



Next meeting:

May 20th

Zoom Meeting

May 27th

Zoom Meeting

June 3rd

Zoom Meeting

Board 2019-2020:

President:

Peter Cracknell

Past President:

Cliff Leckning

Secretary:

Peter Richards

Treasurer:

Greg Sharman

Directors:

Community Service:

Ross Augustine

Finance &

Fundraising:

Shane Thomas

Youth, International &

Vocational:

John Albery

Membership:

Bob Smith

Club Service:

Mark Rees

President's Report:

With a gentle easing of restrictions, it's been nice to have just a little more contact with the outside world. But clearly we all continue to have an important responsibility to maintain social distancing and following the overall guidelines of the government and relevant health authorities. The impacts of all this will continue to be felt for a long way into the future and it is so important that we continue to act in the best possible way to prevent further outbreaks.

For my part, I had the opportunity to join Greg and Hank on a walk around the Frankston Reservoir on Sunday afternoon. I'm told that a number of our members were involved in working bees in the past to restore some of this area. I had no idea that there were such stunning walking tracks right in amongst us here in Frankston South. If you haven't already discovered it, I recommend you check it out.

We have some \$10,000 available to make as donations between now and the end of June. I have sent a proposal on how this would be allocated to the board for approval and will let you know more shortly. Obviously the financial contributions we can make this year have been dramatically reduced due to the cancellation of our major fundraising initiatives.

No doubt, with the new Rotary year ahead, assuming we continue to see continued success in our fight against coronavirus, Frankston Sunrise will again return to making the significant contributions, both financial and physical, that our club has been so well respected for in the past.

I would also just reinforce my thanks for the continued support I've received from the membership during what has become a frustrating time for everybody.

A reminder our annual changeover will be a zoom meeting on Wednesday, July 1. A specific invitation will follow in the coming weeks.

By the time you read this you will also have received a fresh invite to the club zoom meetings each Wednesday up until June 30. Please note, the link you have been using these past weeks is no longer current, so be sure to use the one emailed to you on Monday this week. See you on Wednesday.

Regards

Peter

Website: www.rotaryfrankstonsunrise.org.au

Facebook: www.facebook.com/rotaryfrankstonsunrise

COVID 19 Update:

With parts of the lockdown coming to an end and with different systems in place in different states it is important to Stay informed and protected:

Download the official government apps to stay up to date and protected.



[COVIDSafe app](#)

The COVIDSafe app speeds up contacting people exposed to coronavirus (COVID-19).



[Coronavirus Australia app](#)

Stay up to date with official information and advice about the coronavirus (COVID-19) situation. You can check your symptoms and get notified when urgent information and updates are published.



[Australian Government WhatsApp channel for COVID-19](#)

Join our COVID-19 WhatsApp channel to learn the latest on Australia's response to coronavirus (COVID-19). If you're already a WhatsApp user you can send a message to the channel to connect. If you don't have WhatsApp, download the app to join the channel.

COVID 19 Symptoms include: fever, coughing, sore throat, shortness of breath. If you are sick and think you might have COVID-19, check your symptoms using [healthdirect's Coronavirus \(COVID-19\) Symptom Checker](#).

Protect others and stop the spread

We can all help slow the spread of COVID-19 in Australia. To protect others you must:

- practise good hygiene
- practise social distancing
- follow the limits for public gatherings
- understand how to self-isolate if you need to
- If you have a confirmed case, you must isolate yourself to stop the virus spreading to other people.

