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Names students:

1 **Brianna Zilgens**

2 .....

3 .....

4 .....

## RESEARCHING – ANALYSING – RELATING - REFLECTING- QUESTIONING – COMPARING – INFERRING

### Orienteering

*You must do a research in order to answer the following questions!!*

#### A. ORIGIN

1. What country is this sport from?

Answer: **Scandinavia**

2. What countries has it spread?

Answer: **all over the world**

3. What are the reasons why it has reached over there and not over other places?

Answer: **people bring it to other countries**

4. How and why was it born? It might be due to different reasons: i.e. because of a certain necessity; as a way of life; as a means of territorial defence; as a kind of entertainment for one's free time; etc.

Answer: **Entertainment for one's free time**

5. What kind of people used to practise it (concerning their professions, social status...)?

Answer: **everyone can play, who is able to read**

6. When was it introduced in your country?

Answer: **not sure**

7. How was it introduced?

Answer: **from people who bring it to us**

8. Who was it introduced by?

Answer: **people from other countries**

#### B. EVOLUTION AND IMPACT

1. How many people practise it nowadays in your country?

Answer: **Different**

2. How much do you know about: A) This sport. B) Its rules?

Answer: **A) Not much B) Different from every group.**

3. Has a championship been held in your town or nearby? How often? Is it important? (National/ International/ Provincial).

Answer: **No**

4. How many people do you know that practise it at a certain level? What is the purpose to practise it: for competitions / leisure / social relationships / others?

Answer: **I don't know one.**

5. Have you heard or do you know any athletes that have taken part, won or finished the race in a good position?

Answer: **No**

6. Focusing on your district and your province: What do you think it is the impact and the importance of practising this sport: A) For the athletes and their clubs; B) For the place where it is held?

Answer: **A) Being cooperative B) having interesting locations etc.**

### **C. RESOURCES: FACILITIES / SPACE AND EQUIPMENT NECESSARY TO PRACTICE IT**

1. How does living in a rural area or in a bigger city affect your sports practice?

Answer: **Living in a bigger city is better, because there are more interesting locations to play in.**

2. Is it possible to practise it with respect to:

- The access to the place where people can practise it.
- The economic cost it implies.
- The equipment required.

Answer: **Yes**

3. What changes should we introduce concerning space and equipment in order to make this sport more available with respect to our specific context: our school, our neighbourhood, our parks?

Answer: **None**

### **D. SOCIAL / ECONOMICAL / CULTURAL FRAME / LEVEL OF PHYSICAL AND MOTOR SKILL DEVELOPMENT**

1. Can it be practised at any age: from childhood to elderly people?

Answer: **Yes**

2. Explain the most suitable age to be practised and the least one.

Answer: **I think the best period is from 14-17**

3. Is it advisable and suitable to be practised at your school? Explain why by giving details. What varieties can we adopt to make it more adequate to the environment we live?

Answer: **No because there aren't many interesting locations.**

4. Take into consideration if all members of our families can exercise it. What modifications can we introduce so that our families can practise this sport?

Answer: **The families could play it like it is.**

5. Analyse and explain what the practice of this sport needs to be done:

- A- Certain level of **social, economic and cultural status** (low – medium – high), how can this affect?

Answer: **There's no affect.**

- B- Can **genre** (female / male) affect and if so, which way?

Answer: **No**

- C- Can good physical condition affect and which way?

Answer: **No because you need to solve questions.**

D- Can different level of motor skill development affect the practice and if so, which way?

Answer: **No**

## E. RULES AND CONTEXT

1. Explain: Are the rules easy or difficult to obey? What can we modify to make them easier?

Answer: **They are easy to understand how they are.**

2. Think about different situations we can find and how we can manage them.

a. (different abilities both physical or psychological, different family environment)

PSYCHOLOGICAL DISABILITY, PHYSICAL DISABILITY GENRE

SOCIO-ECONOMIC SITUATION

SOCIO-CULTURAL SITUATION

Answer: **I don't know one.**

b. Analyze the individual characteristics of the people in your group and how these ones can affect the game.

