic Metabolic Therapies Future Prevention and Treatment of NCD**

2nd international Keto Live Conference in Switzerland  
about the power of food &  
the Ketogenic Metabolic Therapies as a medical tool.

Certified with a total of **86 CME Credits** for Continuous Medical Education by:

The Swiss Society for Medical Oncology **SSMO-SGMO-SSOM 27 Credits**

The Swiss Society for General Internal Medicine **SGAIM 27 AIM-MIG Credits**

The Swiss Society for Endocrinology and Diabetology **SGED-SSED 18 Credits**

The Swiss Neurological Society **SNG 14 Credits**

The Swiss Association for Dieticians and Nutritionists **SVDE ASDD 18 Points**

The British Association for Nutrition and Lifestyle Medicine **20 BANT-CPD Hours**

## **Conference Program 2021**

*This schedule is subject to change*

### **Monday, 7th of June - Neurology Part 1**

*CME Credits: 4 SSMO-SGMO-SSOM, 4 AIM-MIG, 2 SNG - SVDE ASDD 3 Points*

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|-------|--|
| 14:00 | Registration Office opens  |
| 15:00 | Hello & Welcome<br>Dr John Schoonbee, South Africa, Switzerland<br>Swiss Re<br>"Have we got News for You?"   |
| 16:00 | Dr Georgia Ede, United States of America<br>The First Thousand Days:<br>"Micronutrients and Optimal Brain Development"<br><i>followed by a Coffee Break - included in the Conference Fee</i> |
| 17:00 | Dr Georgia Ede, United States of America<br>"Nutrition and Childhood Neuropsychiatric Disorders:<br>Autism and ADHD"   |
| 18:00 | Dr Ana Iacob, Romania, Switzerland<br>"Beyond Psychotropics: The Metabolic Side-Effects"   |
| 19:00 | Welcome Get Together   |
| 19:30 | Keto Dinner at the Kurhaus Restaurant <i>included in the Conference Fee</i>  |
| 21:00 | Movie:- / Keto Live Bar  |



## Tuesday, 8th of June – Heart & CVD

CME Credits: 6 SSMO-SGMO-SSOM, 6 AIM-MIG, 2 SNG & SVDE-ASDD 6 Points

- 07:30 "To Keto or not to Keto" - Breakfast Buffet  
included in the Hotel
- 08:30 Registration Office opens
- 09:00 Dr med Dipl Biol Bernd-Michael Löffler, Germany  
"First do no Harm" – Understanding Medicine as a Craft"
- 10:00 Ivor Cummins BE(Chem), CEng MIEI, Ireland  
"Insulin Resistance and Chronic Disease -  
from Age-related Diseases to Non-Communicable Diseases"  
followed by a Coffee Break - included in the Conference Fee
- 11:30 Dr David Unwin, United Kingdom  
"Essential Hypertension – but is it?  
Are we Blaming Salt for what the Sugar, via Insulin did?"
- 12:30 Jayne Bullen MBA / The Noaks Foundation, South Africa  
"LCHF in Clinical Practice: Changing the face of healthcare"
- 13:00 Keto - Lunch Buffet  
included in the Conference Fee  
Enjoy nature, have a chat, go for a walk, biking - or just have a nap
- 14:30 Dr Peter Voshol, Netherlands  
"Measuring and Understanding Insulin Resistance"
- 15:30 Prof Dr Helene von Bibra, Germany  
"Insulin Resistance and Heart Failure"  
followed by a Coffee Break - included in the Conference Fee
- 16:30 Ivor Cummins BE(Chem), CEng MIEI, Ireland  
Irish Heart Disease Awareness  
"Reversing CVD?"
- 17:15 Q & A / Discussion
- 18:00 Workshops  
In alternating Groups, please register on arrival, at the registration desk
1. "Cooking for the Brain – the different Names/Ratios of KMT"  
Sybille Bellamy Kraft USA, France Connection Cetogens  
Beth Zupec-Kania, USA , Charlie Foundation  
Michel Lundell, Sweden  
followed by Dinner in the historic kitchen of the Kurhaus
  2. "How to get into and how to maintain therapeutical Ketosis"  
Patricia Daly, Ireland, Dr Elena Gross Germany, Switzerland  
Dorian Greenow United Kingdom, USA  
Foods, Ketone Supplements and Measuring Blood Glucose & Ketones  
Cinema Room of the Kurhaus
  3. "Change Happens Through Movement - and Movement Heals."  
Janine & Elise Rensch, Switzerland  
Sportshall Bergün School
- 19:30 Keto Dinner at the Kurhaus Restaurant included in the Conference Fee
- 21:00 "Extra Time" Movie by IHDA / Keto Live Bar



