



2023

Utah Pre-State

Wednesday, we have an opportunity to race on the state meet course! This will be a good meet with lots of quality races. Be prepared to run hard and learn the course for the future. The races are broken down by Frosh/Soph and Jr/Sr, so you are racing athletes of all levels. Athletes will be cleared from the classes missed, and will return to class upon their return to school. It is supposed to be thunderstorms, so be prepared for any kind of weather! Please email Coach Soles with questions.

| What to bring? | Important Meet Facts | Time Schedule |
|--|---|---|
| Uniform: (on when you get to the bus) No Outside Clothing! Limited Jewelry | First event is at 8:00 am | Arrive at HHS: 6:30 am |
| \$\$\$ for T-shirt or snack bar | This is at the same location and course as the Utah State Meet in 2023! | Buses Leave School: 6:45 am |
| Running shoes/Spikes and extra pair of socks | Fr/So Girls – 8:00 am Fr/ So Boys – 8:30 am Jr/Sr Girls – 9:00 am Jr/Sr Boys – 9:30 am | Arrive at Meet: 7:20 am |
| Food: ex: bagels, bananas, fruit, water and Gatorade | Buses leave from the north side of the high school by the main gym | Leave Meet – 10:30 am Meal Stop – 10:45-11:30 am |
| Extras: Sunscreen, back-up water | Regional Athletic Complex 2280 Rose Park Ln, Salt Lake City, UT 84116 | Arrive at HHS: 12-12:30 pm |

← from Herriman High School, 11917 S, Mustang Tr...
to 2280 Rose Park Ln, Salt Lake City, UT 84116

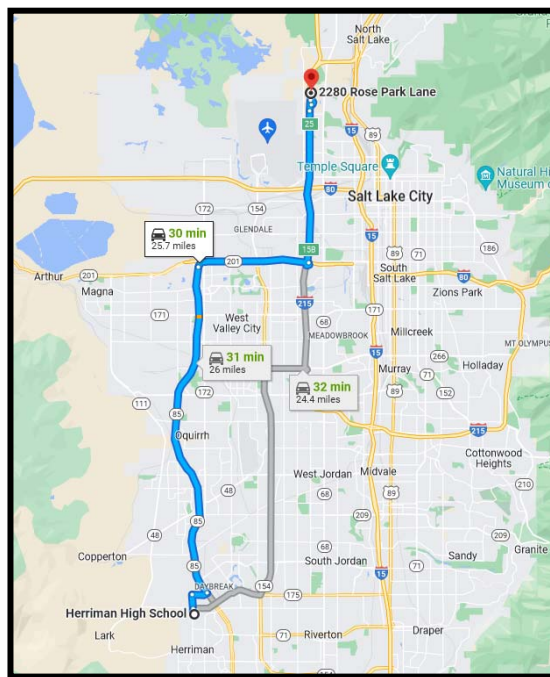
30 min (25.7 miles)

via UT-85/Mountain View Corridor/N Mountain Vw
Fastest route now due to traffic conditions

Herriman High School
11917 S, Mustang Trail Way, Herriman, UT 84096

- > Take Kitty Hawk Rd and S Lake Ave to UT-85/Mountain View Corridor/N Mountain Vw in South Jordan
4 min (1.3 mi)
- > Continue on UT-85/Mountain View Corridor/N Mountain Vw. Take I-215 N to N I-215 Frontage Rd/Rose Park Ln. Take exit 25 from I-215 N
26 min (23.7 mi)
- > Drive to Rose Park Ln
2 min (0.7 mi)

2280 Rose Park Ln
Salt Lake City, UT 84116



Herriman High School Track & Field
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