



Sahara Footprints

Packing List for Trekking

Clothing

- Jeans or comfortable, long and loose fitting trouser
- loose fitting t-shirts with short and long sleeves (no tops)
- pullover or jacket
- warm clothes for night (especially from December to February)
- trekking shoes or trekking sandals
- underwear, socks

Accessories

- sunglasses
- sun cream (high factor)
- scarf, turban or hat to protect from the sun (you will have the possibility to buy a turban here, if you wish)

Other things

- sleeping bag
- first aid kit
- blister plast
- medication for stomach
- insect repellent
- hand sanitizer
- portable charger and cables
- camera / mobile phone
- small flashlight
- personal things