If you're concerned

You can call the National Coronavirus Helpline for information and advice about COVID-19. The line operates 24 hours a day, seven days a week. **1800 020 080**

In this space:

MATESHIP IN DROUGHT

I know we tried our hardest, but relief just never came.
Days and weeks rolled into years, as we waited for the rain.
The sheep just started dropping in mud where water dwelled.
The dry and barren land we see, looks like a pit of Hades hell.
Anger grows as we watch the news, as foreign aid get passed around.
While the farmers of this Southern land, are forced to leave their towns.
These buyers come in from foreign places, far across the seas.
And generations of sweat and tears, are sold to the Chinese.
In hardest times we find the strength, we never knew we had.
And tiny glimmers of sweetest hope, when things look really bad.
The word started to get around, and Australians all stood up.
To help us farmers at our wits end, and really down on luck.
There was Bumper from the Hay Runners, to the mob from Buy a Bale.
Money started pouring in, to help us who felt we'd failed.
I cannot tell you how it felt, when the truck rolled in the drive.
Stocked with several months of feed to keep the stock alive.
The Aussie Spirit of Mateship has really shone on through,
and helped so many struggling when we knew not what to do.
Farmers are the backbone of this country we call home.
And during these hardest times of drought we know we aren't alone

ALEXANDRA STEWART
Moonee Beach, NSW

PHOTO
AND Poetry
COMPETITION
1ST PLACE

Birthdays &
anniversaries this
month:

5/05/1956

Cheryl Carter

20/05/1950

Suzanne Richards

21/05/1948

Coryn Augustine

21/05/1967

Laurelle Coppard

27/05/1942

Ian Stapleton 78

Coming Events/Save the Date!:

Wednesday 1 July, 2020

Annual Frankston Sunrise Changeover at 7:45 AM - Zoom

Sunday 26 August, 2020

Bunnings BBQ

Sunday Oct 18th, 2020

2nd Treadmill Challenge

Saturday 28 November, 2020

Bunnings BBQ

Stay tuned for 2021 date!

Children of Ghana Charity Ball

Mornington Race Course

Tickets: \$149 per head

Looking for sponsors, donations and full club attendance

Rotary's 4 Way Test:

1. Is it the TRUTH?

2. Is it FAIR to all
concerned?

3. Will it build
GOODWILL &
BETTER FRIEND-
SHIPS?

4. Will it be
BENEFICIAL to all
concerned?

12 Hour Treadmill Challenge



Rotary Frankston Sunrise
12 HR TREADMILL CHALLENGE

@rotaryfrankstonsunrise
@corehealthclubs

A team challenge supporting Very Special Kids

8am to 8pm
Sunday 18th October 2020
CORE24 Health Clubs
313 Nepean Hwy, Frankston



Supporter
Event

core24
HEALTH CLUBS

Rotary
Frankston Sunrise



100%
of all funds raised
will help children in
24 hour care

For more information or to register, call Mark
on 0411 519 560 or email mark@mrevents.com.au

Steps to success



1. Commit to the challenge

Secure your treadmill by registering a team. The Corporate sponsorship of \$1,000 covers the cost of the event, which means that 100% of your team's fundraising efforts will go directly to helping children in 24 hour care at Very Special Kids Hospice.



2. Choose your fearless leader

The Team Captain will work closely with Rotary Frankston Sunrise and take charge of your teams' activities to guide the group towards the team fundraising goal.



3. Build your team of Participants

With 30 minute time slots to fill over the 12 hours, a team of up to 24 fundraising foot soldiers will help complete the challenge. Walking is an option for those who prefer a steadier pace.



4. Enlist the support of family and friends

Participants should ask for sponsors to help reach your fundraising goal. Set up your own personal online fundraising page at <https://vsk.grassrootz.com/rotary-frankston-sunrise-12-hr-treadmill-challenge> and share with family and friends on social media and with peer networks.



5. Enjoy the event

Run or walk with your heart and celebrate in the camaraderie with like-minded people who are all taking on the challenge to raise funds for children with life-threatening conditions.

All teams receive 4 x 1 Month All Club Team Training Memberships
valued at \$199 to help you prepare for the challenge*



Supporter
Event

core24
HEALTH CLUBS

Rotary
Frankston Sunrise

*Smith Membership for non-members only

To all members of Rotary District 9820 :

Janne Speirs - Emergency Management Chair - is calling out for knitted goods. Obviously as the weather cools, the need for warm clothes is increasing!

What is needed: Knitted or purchased through clubs - Adult beanies, scarves in football team colours, children's knits (2 through to 10 year olds) or even 'fashion' scarves. There doesn't seem to be a huge call for babywear.