WHICH RULES WOULD YOU CHANGE ACCORDING TO THE PECULIARITIES OF YOUR GROUP OR WHICH MEASURES CAN WE INTRODUCE SO THAT THE GAME CAN BE MORE INCLUSIVE OR EQUAL?

Answer: **None**

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Names students:

1. Sophie F
2. Sophie S
3. Julian D
4. Ricardo

## RESEARCHING – ANALYSING – RELATING - REFLECTING- QUESTIONING – COMPARING – INFERRING

### Orienteering

*You must do a research in order to answer the following questions!!*

#### A. ORIGIN

1. What country is this sport from?  
Answer: Scandinavia
2. What countries has it spread?  
Answer: worldwide
3. What are the reasons why it has reached over there and not over other places?  
Answer: tangible for all people no matter where they live
4. How and why was it born? It might be due to different reasons: i.e. because of a certain necessity; as a way of life; as a means of territorial defence; as a kind of entertainment for one's free time; etc.  
Answer: as a free time activity and even while doing
5. What kind of people used to practise it (concerning their professions, social status...)?  
Answer: people that like to go on walks and ski
6. When was it introduced in your country?

Answer: 1930

7. How was it introduced?

Answer: *introduced in a tunnel in Berlin*

8. Who was it introduced by?

Answer: *track and field athletes*

## B. EVOLUTION AND IMPACT

1. How many people practise it nowadays in your country?

Answer: *not given*

2. How much do you know about: A) This sport. B) Its rules?

Answer: *A) you can play it outside  
B) no rules*

3. Has a championship been held in your town or nearby? How often? Is it important? (National/ International/ Provincial).

Answer: *in my country are championships every year  
for example in Munich or Berlin*

4. How many people do you know that practise it at a certain level? What is the purpose to practise it: for competitions / leisure / social relationships / others?

Answer: *no body*

5. Have you heard or do you know any athletes that have taken part, won or finished the race in a good position?

Answer: *no*

6. Focusing on your district and your province: What do you think it is the impact and the importance of practising this sport: A) For the athletes and their clubs; B) For the place where it is held?

Answer: *it's very unpopular -> not a lot of people know it -> not that much money  
if more people walk outside*

## C. RESOURCES: FACILITIES / SPACE AND EQUIPMENT NECESSARY TO PRACTICE IT

1. How does living in a rural area or in a bigger city affect your sports practice?

Answer: *in bigger cities you'll find more people who also practice this sport*

2. Is it possible to practise it with respect to:

- ☐ The access to the place where people can practise it.
- ☐ The economic cost it implies.
- ☐ The equipment required.

Answer: *yes*

3. What changes should we introduce concerning space and equipment in order to make this sport more available with respect to our specific context: our school, our neighbourhood, our parks?

Answer: *it would be helpful to spread information,  
because most people don't know it.*

#### D. SOCIAL / ECONOMICAL / CULTURAL FRAME / LEVEL OF PHYSICAL AND MOTOR SKILL DEVELOPMENT

1. Can it be practised at any age: from childhood to elderly people?

Answer: you have to be able to read (elementary school age)

2. Explain the most suitable age to be practised and the least one.

Answer: 10-60 years

3. Is it advisable and suitable to be practised at your school? Explain why by giving details. What varieties can we adopt to make it more adequate to the environment we live?

Answer: no, because you can hardly practice it as a team of 25 members (the whole class)

4. Take into consideration if all members of our families can exercise it. What modifications can we introduce so that our families can practise this sport?

Answer: the rules are acceptable

5. Analyse and explain what the practice of this sport needs to be done: fitness, condition, draining of attention

A- Certain level of **social, economic and cultural status** (low – medium – high), how can this affect?

