



«Sustainable Crisis Leadership»
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Sustainable Crisis Leadership (1)

Inner attitude + specific interpersonal communication.



Sustainable Crisis Leadership (2)



Roman emperor Marcus Aurelius (121-180 A.D.) – a stoic:

- Accept the negative situation, keep being flexible.
- Controlling the own mindset: «Our life is what our thoughts make it.»
- Negative visualization as a factor of calming and even good mood!
- New chance for new people.