If you, your family or your club would like to assist in this important task - not just for its practical value but also the moral support of those who've lost so much then please get knitting and/or send your finished products to the address below.

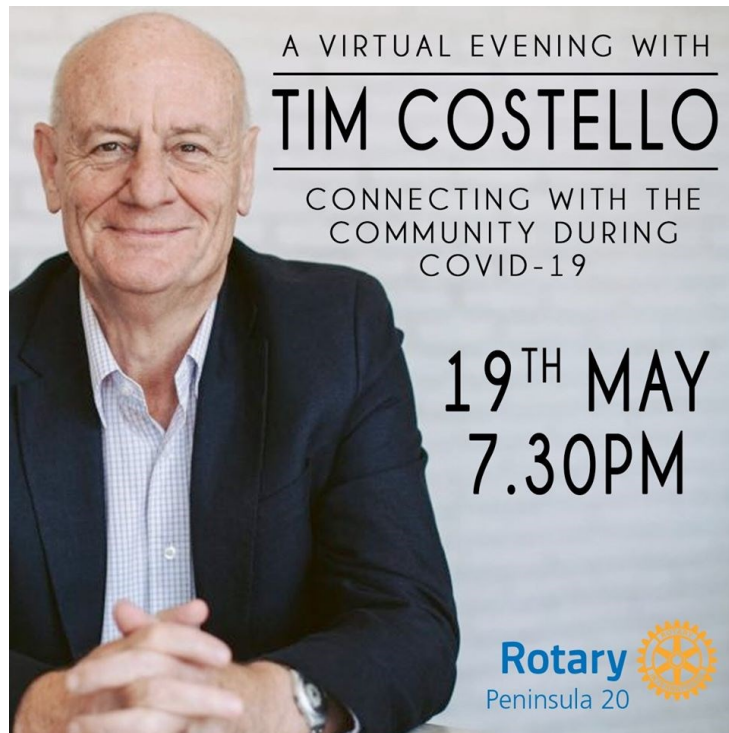
Where: Mrs J Speirs, 218 Webbs Road, Gormandale 3873

Rotary Penninsula 2.0 Event: Virtual Evening with Tim Costello:

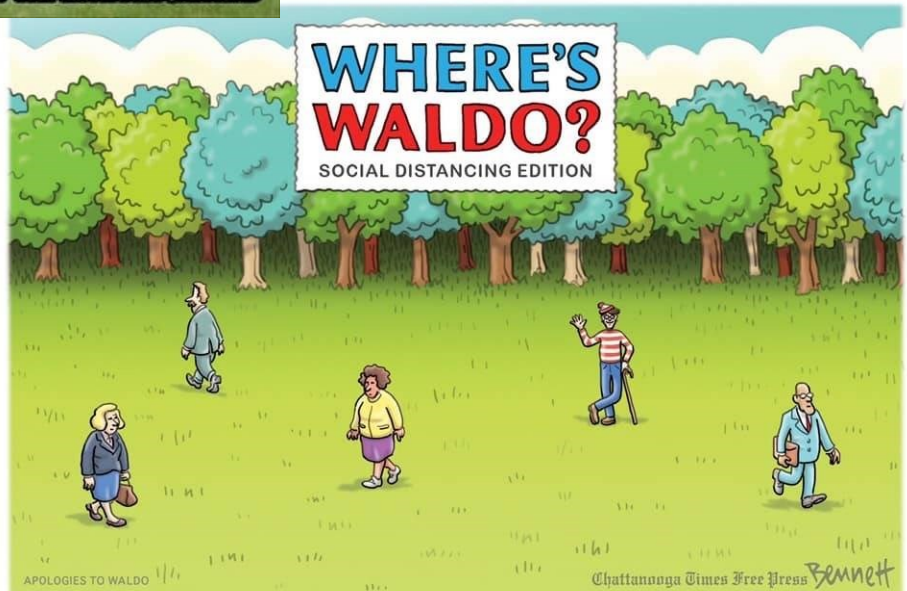
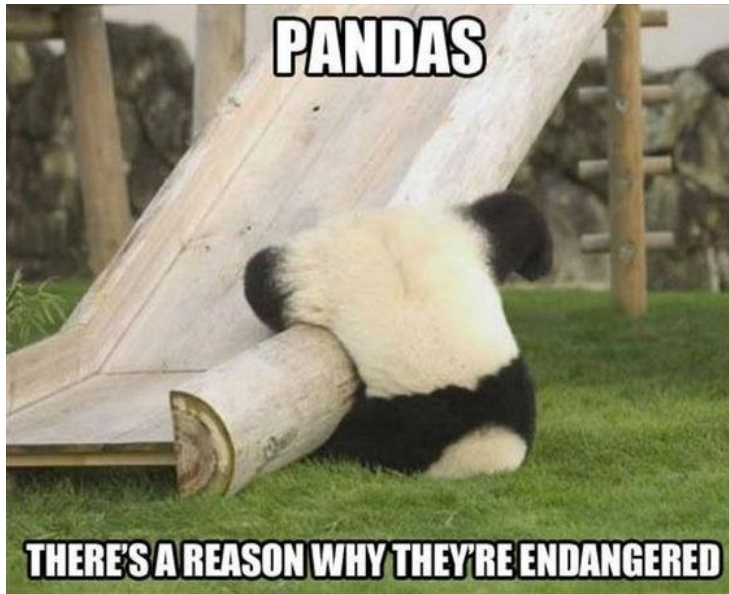
A Virtual Evening with Tim Costello connecting with the community during Covid - 19.