Answer: especially a high social status will help to find interest

B- Can **genre** (female / male) affect and if so, which way?

Answer: no not at all

C- Can good physical condition affect and which way?

Answer: yes, because you need to walk a long distance and a long time

D- Can different level of motor skill development affect the practice and if so, which way?

Answer: no not really

#### E. RULES AND CONTEXT

1. Explain: Are the rules easy or difficult to obey? What can we modify to make them easier?

Answer: They are quite easy

2. Think about different situations we can find and how we can manage them.



a. (different abilities both physical or psychological, different family environment)

PSYCHOLOGICAL DISABILITY, PHYSICAL DISABILITY GENRE

SOCIO-ECONOMIC SITUATION

SOCIO-CULTURAL SITUATION

Answer: practise it with friends or a group, so that  
you can support each other, if they have a hard time

b. Analyze the individual characteristics of the people in your group and how these ones can affect the game. Sophie F: friendly, social

Julian D: helpful, supportive  
Sophie B: open-minded, motivated  
Ricardo: attentive, optimistic

WHICH RULES WOULD YOU CHANGE ACCORDING TO THE PECULIARITIES OF YOUR GROUP OR WHICH MEASURES CAN WE INTRODUCE SO THAT THE GAME CAN BE MORE INCLUSIVE OR EQUAL?

Answer: always practise as a team, which supports each other and pays attention to one other and his strengths and weaknesses

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Names students:

- 1 Zoe Waskönig .....
- 2 Jessica Gerzabek .....
- 3 Leonie Kreyes .....
- 4 .....

## RESEARCHING – ANALYSING – RELATING - REFLECTING- QUESTIONING – COMPARING – INFERRING

### Orienteering

***You must do a research in order to answer the following questions!!***

#### **A. ORIGIN**

1. What country is this sport from?  
*Answer: This sport is from Skandinavia, Sweden*
2. What countries has it spread?  
*Answer: Nowadays this sport has spread over the whole world*
3. What are the reasons why it has reached over there and not over other places?  
*Answer: /*
4. How and why was it born? It might be due to different reasons: i.e. because of a certain necessity; as a way of life; as a means of territorial defence; as a kind of entertainment for one's free time; etc.  
*Answer: This sport was born because they wanted to mix different sports and Orienteering. It's based on a military strategy*
5. What kind of people used to practise it (concerning their professions, social status...)?  
*Answer: At the beginning soldiers and other people who works for the military used to practise it.*
6. When was it introduced in your country?  
*Answer: 1961*
7. How was it introduced?  
*Answer: /*
8. Who was it introduced by?  
*Answer: It was introduced by the international Orienteering Federation*

#### **B. EVOLUTION AND IMPACT**

1. How many people practise it nowadays in your country?  
*Answer: There are more than 36 clubs with a lot of members, but everybody can practise Orienteering there is no number*
2. How much do you know about: A) This sport. B) Its rules?



Answer: I don't know a lot about this sport, just that the people navigate from point to point on a certain map.

One of the rules are that they are only allowed to use maps and a compass

3. Has a championship been held in your town or nearby? How often? Is it important? (National/ International/ Provincial).

Answer: No, in my town or nearby no championship has been held

4. How many people do you know that practise it at a certain level? What is the purpose to practise it: for competitions / leisure / social relationships / others?

Answer: I don't know anyone who practise this sport

5. Have you heard or do you know any athletes that have taken part, won or finished the race in a good position?

Answer: No

6. Focusing on your district and your province: What do you think it is the impact and the importance of practising this sport: A) For the athletes and their clubs; B) For the place where it is held?

Answer: There is no practise in my area

### **C. RESOURCES: FACILITIES / SPACE AND EQUIPMENT NECESSARY TO PRACTICE IT**

1. How does living in a rural area or in a bigger city affect your sports practice?

Answer: If you live in a rural area, it is easier to practise this sport because there is enough space but in a bigger city it is nearly impossible to practise it without limitations

2. Is it possible to practise it with respect to:

- The access to the place where people can practise it.
- The economic cost it implies.
- The equipment required.

