

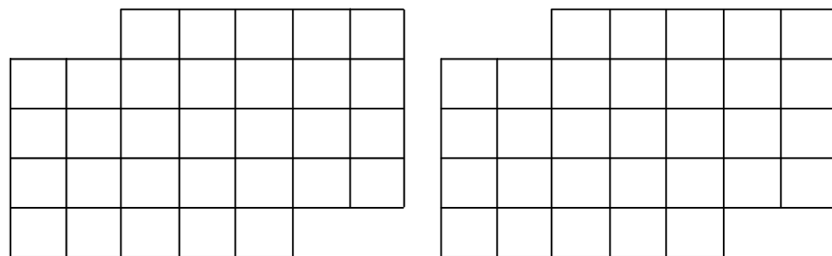
Habit tracker



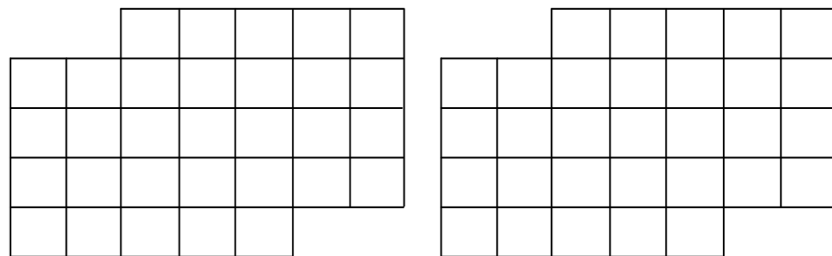
Habit tracker



Habit tracker

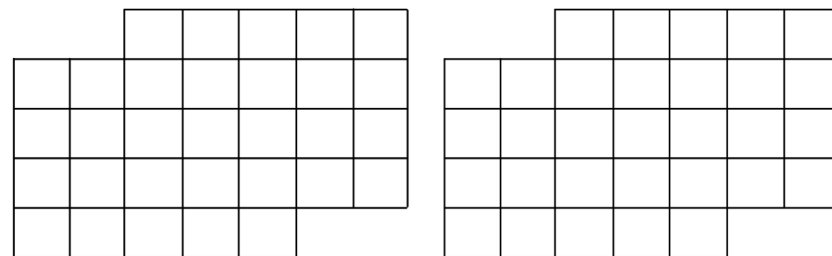


Two 5x5 grid templates for habit tracking, each with a 5x5 grid of squares. The top-left grid has a 5x5 grid of squares. The top-right grid has a 5x5 grid of squares.

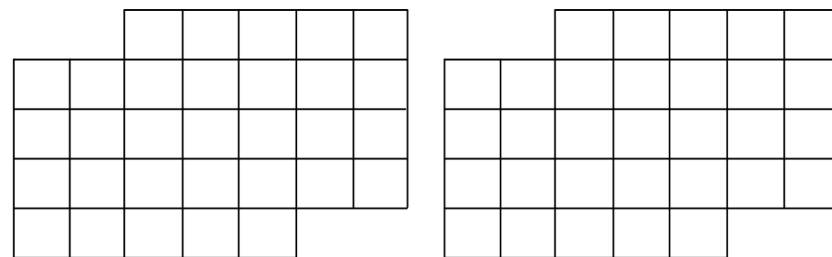


Two 5x5 grid templates for habit tracking, each with a 5x5 grid of squares. The bottom-left grid has a 5x5 grid of squares. The bottom-right grid has a 5x5 grid of squares.

Habit tracker

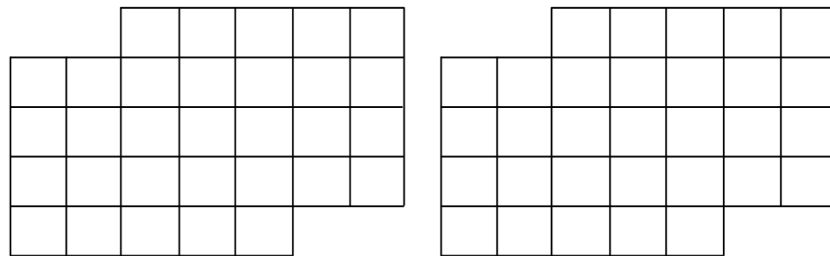
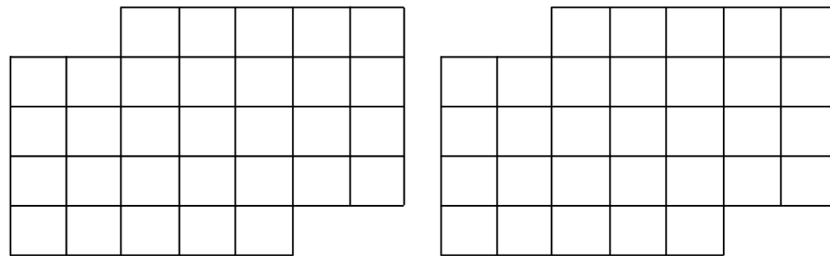


Two 5x5 grid templates for habit tracking, each with a 5x5 grid of squares. The top-left grid has a 5x5 grid of squares. The top-right grid has a 5x5 grid of squares.



Two 5x5 grid templates for habit tracking, each with a 5x5 grid of squares. The bottom-left grid has a 5x5 grid of squares. The bottom-right grid has a 5x5 grid of squares.

Habit tracker



What if I am strong
and confident?



That made me smile today:

*cuddling with my
cat and getting
purred at*

Love message - that's what I want to tell myself today:

*I am so proud of you.
You will get everything you
wish for today*

Vault for my thoughts




Am I good enough?

↳ Who is deciding?

↳ are you happy?

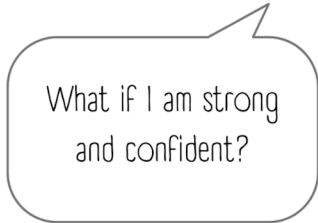


I look forward to that tomorrow:

Gaming night 

You'll find extra pages to paint, collect pictures and stickers, as well as a place for exciting or inspirational quotes that would otherwise be forgotten.

In order to not lose track, grab a few sticky notes to mark the extra pages.



cuddling with my
cat and getting
purred at

♥ I am so proud of you.
You will get everything you
wish for today

Vault For my thoughts

Am I good enough?

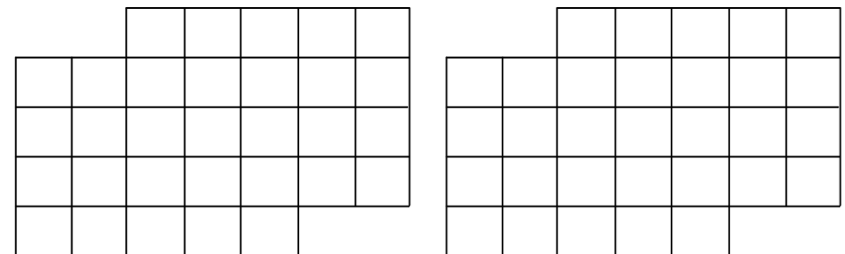
↳ Who is deciding?

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Gaming night 😊

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Two 5x5 grids are provided for drawing a 3D object from a top-down perspective. The left grid is a 5x5 square, and the right grid is a 5x5 square with the top-right corner missing (the top row has 4 cells, and the bottom row has 4 cells).



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