

# The cocoon has opened - 'Outgrowing Nymph' is taking flight and enchanting the music world

The amount of growing an individual can do within just a few years is endless, which is proven impressively by Berlin's Lisa Akuah with her debut album 'Outgrowing Nymph'. After having spread her musical wings across Germany's and Europe's stages for just over six years, Lisa Akuah felt that the time had come to tell her story to the world. The most recent years have presented a big challenge for everyone but for Lisa, these were the most creative and formative of her musical journey to date. Finally reaching the point in life where it becomes clear which direction the journey should take has made the choice of creating a conceptual album an obvious one.

'Outgrowing Nymph' is divided into three chapters: Observations of the self, observations of the outside and perception. Each chapter is filled with songs taking the respective viewpoints. Every song of each chapter tells its own story but fits perfectly into the flow of the album, starting with pieces that take a look deep inside Lisa's psyche, observing and understanding her own behaviour before turning this critical eye to the outside and the society we live in. Before commencing the final chapter, the listener is treated to a rare aural delicacy: A spoken word piece. In a highly unusual move, despite its brevity, it has become the title track of the album. The final chapter of the album begins with Lisa Akuah's most iconic song to date, 'Dancing Trees', opening eyes and arms wide to receive impressions and emotions from the world outside.

'Outgrowing Nymph' is not only a unique lyrical journey but it also explores many different corners of the Neo Folk genre and sometimes merging them with others to create an exciting and surprising sonic trip. Ranging from purely acoustic pieces that feel as if a tiny Lisa was sitting on one's shoulder, singing directly into their ear, to Shoegaze Folk with haunting harmonies and sound effects that lift one's insides as if flying through air pockets. Everything about the album feels palpable, as if one could, just like that, reach out and touch the body of the rumbling contrabass or feel Lisa's warm breath while singing on their face.

Of course, an album isn't created in a day and certainly not alone! As with her previous releases, Lisa had a group of incredible musicians and sound artists at her side. 'Outgrowing Nymph' was fully recorded and mastered at The Famous Gold Watch Studios in Berlin with the highly creative and extremely sought after producer and Universal artist Cameron Laing, whose ideas for taking Lisa's songs to the next level have no bounds and upcoming mastering engineer Francesco Salvadori. Every instrument played, every vocal line sung and every adjustment made 'Outgrowing Nymph' what it is now: a timeless masterpiece of Neo Folk music.