Answer: Yes, it is possible to practise this sport with respect to the following aspects, because you don't need a lot of equipment, so there aren't big economic costs and everybody has access to the place where people can practise it

3. What changes should we introduce concerning space and equipment in order to make this sport more available with respect to our specific context: our school, our neighbourhood, our parks?

Answer: I think, that there aren't many changes because there isn't much equipment you need and for the space they just could create more free space (natural space)

### **D. SOCIAL / ECONOMICAL / CULTURAL FRAME / LEVEL OF PHYSICAL AND MOTOR SKILL DEVELOPMENT**

1. Can it be practiced at any age: from childhood to elderly people?

Answer: Basically, everyone at any age can practise this sport, but they should be physically fit.

2. Explain the most suitable age to be practiced and the least one.

Answer: The most suitable age is between 18 and 35, because there the body is the most resilient. The least suitable age to practice is over 50 or 60, because there the body isn't that resilient anymore, but it is possible.

3. Is it advisable and suitable to be practiced at your school? Explain why by giving details. What varieties can we adopt to make it more adequate to the environment we live?

Answer: Yes, it is advisable to practice this sport at school because it is good for our

coordination and the children learn how to interact with the nature. To make the sport more adequate to our environment they should make more points in a smaller area because our town hasn't got the ability to create a big Orienteering parcours.

4. Take into consideration if all members of our families can exercise it. What modifications can we introduce so that our families can practice this sport?

Answer: I think my whole family can practice this sport, but the whole way shouldn't be that long, so the older members can do it to.

5. Analyse and explain what the practice of this sport needs to be done:

- A- Certain level of **social, economic and cultural status** (low – medium – high), how can this affect?

Answer: In my opinion these statuses cannot affect this sport, maybe just the economic status, because Orienteering depends on the environment

- B- Can **genre** (female / male) affect and if so, which way?

Answer: It doesn't affect the sport

- C- Can good physical condition affect and which way?

Answer: Of course, good physical conditions can affect this sport. People who are physically fit can get quicker to the next point. But the physical condition isn't the most important condition.

- D- Can different level of motor skill development affect the practice and if so, which way?

Answer: Just for the compass

## E. RULES AND CONTEXT

1. Explain: Are the rules easy or difficult to obey? What can we modify to make them easier?

Answer: The rules are easy to obey

2. Think about different situations we can find and how we can manage them.

- a. (different abilities both physical or psychological, different family environment)

PSYCHOLOGICAL DISABILITY, PHYSICAL DISABILITY GENRE

SOCIO-ECONOMIC SITUATION

SOCIO-CULTURAL SITUATION

Answer: If someone has a psychological disability someone can help him with little hints to get to the next point or with a physical disability the person can get a ride to the next point.

- b. Analyze the individual characteristics of the people in your group and how these ones can affect the game. /

WHICH RULES WOULD YOU CHANGE ACCORDING TO THE PECULIARITIES OF YOUR GROUP OR WHICH MEASURES CAN WE INTRODUCE SO THAT THE GAME CAN BE MORE INCLUSIVE OR EQUAL?

Answer: I wouldn't change anything

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Names students:

- 1 Philo Beckers
- 2 Louis Gatzen

## **RESEARCHING – ANALYSING – RELATING - REFLECTING- QUESTIONING – COMPARING – INFERRING**

### **ORIENTEERING**

**You must do a research in order to answer the following questions!!**

#### **A. ORIGIN**

1. What country is this sport from?

Answer: It comes Norway

2. What countries has it spread?

Answer: Most countries in Europe, North America and most of South America

3. What are the reasons why it has reached over there and not over other places?

4. How and why was it born? It might be due to different reasons: i.e. because of a certain necessity as a way of life; as a means of territorial defence; as a kind of entertainment for one's free time; etc.

