

# Sunrise Times

Wednesday4th of September, 2019



Next meeting:

September 4th

Ian Stapleton

"Traveler's Tales"

Chair - Ian Stapleton

September 11th

Amelie Schumann

LIYSC report from

attending in UK Chair - Brakele

September 18th

**Tracey Harris** 

Dogs for kids with disabilities

Chair - Engwerda

September 28th

Michael Ellis Finals Fever

Chair - David Morgan

Board 2019-2020: President: Peter Cracknell Past President: Cliff Leckning Secretary: **Peter Richards** Treasurer: **Greg Sharman Directors:** Community Service: **Ross Augustine** Finance & Fundraising: Shane Thomas Youth, International & Vocational: John Albery Membership: Bob Smith **Club Service:** Mark Rees

#### President's Report:

Hope all the fathers had a happy Father's Day on Sunday and were spoilt rotten as we so deserve!

Six of us joined the other clubs in the Nepean Cluster for a dinner last Thursday night at the International. There were over 100 people in attendance and it was great to hear a little more about our neighbouring clubs and of course the opportunity to meet many more Rotarians.

Great progress is being made on the Treadmill Challenge which will be upon us in no time. At the time of writing there are still 2 Treadmills available for sponsorship, so please get your minds focussed on corporates you may know that could come on board.

A reminder to the Board that this week's Board meeting has been pushed back to Tuesday, 17th September due to the number of Board members currently away.

Look forward to seeing you on Wednesday when I believe Stapes will be telling us about his recent travels including visits to some places that I suspect most if not all of us will not have experienced.

Peter.



since I was a teenager."

**Invocation:** For good food, good fellowship and the opportunity for service through Rotary, we give thanks.

#### **Coming Events:**

- Sat, 21 Sept Comedy for a Cause

#### - Sun 20 Oct

<u>Treadmill Challenge -</u> <u>Very Special Kids</u>

#### <u>- Sat 9 Nov</u>

**Bunnings Bbq** 

#### 2020:

- 21-22 March

District 9820 Conference "Breaking the Chains" Bendigo

- Mon 23 March

Charity Golf Day PKCGC

## Treadmill Challenge Sunday October 20th 2019 8am - 8pm Only 7 weeks to go!

## Update:

Total raised so far \$9,000. Go to: https://vsk.grassrootz.com/rotary-frankston-sunrise-12hr-treadmillchallenge for leaderboard & updates. Still need treadmill sponsors VIP.

Why run it? It's a local community event that only requires the ability to walk or run to participate. Age is also not much of a barrier either. It utilizes a Club members facility with all the required treadmills in place & raises money for a worthy cause Very Special Kids, who have successfully run a similar event for a number of years now raising millions of dollars, so we have a blueprint to follow.

We aim this year to raise \$20k, after expenses. This will come from 10 treadmill sponsorships at \$1k each & then we hope the participants on each treadmill raise an average \$1k between them which means a further \$10k. What can you do?

Our first priority is to find the 10 sponsors of treadmills ASAP. Currently we have 6: Ray White Frankston Lite n' Easy Carrum Downs CORE24 Frankston Willerby's Solicitors & Conveyancers Vietnam Veterans/Frankston RSL

FOCUS Life

A hard copy flyer will be available on Wednesday & you will also be emailed a version to send to prospects for this event you may have, potential sponsors in particular. We anticipate there will be 2 sorts of sponsors:

Engaged Sponsor: they will pay their \$1k & will also organise participants to occupy the treadmill for 12 hours

<u>Non engaged Sponsor:</u> happy to pay the \$1k but will struggle to get participants. This will be another way you can help out, finding participants to fill blocks of time on the treadmills

**Finding Sponsors & participants.** Apart from word-of-mouth this event will be highly social media driven. We will be using the databases of CORE24 & our Club initially but would encourage you to use your own social media contacts to spread the word. More to come about this.

Any questions please talk to any of the Treadmill Challenge committee

Mark R, Crackers, Shane, Tony, Jason, Macca or Joe.

Our website: <u>www.rotaryfrankstonsunrise.org.au</u> Our Facebook: <u>www.facebook.com/rotaryfrankstonsunrise</u> remember to Like & Share

# **Cluster Dinner:**

D.G. Adrian Froggatt detailing what he wants to achieve/goals



Leadership Strat & Growt

Discussing Club strategies with Diana O'Malley (Rotary Peninsula 2.0)

Hearing what the clubs in the cluster are doing this year



September is Basic Education and Literacy month in the Rotary world. Take a look at how Rotary's been helping break the cycle. For more info consult the September Issue of Rotary Down Under.



