

RESPONSIBLE SPORTSMAN'S GUIDE

Victor Future Series Nouvelle-Aquitaine

Rules and behaviors to adopt
for a friendly event



AUGUST 25 - 28, 2022

1 - The importance of sustainable development

2 - Sport and social inclusion

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4 - Victor Future Series Nouvelle-Aquitaine, a sustainable event

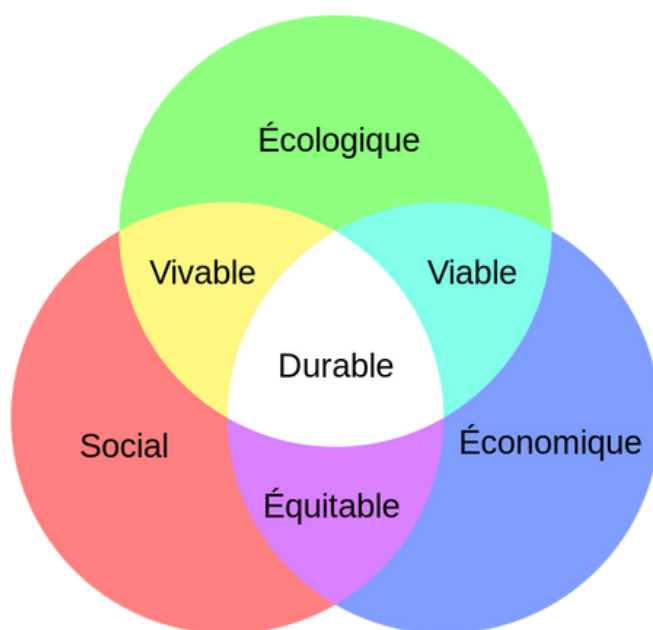
Introduction

As you know, the sustainable development is more and more present in our societies, it takes care to defend several essential aspects of to live in community.

The 3 main aspects of sustainable development are :

- The ecology
- The social
- The economy

Sustainable development aims to meet the needs of current populations while allowing future generations to meet theirs. The Ligue Nouvelle-Aquitaine de Badminton and its partners are committed to offering you a responsible event that meets the criteria of Sustainable Development.



In order to offer you a quality competition, we are setting up actions, which can only have a significant impact if YOU adopt the behavior of a "responsible sportsman"

1 - The importance of sustainable development

As mentioned in the introduction, sustainable development is an increasingly important concept in France and in the world.

The NABL wishes to show its involvement in terms of sustainable development through this competition.

Indeed, the league is fully touched by this notion since it can act on the three main axes when organizing its events.

Ecology

From an ecological point of view, it is important to raise awareness among all the players participating in competitions because, even if badminton is an activity that is not, on the surface, very polluting, it is possible to easily improve the ecological impact of this sport.

The shuttlecocks, at first sight small, light and made of feathers and cork, may seem harmless for the environment. These wheels, while seemingly environmentally responsible, are also made of glue, high-density foam, and plastic, which are far less natural materials.

In addition, although one shuttlecock is not very impactful, players use between 5 and 20 per match, which, at the end of the competition, represents a very large number. That's why the league is setting up actions to recycle used shuttlecocks.

The ecological impact is also due to the pollution created by the reception of the participants and spectators of the event, that is why it is important to respect the rules of selective sorting and to limit the consumption of energy (water, electricity....). A good respect of these rules allows among other things to reduce the ecological impact of the competition.

The ecological aspect of sustainable development allows to show the responsible aspect of badminton, which could be seen as a sustainable sport.

Social

The social side of sustainable development can be interpreted as the fight against the social exclusion of certain groups. Indeed, although sport in general carries values of solidarity and friendship, it happens that some people find themselves far from sport practices because of a handicap or a place of residence.

As sport is a way to develop skills, gain self-esteem and socialize, it is important that everyone has access to it.

Sustainable development, therefore, allows, via its social side, to allow people far from the practice of sports, to integrate into the dynamics of an event or a club. This is why it is necessary to eliminate any form of exclusion, whether based on a handicap, a culture, a standard of living or an origin.

This integration, if it is respected, allows people who are far away and who do not necessarily know badminton, to discover a new practice, which could interest them. Thanks to this, a more important mix would be created in the clubs receiving the new practitioners, which would be profitable for all the members.