Answer: It appeared due to the creation of the first topographic maps. The first competitions were between the military.

5. What kind of people used to practise it (concerning their professions, social status...)?

Answer: It is a sport that doesn't require money or equipment so every one can practise it.

6. When was it introduced in your country?

Answer: It was introduced in 1960

7. How was it introduced?

Answer: Because of the army

8. Who was it introduced by?

Answer: Martin Harald Kronlund

## **B. EVOLUTION AND IMPACT**

1. How many people practise it nowadays in your country?

Answer: 900

2. How much do you know about: A) This sport. B) Its rules?

Answer: Its an individual sport in which you have a map and compass.

3. Has a championship been held in your town or nearby? How often? Is it important? (National/ International/ Provincial).

Answer: /

4. How many people do you know that practise it at a certain level? What is the purpose to practise it: for competitions / leisure / social relationships / others?

Answer: Nobody

5. Have you heard or do you know any athletes that have taken part, won or finished the race in a good position?

Answer: Nobody

6. Focusing on your district and your province: What do you think it is the impact and the importance of practising this sport: A) For the athletes and their clubs; B) For the place where it is held?

Answer: You can know better the environment in which you live in.

## **C. RESOURCES: FACILITIES / SPACE AND EQUIPMENT NECESSARY TO PRACTICE IT**

1. How does living in a rural area or in a bigger city affect your sports practice?

Answer: It makes it easier for us to practise orienteering

2. Is it possible to practise it with respect to:

- The access to the place where people can practise it. YES
- The economic cost it implies. YES
- The equipment required. YES

## **D. SOCIAL / ECONOMICAL / CULTURAL FRAME / LEVEL OF PHYSICAL AND MOTOR SKILL DEVELOPMENT**

1. Can it be practised at any age: from childhood to elderly people?

Answer: yes

2. Explain the most suitable age to be practised and the least one.

Answer: between 18 and 40 years old

3. Is it advisable and suitable to be practised at your school? Explain why by giving details. What varieties can we adopt to make it more adequate to the environment we live?

4. Take into consideration if all members of our families can exercise it. What modifications can we introduce so that our families can practise this sport?

Answer: Make the competitions in smaller areas so its easier

5. Analyse and explain what the practice of this sport needs to be done:

A- Certain level of **social, economic and cultural status** (low – medium – high), how can this affect?

Answer: It doesn't affect

B- Can **genre** (female / male) affect and if so, which way?

Answer: No they don't

C- Can good physical condition affect and which way?

Answer: If you have better physical condition you will be better

D- Can different level of motor skill development affect the practice and if so, which way?

Answer: If you have better motor skill you will be better

## **E. RULES AND CONTEXT**

1. Explain: Are the rules easy or difficult to obey? What can we modify to make them easier?

Answer: They are easy

2. Think about different situations we can find and how we can manage them.
  - a. (different abilities both physical or psychological, different family environment)

PSYCHOLOGICAL DISABILITY, PHYSICAL DISABILITY GENRE

SOCIO-ECONOMIC SITUATION

SOCIO-CULTURAL SITUATION

Answer: /

- b. Analyze the individual characteristics of the people in your group and how these ones can affect the game.

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Names students:

- 1 Abisha
- 2 .....
- 3 .....
- 4 .....

## RESEARCHING – ANALYSING – RELATING - REFLECTING- QUESTIONING – COMPARING – INFERRING

### Orienteering

*You must do a research in order to answer the following questions!!*

#### A. ORIGIN

1. What country is this sport from?

Answer: USA

2. What countries has it spread?

Answer: USA

3. What are the reasons why it has reached over there and not over other places?

Answer: 3 People started it there

4. How and why was it born? It might be due to different reasons: i.e. because of a certain necessity; as a way of life; as a means of territorial defence; as a kind of entertainment for one's free time; etc.