#BasicEducationandLiteracyMonth

Rotary Global Media Network

Rotary

## **Coming Events:**

Birthdays & anniversaries this month:

6/09/1948 Peter Stacey 71

11/09/1948 David McKenzie 71

18/09/1952 Jill Warfe Sun, 20 October, 2019 Treadmill Challenge Very Special Kids

Grand Final Eve Lunch - MCG

Sat, 21 Sept, 2019:

Fri 27 Sep, 2019:

Fellowship Night - Comedy for a Cause

Sat, 9 November, 2019 Bunnings BBQ

**21-22 March, 2020** District 9820 Conference "Breaking the Chains" Bendigo More info: <u>https://youtu.be/MXx\_2v3KHRo</u>

Mon, 23 March, 2020 Charity Golf Day PKCGC

Further Info:

#### Fellowship Night – Comedy for a Cause

Date: Saturday, September 21, 2019 (8pm – doors open at 7pm) Venue: Mt Eliza Community Hall – 90-100 Canadian Bay Road, Mt Eliza Cost: \$35

Raising funds for the I Matter Foundation, Comedians for a Cause brings together great comedians (from the Sydney & Melbourne International Comedy Festival) in a 2 hour show.

As seats are normally on a first come basis, we have been able to coordinate a block ticket purchase that will mean our seating block is reserved, save us having to arrive too early.

This event will sell out, so to book your tickets, RSVP to Mark Rees.

Payment ASAP of \$35 pp to Sunrise General Account: BSB: 633 000 ACC: 131 641 839

Be sure to include your name with your deposit.

## Rotary's 4 Way Test:

1. Is it the TRUTH?

2. Is it FAIR to all concerned?

3. Will it build GOODWILL & BETTER FRIEND-SHIPS?

4. Will it be BENEFICIAL to all concerned? We may arrange an earlier dinner in Mt Eliza before the performance for those that are interested –more info to come.

**Coming Events Cont.:** 



Directors Reports:

## **Finance and Funding:**

## Further Info on Treadmill Challenge:

Only 7 weeks to go everyone.

Treadmills so far:

Ray White Frankston Lite n' Easy (already raised \$3,200) Willerbys Lawyers Vietnam Veterans/RSL Lifecare Frankston CORE24 Frankston Sunrise Kayne & his brother To be filled To be filled

Target \$20k

Would like to have a Sunrise Treadmill which would involve some Club members running but we can invite wives & partners, family, friends etc Suggest it would be a good fellowship exercise

Reesy

#### **Community Service:**

CFS: COMMUNITY SUPPORT FRANKSTON. Steven Phillips Frankston Bunnings BBQ Sunday week 8TH Sept.: Steven would like one helper / member's to assist with their Bunnings BBQ each shift. 8am to 11am, 11am to 2pm, 2pm to 5pm. Shifts. (Rossco Augustine has provided all details ice boxes etc. to Steven).

## RUOK : " ARE YOU O K " Thursday 12TH September:

Special day for the Homeless Needy of Frankston Mental Health. Steven has Monash University providing / cooking all the meals, Dental check-ups, Hair Cuts, Laundry Service, Music, Food parcels, Clothing, Etc. He would like 3 (Three) helpers / member's starting 8.15 am for a couple of Hrs. to set up Shelters, tables,

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But you are welcome to stay longer / enjoy the day.

Last meeting I had an indication From the following members that can help:

Bruce McGregor, Bob Smith , Robert Maitz, Ross luxford.

Please advise any further members available to help out on these days times available Etc.?

Ross L.



Where in the World?

- **Keith** An English catch up Back early Sept

- Ron

Ron and Marilyn leave for Europe on Aug 1st and will return on Sept 25.

## - Rosscoe

Rosscoe and Coryn heading away this week to join Ron & Marilyn on their sailing adventure – Back October 4

- JA Heading for the warmth of the Gold Coast Back early Sept

- **Billy** Bunkered down still recovering from his fall Back soon we hope!

- Shane Heading for warmer weather!

- Shars Sun Chasing.

- Peter Richards Has headed to England for a couple of week



Please remember to invite your friends to like the club's Facebook page.

- Plus when you see a new post, Like the post and share it with your friends! Link: <u>https://www.facebook.com/rotaryfrankstonsunrise</u>