We ask you to pledge your support for the 32 million people living with diabetes in the European Union and their families.

Take action by creating a strong EU diabetes policy framework supportive of national diabetes action plans.

**Early Detection**  **Equitable Care**  **Empowering People**  **Embracing Science & Technology**

**DIABETES COMMUNITY PLEDGE**
**FOR THE 2024 EUROPEAN ELECTIONS**
Taking action for people living with diabetes:

1. Early detection
   - Call on Member States to introduce **health check programmes** in all age groups for all types of diabetes and their most frequently associated co-morbidities (such as kidney and cardiovascular diseases).
   - Set up **monitoring pathways** to prevent metabolic, neurocognitive and other health risks.
   - Enhance **primary and community care** with the aims of identifying People with Diabetes and those at risk in all age groups so as to manage the disease early. It is crucial to set up a continuous quality improvement programme to evaluate the follow-up of implementation strategies and detect new areas of improvement.

2. Equitable high-quality care
   - Ensure equitable and affordable access to the required **medicines, supplies, devices and digitally-enabled technologies**, such as glucose monitoring and insulin delivery systems, across Member States.
   - Provide PwD with integrated care pathways to have **timely access to the most appropriate management options** based on their personal needs, preferences and circumstances, as well as the latest guidelines.
   - **Train Healthcare Professionals (HCPs) and strengthen their capacity** to support PwD in both primary and secondary care in line with their needs, preferences and with the most appropriate treatments and technologies.
   - Adapt financing systems to overcome silo budgeting barriers and facilitate **integrated and people-centred care**.
   - Overcome **therapeutic inertia** and increase glycaemic control to avoid complications and the risk of reduced quality of life.
3. Empowering people

- Support shared decision-making between PwD and HCPs.
- Put PwD at the centre of research, regulatory, policy and evaluation processes affecting them.
- Provide PwD with self-management education and peer support.
- Sensitise HCPs regarding the harms of stigmatisation.

4. Embracing science and technology

- Invest in digital innovation and develop a best practice pathway in health systems and diabetes care to accelerate access to medical technologies, self-standing digital solutions (such as apps and AI) and digital services.
- Enhance the collection of clinical data, including real-world evidence (RWE), and use of common indicators across Member States. This should include measurement and registration of outcomes by introducing standard outcome sets and outcomes-focused registries across the EU.
- Fund diabetes research under EU research programmes, for example to address unmet needs and leverage digitally-enabled medical technologies, solutions and services for diabetes care and improved disease management. The full participation of PwD and their representatives in such projects should be ensured.
I wholeheartedly support the Diabetes Community Pledge and its recommended actions to support People living with Diabetes and their families in Europe.

I pledge to take action to raise awareness to make diabetes a policy priority in the European Union and, wherever possible, take action on diabetes in these four areas:

- Early detection
- Equitable high-quality care
- Empowering people
- Embracing science and technology

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