Answer: ✓

5. What kind of people used to practise it (concerning their professions, social status...)?

Answer: High School Students

6. When was it introduced in your country?

Answer: ✓

7. How was it introduced?

Answer: ✓

8. Who was it introduced by?

Answer: Students from Columbia High School in New Jersey

#### B. EVOLUTION AND IMPACT

1. How many people practise it nowadays in your country?

Answer: ca. 10.000

2. How much do you know about: A) This sport. B) Its rules?

Answer: nothing

3. Has a championship been held in your town or nearby? How often? Is it important? (National/ International/ Provincial).

Answer: there was nothing like it

4. How many people do you know that practise it at a certain level? What is the purpose to practise it: for competitions / leisure / social relationships / others?

Answer: I don't know anyone

5. Have you heard or do you know any athletes that have taken part, won or finished the race in a good position?

Answer: No, I don't know

6. Focusing on your district and your province: What do you think it is the impact and the importance of practising this sport: A) For the athletes and their clubs; B) For the place where it is held?

Answer: Teamwork, good organization

### C. RESOURCES: FACILITIES / SPACE AND EQUIPMENT NECESSARY TO PRACTICE IT

1. How does living in a rural area or in a bigger city affect your sports practice?

Answer: You have more practice options

2. Is it possible to practise it with respect to:

X The access to the place where people can practise it.

o The economic cost it implies.

X The equipment required.

Answer: It depends on where you're practicing

3. What changes should we introduce concerning space and equipment in order to make this sport more available with respect to our specific context: our school, our neighbourhood, our parks?

Answer: Possibilities for disabled people etc.

### D. SOCIAL / ECONOMICAL / CULTURAL FRAME / LEVEL OF PHYSICAL AND MOTOR SKILL DEVELOPMENT

1. Can it be practised at any age: from childhood to elderly people?

Answer: yes

2. Explain the most suitable age to be practised and the least one.

Answer: It doesn't matter how old you are

3. Is it advisable and suitable to be practised at your school? Explain why by giving details. What varieties can we adopt to make it more adequate to the environment we live?

Answer: I'm not sure about this

4. Take into consideration if all members of our families can exercise it. What modifications can we introduce so that our families can practise this sport?

Answer: Fun, good environment for everyone

5. Analyse and explain what the practice of this sport needs to be done:

- A- Certain level of **social, economic and cultural status** (low – medium – high), how can this affect?

Answer: high (Teamwork is dreamwork)

- B- Can **genre** (female / male) affect and if so, which way?

Answer: The genre also doesn't matter

- C- Can good physical condition affect and which way?

Answer: you should be better if you have more flexibility

D- Can different level of motor skill development affect the practice and if so, which way?

Answer: Yeah because you have better coordinations etc.

## E. RULES AND CONTEXT

1. Explain: Are the rules easy or difficult to obey? What can we modify to make them easier?

Answer: Explain the most important things

2. Think about different situations we can find and how we can manage them.

a. (different abilities both physical or psychological, different family environment)

PSYCHOLOGICAL DISABILITY, PHYSICAL DISABILITY GENRE

SOCIO-ECONOMIC SITUATION

SOCIO-CULTURAL SITUATION

Answer: Finding specific Equipment, mentally good environment

- b. Analyze the individual characteristics of the people in your group and how these ones can affect the game.

WHICH RULES WOULD YOU CHANGE ACCORDING TO THE PECULIARITIES OF YOUR GROUP OR WHICH MEASURES CAN WE INTRODUCE SO THAT THE GAME CAN BE MORE INCLUSIVE OR EQUAL?

Answer: I wouldn't change a rule

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Names students:

- 1 .....Simon.....
- 2 .....
- 3 .....
- 4 .....

