**Dr. Anthony Chaffee, MD**

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**Contact Details:**

Email: AnthonyChaffee@gmail.com

**Education**

***Royal College of Surgeons, Ireland*** ***(Medical School)***

Graduate Entry Medical Program (MD) 2009 – 2013 (Honors)

***Duke University School of Medicine (Medical School)***

Plastics, Reconstruction, and Maxillofacial Surgery - 2012 (Honors)

***University of Arizona (Undergraduate Degree)***

Major: Bachelor of Science: Molecular and Cellular Biology

Minor in Chemistry: Graduated 2007 (Honors)

**Experience**

***Private Neurosurgical Assistant to Professor Steve Lewis, Hollywood Private Hospital (June 2023-Present)***

-First assistant to Professor Steve Lewis in all of his cranial, spinal, and other neurosurgical cases

***Australian Neurosurgical Registrar at Sir Charles Gairdner Hospital (2020-2023)***

-Neurosurgical Service Registrar from February 2020 to February 2023

***Hobart Medical Center, Mt Hawthorne (2022-Present)***

-Private clinical work in functional medicine and metabolic health

***Independent Research (2018-Present)***

-Diet and nutrition and its effects on overall health and chronic disease, particularly in relation to GBM and other cancers, type 2 diabetes, heart disease, dementia, Alzheimer’s, Parkinson’s, autism, autoimmune disorders, aging and development, as well as in high intensity sports performance.

-Host of a Top 10 medical and nutritional podcast and YouTube channel “Anthony Chaffee MD” which discusses these topics

***Hope Foundation for Women and Children of Bangladesh (2017-2018):***

-Provided on the ground humanitarian medical and surgical care for the Rohingya refugees and the impoverished local community in rural Bangladesh as a volunteer clinician and administrator in 2017-18

-High volume solo patient load daily

-Active in organizational and administrative duties, including implementation of new protocols

-Clinical humanitarian mission on site in the Rohingya refugee camps in Cox’s Bazar, Bangladesh

-Continued administrative and educational support to the clinicians and staff on site in Bangladesh

***Academic Achievements:***

-Academic Medal for finishing in the top 5% of my medical school class, year 2 (6th overall)

-Graduated with Honors at every level of my education

-Duke University School of Medicine, Final Year: Plastics, Reconstructive, and Maxillofacial Surgery Subinternship: Honors

-Sat my American SATs at the age of 13

-Started University at the age of 16

**Research**

-Ketogenic Metabolic Therapy as an adjunct to Standard of Care for GBM brain cancer (Proposed at SCGH)

-Diet and nutrition and their effects on overall health and chronic disease (Current)

-Internal Audit of Acute Cardiac Care in St Vincent’s University Hospital ED – July 2015

-Quality Analysis of Peer Review vs Conference Publications (RCSI)June – September 2011

**International Speaking Appearances and Conference Presentations**

-Symposium for Metabolic Health, San Diego: Ketogenic Metabolic Therapy as an adjunct to Standard of Care in cancer and GBM (August, 2023)

-Regenerate Health Conference, Albury NSW: Untoward influences on our nutritional guidelines (August, 2023)

-Public Health Collaboration, Sheffield England: Panel debate on optimal human nutrition (May, 2023)

-Low Carb Road Show, Perth WA: Improving metabolic health with nutrition (April 2023)

-Low Carb Down Under medical conference, Gold Coast: Deleterious health effects of commonly used plant-based foods (October 2022)

-KetoCon, Austin Texas: Evolutionary and Biological evidence of appropriate human nutrition (July, 2022)

-Australian College of Nutritional and Environmental Medicine (ACNEM): Online debate on the importance of cholesterol in health and CVD (April, 2022)

-Australian College of Nutritional and Environmental Medicine (ACNEM): Online debate on optimal human nutrition (November, 2021)

**Extracurricular Activities:**

Host of Top 10 Podcast on Medicine and Nutrition “The Plant Free MD”

Educational videos on nutrition and health at Anthony Chaffee MD YouTube Channel

All-American Rugby Player

All-Star Rugby Selections for High School, Collegiate, and Senior Men’s levels, USA

Professional Rugby player in England, Canada, and USA for 10 years prior to medical school

All-Star Rugby 7s selections for USA Senior Men’s division

USA and Irish National Champion in multiple years in 15s and 7s

Continued with high level rugby 15s and 7s during and after medical school

**Volunteer Work:**

**Special Olympics, Seattle** 2018

University of Washington, Seattle

**Boys and Girls Club** 1998-Present

Greater Seattle area

**Seattle Saracens Community Youth Outreach Program** 2017-Present

Sports based youth outreach in the Washington State area

**Hope Foundation for the Women and Children of Bangladesh** 2017-Present

Volunteer doctor on a lengthy humanitarian mission to Bangladesh to provide medical aid to the Rohingya refugees from Myanmar

**Right to Sight** 2011 – 2015

Dublin, Ireland

**Irish Cancer Society** 2009 – 2013

Dublin, Ireland

**Alvarado Hospital ER** March – July 2009

San Diego, CA

**Meadowdale Adult Family Home** 2002 – 2007

Seattle, WA

**Ronald McDonald House** 1999 – 2004

Tucson, AZ