## Wednesday, 9th of June – Cancer

CME Credits: 6 SSMO-SGMO-SSOM, 6 AIM-MIG, 3 SNG & SVDE ASDD 6 Points

- 07:30 "To Keto or not to Keto" - Breakfast Buffet  
included in the Hotel
- 08:30 Registration Office Opens
- 09:00 Dr med Dipl Biol Bernd-Michael Löffler, Germany  
"Mitochondrial Health and Dysfunctions"
- 10:00 Dr Jean-Pierre Spinosa, Italy, Switzerland  
"Metabolism Pathways behind the Nutritional Therapies"  
followed by a Coffee Break - included in the Conference Fee
- 11:30 Dr Jean-Pierre Spinosa, Italy, Switzerland  
"Metabolic Therapy for Breast Cancer: Future is Now?"
- Q & A / Discussion
- 13:00 Keto - Lunch Buffet  
included in the Conference Fee  
Enjoy nature, have a chat, go for a walk, biking - or just have a nap
- 14.30 Dr Abdul Slocum, USA, Turkey  
"Chemothermia -  
Pionieering integrative oncology"
- 15:30 Dr Abdul Slocum, USA, Turkey  
"Case Studies"  
followed by a Coffee Break
- 16:30 Dr Zsófia Clemens, Hungary  
"The Palaeolithic Ketogenic Diet (PKD) as a Cancer Treatment."
- 18:00 Workshops  
In alternating Groups, please register on arrival, at the registration desk
1. "Cooking for the Brain – the different Names/Ratios of KMT"  
Sybille Bellamy Kraft USA, France Connection Cetogens  
Beth Zupec-Kania, USA , Charlie Foundation  
Michel Lundell, Sweden  
followed by Dinner in the historic kitchen of the Kurhaus
2. "How to get into and how to maintain therapeutical Ketosis"  
Patricia Daly, Ireland, Dr Elena Gross Germany, Switzerland  
Dorian Greenow United Kingdom, USA  
Foods, Ketone Supplements and Measuring Blood Glucose & Ketones  
Cinema Room of the Kurhaus
3. "Change Happens Through Movement - and Movement Heals."  
Janine & Elise Rensch, Switzerland  
Sportshall Bergün School
- 19:30 Keto Dinner at the Kurhaus Restaurant included in the Conference Fee
- 21:00 Movie: - / Keto Live Bar



## Thursday, 10th of June - Diabetes

CME Credits: 6 SSMO-SGMO-SSOM, 6 AIM-MIG, 3 SNG & SVDE-ASDD 6 Points

- 07:30 "To Keto or not to Keto" - Breakfast Buffet  
included in the Hotel
- 08:30 Registration Office Opens
- 09:00 Dr Zsófia Clemens, Hungary  
"Autoimmune Disease from Crohn's disease to Type1 Diabetes"
- 10:00 Dr Ian Lake, United Kingdom  
"Low Carb Lifestyles in Type 1 Diabetes -  
Getting the Message Outthere"  
followed by a Coffee Break - included in the Conference Fee
- 11:30 Dr David & Dr Jen Unwin, United Kingdom  
Using "Just a spoonful of sugar..."  
as "the most delightful way" to Reverse Type 2 Diabetes.
- 12:15 Q & A / Discussion
- 13:00 Keto - Lunch Buffet included in the Conference Fee  
Enjoy nature, have a chat, go for a walk, biking - or just have a nap
- 14:30 Dr Peter Voshol, Netherlands  
"Nutrition and Lifestyle Intervention in Type 2 Diabetes:  
A Pilot Study in the Netherlands"
- 15:30 Prof Dr Marcus Säemann, Austria  
"Ketogenic Metabolic Therapies and Chronic Kidney Disease"  
followed by a Coffee Break - included in the Conference Fee
- 16:30 Dr David & Dr Jen Unwin, United Kingdom  
"How to Apply Dietary Advice/ Behavioural Change in Ten Minute  
Appointments.- Hope, is it the Placebo Effect?"
- 17:15 Q & A / Discussion
- 18:00 Workshops  
In alternating Groups, please register on arrival, at the registration desk
1. "Cooking for the Brain – the different Names/Ratios of KMT"  
Sybille Bellamy Kraft USA, France Connection Cetogens  
Beth Zupec-Kania, USA , Charlie Foundation  
Michel Lundell, Sweden  
followed by Dinner in the historic kitchen of the Kurhaus
  2. "How to get into and how to maintain therapeutical Ketosis"  
Patricia Daly, Ireland, Dr Elena Gross Germany, Switzerland  
Dorian Greenow United Kingdom, USA  
Foods, Ketone Supplements and Measuring Blood Glucose & Ketones  
Cinema Room of the Kurhaus
  3. "Change Happens Through Movement - and Movement Heals."  
Janine & Elise Rensch, Switzerland  
Sportshall Bergün School
- 19:30 Keto Dinner at the Kurhaus Restaurant included in the Conference Fee
- 21:00 Movie: Fat Head/ Keto Live Bar



## Friday, 11th of June – Neurology Part 2

CME Credits: 6 SSMO-SGMO-SSOM, 6 AIM-MIG, 4 SNG & SVDE-ASDD 3 Points

- 07:30 “To Keto or not to Keto” - Breakfast Buffet  
included in the Hotel
- 08:00 Registration Office Opens / 2 SGAIM / 4 SNG Credits
- 08:30 Dr Markus Bock, Germany  
“Ketogenic Metabolic Therapy and MS”
- 9:30 Prof Dr Stephen Cunnane, Canada  
“Ketones and Human Brain Evolution”  
followed by a Coffee Break- included in the Conference Fee
- 11:00 Prof Dr Stephen Cunnane, Canada  
“Ketones, Brain Energy Rescue and Alzheimer's Disease.”
- 12:00 Dr Zvonko Mir, Croatia, Switzerland  
“Ketogenic Metabolic Therapies in  
in my Daily Neurological and Psychiatric Practice”
- 13:00 Follow the Science and “Keep on Keto” - See you again soon

More Information & Booking at [www.keto-live.com](http://www.keto-live.com)

Keto Coffee breaks, Lunches & Dinners are included in the Conference Fee

Conference Venue:

Kurhaus Bergün - [www.kurhausberguen.ch](http://www.kurhausberguen.ch)

Puez 112, CH - 7482 Bergün/ Bravuogn  
Phone +41 81 407 22 22

Medical Consultation & Supervision:

Prof. Dr. med. Markus Stoffel, Munich

[www.privatpraxis-kosttor.de](http://www.privatpraxis-kosttor.de)

Dr. med. Suzan Oruc, Burghausen

<http://www.urologie-burghausen.docsite.de/>

Assisting Supervision at the Conference

Dr.rer.nat. Ernst Spindler

Idea, Concept & Organisation:

Keto Live Project

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