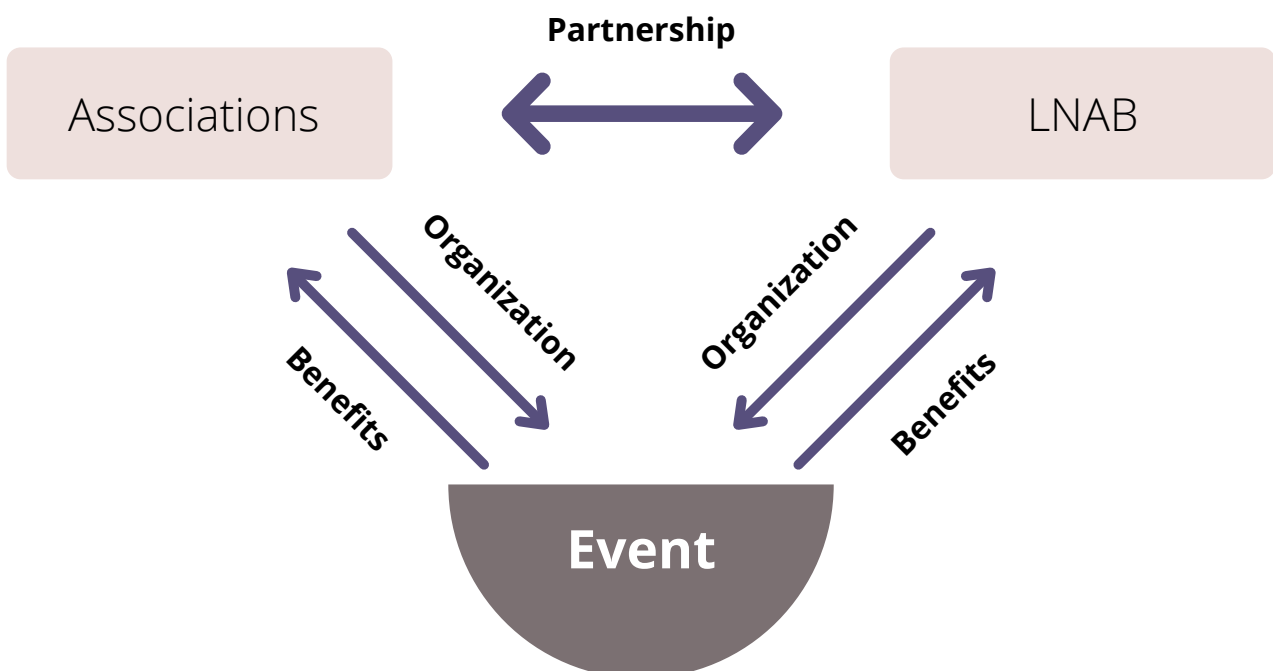


Economy

The economic aspect of sustainable development can be divided into multiple field actions such as a more sustainable use of consumer products, which is in line with the ecological aspect of SD, but also a local consumption (mainly for food).

Although the league supports all types of sustainable economy, the one that will be highlighted during the Future Series will be the "Social and Solidarity Economy". This choice translates into a partnership with structures whose goal is to meet general interest needs while creating employment and developing social cohesion. The LNAB will indeed be associated with several associations of general interest, these structures seek to improve by their activities the quality of life of individuals in their daily life by developing the values of sharing, listening and proximity.

These partnerships are important for the league as well as for the associations, indeed, the latter will bring their support during the organization of the competition, then will see the fallout in terms of members following this competition since many people will have known them thanks to the event.



2 - Sport and social inclusion

Sport is officially recognized for its usefulness in social inclusion, in Europe, sport is recognized as a factor of insertion and social integration and sport practices are essential supports of social life, sources of commitment and personal development. They can therefore be educational tools in their own right.

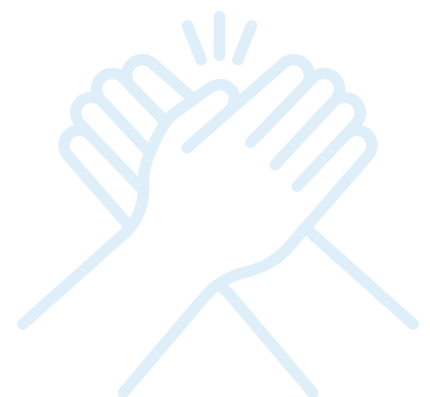
Sport is based on values and virtues such as fair play, tolerance, team spirit, solidarity, effort...

This social inclusion is also explained by the benefits of sport on the psychological health of individuals, which has a more or less direct influence on their socialization.

The main effects noted among practitioners are:

- Decrease in depressive states
- Improvement of anger management, aggressiveness and impulsiveness
- Improvement of self-esteem and self-confidence
- Improvement of socialization

The sport allows everyone to be part of a team, a club or a badminton duo. It is therefore important to show respect to the other players, in order to allow them to live their sport experience at best.



3 - Behaviors to adopt during the event

In order to allow the event to take place in optimal conditions, it is necessary that all participants respect these few essential rules of conduct

- 1 I respect the rules, my opponents and the referees. I adopt a sporting behaviour worthy of the name on the field and in the stands. Respect and fair play are at the heart of sporting values.
- 2 I respect the safety instructions and the indications present on the site of the event (direction of traffic, waste management...). In case of doubt, I ask a member of the organization.
- 3 I adopt an eco-responsible attitude, I take care not to throw waste on the ground, I bring a reusable water bottle, a container for food and I use public transport as much as possible.
- 4 I give a second life to the equipment. As for my equipment that I no longer use and that is not broken, I entrust it to a member of the organization who will give it to Solibad. I place the steering wheels that I no longer use in the bin provided for the recycling of the latter.
- 5 I transmit these values to my entourage, by making others aware of responsible practices, I act for the "better living together".

4 - Future Series Nouvelle-Aquitaine, a sustainable event

The Ligue Nouvelle-Aquitaine de Badminton has decided to associate this first edition of its Future Series with a sustainable development approach. In order to carry out this project, the League joined various partners also registered in this approach. This is how awareness-raising actions on the values of sport, its benefits and its potential abuses could be programmed.

The League has also taken an interest in the ecological specificities of the competition in order to limit the impact of the latter on the environment as much as possible. Waste recovery and the limitation of energy expenses will be at the heart of the organization.

The main ambition of this competition is to leave a positive footprint on the territory, which is why our competition will have a sustainable aspect, we hope that it will bring real benefits to all partners involved in the project.