## RESEARCHING – ANALYSING – RELATING - REFLECTING- QUESTIONING – COMPARING – INFERRING

### Orienteering

***You must do a research in order to answer the following questions!!***

#### **A. ORIGIN**

1. What country is this sport from?  
*Answer: Germany*
2. What countries has it spread?  
*Answer: Germany*
3. What are the reasons why it has reached over there and not over other places?  
*Answer: I don't know*
4. How and why was it born? It might be due to different reasons: i.e. because of a certain necessity; as a way of life; as a means of territorial defence; as a kind of entertainment for one's free time; etc.  
*Answer: as a kind of entertainment*
5. What kind of people used to practise it (concerning their professions, social status...)?  
*Answer: everyone*
6. When was it introduced in your country?  
*Answer: ~ 1900*
7. How was it introduced?  
*Answer: it was introduced in the freetime of the people*
8. Who was it introduced by?  
*Answer: by the society*

#### **B. EVOLUTION AND IMPACT**

1. How many people practise it nowadays in your country?  
*Answer: many*
2. How much do you know about: A) This sport. B) Its rules?  
*Answer: nothing*
3. Has a championship been held in your town or nearby? How often? Is it important? (National/ International/ Provincial).

*Answer: no championship*

4. How many people do you know that practise it at a certain level? What is the purpose to practise it: for competitions / leisure / social relationships / others?

*Answer: many people practise it At a certain level*

5. Have you heard or do you know any athletes that have taken part, won or finished the race in a good position?

*Answer: no*

6. Focusing on your district and your province: What do you think it is the impact and the importance of practising this sport: A) For the athletes and their clubs; B) For the place where it is held?

*Answer: no*

### **C. RESOURCES: FACILITIES / SPACE AND EQUIPMENT NECESSARY TO PRACTICE IT**

1. How does living in a rural area or in a bigger city affect your sports practice?

*Answer: it is more difficult*

2. Is it possible to practise it with respect to:

- The access to the place where people can practise it.
- The economic cost it implies.
- The equipment required.

*Answer: yes*

3. What changes should we introduce concerning space and equipment in order to make this sport more available with respect to our specific context: our school, our neighbourhood, our parks?

*Answer: no changes*

### **D. SOCIAL / ECONOMICAL / CULTURAL FRAME / LEVEL OF PHYSICAL AND MOTOR SKILL DEVELOPMENT**

1. Can it be practised at any age: from childhood to elderly people?

*Answer: yes*

2. Explain the most suitable age to be practised and the least one.

*Answer: 16*

3. Is it advisable and suitable to be practised at your school? Explain why by giving details. What varieties can we adopt to make it more adequate to the environment we live?

*Answer: no it is not suitable*

4. Take into consideration if all members of our families can exercise it. What modifications can we introduce so that our families can practise this sport?

*Answer: no modification. I think it is perfect*

5. Analyse and explain what the practice of this sport needs to be done:

- A- Certain level of **social, economic and cultural status** (low – medium – high), how can this affect?

*Answer: medium*

- B- Can **genre** (female / male) affect and if so, which way?

*Answer: no*

- C- Can good physical condition affect and which way?

*Answer: yes you have a better condition*

D- Can different level of motor skill development affect the practice and if so, which way?

*Answer: no*

## **E. RULES AND CONTEXT**

1. Explain: Are the rules easy or difficult to obey? What can we modify to make them easier?

*Answer: no*

2. Think about different situations we can find and how we can manage them.

a. (different abilities both physical or psychological, different family environment)

PSYCHOLOGICAL DISABILITY, PHYSICAL DISABILITY GENRE

SOCIO-ECONOMIC SITUATION

SOCIO-CULTURAL SITUATION

*Answer: all was perfect*

b. Analyze the individual characteristics of the people in your group and how these ones can affect the game.

WHICH RULES WOULD YOU CHANGE ACCORDING TO THE PECULIARITIES OF YOUR GROUP OR WHICH MEASURES CAN WE INTRODUCE SO THAT THE GAME CAN BE MORE INCLUSIVE OR EQUAL?

*Answer: we were all happy*

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