



# TAKE A STAND FOR THE DIABETES COMMUNITY

**We ask you to pledge your support for the 32 million people living with diabetes in the European Union and their families.**

**Take action by creating a strong EU diabetes policy framework supportive of national diabetes action plans.**

**Early  
Detection**

**Equitable  
Care**

**Empowering  
People**

**Embracing  
Science &  
Technology**

**DIABETES COMMUNITY PLEDGE  
FOR THE 2024 EUROPEAN ELECTIONS**

# Taking action for people living with diabetes:



## 1. Early detection

- ▶ Call on Member States to introduce **health check programmes** in all age groups for all types of diabetes and their most frequently associated co-morbidities (such as kidney and cardiovascular diseases).
- ▶ Set up **monitoring pathways** to prevent metabolic, neurocognitive and other health risks.
- ▶ Enhance **primary and community care** with the aims of identifying People with Diabetes and those at risk in all age groups so as to manage the disease early. It is crucial to set up a continuous quality improvement programme to evaluate the follow-up of implementation strategies and detect new areas of improvement.



## 2. Equitable high-quality care

- ▶ Ensure equitable and affordable access to the required **medicines, supplies, devices and digitally-enabled technologies**, such as glucose monitoring and insulin delivery systems, across Member States.
- ▶ Provide PwD with integrated care pathways to have **timely access to the most appropriate management options** based on their personal needs, preferences and circumstances, as well as the latest guidelines.
- ▶ **Train Healthcare Professionals (HCPs) and strengthen their capacity** to support PwD in both primary and secondary care in line with their needs, preferences and with the most appropriate treatments and technologies.
- ▶ Adapt financing systems to overcome silo budgeting barriers and facilitate **integrated and people-centred care**.
- ▶ **Overcome therapeutic inertia** and increase glycaemic control to avoid complications and the risk of reduced quality of life.



### 3. Empowering people

- ▶ Support **shared decision-making** between PwD and HCPs.
- ▶ Put PwD at the centre of **research, regulatory, policy and evaluation processes** affecting them.
- ▶ Provide PwD with **self-management education** and **peer support**.
- ▶ Sensitise HCPs regarding the **harms of stigmatisation**.



### 4. Embracing science and technology

- ▶ Invest in **digital innovation** and develop a best practice pathway in health systems and diabetes care to accelerate access to medical technologies, self-standing digital solutions (such as apps and AI) and digital services.
- ▶ Enhance the **collection of clinical data**, including real-world evidence (RWE), and use of common indicators across Member States. This should include measurement and registration of outcomes by introducing standard outcome sets and outcomes-focused registries across the EU.
- ▶ Fund **diabetes research** under EU research programmes, for example to address unmet needs and leverage digitally-enabled medical technologies, solutions and services for diabetes care and improved disease management. The full participation of PwD and their representatives in such projects should be ensured.

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## DIABETES COMMUNITY PLEDGE FOR THE 2024 EUROPEAN ELECTIONS

This Pledge has been developed, and is supported by, the united Diabetes Community.

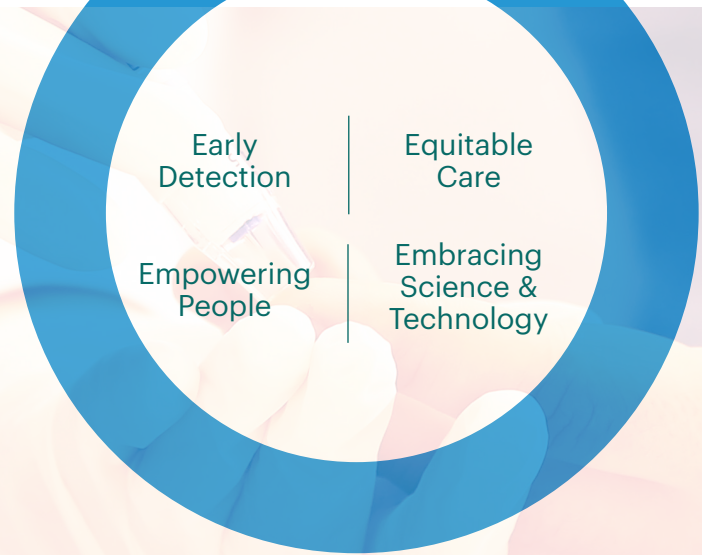


European  
Diabetes Forum

### Member Organisations:



### Supporting Collaborators:



I wholeheartedly support the Diabetes Community Pledge and its recommended actions to support People living with Diabetes and their families in Europe.

I pledge to take action to raise awareness to make diabetes a policy priority in the European Union and, wherever possible, take action on diabetes in these four areas:

- **Early detection**
- **Equitable high-quality care**
- **Empowering people**
- **Embracing science and technology**

Name:

Title:

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Signature:

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