Held on Tuesday the 19th of May, 2020.

For more info go to: <https://www.facebook.com/121774237979943/posts/1560611074096245/?d=n>



On the Lighter Side:



Q. What's the difference between knowledge and wisdom?

A. Knowledge is knowing a tomato is a fruit; wisdom is not putting it in a fruit salad.



One employer to another:
- How are your employees always so punctual?
- Simple: 30 employees and 20 parking spaces.

What in the World:



On this day in... May 20:

Event: **1927** - At 7:40 AM, Charles Lindbergh takes off from New York to cross the Atlantic for Paris, aboard Spirit of St Louis (1st non-stop flight). **1932** - Amelia Earhart leaves Newfoundland on her journey to become the 1st woman to fly solo and nonstop across the Atlantic. **1983** - "Every Breath You Take" single released by The Police (Billboard Song of the Year 1983). **1990** - Hubble Space Telescope sends its 1st photographs from space. **2018** - The Tradition Senior Men's Golf, Greystone G & CC: Spaniard Miguel Ángel Jiménez wins by 3 from American trio Joe Durant, Steve Stricker & Gene Sauers.

Births: **1937** - Dave Hill, American golfer (13 PGA Tour titles), born in Jackson, Michigan. **1946** - Cher [Cherilyn Sarkisian], American singer and actress (I Got You Babe, Jack Lalane, Mask), born in El Centro, California. **1953** - Robert Doyle, Australian politician. **1956** - Andrew Hilditch, cricketer (Australian opening bat 1979-85). **1959** - Israel Kamakawiwo'ole, Native Hawaiian musician, entertainer and Hawaiian sovereignty advocate (Somewhere Over The Rainbow/What A Wonderful World), born in Honolulu, Hawaii.

Deaths: **1834** - Marquis de Lafayette, American patriot and French revolutionary. **1947** - Philipp Lenard, Austrian physicist (Nobel 1905). **2007** - Norman Von Nida, Australian golfer, coach, broadcaster (British Open 1948 3rd). **2012** - Robin Gibb, British singer song-writer, Best known as a member of the Bee Gees, which was co-founded with his fraternal twin brother Maurice and older brother Barry.

Please remember to invite your friends to like the club's Facebook page.
- Plus when you see a new post, Like the post and share it with your friends!

Link: <https://www.facebook.com/rotaryfrankstonsunrise>